

**Monadnock Regional School District  
Education/Technology Meeting Minutes  
November 5, 2025  
SAU Conference Building, Swanzey, NH**

**Members Present:** Hannah Blood, Rachel Vogt, Gina Carraro and Edmond LaPlante.

**Also Present:** L. Aivaliotis, Recording Secretary.

1. **Call the Meeting to Order:** H. Blood called the meeting to order.

2. **Public Comments:** There were no public comments.

3. **Approval of the September 24, 2025 Ed/Tech Committee Meeting Minutes.**

**MOTION:** E. LaPlante **MOVED** to approve the September 24, 2025 Meeting Minutes as presented. **SECOND:** G. Carraro. **VOTE:** Unanimous for those present. **Motion passes.**

4 **Nutrition Philosophies:**

a. **Review Policies EFC-Free and Reduced Lunch (Hannah Blood):** H. Blood had reviewed the policies and explained that the NHSBA and the MRSD policy were the same. E. LaPlante asked if the students are made to take food that they do not want. H. Blood felt that there are a number of questions the committee would like to forward to the Director of Nutrition or invite her to a committee meeting. **(1. Do students need to take all items or decline.) (2. What happens to the unused food and beverages?)** R. Vogt would like to make the food program more educational based. **(3. What guidelines are being followed ?)** G. Carraro is concerned with the short amount of time the students have to eat their lunch. **(4. Could the lunch program have more nutritional items?)** It was suggested to invite B. Cox, Dir. of Nutrition to an upcoming meeting. The committee assumes that the district gets by with the resources that they have. The program follows the USDA requirements and the nutritional requirements. The committee would aspire to minimize food waste, possible compost or donate scraps. R. Vogt would like to have local relations with farms. The Monadnock Food Co-op has a program to help schools. There are grants to work with local schools to upgrade our local food plan, supplemental foods. H. Blood commented it would be exciting for our kids to be proud of the food program. Provide food that the students and the staff look forward to. R. Vogt would suggest reaching out to families to educate them. There is a Monadnock Farm Share Program available that allows families to work for free food. Cheshire County Conservation District. **(5. What percentage of salads and sandwiches are eaten by students?) (6. What is the most popular lunch item?)** Some of the committee members would like to go to school and eat at the cafeteria and see what is in the vending machines. They would like education around healthy foods.

**b. Policies EFE-Vending Machines (Rachel Vogt):** R. Vogt explained that she reviewed the MRSD Policy EFE and the NHSBA Policy EFE and there is an addition in the NHSBA Policy that says the vending machines will be in compliance with the Student Wellness Policy. R. Vogt commented on the items that are placed in the vending machine and how they affect the students throughout the day regarding ingredients. In an ideal world she would like it stocked with healthy foods. **(7. Who stocks the vending machines?) (8. Can the district stock the vending machines?)** R. Vogt likes the idea of adding a note on the vending machine items to brighten someone's day or adding a prize ticket. E. LaPlante commented that some schools do not allow vending machines during lunch time. H. Blood would like to get information from the Nutrient Dept. R. Vogt would like to send Policy EFE with the one change to the Policy Committee for review.

**c. Standards of Excellence B, C, (MRHMS & Elementary School handbook review):** The committee discussed this issue but will wait for the administration to be present.

**5. Review Highlighted DOE Report Card and Internal Assessments Metrics prior to passing off to the Administration for "Blessing":** The committee would like to discuss the DOE Report Card when L.Spencer is in attendance.

**6. Assignments and Agenda for Next Meeting November 26, 2025.**

**7. Public Comments:** There were no public comments.

**8. Motion to adjourn: MOTION:** R. Vogt **MOVED** to adjourn the meeting at 7:31 PM. **SECOND:** R. Vogt **VOTE:** Unanimous for those present. **Motion passes.**

**Respectfully submitted,**

**Laura L. Aivaliotis**  
**Recording Secretary**