

VIRGIN VALLEY HIGH SCHOOL

Parent/Student Athletic Policy Handbook

The following information is provided to help you understand some of the policies and regulations that govern the athletic programs at Virgin Valley High School, and answer some of the basic questions that arise. It is no way complete or comprehensive. The athletic programs are governed by the Nevada Interscholastic Activities Association (NIAA) and the Clark County School District.

PHYSICAL EDUCATION II WAIVER CREDIT

A waiver for Physical Education II shall be granted if a student has not earned Physical Education II credit and actively participates in a school-sponsored activity for 120 hours in interscholastic athletics, on a drill team, in a marching band, in a dance group, or on a cheerleading squad. Students cannot earn a PE II Waiver if they already took the PE II course (pass or fail).

Baseball – Varsity, Junior Varsity
Basketball – Varsity, Junior Varsity, B-Team
Cheerleading – Varsity, Junior Varsity,
Cross Country – Varsity
Drill Team
Flag Football – Varsity, Junior Varsity,
B-Team Football – Varsity, Junior Varsity, B-Team

Golf – Varsity
Marching Band/Flags
Soccer – Varsity, Junior Varsity,
B-Team Softball – Varsity, Junior Varsity
Swimming – Varsity
Tennis – Varsity
Track – Varsity
Volleyball – Varsity, Junior Varsity,
B-Team Wrestling – Varsity, Junior Varsity

CLARK COUNTY SCHOOL DISTRICT ATHLETIC ELIGIBILITY

Transfer Rules

- Students who move with their parents to a new school will be eligible at the new school provided all other eligibility requirements are met.
- Students who transfer schools without their parents will be ineligible for 180 school days. Students whose parents divorce will maintain eligibility with their primary custodial parent. In the case of joint custody, eligibility remains at their current school.
- Students whose parents are separated will retain their eligibility at their current school. · Students on a zone variance are ineligible for 180 school

days.

- Students who have temporary guardians are ineligible.
- Students who transfer from a public to private or private to public school are ineligible for 180 school days. · Students who transfer from a public to charter school or charter school to public school are ineligible for 180 school days.
- Students who transfer from a magnet/select/open enrollment/minority to majority school are ineligible for 180 school days.

Age Limitations

- A student whose twentieth (20) birthday occurs during a season is ineligible to participate in any sanctioned sport during that season and any season that is conducted after that date.

Physical Examinations

- All students must pass a physical examination by a licensed physician. Physical examinations must be completed on the appropriate NIAA forms.

Residency Rules

- Students are only eligible for interscholastic competition for the school located in the attendance zone in which their parents or legal guardian resides.
- A student living with a legal guardian must be approved through the CCSD Athletic Department. · Falsification of any documents or being dishonest regarding your residency may result in ineligibility for 360 school days (2 years).

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Academic Requirements

- Must be enrolled in at least two (2) units of credit and regularly attending school.
- Students must have successfully completed at least two (2) units of credit the immediately preceding semester.
- Students must obtain a grade point average of at least 2.0 for the immediately preceding semester. · Students must maintain a passing grade in all classes during the season in which they are participating. · **All incoming freshmen are initially academically eligible.**

Please visit www.ccsd.net to access the High School Athletic Eligibility Rules in greater detail

NCAA INITIAL ELIGIBILITY REQUIREMENTS

Students that plan to compete in NCAA sports at a Division I college/university need to register with the NCAA Eligibility Center to meet initial-eligibility standards. Students and families may contact the NCAA directly with questions about eligibility or the registration process: 1-877-262-1492.

To be eligible to compete in NCAA sports in the first year at a Division I school, students must graduate high school and meet all the following requirements:

1. Complete 16 core courses:
 - a. Four years of English
 - b. Three years of math (Algebra 1 or higher)
 - c. Two years of natural/physical science (including one year of lab science if the high school offers it)
 - d. One additional year of English, math or natural/physical science
 - e. Two years of social science
 - f. Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
2. Complete 10 core courses, including seven in English, math, or natural/physical science, before the seventh semester. Once the seventh semester begins, students may not repeat or replace any of those 10 courses to improve the core-course GPA.
3. Earn at least a 2.300 GPA in core courses.
4. Earn an SAT combined score or ACT sum score matching the core-course GPA on the Division I sliding scale, which balances test scores and core-course GPA. Students that have a low test score will need a higher core-course GPA to be eligible. Students that have a low core-course GPA will need a higher test score to be eligible.

