

Foods and Nutrition Choice Board

Assignment Title	Assignment Description
Food Safety Poster	Create a poster highlighting key food safety tips.
Temperature Danger Zone	Write a short paragraph explaining the Temperature Danger Zone (TDZ).
Measurement Practice	Find and list five different cooking measurements and their conversions.
Recipe Review	Choose a recipe and identify the food safety practices involved.
Food Storage Quiz	Answer five questions about proper food storage techniques.
Healthy Meal Plan	Design a simple meal plan for a day, ensuring it includes safe food handling.
Food Safety Scenarios	Write three scenarios involving food safety and how to handle them.
Kitchen Equipment List	Make a list of kitchen tools that help with food safety and sanitation.
Personal Reflection	Reflect on what you learned about food safety this week in a short paragraph.