

**Davison Community Schools
MS Health Education**

Course Outline

- Health and Wellness
- Conflict
- Nutrition
- Alcohol, Tobacco, and other Drugs
- Communicable Diseases and HIV

Priority Standards

2 4.4	I can ask a trusted adult for advice, including for risk of suicide.
1 5.1	I can describe the importance of sleep.
1 4.2	I can describe warning signs, risks, and protective factors for suicide.
4 4.8	I can explain internal and external factors that determine how one acts.
3 3.7	I can describe strategies to be safe on the internet (refer back to career units).
7 4.12	I can apply conflict resolution skills.
2 3.5	I can identify situations that require help and how to get it.
1 3.4	I can define legal consequences of sexual harassment.
1 4.1	I can distinguish between passive, aggressive, and assertive communication.
1 1.1	I can explain the benefits of eating healthy.
2 1.3	I can use food labels to select foods to reach my goals.
1 1.2	I can describe federal guidelines for teens.
3 1.7	I can evaluate a typical day's food intake.
3 1.6	I can analyze restaurant menus and analyze how alcohol, tobacco, or other drugs impact the user, family, and friends.
2 2.2	I can locate resources in school, community, &/or on the internet for information and assistance regarding alcohol, tobacco, or other drugs.
3 2.3	I can describe needs a young person may have and ways to meet them without alcohol, tobacco, or other drugs.
3 2.4	I can recognize and avoid situations that may lead to trouble involving alcohol, tobacco, or other drugs.
1 5.2	I can explain how infectious diseases are transmitted.
1 6.1	I can explain how HIV is and is not transmitted.

1 6.2	I can distinguish facts about HIV from myths.
3 6.5	I can analyze behaviors that may result in increased risk of HIV or other STIs.