

How to Filter Lunch Options for Allergens Scribe

1

Navigate to <https://lingconnect.com/public/menu/FEZ8UV?buildingId=54f1856a-b2e6-ec11-8e21-9393554ff1eb>

Tuesday	Wednesday	Thursday	
30	1	2	3
Lunch	Lunch	Lunch	Lunch
MAIN ENTREE Homemade Blueberry Muffin Square Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich VEGETABLE Hashbrown Patty Marinara Sauce FRUIT Banana Diced Peaches EXTRA PROTEIN Yogurt- Strawberry Bulk MILK Low Fat 1% Milk Skim Chocolate Milk	MAIN ENTREE Chicken Tikka Masala Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich VEGETABLE Garam Masala Roasted Cauliflower Marinara Sauce GRAIN Steamed Brown Rice Naan FRUIT Grapes Mixed Fruit Cocktail FRESH FRUIT & VEGGIE BAR Fruit and Vegetable Bar	THURSDAY Pork Carnitas Burrito MAIN ENTREE Southwest Veggie Wrap Soybutter Sandwich with String Cheese and Crackers GRAIN 9" Whole Grain Tortilla EXTRA PROTEIN Cheese, Mozzarella Shred FRESH FRUIT & VEGGIE BAR Fruit and Vegetable Bar MILK Low Fat 1% Milk Skim Chocolate Milk DESSERT	MAIN ENTREE Cheesy Bread Dunker Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich VEGETABLE Seas Mari FRUIT Oran Bluel MILK Low Skim FRESH FRUIT & VEGGIE BAR Fruit

2 Select the meal session.

Search For A District
 Roseville Area Schools

< Oct 1 - Oct 31 >

Our menu is subject to change based on current product availability and kitchen circumstances.

Breakfast
 Lunch
 Dinner

Monday	Tuesday	Wednesday
29	30	1
Lunch	Lunch	Lunch
MAIN ENTREE Turkey Barbacoa Taco Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich	MAIN ENTREE Homemade Blueberry Muffin Square Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich	MAIN ENTREE Chicken Tikka Masala Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich
VEGETABLE Mexican Corn Marinara Sauce	VEGETABLE Hashbrown Patty Marinara Sauce	VEGETABLE Garam Masala Roasted Cauliflower Marinara Sauce

3 Select the correct school from the drop down list.

availability and kitchen

School
 Roseville Area Middle School

Calendar Mode
 Monthly

Menu Plan
 Lunch ~ RAMS

Wednesday	Thursday	Friday
1	2	3
Lunch	Lunch	Lunch
MAIN ENTREE Chicken Tikka Masala Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich	MN THURSDAY Pork Carnitas Burrito MAIN ENTREE Southwest Veggie Wrap Soybutter Sandwich with String Cheese and Crackers	MAIN ENTREE Cheeseburger Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich
VEGETABLE Garam Masala Roasted Cauliflower Marinara Sauce	GRAIN 9" Whole Grain Tortilla	VEGETABLE Seasoned Waffle Fries Marinara Sauce

4 Click the horizontal lines to filter for diet accommodations.

availability and kitchen

School
Roseville Area Middle School

Calendar Mode
Monthly

Menu Plan
Lunch ~ RAMS

Wednesday	Thursday	Friday
1	2	3
Lunch	Lunch	Lunch
MAIN ENTREE Chicken Tikka Masala Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich	MN THURSDAY Pork Carnitas Burrito MAIN ENTREE Southwest Veggie Wrap Soybutter Sandwich with String Cheese and Crackers	MAIN ENTREE Cheeseburger Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich
VEGETABLE Garam Masala Roasted Cauliflower Marinara Sauce	GRAIN 9" Whole Grain Tortilla	VEGETABLE Seasoned Waffle Fries Marinara Sauce

