Red Oak ISD Student Health Advisory Committee
Meeting Minutes

Date: 11/4/25

SHAC Members Present

Maricela Torres- SHAC Coordinator
Victoria Ybarra- Director of Student Nutrition
Stephenen Flores- District Elementary PE lead
Lori Rowe- ROISD, Director of Health Services
Melody Hawkins- ROISD, District Counseling Services
Latoyia Patterson- Parent (Eastridge)
Dr. Rebeca Piatini- Community Member
Shelsey Wood- Parent (Eastridge)
Aareon Moore- Parent (Wooden & ROHS) & Community
Cassie Street- Parent (Shaw) and Community
Audrey Taylor- Parent (ROHS)
Yolanda Mitchell- Parent (ROHS & ROMS)
Krissie Bandy Vailolo- Parent (Wooden & ROHS)
Brandis Gonzalez - Parent (ROHS)

Agenda

- Welcome
- Call to Order- Called to order at 6:03pm by Maricela Torres
- Introductions- Introductions were made by all attendees
- SHAC Overview
    - Maricela provided an overview of SHAC responsibilities, membership structure, and required meeting frequency.
    - Proposed meeting for 2025-2026- Meeting dates were approved by those present
        - November 4, 2025
        - February 10, 2026
        - April 14, 2026
        - May 12, 2026

Discussion/Action Items

- Nomination and Election of Officers; President, Vice President, Secretary
    - Maricela provided an overview of the roles and responsibilities of Chair, Co-Chair and Secretary.
    - Maricela opened the floor to nominations for officer positions.
    - Secretary- Cassie Street was nominated
        - All present voted in favor

- Co-Chair- Brandis Gonzalez was nominated
  - All present voted in favor
- Chair- Shelsey Wood
  - All present voted in favor

- 2025-26 Programs
  - Melody Hawkins shared current district programs
    - Suite 360- Character Education for PK-12th
      - aligns with district approved character education and the 4 talons
      - Covers state mandated topics including Fentanyl Awareness and Trafficking Awareness
    - REACH Council- Provides prevention education for ROISD focused on healthy behaviors and prevention of substance misuse
    - Mr. Flores shared about the use of the Quaver program for elementary prevention education during PE.
    - Vicky Ybarra shared that the SHAC completes an assessment of district programs every 3 years.
  - Maricela gave an overview of Yes to Succeed programs
- ROISD Parent/Community Resources
  - Melody shared on:
    - Hawk Family focus parent education videos
    - Monthly Drive through food bank
    - District counseling page for resources
- Fentanyl Awareness -Tucker's Law- Cassie provided an overview of the requirements for Tucker's Law.
- SHAC By-laws-
  - Maricela brought to the table some potential edits to the by laws
    - Need to update the district logo
    - Article III Meetings, Section One- Regular Meeting in Sept
      - This is often too soon to establish a SHAC committee.
      - Article III Meetings, Section Eight: Size of Council- no more than 21, no less than 21
        - May need to increase the number due to district growth.
    - Article VII Committee, Section One: Nominating Committee
  - It was determined that by law updates would be tabled until SHAC committee membership was approved by the board.
  - Once membership is approved, the bylaws will be shared via email for review by SHAC members and opened to comments by committee members.
- Shelsey Wood asked about the method of membership. Maricela explained that those on the membership list were contacted and confirmed they would participate as SHAC members

- Adjournment-
  - Motion to adjourn was made by Shelsey Wood and seconded by Audrey Taylor. Meeting adjourned at 6:57 p.m.