



**Chartwells School Dining Services: Rochester Elementary Schools
Lunch Menu December 2025**

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.

Milk choices include 1% white, 1% chocolate and 1% Strawberry.



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Choice A: French Toast Sticks Scrambled Eggs Peach Topping Potato Smiles	Choice A: Nachos with Chili (Beef & Bean) & Cheese Seasoned Black Beans	Meatballs (Chicken) with Seasoned Rotini Choice of Marinara or Alfredo Sauce Seasoned Broccoli	Popcorn Chicken with Orange Sauce Yakisoba Noodles Seasoned Bok Choy Fortune Cookie	Cheese Pizza Seasoned Peas
Choice B: Turkey Ham and Cheese Sandwich for 12/1	Choice B: Turkey Ham and Cheese Sandwich for 12/2			National Letter Writing Day is December 7th!
Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Fruit & Veggie Bar
8	9	10	11	12
Waffles Cheddar Cheese Omelet Blueberry Topping Potato Emoji Fruit & Veggie Bar	Soft Turkey Tacos Cilantro Brown Rice December is National Pear Month! Seasoned Pinto Beans Fruit & Veggie Bar	No School	Chicken Tenders with Cornbread Poppers Buffalo Ranch Dipping Sauce (on the side) Baked Sweet Potato Fries Fruit & Veggie Bar	Cheese Pizza Orange Glazed Carrots Fruit & Veggie Bar
15	16	17	18	19
French Toast Sticks Scrambled Eggs Strawberry Topping Potato Smiles Fruit & Veggie Bar	Beef Nachos Fresh Pico De Galla Seasoned Black Beans Mexican Style Street Corn Fruit & Veggie Bar	Cheese Tortellini with Italian Meat Sauce (Beef) National Maple Syrup Day! Roasted Broccoli Florets Fruit & Veggie Bar	Chicken & Veggie Dumplings with Sweet & Sour Sauce Lucky Fried Rice Roasted Carrots Fruit & Veggie Bar	Cheese Pizza Seasoned Green Beans Fruit & Veggie Bar
22	23	24	25	26
No School	No School	No School	No School	No School
29	30	31		
No School	No School	No School		
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Chicken & Apple-Cheddar Salad W/ Biscuit 12/8 & 12/15	B. Crispy Chicken Caesar Salad & WG Breadstick 12/9 & 12/16	B. Turkey Ham and Cheese Chef Salad & Biscuit	B. Strawberry Chicken Salad & Biscuit	B. Chicken BLT Salad & Biscuit
C. WG Chicken Nuggets w/ Breadstick & Dipping Sauce	C. Hot Dog (Beef) on WG Bun	C. Boscós with Pizza Dipping Sauce	C. Classic Cheeseburger on Bun	C. Classic Chicken Sandwich on Bun
D. Vegan Chic'n Nuggets with Breadstick	D. Black Bean Burger on Bun (Vegetarian)	D. Mozzarella & Tomato Panini (Vegetarian)	D. Impossible Burger on Bun (Vegetarian)	D. Grilled Cheese Sandwich (Vegetarian)

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

Questions? Please call the Food Service Office 248-726-4602

This institution is an equal opportunity employer.

Please refer to Elementary Menus In Nutrislice which include allergen, carb counts, and nutritional information:



<https://rochesterk12.nutrislice.com/menu>



This month's food focus is: Spice It Up
Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.



Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: ~Apples, Oranges, Celery and Carrots Available Every Day~

Monday	Tuesday	Wednesday	Thursday	Friday
December 1st-December 5th				
Orange Juice	Raisins	Chilled Peaches	Fresh Grapes	Fresh Banana
Chilled Power Peas	Celery Sticks	Spinach & Strawberry Salad	Dressed Caesar Salad	Tossed Green Salad
Grape Tomatoes	Chilled Apple Sauce	Red Pepper Strips	Fresh Cut Seasonal Fruit	Sidekick (100% Fruit Juice)
Applesauce	Fresh Pear	Chilled Mandarin Oranges	Sugar Snap Peas	Cucumber Coins
December 8th-December 12th				
Romaine & Spinach Salad	Chilled Peas		Fresh Grapes	Tossed Green Salad
Broccoli Florets	Craisins		Dressed Caesar Salad	Sidekick (100% Fruit Juice)
Grape Tomatoes	Salsa		Fresh Cut Seasonal Fruit	Sugar Snap Peas
Cinnamon Banana	Chopped Romaine		Cucumber Coins	Chilled Pears
Grape Juice	Fresh Pear			
December 15th-December 19th				
Broccoli Florets	Green Pepper Strips	Fresh Apple	Fresh Cut Seasonal Fruit	Fresh Banana
Romaine & Spinach Salad	Chilled Applesauce	Red Pepper Strips	Dressed Caesar Salad	Tossed Green Salad
Apple Juice	Chopped Romaine	Cinnamon Peaches	Fresh Grapes	Sidekick (100% Fruit Juice)
Craisins	Raisins	Chilled Mandarin Oranges	Cucumber Coins	Sugar Snap Peas
Grape Tomatoes	Fresh Pear	Spinach & Strawberry Salad		
December 22nd-December 26th				
December 29th-December 31st				