COLLEGE BOUND ATHLETES AND RECRUITERS

NCAA bylaws affect all high school athletes' eligible for NCAA Division I and II athletic scholarships or those who plan to participate in any Division I or II athletic programs as a non-scholarship athlete (walk-on). Scholarship eligibility rules are available in the athletic office and can be accessed at <http://www.ncaaclearinghouse.net>. Any senior who is interested in participating in college athletics must be cleared through the NCAA Clearing House. Applications can be picked up in the athletic office or accessed on the NCAA Clearing House website. Student-athletes who plan to participate in post high school athletics should register with the Clearing House during their junior year. See appendix items for more information.

ACADEMICS

A student must maintain a 2.0 grade point average during the prior semester, based on 4.0 grading system. A student who fails to meet this minimum requirement shall be

ineligible until grades are checked at the next nine-week period. Grades are checked every three weeks to determine student progress. If a student is failing a class they have one week to bring their grade up. If the grade is not improved, they are ineligible the following week or until they are off the failing list. Once an athlete becomes ineligible they cannot participate in any contest for a minimum of one week even if they bring their grade to a passing level before the week is over. Athletes are allowed to practice, even if they are academically ineligible.

ACTIVITY BUS SCHEDULE

Activity buses are provided for students at one time after school. The bus will transport students to all centers of the city. They are not provided for Saturday practice or after contests, home or away.

ATHLETE DEFINED

The Virgin Valley High School athlete is defined as and includes all young men and women who represent a team that engages in interscholastic competition and further includes cheerleaders, drill team, student managers, trainers and statisticians.

ATHLETIC PHILOSOPHY

Virgin Valley High School Athletic Department exists to provide the best opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline and moral character. Our purpose is to provide each participant with an experience that will be positive, memorable and help each student-athlete develop the capacity for commitment to cause, acceptance of responsibility, and loyalty towards any chosen endeavor.

ATHLETIC PROGRAM PROFILE

Virgin Valley High School supports nineteen (19) sports that support 31 different teams in grades 9- 12. Student-athletes are coached by 39 men and women and participate in over 600 contests per year. Virgin Valley is a charter member of the Nevada Interscholastic Activities Association (NIAA)

REGISTER MY ATHLETE

Athletic packets are to be completed every year before athletes are allowed to practice using REGISTER MY ATHLETE. Student-athletes are required to get a sports physical every year. Physical forms can be accessed at registermyathlete.com.

ATHLETIC STATEMENT

Participation in high school athletics is a privilege which carries with it varying degrees of honor, responsibility and sacrifice. Since athletic competition on high schools teams is a privilege and not a right, those who choose to participate will be expected to follow the guidelines established by the Clark County School District, Administration, and other specific coaches' rules for their sport. Athletes represent their school and student body, and as such, are to conduct themselves in a manner that is becoming to their family, Virgin Valley High School, and the community.

ATHLETIC SEASON DEFINED

The athletic season is defined as commencing with the first practice and ending with the final event for that sport. Penalties for violations take effect immediately upon verification of any violation and will include games in succession, i.e. season schedule, tournaments and state series, in order of competition.

ATTENDANCE: School and game Day

All student-athletes must have attended all classes the day of a game to be able to participate in that day's contest. Approved field trips or school activities constitute attending school. Exceptions must be approved through the principal's and or athletic office prior to the day that the student will miss. If a student is 20 minutes late for a class, they will be marked absent and will not be able to participate that game day.

AWARD INFORMATION FOR COACHES & ATHLETES

Awards are an integral part of most activities. They exist to reward, indicate belonging, and show commitment to a cause. Awards are important, and Virgin Valley athletes are recognized with a wide variety of earned awards. It is always very important to keep awards in perspective. Too many inappropriate awards indicate a disregard for the true meaning of sport while too few can indicate a feeling of non-importance. In reality, awards cannot truly show what has been gained from competing in athletics.... the development of loyalties, commitment to a cause, learning about one's limits and representing one's school, community, family and self.

