

About Us

The Moms Do Care program helps pregnant and parenting women access Office-Based Addiction Treatment, other substance use disorder treatment, perinatal mental health support, general healthcare, and care management.

The program also supports women after birth with groups, counseling, and guidance in working with the Department of Children and Families.

Participants complete an interview to identify their needs and create a personalized wellness plan, a Plan of Safe Care, a birth plan, and a relapse prevention plan.



This program is **FREE**,
supportive, and
just a phone call away.

Connect with Moms Do Care
at 508.280.6597.



The Moms Do Care program is funded by a grant from the Substance Abuse and Mental Health Services Administration, the Massachusetts Department of Public Health, and the Bureau of Substance Addiction Services.



Get in Touch

508.771.9599

sclement@duffyhealthcenter.org

@duffyhealthcenter

Address:

94 Main St.
Hyannis, MA 02601



MOMS D ♥ CARE



**Supportive services for
pregnant and parenting
women with a history
of substance use**

duffyhealthcenter.org

Program Services

- Treatment for substance use disorders, or support if you're already in recovery.
- Connections to resources such as WIC, A Baby Center, Family Resource Center, Housing Assistance, and transportation services.
- Tours of the maternity department and help finding a pediatrician.
- Peer support with navigating the Department of Children and Families and the Department of Transitional Assistance.
- Connections to health care services before and after delivery.
- Guidance and weekly support groups from a Recovery Coach.
- Clinical services and therapist-led support groups held twice weekly in Dennis and Falmouth.
- At-home visits are available for convenience and comfort.
- Help navigating perinatal mood disorders.



Eligibility

You may be eligible to enroll if you answer **YES** to any of these questions:

- Are you pregnant or parenting a child age 3 or younger?
- Are you age 18 or older?
- Have you used any of the following:
 - Illicit substances (including opioids or stimulants)
 - Medications without a prescription, or more than prescribed
 - Alcohol or marijuana during pregnancy
- Would you like help with:
 - Methadone or buprenorphine
 - Substance use treatment
 - Harm reduction resources
 - Other health care services
 - Recovery Coach support
- Are you currently taking medications for a history of opioid use?
- Have you ever experienced an overdose?
- Are you looking for support in your recovery journey?

How We Support You

Moms Do Care services are provided *by moms* who have walked this path during their own pregnancies and are specially trained to support women with histories of substance use disorder. The program also offers clinical support through a licensed therapist.

We are here to help you every step of the way as you make important choices for yourself and your baby.

After your baby is born, we continue to provide support and connect you with community resources to keep you and your baby healthy.



“The Moms Do Care program is a blessing and an absolutely amazing program for families. I am extremely grateful for it. It helped me stay focused and get my health back in order. I know if I need anything, it’s a phone call away.”

– Moms Do Care program participant