



# Darien Public Schools Food Services Newsletter

Fall 2025



## In the News

Chef Meghan Bendish, Director of Dining Services at **Darien Public Schools**, shared the exciting ways kids can Dip'n to Flavor on FOX61. There's a delicious dip for every taste bud! [Watch the full story at FOX61.](#)

## Dip'n to Flavor Darien

Homemade Honey Buffalo and Southwest Ranch Dips were October student favorites at Darien High School and Middlesex Middle Schools!



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Food Services

[foodservices@darienps.org](mailto:foodservices@darienps.org)

<https://www.darienps.org/departments/food-services>

**chartwells**  
serving up happy & healthy

# Fall Highlights & Looking Forward



We're celebrating as many FUN DAYS as possible this year. Burger Day and Pancake Day were DHS favorites in September! We are looking forward to all the FUN DAYS coming up in 2026!



In addition to dips at the grill stations, a Bagel Dipper featuring a special Dill Cream Cheese Dip was offered at both Darien High School and Middlesex Middle Schools in October.



Enjoy a hearty breakfast—  
all day long!

We introduced a healthy breakfast option at DHS in October. Overnight Oats! We're asking what students want to see more of and they are loving the variety of healthy, fun options!



## Arriving Winter 2025/26



### Chili Days, Warm Bellies

It's all about the comfort of chili, casseroles, stews & spicy favorites.



December is all about spice! Look for special spicy recipes and activities in all schools.



Coming soon! Mood Boost recipes and giveaways will be at Middlesex Middle School in early 2026!

# Want More Information?

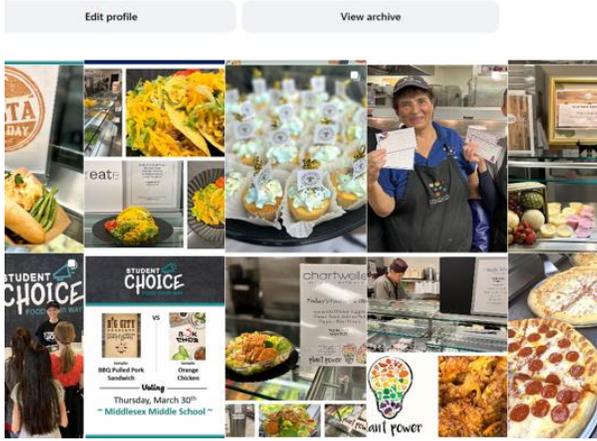


**darienpslunch** 

Darien Public School Lunch Program

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Not your average school lunch!  
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## Food Services

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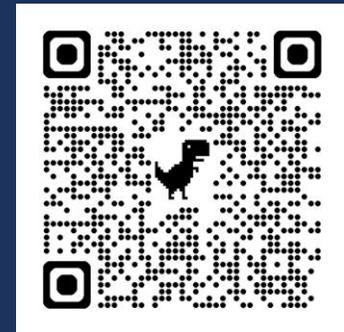
Food Services

# Current Menus

What's on the Menu?					Darien Elementary Schools November 2025
Monday	Tuesday	Wednesday	Thursday	Friday	Daily Offerings
3 Crispy Chicken Patty Sandwich Roasted Baby Carrots Tater Tots	4 Election Day No School	5 Penne Pasta with Meat Sauce or Marinara Roasted Green Beans Garlic Twist	6 Beef Nachos Homemade Cheddar Cheese Sauce Mexicali Corn	7 Cheese Stuffed Breadsticks with Marinara Roasted Broccoli	<b>HOT</b> Cheese Pizza  <b>COLD</b> Garden Salad with Cheddar Fresh Fruit Cups  Assorted Deli Sandwiches Sunbutter & Jelly
10 Chicken Tenders Seasoned Corn Smile Potatoes	11 Colby Cheese Omelet Turkey Sausage Links Fresh Baked Buttermilk Biscuit Spiced Baked Pears	12 Hamburger or Cheeseburger Roasted Baby Carrots Crinkle Cut Fries	13 Homemade Macaroni & Cheese Roasted Green Beans	14 Cheese Stuffed Breadsticks with Marinara Roasted Broccoli	
17 Sweet & Sour Chicken Roasted Broccoli Steamed Rice	18 Whole Grain French Toast Sticks Blueberry Topping Crispy Bacon Hash Brown Patty	19 Sloppy Joe Sandwich Roasted Baby Carrots Crinkle Cut Fries	20 Italian Baked Pasta Roasted Green Beans	21 Cheese Stuffed Breadsticks with Marinara Roasted Broccoli	
24 BBQ Grilled Chicken Sandwich Seasoned Corn Crinkle Cut Fries	25 Sausage, Egg & Cheese on a Warm Biscuit Baked Apple Slices	26	27	28	<b>November Fun Days</b>  11/3 Sandwich Day  11/6 Nachos Day  11/25 Parfait Day Parfaits are available in the cooler section everyday!



All meals include one piece of whole fruit, such as a fresh apple or orange, and a choice of 8 oz. low-fat milk or fat-free chocolate milk.



Current Menus