PSHE EDUCATION POLICY

PSHE (Personal Social Health Economic) education at Salesian College is an important aspect of our Pastoral Care System. Through a structured programme of relevant topics every student is encouraged to develop an awareness of their role in society, now and in the future. These topics reflect the ethos of the College and the values we hope to develop in our Christian community. The students need to understand and respect each other's strengths and weaknesses and at the same time develop their own potential – intellectually, physically, socially, emotionally, creatively, and spiritually.

We aim to promote all our students' self-esteem and emotional wellbeing and help them to form and maintain worthwhile and satisfying relationships based on respect for themselves and for others at home, at work and in the wider community. PSHE education encourages our students' ability to relate to others and work for the common good.

Our PSHE curriculum aims to prepare our students for the opportunities, responsibilities and experiences of modern life. Through the PSHE curriculum we aim to pass on the enduring values of society, develop students' integrity and their self-confidence, enabling them to become successful learners and develop as responsible and caring citizens capable of contributing to a just society.

St John Bosco, founder of the Salesian Order, defined "education as a matter of the heart." This ideal lies naturally in our PSHE programme which emphasises mutual respect for all. Teaching will consider the age, ability (including special educational needs), readiness, faith and cultural backgrounds of all students to ensure that all can fully access PSHE education provision.

PSHE education at Salesian College actively promotes the fundamental British Values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

PSHE education is valued at Salesian College and is therefore at the heart of our curriculum.

WHAT IS PSHE?

PSHE education is a planned programme of learning through which young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future. They are growing up in the most rapidly changing period in our history. This creates complex challenges and new opportunities.

PSHE education deals with the real-life issues affecting our students, their families, and communities.

It is concerned with the social, health and economic realities of their lives, experiences, and attitudes.

PSHE education helps all children and young people – the highest achievers as well as the vulnerable and excluded – to achieve their fullest potential.

WHY IS PSHE EDUCATION SO IMPORTANT?

Because it:

- Promotes independence and responsibility, preparing students for future roles as parents, employees and leaders.
- Improves employability by developing the personal and social skills demanded by commerce and industry.
- Contributes to health and wellbeing, encouraging individual responsibility for health.
- Contributes to students' safety and protection.
- Prepares students at college for the opportunities, responsibilities, and experiences of later life.
- Promotes British Values.

Aims of PSHE

PSHE education aims to help all our students:

- Understand and manage their emotions.
- Maintain effective and healthy relationships.
- Value and respect themselves and others.
- Make informed and healthy decisions about their physical and sexual health.
- Appreciate difference and the needs of others.
- Contribute positively to the College community.
- Consider social and moral dilemmas.
- Be responsible for their behaviour and learning.
- Develop skills of creative thinking, reflective learning, and independent enquiry.
- Be able to assess and manage risk and be confident of their decisions.
- Be knowledgeable about the best place to find help and support.
- Be confident to ask for help.
- Support key citizenship aims of cultural, political, and global awareness.
- Be sensitive to the feelings of others and develop teamwork skills.
- Think about, assess, and develop their potential.
- Develop their critical thinking skills.
- Explore what it means to be enterprising.
- Understand the functions and use of money both in business and personal life.
- Prepare for change.

THE PSHE PROGRAMME

In defining the role of PSHE education at Salesian College we intend that our planned programme should promote our students' personal and social development, including health, wellbeing and the roles they play in society. A detailed programme can be found in the PSHE Scheme of Work on the College network and on the College website.

PSHE education is much more than just the taught curriculum and is also present in:

- Not only what is taught but in all the ways the College supports personal and social development, e.g., charity projects and support, the Assembly Programme, House System, school trips, extra-curricular activities, School Council, our Code of Conduct and Anti-Bullying education.
- Aspects of specific topics and subjects in other curriculum areas.

- Our College Mission Statement and the value we place on developing and educating the whole person for life.