All sports are considered major sports at Virgin Valley High School. Athletes, student staff, cheerleaders, and drill team members are eligible to earn awards. Each sport gives the same type awards and all awards are purchased by the school. Sweaters and jackets are purchased by the athletes. No athlete may receive an award in a sport for which he/she is academically ineligible at the completion of the season, under suspension for an athletic violation, or otherwise not in good standing. Candidates must complete the season and post-season play in order to receive an award, however, injuries may waive this stipulation. **No award will be issued until equipment is turned into the coach.**

The following information indicates the general guidelines and normal progression for awards. Athletes will receive the appropriate awards for each year as listed and explained below. Freshman and sophomores are eligible for varsity competition and earn their varsity award at any time. New athletes to Virgin Valley High School (move-ins) cannot exchange awards from their previous school. Athletes cannot buy, substitute or make-up for awards not previously won.

CARRY-OVER SUSPENSION

If the athlete does not complete the season in good standing, the suspension must be served in the next sport that the student participates in. If the violation of the Code occurs in the last part of a sport and the violator cannot fulfill the terms of his/her violation in that sport, suspension does carry-over until the suspension is fulfilled. This includes their next sport or the same sport next year. i.e. If the suspension is for two football games with only one remaining, the athlete must also miss his/her first basketball game or wrestling match or baseball game until the suspension has been served. If an athlete elects to participate in a new sport in order to serve a suspension, he/she will be required to complete this season in good standing.

CHANGING GRADES

It is the policy of Virgin Valley High School that coaches should not get involved in changing student athletes' grades. If an athlete becomes ineligible to participate due to grades, they may contact individual teachers to work out their grades. This must be completed before the sport that they participate in begins. No athlete will be allowed to become eligible to participate by getting a grade changed once their season begins.

CHANGING A SPORT

If an athlete is cut from a team, he/she may join another team or program in that sport season. An athlete cannot quit one sport to join another sport until that sport season is concluded. (Example) An athlete cannot quit football to go out for basketball until the football season is completed. However, athletes will be allowed to transfer from one sport to another during a given season upon mutual agreement of both coaches and the athletic director. If a student participates in a regular scheduled contest they cannot quit and go to another sport. If there are special circumstances, approval must be received from the NIAA in order for an athlete to change sports.

DO ROWDY RIGHT INITIATIVE

Dear Student Athlete:

On behalf of Virgin Valley High School's Athletic Department, I would like to congratulate you on your decision to become involved in our high school athletic program. I'm sure you already know that athletic competition builds character and shapes lifetime attitudes. The Citizenship Through Sports Program reinforces and promotes the principles of good sportsmanship, which are integrity, fairness, and respect.

As an athlete of Virgin Valley High School, your sportsmanship goals should include:

- Developing a sense of dignity under all circumstances;
- Respecting the rules of the game, the officials who administer the rules, and their decisions;
 - Respecting opponents as fellow students and acknowledging them from striving to do their best while you seek your best at the same time;
 - Refraining from engaging in all types of disrespectful behavior, specifically taunting, trash talking and other forms of intimidation;
- Looking at athletic participation as a potentially beneficial learning experience, whether you win or lose;
- Educating other students and fans to understand the rules of the game, and the value of sportsmanship

You are the spokesperson for our school when you represent us in athletic competition. Your actions are viewed by family and friends, opposing fans, the local community and media. Your display of good sportsmanship will show the most positive things about you and our school.

We hope the upcoming season is a

rewarding one for you.

VVHS ATHLETIC DEPARTMENT

Dear Parents:

On behalf of Virgin Valley High School's Athletic Department, I would like to congratulate you on your son/daughter decision to become involved in our athletic program.

I'm sure you already know that athletic competition builds character and shapes lifetime attitudes. High School's Citizenship Through Sports Program reinforces and promotes the principles of good sportsmanship, which are integrity, fairness, and respect.

