

Davison Community Schools
Physical Education/8th Grade

Course Outline

Semester 1

- Soccer - 3 weeks
- Flag Football - 3 weeks
- Pickleball - 3 weeks
- Floor Hockey - 3 weeks
- Volleyball- 3 weeks
- Badminton -2 weeks
- Basketball - 3 weeks
- Fitness - 2 Days a week, entire semester

Semester 2

- Soccer - 3 weeks
- Ultimate Frisbee 3 weeks
- Flag Football - 3 weeks
- Floor Hockey - 3 weeks
- Volleyball- 3 weeks
- Yard games - 1 week
- Wiffle Ball / Tee Ball - 3 weeks
- Fitness - 2 Days a week, entire semester

Priority Standards

S1.5.8	Throws a lead pass to a moving partner off a dribble or pass.
S1.14.8	Demonstrates the mature form of forehand and backhand strokes with a short- or long handled implement with power and accuracy in net games, such as pickleball, tennis, badminton, or paddleball.
S2.2.8	Executes at least 3 of the following offensive tactics to create an open space: moves to create open space on and off the ball; uses a variety of passes, fakes, and pathways; give and go.
S2.3.8	Creates open space by staying spread on offense, cutting and passing quickly, and using fakes off the ball.
S2.5.8	Reduces open space by not allowing the catch (denial) and anticipating the speed of the object or person for the purpose of interception or deflection.
S2.9.8	Varies the speed, force, and trajectory of the shot based on location of the object in relation to the target.
S3.3.8	Participates in a variety of self-selected aerobic-fitness activities outside of school such as walking, jogging, biking, skating, dancing, and swimming.
S4.1.8	Accepts responsibility for improving one's own levels of physical activity and fitness.
S5.6.8	Demonstrates respect for self by asking for help and helping others in various physical activities.