



# CBSD FID WORKBOOK KINDERGARTEN

Name: \_\_\_\_\_



## FLEXIBLE INSTRUCTION DAY 4







## What is a **Flexible Instructional Day** also known as a “FID” Day?

In Pennsylvania, a flexible instructional day, as defined by the Department of Education, refers to a day when schools can deliver instruction remotely rather than canceling school due to inclement weather or other unforeseen circumstances.

## What is the **purpose** of a Flexible Instructional Day?

The purpose of implementing flexible instructional days is to ensure that students continue to receive meaningful instruction even when traditional “in-person” learning is not possible. Flexible instructional days allow schools to maintain continuity in the educational process, ensuring that students can continue their learning without interruption. By utilizing technology and remote learning workbooks/resources, schools can provide students with access to instructional materials, assignments, and teacher support, regardless of physical location.

## How will I know when Central Bucks is having a “FID” day?

- Central Bucks School District will send notifications to families via email, website, text notification, social media, etc. to communicate the “FID” day.
- Your child’s teacher will publish the FID content in Canvas:
  - Link to an online survey for attendance.
  - Link to an **optional** live Teams call for teacher “Office Hours.”

## How will my child use the “Flexible Instructional Books” on these “FID” days?

This “flexible instructional book” is your child’s workbook that outlines the procedures, expectations, and resources for completing the work for a flexible instructional day. Here’s how such a book will be used:

- The **Flexible Instructional Book** provides approximately *4 hours* of instructional activities.
- Your child will complete reading, math, writing, and specials (*P.E., Music, Library, Art, or QUEST*) during the “FID” day.
- Your child will then return the “FID” book to their homeroom teacher when school resumes “in-person.”

## How will my child use Canvas on these “FID” days?

- Students will access Canvas via Classlink on district provided device
- Attendance will be submitted via Canvas
- Office Hours will be offered via a Teams call linked in Canvas from 12:00-12:30
- Digital workbooks will be linked to Canvas

## What if I need to use a personal device and can’t find my students Username and password?

- Student usernames can be found in the Parent Portal of Infinite Campus. It is located in the “More” section of the Main Menu under “Family Information”. The username is the student’s full email address. Ex: Smith.J123@student.cbsd.org. The password for new students is Uppercase first initial, lowercase last initial, and their 6 digit birthday. Ex: James Smith born on 07/08/2009 a password of Js070809





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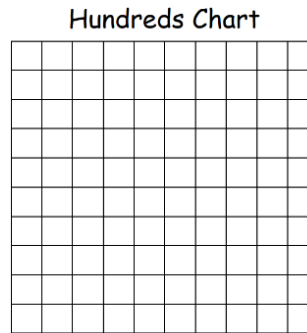
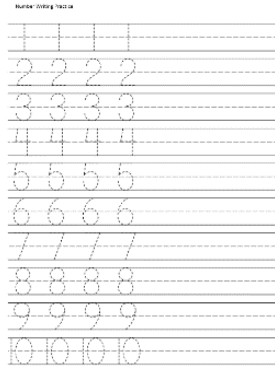
## MATH DAY 4



