

Optimized Student Learning *(Upper School)*

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
8:00 - 8:30	Office Hours/ Teachers Available in Classroom							
8:30 - 9:45	A	E	B	F	C	G	D	H
9:45 - 10:15	Office Hours/ Break							
10:15 - 11:30	B	F	C	G	D	H	A	E
11:30 - 11:35	Passing							
11:35 - 12:05	Community							
12:05 - 12:50	Lunch							
12:50 - 12:55	Passing							
12:55 - 2:10	C	G	D	H	A	E	B	F
2:10 - 2:15	Passing							
2:15 - 3:30	D	H	A	E	B	F	C	G
3:30 - 4:00	Office Hours/ After School Activity Block							

The Upper School class schedule will:

- Promote academic excellence and program quality
- Focus on time management and promote student well-being
- Include less transition time, allowing for deeper and reflective learning, innovation, and intellectual curiosity
- Provide community time and learning opportunities on and off campus
- Enhance time for faculty and student collaboration

Highlights of the Upper School schedule:

- Classes - Four 75-minute class blocks during the academic day to support sustained intellectual engagement and facilitate a more balanced homework philosophy
- Office Hours - Daily time for students to meet with teachers, create meaningful relationships, and get extra help
- Community - Dedicated time for co-cognitive learning, collective growth, and community bonding through Advisory, Chapel, club meetings, and student leadership opportunities

