Campus Name	Example Daily Template: https://docs.google.com/presentation/d/1Hqo0mQ9xqAAXbe3OOYHHmoBqE1eLTZ3-mI_RqHqBKqoI?usp=sharing	Health Day	Daily District Theme Titles	PE Schedule
	First Time Quality Instruction TEKS			
PE/Health	Aligned, Skill Building, Checking For Understanding, Monitor & Adjust, Assessments		Mind-Body-Soul Monday	2nd Grade -8:10 -9:00am
Week 1: Aug 11-15	**Unit: Rules & Procedures/Expectations/Safe Behaviors**		Talk Healthy Tuesday	Kinder-9:10 -10:00am
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Start/ Stop Routines Locomotor Skills		Wellness Wednesday	
	Rules and Procedures / Ice Breakers		Thriving Thursday	
	Warm Up/ Stretching Routines		Fresh Friday	
	Indoor/ Outdoor Rules and Procedures			
	Classroom Behavior/ Closing Expectations			
Week 2: Aug 18-22	**Unit: Classroom Cultures/Communication Skills/Leadership**			1st Grade-10:10 -11:00am
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Review Classroom Rules and Classroom Behavior			
	Leadership positions			
	Communication Skills			
	Ice Breakers			
	Go To Sub Activities			
Week 3: Aug 25-29	**Unit: Team Building/ Good Sportmanship**			Lunch
	Activity For The Skill Development Of:			
	Team Relays			
	Team Challenges- Small / Large Groups			
	Parachute Challenges			
	Self Control / Body Control			
	Spacial Awareness			
Week 4: Sept 2-5	**Unit: Adventure Education (Teacher Incentive Allotment 20 Meter Pacer Only Testing Window)**			5th Grade 12:15 -1:05pm
	Unit Targets for Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Cooperative Games			
	Problem Solving			
	Trust Activities			
	Character Development			
	Exploratory Play/ Non Competeive Environment			
Week 5: Sept 8-12	**Unit: Gymnastics Wk 1 : Tumbling/ Travels/ Animal Travels (Teacher Incentive Allotment 20 Meter Pacer Only Testing Window)**			3rd Grade 1:10 -2:00pm
	Unit Target for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Weight Transfer			
	Rolling			
	Balancing			
	Stretching/ Bending			
	Traveling			
Week 6: Sept 15-19	**Unit: Gymnastics Wk 2: Review Tumbling/Jumping & Landing (Teacher Incentive Allotment 20 Meter Pacer Only Testing Window)**			4th Grade 2:05 -2:55pm
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Review Tumbling			
	Jumping Tricks			
	Create Your Own Jumps			
	Levels and Planes			
	Balance Challenges			
Week 7: Sept 22-26	**Unit: Gymnastics Wk 3 : Review Tumbling, Jumping, Balances/ Gymnastics Skill Stations (Teacher Incentive Allotment 20 Meter Pacer Only Make-Up)**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Traveling (animal travels, gymnastics travels: cartwheel, forward roll, etc.)			
	Tumbling (forward roll, log roll, backward roll, dive roll)			
	Jumping and Landing with control			
	Tricks/ Challenges			
	Assess:			
Week 8: Sept 29-Oct 3	**Unit: Gymnastics Wk 4 : Obstacle Course/ Create Your Own Sequence/ Student Showcase (Teacher Incentive Allotment 20 Meter Pacer Only Submission Due)**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Group Body exploration (numbers, letters, and shapes)			
	Create Your Own/ Show and Tell			
	Student Showcase			
	Partner Stunts			
	Obstacle Course			
Week 9: Oct 6-10	**Unit: Footskills: Dribbling/Passing/ Kicking/ Shooting**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Ball Control w/ feet (Stationary, Partner)			
	Passing & Receiving w/feet			
Week 10: Oct 15-17	**Unit: Footskills: Dribbling/Passing/ Kicking/ Shooting**			
	Unit Targets for the Week			
	Activity For The Skill Development Of:			
	Passing Under Pressure			
	Dribbling at Different Speeds			
	Skill Combination			
	Shooting Accuracy			
	Teamwork Game Understanding			
Week 11: Oct 20-24	**Unit: Catching**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Catch after a bounce			
	Catch at Different Levels (High, Med, Low)			
	Catch a Self Toss w/ Different Objects (Size, Weight, Shape)			
	Partner Catch Challenges			
	Assess-Catch			
Week 12: Oct 27-31	**Unit: Throwing**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Underhand Throwing - Throwing Form/ Cues			
	Overhand Throwing- Throwing Form/ Cues			
	Throwing for Accuracy			
	Throwing and Catching Different Objects (Sizes, Weight, Shape)			
	Throwing and Catching at Different Levels (High, Med, Low)			
	Assess- Throwing			
Week 13: Nov 3-7	**Unit: Racquet Sports**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Form, Grip And Stance			
	Face Awareness (Hand direction- ball direction, hand-eye)			
	Bounce (Up and Down)			
	Partner Volley/ Overnet Volley			
	Assess- Volley w/ short implement			
Week 14: Nov 10-14	**Unit: Racquet Sports**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Review Grip, Form, Bounce, Volley			
	Volleying w/ Different Objects (badminton, lollipop paddles, noodles)			
	Self Toss			
	Rally with a partner (set amount, consecutive hits)			
	Serve (frontstroke, backstroke)			
	Competetive Play/ Mini Games			
Week 15: Nov 17-21	**Unit : Fitness / Holiday Games/ Stations**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Fitness Components (Body composition, Muscular Strength, Muscular Endurance, Cardio Vascular, Flexibility)			
