

WEEK 20TH OCTOBER

Monday 20-10 Taste of Italy

Minestrone soup	SP
Green salad, tuna in oil	SLD NV
Pasta Tetrazini <i>*with chicken</i> <i>(vegetarian option possible)</i>	VG/NV DES
Lemon cake	DES

Tuesday 21-10 Across Asia

Egg drop soup	SP
Asian cucumber sesame salad	SLD
Yong Chow chicken fried rice <i>(vegetarian option possible)</i>	VG/NV
Pangsit goreng	DES
Fresh fruit	DES

Wednesday 22-10 Chicken Day

Chicken Soup	SP NV
Green salad	SLD
Rosemary grilled chicken with broccoli, carrot and potato <i>(vegetarian option possible)</i>	VG/NV
Pudding with custard	DES

Thursday 23-10 European Tour

Mushroom soup	SP
Tomato salad with arugula and avocado	SLD
Dutch "Hutspot" Chicken schnitzel <i>(vegetarian option possible)</i>	VG/NV
Fresh fruit	DES

Friday 24-10 Indonesian Invitation

Nasi Rames Special <i>(vegetarian option possible)</i>	VG/NV
Spekkoek	DES

WEEK 27TH OCTOBER

Monday 27-10 Taste of India

Vegetarian soup	SP
Tandoori chicken and cauliflower with cabbage and mango chutney <i>(vegetarian option possible)</i>	VG/NV
Ice cream	DES

Tuesday 28-10 Warming Fall Lunch

Corn soup	SP
Green salad	SLD
Chicken semoer with potato gratin <i>(vegetarian option possible)</i>	VG/NV
Vanilla custard	DES

Wednesday 29-10 Wednesday Specialty

Lentil soup	SP
Arugula, beetroot and feta	SLD
Chicken stroganoff with green beans and mashed potatoes <i>(vegetarian option possible)</i>	VG/NV
Mixed doughnuts	DES

Thursday 30-10 Anglo-saxon Meal

Scotch butter soup	SP
Mixed salad	SLD
Nashville chicken with pasta OR vegetarian moussaka	VG/NV
Fresh fruit	DES

Friday 31-10 Thai Treat

Thai coconut soup	SP
Spring rolls	SLD VG
Pad thai with chicken <i>*with peanuts</i> <i>(vegetarian option possible)</i>	VG/NV
Fruit bowl	DES

WEEK 3RD NOVEMBER

Monday 03-11 Course to Cape Town

African soup with veal	SP NV
Kimchi salad	SLD
Chicken bobotie with rice <i>(vegetarian option possible)</i>	VG/NV
Fruit cocktail	DES

Tuesday 04-11 Cold Weather Comforts

Polish chicken soup	SP/NV
Tomato salad with arugula	SLD
Shepherd's pie with chicken <i>(vegetarian option possible)</i>	VG/NV
Caramel pudding	DES

Wednesday 05/11 Across Asia

Ramen Soup <i>(vegetarian option possible)</i>	SP VG/NV
Chicken pangsit <i>*flaky pastry with chicken</i> <i>(vegetarian option possible)</i>	VG/NV
Brownie	DES

Thursday 06-11 Mediterranean Meal

Lentil soup	SP
Greek salad	SLD
Chicken shawarma wraps <i>(vegetarian option possible)</i>	VG/NV
Fresh fruit	DES

Friday 07-11 Gnocchi day

Soup of the day	SP
Gnocchi with tuna OR chicken <i>(vegetarian option possible)</i>	VG/NV
Vanilla ice cream	DES

SP = Soup
SLD = Salad

NV = Non-vegetarian
VG = Vegetarian
DES = Dessert