

# Optimized Student Learning *(Middle School)*

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
8:15-8:30	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
8:30-8:35	Passing							
8:35-9:45	A	E	B	F	C	G	D	H
9:45-9:50	Passing							
9:50-10:20	WIN	WIN	WIN	WIN	WIN	WIN	WIN	WIN
10:20-10:25	Passing							
10:25-11:35	B	F	C	G	D	H	A	E
11:35-11:40	Passing							
11:40-12:15	Lunch							
12:15-12:20	Passing							
12:20-12:40	Recess/Flex							
12:40-12:45	Passing							
12:45-1:55	C	G	D	H	A	E	B	F
1:55-2:00	Passing							
2:00-3:10	D	H	A	E	B	F	C	G
3:10-3:30	Pack-Up/Prepare for After School							
3:30 - 4:30	After School Activity Block							
*We begin with Block 1 at 8:30 a.m. on Wednesdays. (No Homeroom)								

## The Middle School class schedule will:

- Promote academic excellence and program quality
- Focus on time management and promote student well-being
- Include less transition time, allowing for deeper and reflective learning, innovation, and intellectual curiosity
- Provide community time and learning opportunities on and off campus
- Enhance time for faculty and student collaboration

## Highlights of the Middle School schedule:

- Classes - No more than three core classes per day (70 minutes each) with a vertical eight-day rotation
- Homeroom - Start of school with time to review the day, hear announcements, and connect with Advisors
- Win Time - Daily time for reflection and creating meaningful relationships with self and others through Advisory, Chapel, clubs, councils, office hours, etc.
- Wellness - Focus on the needs of the adolescent from time-management skills and leadership training, to health class, to unstructured recess time

