

HORNETS HEADLINES



Wednesday, November 12, 2025 – GREEN DAY

GENERAL ANNOUNCEMENTS

REMINDERS/NOTICES

- Freshman Advisory on Thursday, 11/13

UPCOMING EVENTS

- Parent Teacher Conference – Thursday, November 20 from 6-8pm

The **Mobile Polar Plunge** is coming back to North Reading on **December 19th.**



Polar Plunge Signups are now open!

Get ready to jump into a big red tank! North Reading Student Council is excited to announce that the Mobile Polar Plunge is returning to North Reading High School on December 19th! The link to donate and join a team can be found [here](#)

When: December 19th

Time: 1:30 pm

Location: Baseball field parking lot

Dress code: Fun costumes or uniforms for plungers, and comfy clothes for spectators and towel holders

NAN Project

We're excited to welcome *The NAN Project* back for its fifth year! Presentations will be co-facilitated by **Gabby Barbuto** and a mental health specialist from *The NAN Project*. We'll be joined by 4–5 peer mentors (ages 18–22) who will share their personal experiences with mental health challenges and recovery. I will also administer a brief depression screener at the end of each session.

Presentation Schedule:

- Monday, **11/3** – E & F Block
- Wednesday, **11/12** – A & B Block
- Monday, **11/17** – H Block

(All sessions will take place in the **freshman health class**)

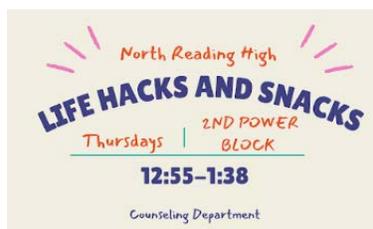
SCHOOL COUNSELING

Attention Seniors: Please be sure your Naviance Account for available scholarships or Please stop by the School Counseling Department often as scholarships are becoming available.

The AFL-CIO Unions are offering a **scholarship opportunity** for any graduating senior in the Commonwealth of Massachusetts who is seeking a college degree or job training after high school graduation. To be considered for this scholarship students must complete the online application and take a proctored exam.

The scholarship application/the registration to take the exam can be found at <http://www.massafcio.org/scholarships>. The deadline for registration is **Friday, December 19, 2025**. Please see the email sent by the School Counseling Department on 10/23/25 for details.

Feeling stressed, overwhelmed, or just need a space to talk? Join our Life Hacks and Snacks Group – a safe, supportive space where we talk, share coping skills, and support each other through everyday challenges.



Open to all 9th–12th grade students. Everyone is welcome! Please email Ms. Barbuto (gbarbuto@nrpsk12.org) and/or Ms. Rogers (jrogersnrpsk12.org) if you would like to attend and a pass will be sent along to your power block teacher.

This group runs Thursdays from 12:55-1:38 starting October 9th. There will be snacks and students in the group will take first lunch on Thursdays.

Attention Juniors and Seniors

If you are interested in attending a college visit, please register through your Naviance account. **All college visits will start during the 1st Power Block. Students should eat 2nd lunch.** Students should inform their Power Block teachers that they will be attending the visit and will need to sign in with the School Counseling Office.

Regis College	Wednesday, November 12, 2025
University of Maine cancelled	Thursday, November 13, 2025
Montserrat College of Art	Thursday, November 13, 2025
Suffolk University	Friday, November 14, 2025

ATHLETICS/ PERFORMING ARTS/CLUBS AND ACTIVITIES

For general North Reading Athletics and Student Activities Updates – click this link
[Hornet Athletics and Activities](#)

-There will be a meeting for anyone interested in participating in **Wrestling** on Wed, Nov 12 at 3:15 in the HS cafe.

COMMUNITY SERVICE/EVENTS/EMPLOYMENT OPPORTUNITIES

FLASHLIGHT CANDY CANE HUNT

High School Student Volunteers assist with set up, helping children with crafts, face painting, hunting for candy canes outside, and cleaning up. The program is 4:30-6 p.m., but we request that ALL volunteers arrive 3:30-6:30 to help with set up and clean up.

hveader@northreadingma.gov

[FLASHLIGHT CANDY CANE HUNT SIGNUPS](#)

NORTH READING HIGH SCHOOL | 189 PARK STREET | NORTH READING | MA | 01864 | 978-664-7800