A good sport, whether a student or a parent, is a true leader in the community. As a parent of a student at our school, your sportsmanship goals should include:

- Realizing that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game.
- Encouraging our students to perform their best just as we would urge them on with their class work, knowing that others will always turn in better or lesser performances.
- Participating in positive cheers that encourage our youngsters and discourage any cheers that would redirect that focus, including those that taunt and intimidate opponents, their fans and officials.
- Learning, understanding and respecting the rules of the game, the officials who administer them and their decisions.
- Respecting the task our coaches face as teachers, and supporting them as they strive to educate our youth.
- Respecting our opponents as student-athletes and acknowledging them for striving to do their best.

Develop a sense of dignity under all circumstances. BE A FAN....NOT A FANATIC!
The leadership role you take in sportsmanship will help influence your child and our community for years to come.

Thank you for your continued support.

VVHS ATHLETIC DEPARTMENT

CODE OF CONDUCT

- A. Regarding alcohol, tobacco, and other drug possession, use and abuse policy is found in the appendix.

- B. Poor Attendance
 - 1. Absence- Any student absent from class on the day of an activity will not be permitted participation that day or evening unless an excuse has been granted, in advance, by the principal or another administrator.

- C. Good Citizenship
 - 1. School Discipline Referral - any student referred to the office for school rule violations may be denied the privilege of participation in all extra-curricular activities for a period to be determined by the school principal. This eligibility suspension will not exceed one (1) year.

 - 2. School Law Enforcement Referral- Any Student referred to law enforcement authorities by school officials for school rule violations may be denied the privilege of participation in all extracurricular activities for a period determined by the principal. This eligibility suspension will not exceed one (1) school year.

 - 3. Arrest- Any student who is arrested for a felony or gross misdemeanor during school hours, school functions, or on the way to or from participating in a school event may be denied the privilege of participation in all extra-curricular activities for a period determined by the principal. This eligibility suspension will not exceed one (1) school year.

COMPLETING A SUSPENSION

When serving an athletic suspension, the athlete is expected to be present at all home athletic contests and practices involving his/her team or squad, but they cannot dress in their uniform or sit on the bench. The athlete is a member of the team and is expected to fulfill this responsibility. If the athlete does not attend the contest, credit will not be given to ward fulfilling the requirements of the suspension. **Athletes on suspension will not be allowed to travel with the team.** The coaches' discretion can excuse the athlete. There is a difference between a school suspension and an athletic suspension. Once a student has been suspended from school they are not

allowed on campus until the suspension is complete. Only the principal can make an exception to this rule.

CONFLICT BETWEEN ACTIVITIES

Activities at Virgin Valley High share many students. From time to time there may be conflicts between activities. It is imperative that coaches and/or sponsors meet with the student before the season to set up guidelines for sharing. Communication between coaches and sponsors of conflicting activities is a must. The importance of contests and state competitions may affect decisions.

CCSD GUIDELINES FROM HANDBOOK

- A. When a practice or rehearsal and regularly scheduled event are scheduled simultaneously, the event takes precedence.

- B. When two events are schedule simultaneously, students may select the event in which they will participate. Students should work with teachers and administrators when making this decision. When possible, the student should resolve the conflict at least seven (7) days in advance of the scheduled events.

- C. When two practices or rehearsals are scheduled simultaneously, students may select the practice or rehearsal in which they will participate.

- D. Students shall not be penalized for their decision. Grades are not to be lowered or unreasonable make-up work required. Students shall not receive disciplinary consequences for their choice.

- E. If students are involved in two or more activities, either school sponsored or non-school sponsored that consistently conflict with each other, they may have to choose between the activities.

- F. Conflicts with non-school sponsored events will be resolved on a case-by-case basis. Sponsors and, if necessary, school administrators will be involved in the resolution.

- G. In case of disagreements among the parties concerned, the situation should be referred to the administrator supervising activities to articulate a solution

DRESS

When going to away activities or contests as representatives of Virgin Valley High Athletics, **students must wear clothes that are in compliance with the school dress code.** Coaches may ask their players to dress according to team rules.

ELIGIBILITY

The NIAA handbook can be accessed at <http://www.leg.state.nv.us/nadnac-386.html>. This section discusses the following eligibility issues: registration of students, NIAA registration, length of participation, age requirements, residency, transfers, pupils from a foreign country, one school per season, etc. It is the athletic department and coaches' responsibility to make sure that all athletes are eligible to participate.

