

# Abundant Lights

## 5k


5k Run

1 Mile Run/Walk

**Saturday, December 6th**  
**10:00 AM**

**ASPIRE**<sup>®</sup>  
WELLNESS

105 Burgess Drive  
Zelienople, PA

  
**Lutheran  
SeniorLife**  
Passavant  
Community

**Register Online**

**[www.runsignup.com](http://www.runsignup.com)**

**Pre-register by 11/14 to receive a poly blend T-SHIRT, a FREE ticket to our Abundant Lights Gift Basket Raffle and a gift bag. Late and race day registrants will receive t-shirts and gift bags while supplies last.**

**Registration: 8:30-9:45 AM in lobby of Abundant Life Center**

**Race: 10:00 AM**

**Awards will be received by 1st, 2nd and 3rd place winners overall and age groups in the 5k only.**

**Anyone who wears a costume will receive 10 additional tickets to the Basket Raffle!**

Visit us on the internet:

[www.lutheranseniorlife.org/aspirewellness](http://www.lutheranseniorlife.org/aspirewellness)



**724-452-3456**



