

# **TOWN OF EAST LYME**

## **FOOD DRIVE FOR CARE & SHARE**

♥ **Starting November 10th – Help Support Local Families in Need!** ♥

Please donate **new, unexpired** items. Examples in the lists below.

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### **NON-PERISHABLE FOOD ITEMS**

- Canned vegetables, fruits, and beans
- Canned soups, chili, and stews
- Peanut butter and jelly
- Pasta and rice
- Boxed meals (mac & cheese, stuffing, instant potatoes)
- Cereal and oatmeal
- Canned tuna, chicken, or salmon
- Shelf-stable milk or milk alternatives
- Tomato sauce and canned tomatoes

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### **HOUSEHOLD ITEMS**

- Paper towels
- Toilet paper
- Laundry detergent
- Dish soap
- Cleaning wipes

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### **PERSONAL HYGIENE ITEMS**

- Toothpaste and toothbrushes
- Soap and body wash
- Shampoo and conditioner
- Deodorant
- Feminine hygiene products
- Razors and shaving cream

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### **DROP-OFF LOCATIONS**

- Town Hall
  - Community Center
  - Field Services
  - Public Safety
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**Thank you for supporting Care & Share of East Lyme  
and helping our neighbors in need!**