	Skill Fitness Components (Agility, Balance, Coordination, Reaction Time, Speed, Power)			
	Boot Camps (Competion, Fun)			
	Intro to Fitnessgram assessment (how to aminister assessment, form , cadence, and expectations)			
Week 16: Nov 24-28	***THANKSGIVING BREAK (No School)***			
Week 17: Dec 1-5	**Unit: Review Expectations and Procedures/ Go To Sub Activity/Game**			
	Unit Targets for the Week {Skills are progressive}			
	Activity For The Skill Development Of:			
	Review Expectations and Procedures for PE			
	Go To Sub Activities/ Games			
Week 18: Dec 8-12	**Unit: Fitness Related with minimal equipment**			

Campus Name	Fall Semester Scope & Sequence: 18 Weeks Example Daily Template: https://docs.google.com/presentation/d/1fqpo0ln0ieqAaXkw3eQYnnHnodbE1ejLT2-jm_RqHqE/edit?usp=sharing	Health Day	Daily District Theme Titles	PE Schedule
	Unit Targets for the Week (Skills are progressive)			
	Activity For The Skill Development Of:			
	Fitness Components (Body composition, Muscular Strength, Muscular Endurance, Cardio Vascular, Flexibility)			
	K-2 Fitness Stations/ 3-5 Fitness Gram Assessment			
	Fitness Relays			
	Goal Setting			
Week 19: Dec 15-18	**Unit: Holiday Games/Stations**			
	Unit Targets for the Week (Skills are progressive)			
	Activity For The Skill Development Of:			
	MAU Stations			
	Review of all skills taught in First Sememster			
	Spring Semester Scope & Sequence: 19 Weeks			
	First Time Quality Instruction: TEKS Aligned, Skill Building, Checking For Understanding, Monitor & Adjust, Assessments			
Week 1: Jan 5-9	**Unit: Rules & Procedures/Expectations/Safe Behaviors/Cultures/Communication Skills/Leadership**			
	Activity For The Skill Development Of:			
	Monday: Professional Development Day			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 2: Jan 12-16	**Unit: Cooperative Learning: Hula Huts**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 3: Jan 20-23	**Unit: Volleyball: Striking/Balloons**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 4: Jan 26-30	**Unit: Volleyball: Passing & Serving**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 5: Feb 2-6	**Unit: Teambuilding: Cross the River**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 6: Feb 9-13	**Unit: Jump Rope and Dance/Single Ropes & Tricks**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 7: Feb 16-20	**Unit: Jump Rope and Dance/ Partner Jumping & Tricks**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 8: Feb 23-27	**Unit: Jump Rope and Dance/ Long Ropes**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday			
	Friday:			
	Saturday: Track & Field MS West Texas Relays Ratliff Stadium | 2231 E Yukon Rd, Odessa, TX 79765 | 12:00 p.m.			
Week 9: Mar 2-6	**Unit: Basketball and Ball Handling**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday			
	Friday: Track & Field HS West Texas Relays Ratliff Stadium | 2231 E Yukon Rd, Odessa, TX 79765 | 12:00 p.m.			
Mar 9-13	***SPRING BREAK***			
Week 10: Mar 16-20	**Unit: Basketball/Passing, Dribbling, Shooting**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 11: Mar 23-27	**Unit: Basketball/ Lead-up Games (Testing Window Opens For End of Year (EOY) - Full FitnessGram - including 20 meter Pacer Test)**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 12: Mar 30-Apr 3	**Unit: First Tee Golf: Striking with Implements/Etiquette & Safety/ 9 Core Values (Alternative) (Testing Window Continues For End of Year (EOY) - Full FitnessGram - including 20 meter Pacer Test)**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 13: Apr 7-10	**Unit: First Tee Golf: Putting, Chipping, Driving (Make-Up Testing Window For End of Year (EOY) - Full FitnessGram - including 20 meter Pacer Test)**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 14: Apr 13-17	**Unit: Striking with Different Implements/ Spike Ball/ Paddles/Hockey/ End of Year (EOY) - Full FitnessGram - including 20 meter Pacer Test) Data entry Due Friday, April 17, 2026**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 15: Apr 20-24	**Unit: Outdoor Fun: Kickball/ Student Choice Games & Activities**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 16: Apr 27-May 1	**Unit: Outdoor Fun: Kickball/ Student Choice Games & Activities**			
	Activity For The Skill Development Of:			
	Monday:			

Campus Name	Fall Semester Scope & Sequence: 18 Weeks Example Daily Template: https://docs.google.com/presentation/d/1dqpo0MQ5eqAAXNe3dOVHmHbcdDe1ieLT3-m_Rqh0g8/edit?usp=sharing	Health Day	Daily District Theme Titles	PE Schedule
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 17: May 4-8	**Unit: Baseball: Rules/Hitting/Fielding/Stations**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 18: May 11-15	**Unit: Baseball: Play Ball!**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			
Week 19: May 18-21	**Unit: Field Day Practice**			
	Activity For The Skill Development Of:			
	Monday:			
	Tuesday:			
	Wednesday:			
	Thursday:			
	Friday:			