



**THE  
POSITIVITY  
PROJECT**

Dear Families,

This week, our school community will focus on the character strength of ***Humility***. Humility means not seeking attention and letting your actions speak for themselves. Humble people understand their abilities and achievements without underestimating them. They can admit mistakes, accept advice, and are open to new ideas. They don't show off their successes or possessions.

Developing humility helps people reflect on how they can improve and work well with others. It allows them to grow and become valuable team members.

To practice and encourage the character strength of humility at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

<a href="#">Pre-K-K</a>	<a href="#">Grades 1-2</a>	<a href="#">Grades 3-5</a>	<a href="#">Grades 6-8</a>	<a href="#">Grades 9-12</a>
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Thank you for your support!