

Optimized Student Learning *(Lower School)*

SAMPLE SCHEDULE					
TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
8:10-8:40	Chapel (Every Monday)	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
8:40-9:40	Core Classes*	Science Lab	Core Classes*	Science Lab	Core Classes*
9:40-10:00	Recess	Recess	Recess	Recess	Recess
10:00-10:35	FF/WIN	FF/WIN	FF/WIN	FF/WIN	FF/WIN
10:35-11:10	Spanish	FF/WIN	Spanish	Library	Spanish
11:10-11:20	Lunch Prep and Transition				
11:20-11:50	Lunch				
11:50-12:00	Walk Back to Class				
12:00-1:40	Core Classes	Core Classes	Core Classes	Core Classes	Core Classes
1:40-2:10	Health Class	PE	PE/Dance	PE	PE/Dance
2:10-2:50	Fine Arts	Fine Arts	Fine Arts	Fine Arts	Fine Arts
2:50-3:10	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting
3:15 - 3:25	Dismissal				

Wednesday Start Times: Please note, each Wednesday the Morning Meeting will begin at 8:40am-9am.

You may still drop your student off at 7:45am and Extended Care will be offered at no charge until the school day begins (if a student is dropped off earlier than 7:45am, the normal EC charges apply). The rest of the day will resume as scheduled (as shown above in chart).

The Lower School class schedule will:

- Promote academic excellence and program quality.
- Focus on time management and promote student well-being.
- Include less transition time, allowing for deeper and reflective learning, innovation, and intellectual curiosity.
- Provide community time and learning opportunities on and off campus.
- Enhance time for faculty and student collaboration.

Highlights of the Lower School schedule:

- Classes – Core classes for Form 1 – Form 5 students with a vertical five-day rotation. Specials occur daily, allowing for longer blocks of uninterrupted and interdisciplinary learning.
- Morning Meeting – Daily time for students to meet and create meaningful relationships as well as share an overall connection with peers and teachers.
- FF – Fly Five is a curriculum designed to help students build self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.
- WIN – The acronym W.I.N. stands for Whatever I Need to Practice and is used for supplemental support in the classroom. Focused on student choice, W.I.N. is an allotted time in class where students can choose what they need to work on from a pre-created list of assignments or activities based on different topics.

Core Classes include daily practice of Math and Language Arts, with Science and Social Studies incorporated weekly.

Specials will rotate throughout the week and include the following: PE, Dance, Music, Drama, Art, Spanish, STEM.