DELIVERY OF PSHE

PSHE is taught during two timetabled afternoon form periods (time may vary, usually two x 30-minute lessons per week) throughout the college in Years 7 -13, after lunch. (*See College timetable)*

The Heads of Year and their tutor teams in collaboration with the Assistant Headteacher are responsible for designing the programme and the delivery of PSHE. It is also their role to consider and identify the training needs of staff delivering the subject. PSHE education at Salesian is delivered by the Form Tutor or an identified subject specialist in conjunction with the Head of Year and all have a commitment to delivering enjoyable, appropriate, and relevant lessons. It is the strength of the subject that PSHE staff represent a wide range of subject areas and breadth of experience. Teachers work in year teams to share good practice.

A wide range of different resources are used to teach PSHE to all Year groups. These resources are added to and updated regularly by the Assistant Headteacher, to reflect changing patterns of behaviour incidents and or safeguarding concerns. In addition, the College utilises the following services to inform the Scheme of Work:

- TenTen Resources
- PSHE Association
- Catholic Education Service

PSHE PROGRAMME AND THEMES

There are six themes in our delivery of the PSHE education curriculum. These are based on the PSHE Association Guidance and includes Citizenship which is also part-delivered through PSHE as well as other curriculum areas. PSHE education at Salesian College is taught as a spiralised curriculum, with each new year developing knowledge from previous years. All lessons are located within one of these six themes.

1) Mental Health and Wellbeing
2) Healthy and Unhealthy Relationships
3) Citizenship (including aspirations and finance)
4) Personal Safety and Risk Management
5) Physical and Sexual Health
6) Diversity and Prejudice

All year group programmes and an overview of each of the six themes are contained within the PSHE Scheme of work, which is accessible on the College network and on the College website.
A more detailed scheme of work, lesson plans & resources are available from the Assistant Headteacher or the respective Heads of Year.

APPROACH TO TEACHING AND LEARNING

To facilitate students' learning in PSHE education:

- The purpose of each lesson is made clear.
- Students' prior knowledge is determined, and lessons are planned to develop this.
- Appropriate learning experiences are planned to meet the needs of all students.
- Where relevant, students are informed of the social norms surrounding a particular topic to reassure them that most young people make positive, healthy lifestyle choices.
- Learning experiences draw on students' own experiences or existing knowledge and provide a range of opportunities for students to learn, practise and demonstrate skills, attitudes, knowledge and understanding.
- Time is given for students to reflect, consolidate and apply their learning.
- Students are encouraged to take responsibility for their own learning and to record their own progress using a Progress Tracker. Trackers are located within each individual students PSHE OneNote and are kept for the duration of their college career. Progress can therefore be seen as a student moves from one year to the next. Tutors and Heads of year can review these Trackers at any time.
- Attention is given to developing a safe and a secure classroom climate. Ground rules will always be established.

ASSESSING PSHE

In PSHE there are two broad areas for assessment:

- A students' knowledge and understanding.
- How well a student can use their knowledge and understanding in developing skills and attitudes.

Our assessment will be:

- Planned as an integral part of teaching and learning.
- Provide regular opportunities for students to receive feedback on their progress and achievements.
- Include students in self-assessment and peer assessment.
- Reflect evidence of progress in skills of participation as well as knowledge.
- Include celebrations of reaching milestones and achievement.
- Recorded as a statement on students' annual reports.

VISITORS AND OUTSIDE AGENCIES

We are keen to involve individuals and organisations to resource and support our delivery of the PSHE programme. Visiting speakers in recent years have included professionals in the fields of health, religious organisations, law, police, drugs education, anti-bullying, conflict resolution, higher education, business and the world of work, drama groups etc. All visitors are expected to work within the terms and spirit of our PSHE policy.

LINKS WITH OTHER SUBJECT AREAS

All other subject areas have the opportunity to link with PSHE through their programmes of study and through promoting the College ethos and giving students confidence and a sense of responsibility. Particularly strong links exist between the following subjects and the content of PSHE:

- Science & PE include many aspects of health & keeping safe as well as topical debates.
- Computing develops student's competency and responsibility in using IT safely.
- Drama and English cover social and moral issues related to relationships.
- RE includes many aspects related to relationships, diversity, and self-awareness.
- Mathematics covers areas of economic wellbeing and financial capability.
- Geography covers aspects of environmental and sustainability issues.
- History covers various social and moral issues throughout its programme.
- Business Studies and BCS (Business and Computer Studies) include aspects of financial literacy and economic awareness.

