



2025-26 Events

COFFEE WITH THE COUNSELORS



Oct.
16 LIVE TEAMS MEETING
Digital Safety
9AM

Nov.
19 LIVE TEAMS MEETING
Distinguishing Between Behavioral Health and
Mental Health, and How to Identify Them
9AM

Dec.
18 LIVE TEAMS MEETING
Holiday Triggers: Handling Family Conflict or
Pressure
9AM

JOIN VIRTUAL
SESSION HERE: [LIVE TEAMS MEETING](#)