386.800 Academic Eligibility

A student must meet the following minimum academic criteria set forth in Regulations 386.800 through 386.804 to be eligible for NIAA sanctioned interscholastic activities. A member or affiliate school may impose more stringent academic criteria for its students.

386.801 First Semester Ninth Grade Students

A first semester ninth grade student is presumed academically eligible to participate in any NIAA sanctioned sport upon enrollment at a member or affiliate school.

386.802 Minimum Units of Credit

A student must be enrolled in at least two units of semester credit and must be in regular attendance at a member or affiliate school for each semester the student participates in any NIAA sport. A student must pass a minimum of two units of credit the previous semester. Students failing to do so shall be ineligible for one semester unless they are passing two units of credit at the nine-week grading period. At which time they will be placed on weekly probation. If at any time during the probationary period, the student receives a failing grade, the student shall become ineligible for the remainder of the semester without further recourse.

NAC 386.804 Options for Determining Academic Eligibility

Each school district having a member or affiliate school must adopt, prior to commencement of the school year, one of the options set forth in NAC 386.803

inclusive. for determining the academic eligibility of its students who participate in any NIAA sanctioned sport. The member or affiliate school must continually monitor the academic progress of such students in accordance with the chosen option during all times the student is participating in a NIAA sanctioned sport. The four options available for determining academic eligibility include:

- A. Passing academic grades in all courses during the sport season with progress checked a minimum of once every three weeks.
- B. A 2.0 minimum academic grade point average during the prior semester.
- C. A combination of (A) and (B). above or.
- D. Either passing academic grades in all courses during the sports season with progress checked a minimum of once every three weeks or a 2.0 minimum academic grade point average during the prior semester.

Passing Grades in All Courses; Three-Week Grade Checks

Pursuant to this option, any student who participates in an NIAA sport must maintain passing grades in academics throughout the duration of the sport.

- A. The student's progress in all academic courses must be checked a minimum of once every three weeks.
 - 1. All classes in which the student is enrolled, including classes outside the member or affiliate school in vocational, magnet, college or night courses, must be checked by the member or affiliate school.
- B. Dates for three week progress checks shall be set by the school district based on its academic calendar and shall be calculated by starting at the end of the first semester and counting back toward the beginning of the school year in three week increments, and from the beginning of the second semester and counting forward towards the end of the school year in three week increments.
- C. The first official grade check shall not occur until after the first date games can be scheduled for that sport season as determined by the NIAA's activities calendar.

D. The three-week check shall reflect the student's academic status from the beginning of the semester to and including the date of the grade check and shall be calculated according to local school district regulations and/or guidelines. These may include cumulative semester grades, nine-week grades or any combination thereof. It is the responsibility of each local school district to declare student's eligible or ineligible based on the school district's philosophy.

E. A student who receives a failing grade in an academic course at any three week grade check shall be placed on probationary status for one week.

1. A student on probationary status remains eligible to participate in the sport during the probationary week, but is subject to a mandatory grade check on the Friday of the probationary week.

2. If a student on probationary status continues to have a failing grade at the grade check made on the Monday following the probationary week, then the student shall be declared ineligible Monday through Saturday of that week.

3. A student who has been declared ineligible following the probationary week shall have grades checked weekly until the student becomes eligible even if this period of time goes beyond the next three-week grade check. Once declared eligible, the student shall be checked again at the regular three-week grade check and would be entitled to another probationary week.

F. If a three-week eligibility grade check is set to occur on the day prior to a recognized holiday or vacation, the following shall apply:

1. A student with a failing grade at that grade check shall be placed on probationary status beginning on the first school day following the vacation. If the student is declared ineligible one or two weeks before a vacation, the student remains ineligible until he/she no longer has a failing grade.

2. A student on probationary status prior to a holiday or vacation is academically eligible if his grades are determined to be passing at the regularly scheduled grade check prior to a holiday or vacation. If the student's grades are not determined to be passing at the grade check occurring the day prior to the holiday or vacation, then the student shall remain academically ineligible during the holiday or vacation.

3. A student who has been declared academically ineligible one or two weeks prior to the vacation remains ineligible until the student no longer has a failing grade as determined by weekly grade checks.

