

FCS ESSENTIALS NTI DAYS 1-10

Assignment Title	Assignment Description
1. Consumer Rights Poster	Create a poster on a sheet of paper highlighting three key consumer rights.
2. Maslow's Hierarchy Diagram	Draw and label a diagram of Maslow's Hierarchy of Needs.
3. Self-Esteem Reflection	Write a short reflection on what self-esteem means to you.
4. Positive vs. Negative Relationships	Create a Venn diagram comparing good and bad relationships.
5. Relationship Cycle Video	Produce a short video explaining the stages of a relationship.
6. Family Life Cycle Research	Research and summarize the stages of the family life cycle.
7. Consumer Rights Role-Play	Write a scenario where a consumer asserts their rights.
8. Self-Esteem Action Plan	Develop a personal action plan for improving your self-esteem.
9. Relationship Cycle Presentation	Create a slideshow on the relationship cycle and its stages.
10. Family Member Interview	Interview a family member. Write ten questions for them you would like to know the answers to, record their answers, and e-mail it to me.