

2025-26 Winter Sports PreSeason, Tryout, and Practice Information

Anyone wishing to try out or participate in any AHS/VHSL sport or Conditioning program MUST HAVE A VHSL PHYSICAL on file in the AHS Athletic office.

Need a form? Go to albemarlepatriots.com and look for the file under Quick Links.

2025 - 26 WINTER SPORTS		
Head Coach and Contact Information	OPTIONAL Conditioning	1st DAY OF TRYOUTS Date, Time, Location
Girls Basketball KK Barbour keturahbarbour@gmail.com	Conditioning Calendar	11/10 - 11/11 - 4:30 - 6:30pm JV/V- Aux Gym 11/12 - 11/14 - 4:30 - 6:30pm JV/V - Main Gym 11/15 - 4:30 - 6:30pm JV(Main)/V Aux gym JV Practice Schedule Varsity Practice Schedule
Boys Basketball Greg Maynard gmaynard@k12albemarle.org		11/10 - 11/11 -4:30 - 6:30pm all levels in Main Gym 11/12 - 11/14 - 4:30 - 6:30pm JV - Main gym; V - Aux Gym; 9th at Journey Middle School 11/15 - 4:30pm - 6:30pm JV/V - Main Gym); 9th at JMS
B/G Indoor Track Brian Nagel and Tony Franklin bnagel@k12albemarle.org tfranklin@k12albemarle.org		11/10 - 4:30pm - 6:30pm. Meet at the Stadium Gate entrance
B/G Swim JJ Bean coachjjbean@gmail.com		Season: T, W, Th from 7:00 - 8:15am at Smith Pool
B/G Dive Omar Ojeda eomarojeda@gmail.com		Tryouts: 11/10 5:30pm - 7:30pm at Crow Pool, 1700 Rose Hill Dr. Season: M, W, F: 5:30-7:30 at Crow
Wrestling Joe Baranik pwn.baranik@gmail.com		Tryouts: 11/10- 4:30 to 6:30pm in MPR Season: M-F-4:30 to 6:30 in MPR
Sideline Cheer Marktika Taylor mtaylor3@k12albemarle.org		Cheer Calendar - Coming Soon Varsity/JV 11/10 - 11/11: 4:30-6:30, Big Gym; 11/12 - 11/14: 4:30 - 6:30 Main Gym Lobby

2025 - 26 WINTER ACADEMICS

Head Coach and Contact Information	1st DAY OF TRYOUTS Date, Time, Location
<p>Rowing Head Coach: Cathay Coffman ccoffman@k12albemarle.org</p>	<p>December 3, 2025. Meet in room 113 right after school.</p> <p>Interested? Complete THIS FORM Practices: Monday, Wednesday, Thursday Location: Magruder Dent Rowing Center (UVA Boathouse), 275 Woodlands Road.</p>
<p>Scholastic Bowl Co-Head coaches::</p> <p>Gabi Sukovich gsukovich@k12albemarle.org</p> <p>Allison Ramirez aramirez@k12albemarle.org</p>	<p>Practice: Every Monday 4-4:45pm, room 272</p>
<p>Forensics Head Coach: TBD</p>	
<p>Theatre Head Coach: Meaghan Wilson mwilson9@k12albemarle.org</p>	<p>Practice: TBD after school</p>