# FLEXIBLE INSTRUCTIONAL DAY 4: MATH

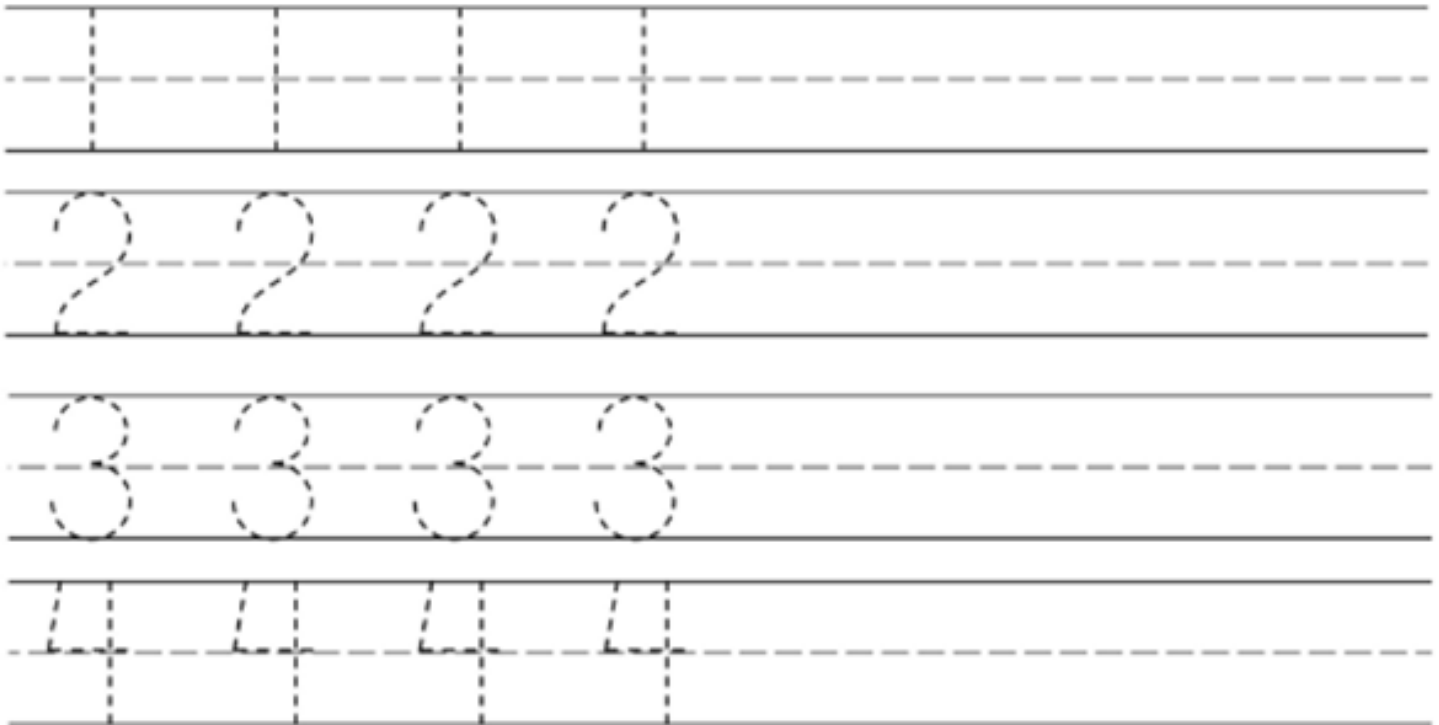
## MATH LESSON SUMMARY

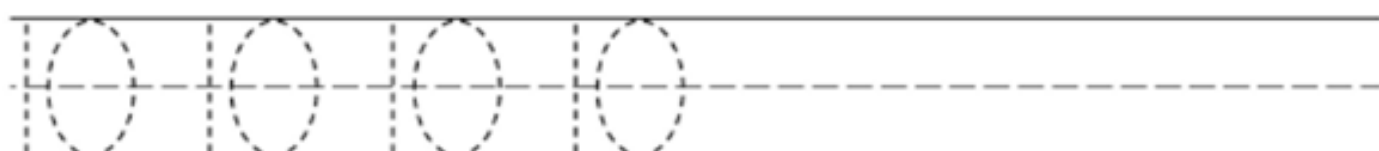
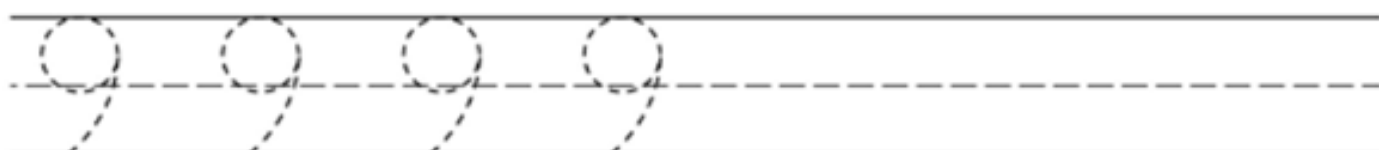
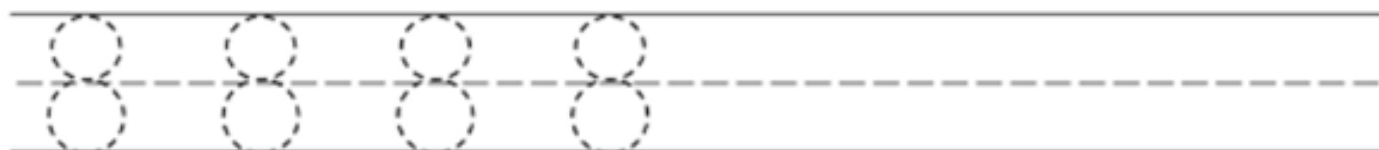
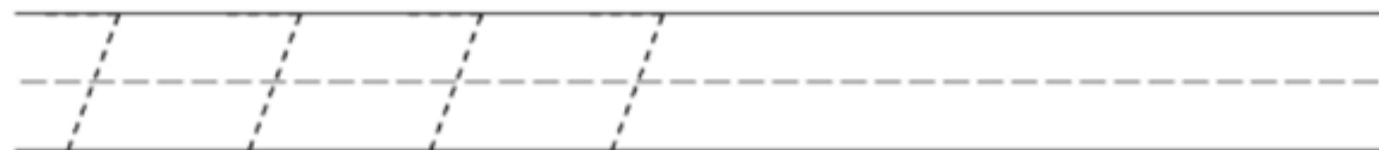
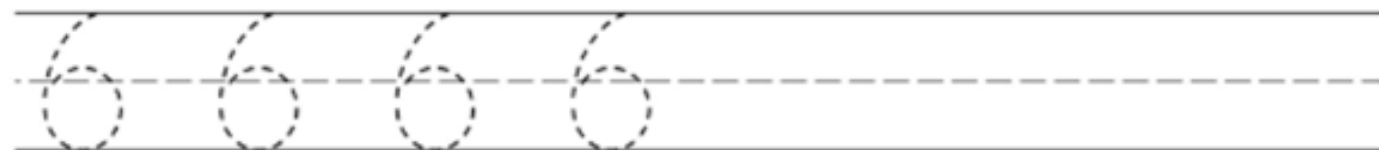
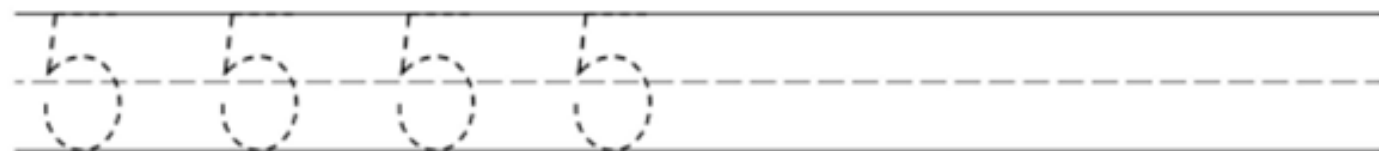
Number Writing and 100 Chart  
(30 minutes)



### **Directions:**


Trace each dotted line to practice your numbers. Then, write 3 more numbers to practice. Remember to start from the top. The first one is done for you.





**Directions:**

Choose 3 numbers that you practiced writing above and **draw** to show **how many**. An example is done for you.

<p><b>Example:</b></p> <p><b>Number Chosen: 3</b></p> <p></p>	





# CBSD FID WORKBOOK KINDERGARTEN



## READING AND WRITING DAY 4



# FLEXIBLE INSTRUCTIONAL DAY 4

## READING AND WRITING

### READING AND WRITING LESSON SUMMARY

<b>Total Time – 40 Minutes</b>		
<b>Time</b>	<b>Focus</b>	<b>Description</b>
10 Minutes	Reading Horizons Phonics	1. Review alphabet letters and sounds. 2. Practice Most Common Words.
10 Minutes	Reading	Read a book to review letters, slides, and words.
10 Minutes	Writing	Draw and/ or write about your day.
10 Minutes	Handwriting	Practice letter formation.

Name \_\_\_\_\_

This activity provides a review of previously taught letters.

### Vowel E

Read the letter names. Then say the letter sounds. Circle all of the uppercase letters: ○. Put a box around all of the lowercase letters: □. The first two letters have been done for you.