LINKS WITH KEY AREAS OF STATUTORY GUIDANCE FOR COLLEGES

Key documents that inform the College PSHE Education policy include:

National Curriculum: Relationships and Sex Education (RSE):
The Religious Education and Science departments support the delivery of this programme in conjunction with the Heads of Year through the PSHE programme. Church teaching on human sexuality, based on the values of the Gospel, provides the context for the College's programme. Please see our separate Relationships and Sex Education policy.

National Curriculum: Citizenship:
The Religious Education department supports the delivery of the citizenship statutory guidance, along with many other subject areas and extra-curricular programmes. Please see our separate Citizenship Policy.

Keeping children safe in education
Safeguarding and promoting the welfare of children is everyone's responsibility. If abuse is highlighted or suspected by a disclosure, then the Safeguarding Children/Child Protection procedures will be involved. The PSHE schemes of work take action to enable all children to have the best outcomes. In addition, students are taught about safeguarding (including online safety and consent) within PSHE as part of providing a broad and balanced curriculum. Please refer to our separate Child Protection Policy

Safeguarding Children and Young People: Multi-agency statutory guidance on female genital mutilation.

FGM is a criminal offence – it is child abuse and a form of violence against women and girls and therefore should be treated as such. Engagement with families and communities plays an important role in contributing to ending it, therefore we provide accessible and sensitive education on FGM, whilst carefully considering the context of our college.

Additional documents that inform the College PSHE Education policy include (but is not limited to):
- Education Act - 2011
- Learning and Skills Act - 2000
- Education and Inspections Act – 2006
- Equality Act - 2010
- Supplementary Guidance SRE for the 21st century - 2014
- Relationships and Sex Education (RSE) and health education (update July 2025)
- Children and Social Work Act – 2017
- Catholic Education Service guidance – ongoing

- Careers Guidance and Access for education and training providers statutory guidance- update 2025

LINKS WITH OTHER POLICIES

In developing the PSHE policy we have also taken account of our existing policies on:

- Anti-Bullying,
- Behaviour and Discipline,
- Careers Education and Guidance
- Social, Moral, Spiritual and Cultural
- British Values
- Mental Health and Wellbeing
- Sanctions and Rewards
- Safeguarding Children & Child Protection Equal Opportunities,
- Relationships and Sex Education,
- Substance Misuse (Drugs Education)
- Citizenship

MONITORING AND RE-EVALUATING PSHE

- Our Strategic Development Plan should reflect PSHE related issues.
- Annual review of programme by Heads of Year and Year Teams.
- Key areas for improvement are identified with groups of students and acted upon, through student voice surveys and the college/year councils.
- The outline of key changes in schemes of work and policies are shared with parents for consultation.
- Comments from inspection reports are reviewed and noted for action where appropriate.
- Formally reviewed as part of the Governing Body's rolling programme of policy scrutiny.

    - The Governing Body follows a structured timetable where different school policies are reviewed at regular intervals—biennially. PSHE, although bi-annual policy is considered and reviewed annually by the College, considering regulatory guidance such as KCSiE.

1. Who Reviews It?
    - The Governing Body oversees the review.
    - A designated link governor to PSHE / RSE
    - The PSHE Coordinator contributes by providing updates on curriculum delivery, impact, and statutory compliance.
    - Senior Leadership Team (SLT)
2. Where Does It Happen?
    - Reviews typically take place during governors' meetings.
    - Supporting documents and updates are shared in advance for discussion and approval.
3. What Is Considered?
    - Alignment with statutory guidance (e.g. RSHE requirements)
    - Links to Fundamental British Values and Catholic Social Teaching

- Feedback from staff, students, and parents
- Updates from the PSHE Association and /or DfE
- Safeguarding implications and integration with other policies

POLICY CONTROL	
Author	Assistant Head (Pastoral)
SLT Approved Date	12 September 2025
Governors Approved Date	23 October 2025
Review schedule	Biennial
Date of next review	September 2027