G. A student who either withdraws from a class with a failing grade or is excluded from class with a failing grade at any time during a semester shall be declared academically ineligible for one week beginning the following Monday and continuing through the following Saturday. This one-time per class penalty should be administered immediately after the records become available; however, the student must still comply with the minimum two (2) units of credit requirement.

NAC 386.805 2.0 Minimum Grade Point Average

A student must maintain a 2.0 grade point average ("GPA") during the prior semester, based on a 4.0 grading system. A student who fails to meet this minimum requirement shall be ineligible until grades are checked at the next nine-week period.

A. For purposes of this Regulation a student's academic eligibility status shall be determined on the day immediately following distribution of semester grades.

B. A student who is below a 2.0 GPA at the end of a semester and remains below a 2.0 GPA at a nine-week progress check remains ineligible for the remainder of the semester.

C. A student who receives an incomplete grade at the end of a semester shall have three weeks to make up the grade. To be eligible, a student must have passed 2 units of credit and accumulated a GPA of 2.0 even if the student has an incomplete grade.

1. Discretion shall be given to the student's teacher in deciding upon the appropriate amount of time to accept make up work, but this discretion shall not exceed three weeks from the date grades are posted for the grading period.

2. Within three weeks after grades are posted for a particular grading period, a permanent grade shall be issued and used to calculate the student's GPA.

3. An incomplete grade shall not be computed in the student's GPA for purposes of determining academic ineligibility until the student's permanent grade has been posted.

D. If a student repeats a class during summer school, grades shall be computed in accordance with the regulations of the specific school district. The summer school grade may be used as it best benefits the student in the previous or current semester. Grades may only be used one time for this purpose.

EQUIPMENT USE AND RETURN

The equipment that is purchased for the athletic programs at VVHS is very expensive. It is imperative that equipment and uniforms issued to the student be returned at the end of the season. An intentional damage above and beyond normal wear will be the responsibility of the athlete. All equipment must be returned at the end of the season. Athletes are not allowed to keep any equipment purchased with school funds.

FORFEITURE OF AWARDS

Any athlete that violates the code and doesn't finish the season will not be considered in good standing and therefore will forfeit all letters and awards for that sport season.

INSURANCE

Virgin Valley High's athletic Department does not issue insurance coverage for student-athletes. Virgin Valley High School administrators, coaches and trainers are safety conscious and are trained to instruct athletes in the safe and proper techniques of their individual sport(s). Due to the nature of athletic activity, however, injuries may occur. While the school provides the opportunity for such participation, the parent retains the right of denial of such participation and must carry the responsibility for providing medical care and insurance coverage for their son or daughter.

Parents are encouraged to have a family insurance policy to cover athletic injuries and the cost of treatment. **All athletes must have insurance in order to participate.** An insurance waiver must be filled out and returned with the athletic packet. In recent years, the NIAA has also carried catastrophic insurance to cover major injuries incurred during participation in approved NIAA sports programs. More information about the NIAA plan is available upon request at the Athletic Office. IT SHOULD BE NOTED THAT NEITHER THE NIAA NOR VIRGIN VALLEY HIGH SCHOOL CARRY ANY KIND OF FIRST DOLLAR MEDICAL INSURANCE FOR ATHLETIC INJURIES.

Minimum Practice and Maximum Participation

386.813 FIVE-Day Practice Rule

A student who participates in any sport is required to have completed five (5) days of practice under the direct supervision of the member or affiliate school coaching staff for that particular sport before the student shall be eligible to participate in any NIAA sanctioned game, contest or meet. The exception to this is football and baseball pitchers, who are required to have a minimum of ten (10) practices before the first competition. Each calendar day, excluding Sundays, counts as one practice regardless of whether multiple practices are held on a given day. A student who participated individually or on a team that qualified for regional playoff or state competition during the prior season that overlaps the beginning of the next season in question must complete a minimum of five (5) days practice to be eligible for competition in the next sport. A student cannot practice and compete in interscholastic competition on the same day.

A. Each calendar day, excluding Sundays, counts as one practice regardless of whether multiple practices are held on a given day.