ⓐ J

□ e

H

L

h

m

l

j

M

b

Read the slide and word in each box. Then write the word in the space provided. Mark the vowel with an x.

le →      led  
                  x

led  
x

ja →      jam  
                  x

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

be →      bed  
                  x

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

da →      dad  
                  x

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_

## Most Common Words

Write each word two times. Then read each word.

a

to

in

## **READING - 10 Minutes**

### **DIRECTIONS:**

Read the story to a family member, a pet, or a stuffed animal.

# Letter Review



*Reading Horizons Discovery® Kindergarten Little Books* for Chapter 1 focus on a single alphabet letter. These books contain images of each letter's upper and lowercase formation, the target letter in a slide, and simple words (with illustrations) that begin with the letter.

Letter Group books review the last five to six letters students have learned. After Letter Group 1, books will include decodable phrases and sentences. Decodability is based on the letters and high-frequency words students have already learned at that point in the sequence of instruction.

Teachers can use these books to help reinforce vital print concepts such as book orientation, print movement from left to right, spacing between words, and distinguishing features of a sentence.

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Nn

This is the letter N.



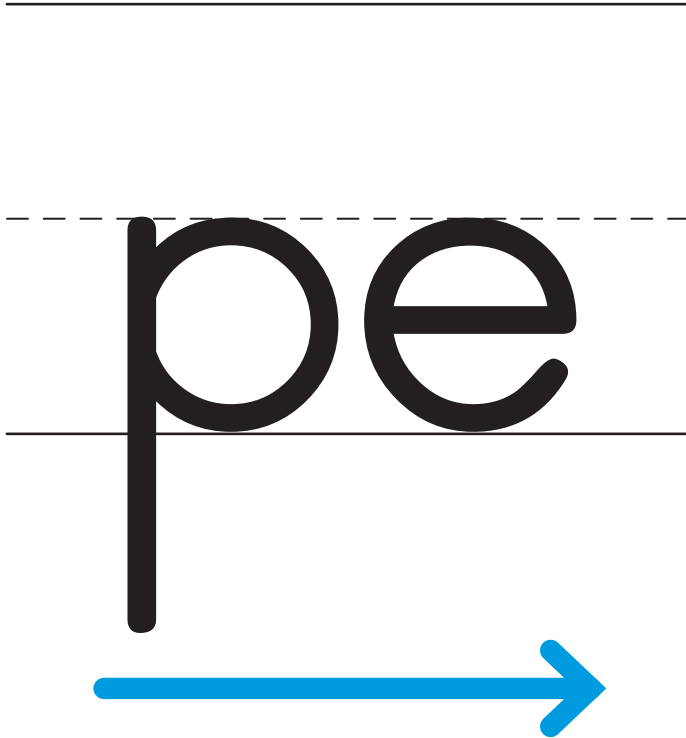
na



nag  
xg

Pp

This is the letter P.



pen  
x

Rr

This is the letter R.

ra



ram

x

Ss

This is the letter S.

\_\_\_\_\_

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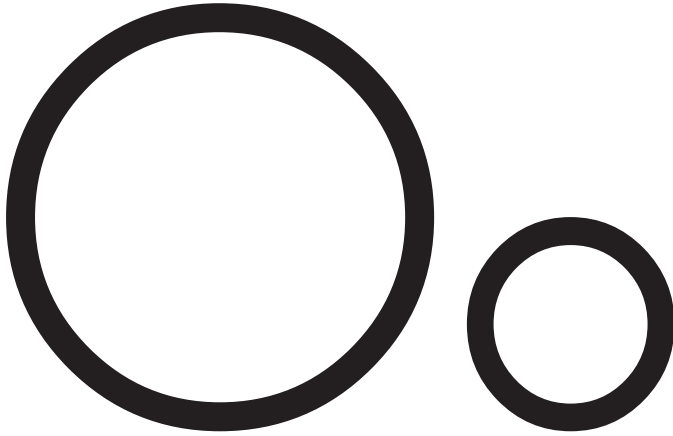
sd

