

Student Name: _____ Class: _____ Teacher: _____ Assignment: _____ Date: _____

MSMHS Self Directed Learning: *Students will guide their own lifelong learning.*

☐ Approaching Proficient ☐ Proficient

Feedback for Growth	Proficient (must meet <u>all</u> applicable targets)	Commendables
- Reflect on your strengths and weaknesses (ask for help identifying weaknesses/ strengths) - Align choices with your strengths	☐ Sets ambitious and attainable learning goals <u>and/or</u> makes choices (in learning tasks, process, products etc.) that reflect a strong understanding of individual strengths and weaknesses (<i>metacognition</i>)	- Actively promotes a positive learning environment - Takes initiative - Takes academic risks/challenges self - Leads others in demonstrating respect for self, peers, and staff - Motivates others to work efficiently - Assumes a leadership role in group settings - Seeks out feedback from others - Helps others overcome frustration during unfamiliar or challenging learning tasks - Advocates for self and/or others - Pursues personally challenging learning activities or tasks - Demonstrates flexibility and/or the ability to change course - Demonstrates empathy and compassion - Recognizes and supports the development of strengths in others - Expresses gratitude - Resolves conflicts constructively _____
- Break tasks into smaller steps and set time limit - Identify and reduce distractions to stay focused and meet deadlines - Pause and reflect before reacting	☐ Uses self-monitoring and time management strategies to control impulses and/or distractions; meets deadlines (<i>self-regulation</i>)	
- Stay focused and positive when you encounter challenges - Identify what was difficult and the steps taken to work through it - Try new approaches when stuck	☐ Persists through challenges (<i>grit</i>) and sustains focus/effort (<i>stamina</i>)	
Identify resources that would be helpful and then seek them out without waiting for help from a teacher	☐ Finds and uses appropriate resources (material and/or human) to support learning and growth (<i>autonomy</i>)	
- Seek and apply feedback to both your product and process - Offer more specific and actionable feedback to your peers for improvement	☐ Uses feedback to refine the process or the quality of product; provides effective constructive feedback to others (<i>growth mindset</i>)	
- Identify and explore different perspectives that challenge your current thinking - Utilize different perspectives to deepen your understanding	☐ Demonstrates curiosity and open-mindedness, acknowledges diverse perspectives and experiences (<i>growth mindset</i>)	
Go deeper/add more detail when reflecting on your work and your learning process - think about what worked and what didn't	☐ Reflects honestly about learning, quality of work, and overcoming obstacles (<i>metacognition</i>)	