B. A student who participated individually or on a team that qualified for regional playoff or state competition during the prior season that overlaps the beginning of the next season in question must complete a minimum of five (5) days practice to be eligible for competition in the next sport. A student cannot practice and compete in interscholastic competition on the same day.

- C. Any student who participates in baseball is prohibited from pitching until he has completed ten (10) days of practice.

386.814 Minimum Team Practices

A team that competes in any sport must complete five (5) days of organized practice under the direct supervision of the coaching staff for that particular sport before participating in any interschool game, contest or meet.

386.815 Golf and Bowling

The minimum practice requirements for individuals and teams set forth in Regulations 2070.1001 and 2070.1002 do not apply to students or teams participating in boys or girls golf or bowling.

386.699 Participation on Independent/Outside Teams

If during the school year, and while a member of a high school team or squad, a pupil participates on another organized team or event engaged in the same sport, the following guidelines will be followed

- A. The high school coach must give his/her support and approval that this type of activity is not interfering with the high school team or squad and pupils must count each non-school competition event as one of the allowable contests specified in the athletic bylaws of that particular sport.
- B. It is recommended that all leagues, regions and classes establish minimum participation standards to be eligible for post-season competition.
- C. Participation on a team in another sport or event while a member of a high school team or squad requires the high school coach's approval as stated in paragraph 1 of the section.

When considering dual involvement, educational performance and the general well-being of the student should be the primary concern of all administrators, coaches, parents and participants.

PHYSICAL EXAMINATIONS

Every student-athlete is required by Virgin Valley High and the NIAA to have a physical examination completed and on file with the athletic office before practicing any sport. Physical exams are the responsibility of the athlete and his/her parents. Athletes must get a new sports physical every year, and the NIAA official physical examination form MUST be used. This form can be downloaded and printed from registermyathlete.com or obtained from the school athletic office. Athletes are required to complete athletic registration on Register My Athlete each year which includes a

health questionnaire. If any "yes" answers are marked on this questionnaire, the athlete must return to see a doctor to get a clearance before participating.

QUITTING A TEAM

Any athlete that quits a team during the season will not be permitted to go out for any other team of that sport season or any team preparing for an upcoming season (pre-season). Any questions or extenuating circumstances will be handled by all coaches involved and the athletic office.

SCHOLARSHIPS (ATHLETIC)

Students and parents interested in pursuing athletic scholarships should start their searches by asking their individual coaches for information and advice concerning this matter. The guidance office will have additional information about the school or area of interest. Students interested in Division I and II colleges and universities must also comply with NCAA eligibility guidelines.

TEAM RULES

Each athletic team is permitted to establish team rules for the betterment of their team. These rules can be in excess of the Code of Conduct, rules, but cannot replace the Code rules or NIAA or District rules less in consequence. Team rules are in effect once the coach has presented them to the team and the parents verbally and/or in writing.

TRANSPORTATION

Transportation to all events by bus or van is provided by the CCSD. The coach and athletic director will set the schedule. Any changes in time shall be provided to the athletic office by the coach. Saturday practice transportation after contests are not provided by the school district. Athletes must ride school district transportation to all contests. If there are circumstances that arise that an athlete needs to arrive to a contest by any other means permission must be approved prior to the contest by the administration. A note stating the reason must be signed by the parent, the head coach, and an administrator. The note must be turned in to the athletic office.

TRANSPORTATION HOME AT AWAY GAMES

An athlete may return home from away contests with their parents. The parents must sign a travel list. If your student wants to travel home with someone other than their parent, permission must be granted **prior** to the student boarding the bus to leave for the away contest. **A note must be signed by an administrator. A student will not be released to anyone that is not twenty-one years of age or older.**

TRUANCY POLICY

A student who is found truant will be ineligible for the next scheduled contest following the discovery of the truancy.

5135.1 CCSD Regulation

The consequences for truancy imposed by state laws have been in effect since the end of the 1997-98 school year. The following provisions are important for students and parents to remember:

- A student who is absent without a valid excuse is, by state law, truant.
- A student who has been declared truant three times by the school must be referred to law enforcement for issuance of a misdemeanor or citation.
- Students who continue to be truant after they are cited will be referred to law enforcement as a subsequent truant.