

September 14, 2025

Library Opens This Week

Our school library officially opens this week! Each class visits the library once a week where students enjoy listening to engaging stories, exploring new books, and checking out titles to take home. We are excited for another wonderful year of fostering a love of reading and helping our students grow as lifelong learners.

First ELAC Meeting

Are you the parent of a multilingual student? If so, we warmly invite you to our upcoming English Language Advisory Committee (ELAC) meeting, taking place on Wednesday, September 17th, at 8:15 am here at Cumberland Elementary. This is a wonderful opportunity for families of multilingual students to share their insights and help us enhance our support for English language learners.

We look forward to seeing you there and working together to support our students' success!

Daily Attendance Matters to student success

One of the best ways to set your child up for success is to help them get into the habit of attending school every day. Daily attendance helps to:

- Reduce stress. A consistent routine makes it easier for kids to feel comfortable and confident in their day.
- Connect with friends and teachers. Being present lets your child build strong relationships, which are key to a positive school experience.
- Support learning. When students are in class, they don't miss out on important lessons and activities.

We understand that things come up, but if you're struggling with attendance or need support, please don't hesitate to reach out. We're here to help! You can call us at (408) 522-8255 and ask for Charlyze Hidalgo

Please make sure we have your correct email and the best phone number to reach you, so we can stay connected throughout the year.

We look forward to a fantastic school year!

Sunnyvale Safe Routes to School



SAFE ROUTES TO SCHOOL IN SUNNYVALE

Nationwide program supporting health and well-being of students

September, 2025

Active Routes to School



Physical activity in the mornings is good for your student's health and focus. Walking, biking, or rolling one mile to and from school each day is two-thirds of the recommended sixty minutes of physical activity a day for young people.

If you live within two miles from school, we highly recommend walking or biking to school. Half a mile is a 15-minute walk, and one mile is a quick 10-minute bike ride!

IF YOU MUST DRIVE

Drive part of the distance, then park (2-3 blocks away) and walk the rest of the way! Take advantage of this opportunity to educate and foster healthy habits.

Rutas Activas a la Escuela

La actividad física por las mañanas es buena para la salud y la concentración de su hijo. Caminar, andar en bicicleta o patinar una milla (1,6 km) para ir y regresar de la escuela cada día, representa dos tercios de los sesenta minutos de actividad física recomendados para los jóvenes.

Si vive a menos de tres kilómetros de la escuela, le recomendamos ir caminando o en bicicleta. Media milla equivale a una caminata de 15 minutos, y una milla es un paseo rápido en bicicleta de 10 minutos.

SI TIENE QUE CONDUCIR

Conduzca parte del trayecto, luego estacione (a dos o tres cuadras) y camine el resto. Aproveche esta oportunidad para educar y animar hábitos saludables.

For More Information Contact:

Safe Routes to Schools Coordinator, Maria Arellano at Sunnyvale Department of Public Safety

marellano@sunnyvale.ca.gov

408-730-7191

Follow us on Twitter and like us on Facebook @sunnyvaledps



Sunnyvale



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MENUS

The monthly menus can be viewed by clicking here [Cumberland Cafeteria Menus](#)

Help Cumberland Receive Grants and Funding!

We are asking **every family** to complete the Universal Benefits Form, whether or not your child eats school meals. This form is a key way our school receives additional funding that directly supports programs, staffing, and resources for all students. Completing the form takes just a few minutes, but the impact lasts all year. Thank you for helping us ensure our school gets the support it deserves!

Scan to QR code below to get started.