5 Select "Allergies"

availability and kitchen

Filters

Serving Line
Lunch

Allergies
3 allergies selected

Dietary Restrictions

Religious Restrictions

☐ Reverse Restriction Display

Wednesday	Thursday
1	2
Lunch	Lunch
MAIN ENTREE Chicken Tikka Masala Cheesy Bread Dunker Southwest Veggie Wrap PBJ Sandwich	MN THURSDAY Pork Carnitas Burrito MAIN ENTREE Southwest Veggie Wrap Soybutter Sandwich with String Cheese and Crackers
VEGETABLE Garam Masala Roasted Cauliflower Marinara Sauce	GRAIN 9" Whole Grain Tortilla

6 Select Specific Allergies.

The screenshot shows a menu interface with a 'Filters' sidebar on the right. The sidebar contains the following options:

- ☐ Cow's Milk
- ☐ Dairy
- ☐ Egg
- ☒ Fish
- ☐ Gluten (Wheat, Oats, Barley, Rye)
- ☒ Legumes
- ☐ Milk
- ☐ Peanuts
- ☐ Reverse Restriction Display

The main menu area displays a table with columns for 'Wednesday' and 'Thursday'. The 'Wednesday' column shows a 'Lunch' section with items: MAIN ENTREE (Chicken Tikka Masala, Cheesy Bread Dunker, Southwest Veggie Wrap, PBJ Sandwich), VEGETABLE (Garam Masala Roasted Cauliflower, Marinara Sauce), and GRAIN (9" Whole Grain Tortilla). The 'Thursday' column shows a 'Lunch' section with items: MN THURSDAY (Pork Carnitas Burrito, Southwest Veggie Wrap, Soybuter Sandwich with String Cheese and Crackers), GRAIN (9" Whole Grain Tortilla), and an 'EXTRA PROTEIN' section (Cheese, Mozzarella Shred).

7 Select "Apply"

The screenshot shows the same menu interface as before, but with the 'Apply' button highlighted in an orange circle. The 'Apply' button is located at the bottom right of the interface, next to a 'CANCEL' button. The main menu area displays a table with columns for 'Wednesday' and 'Thursday'. The 'Wednesday' column shows a 'Lunch' section with items: MAIN ENTREE (Chicken Tikka Masala, Cheesy Bread Dunker, Southwest Veggie Wrap, PBJ Sandwich), VEGETABLE (Garam Masala Roasted Cauliflower, Marinara Sauce), and GRAIN (9" Whole Grain Tortilla). The 'Thursday' column shows a 'Lunch' section with items: MN THURSDAY (Pork Carnitas Burrito, Southwest Veggie Wrap, Soybuter Sandwich with String Cheese and Crackers), GRAIN (9" Whole Grain Tortilla), and an 'EXTRA PROTEIN' section (Cheese, Mozzarella Shred).

8

All foods containing the select allergens will be crossed out and in gray text.

MILK Low Fat 1% Milk Skim Chocolate Milk	Low Fat 1% Milk Skim Chocolate Milk FRESH FRUIT & VEGGIE BAR Fruit and Vegetable Bar CONDIMENTS Green Basbaas Sauce	
20	21	22
Lunch	Lunch	Lunch
MAIN ENTREE Stuffed Crust Cheese Pizza Turkey Provolone Croissant w/Pesto Basil Aioli PBJ Sandwich VEGETABLE Roasted Broccoli FRUIT Banana Applesauce FRESH FRUIT & VEGGIE BAR Fruit and Vegetable Bar	MAIN ENTREE Plant-Based Nachos Stuffed Crust Cheese Pizza Turkey Provolone Croissant w/Pesto Basil Aioli PBJ Sandwich VEGETABLE Cheesy Refried Beans GRAIN Tortilla Chips EXTRA PROTEIN Queso Blanco	MAIN ENTREE Mandarin Orange Chicken Stuffed Crust Cheese Pizza Turkey Provolone Croissant w/Pesto Basil Aioli PBJ Sandwich VEGETABLE Honey Sriracha Carrots GRAIN Yakisoba Noodles FRUIT Fresh Pears Mandarin Oranges