\_\_\_\_\_

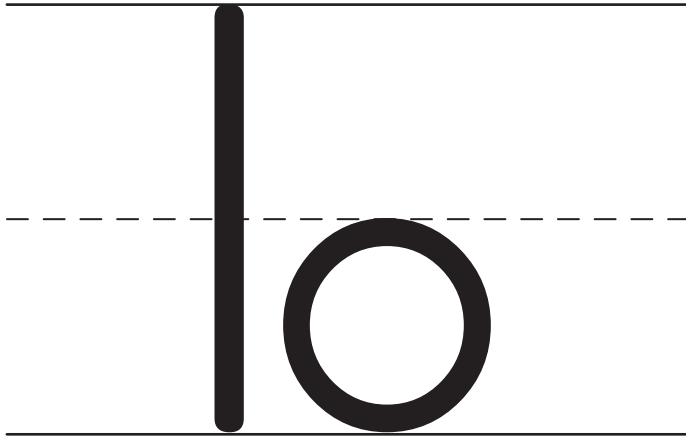


sad

x



This is the letter O.



log  
xg



Don and the dog  
hop on the log.

**The End**

## WRITING - 10 Minutes

### Directions:

1. Using the writing paper provided, draw a picture of your day in the box.
2. **Optional:** On the lines, write about your day using words or sentences.



## Handwriting - 10 Minutes

### Directions:

1. Hold your pencil correctly.
2. Trace each letter using the lines.
3. Write each letter one time on the dotted lines.
4. Name each letter and say the sound as you write it.

Kindergarten Quick Start Dictation Board: Consonant P

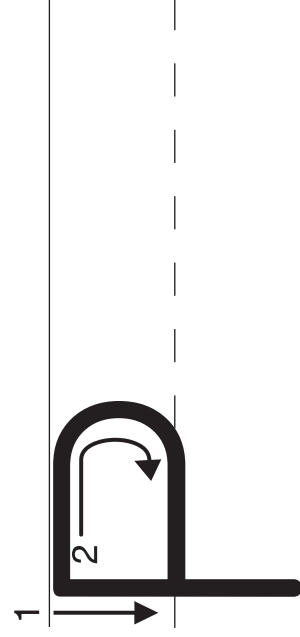
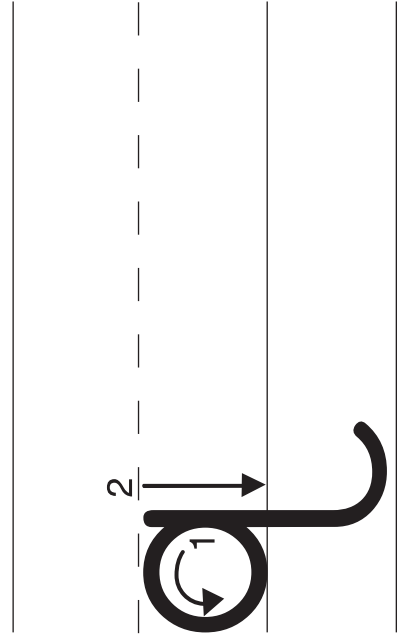
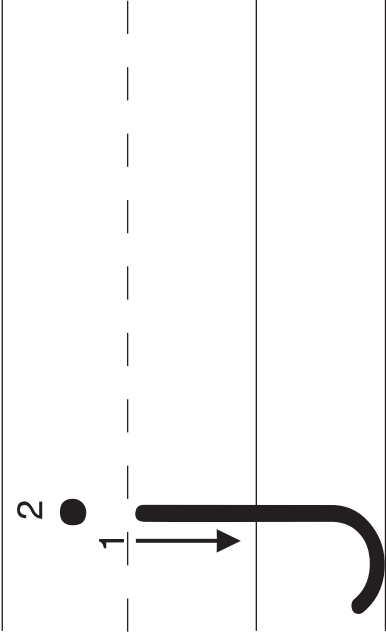
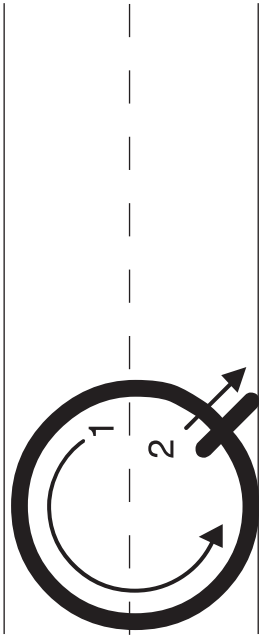
Blank handwriting lines for practicing the lowercase letter 'p'. The diagram shows stroke order: 1. a vertical line down from the top line to the bottom line; 2. a counter-clockwise circle starting from the top line, touching the middle dashed line, and ending at the top line.

Blank handwriting lines for practicing the lowercase letter 'g'. The diagram shows stroke order: 1. a counter-clockwise circle starting from the middle dashed line, touching the top line, and ending at the middle dashed line; 2. a horizontal line from the middle dashed line to the right, then a curve down to the bottom line.

Blank handwriting lines for practicing the lowercase letter 'r'. The diagram shows stroke order: 1. a vertical line down from the top line to the bottom line; 2. a curve starting from the middle dashed line, going up to the top line, then down and right to the bottom line.

Blank handwriting lines for practicing the lowercase letter 'k'. The diagram shows stroke order: 1. a vertical line down from the top line to the bottom line; 2. a diagonal line from the middle dashed line down to the bottom line; 3. a diagonal line from the middle dashed line up to the top line, meeting the diagonal line from stroke 2.

Kindergarten Quick Start Dictation Board: Consonant Q





# **CBSD FID WORKBOOK KINDERGARTEN**



## **SPECIALS DAY 4**



# P.E.- Kindergarten

**TIME**

20 minutes

**Learning Goal:**

I will explore how my body moves.

# FID 4

**Materials**

- Sneakers
- A safe space
- Crayon

Welcome to P.E.! Before you get started, make sure you are wearing sneakers and have cleared the floor around you to safely participate in class. As you finish each section, check the box to mark it complete.

Have fun!

1

**Warm-up**



2

**Activity 1**



3

**Cool Down**



## 1 Warm-up

Directions: Complete each of the following exercises to warm-up. Hold each stretch for 10 seconds.



10

Jumping Jacks



10

Arm Circles



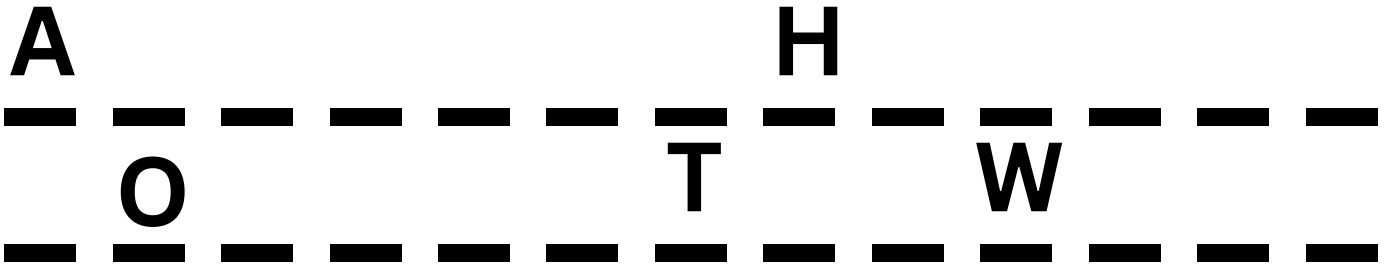
Butterfly  
Stretch



Hamstring  
Stretch

**Directions:** Finish the alphabet in the blank spaces below. Once the alphabet is complete, perform animal moves for each letter of the alphabet. 30 seconds each. See the chart below to help you.

## 2 Activity- alphabet



- |               |               |
|---------------|---------------|
| A: Ant        | N: Narwhal    |
| B: Bee        | O: Owl        |
| C: Cat        | P: Penguin    |
| D: Dog        | Q: Quail      |
| E: Elephant   | R: Rabbit     |
| F: Frog       | S: Sheep      |
| G: Giraffe    | T: Turtle     |
| H: Hippo      | U: Unicorn    |
| I: Iguana     | V: Vulture    |
| J: Jelly fish | W: Walrus     |
| K: Kangaroo   | X: X-ray Fish |
| L: Lion       | Y: Yak        |
| M: Monkey     | Z: Zebra      |



## 3 Cool Down

*Directions: Hold each stretch for 10 seconds. Complete the stretch on the right and left side.*



Shoulder Stretch



Side Stretch



Quadriceps Stretch



