

*Please pass the large glass beaker of hydrochloric acid
No, do not give him the matches also!*

Walking into science class, the science teacher announces that instead of a very tiresome day of taking notes, there was going to be a surprise! Yes, the students were going to have the time of their lives being the best young scientists they could be. Although some people may have jumped at the chance to do these labs, others just couldn't grasp the purpose of these activities.

"We had to dissect a pig. I thought the labs were the time of the day when students got the opportunity to hack away brutally at a pig, and I really didn't understand why!" said Dave Van Englenhoven (11).

Although for many students the labs provided hands on training in the subjects they were studying, others used the opportunity for socializing.

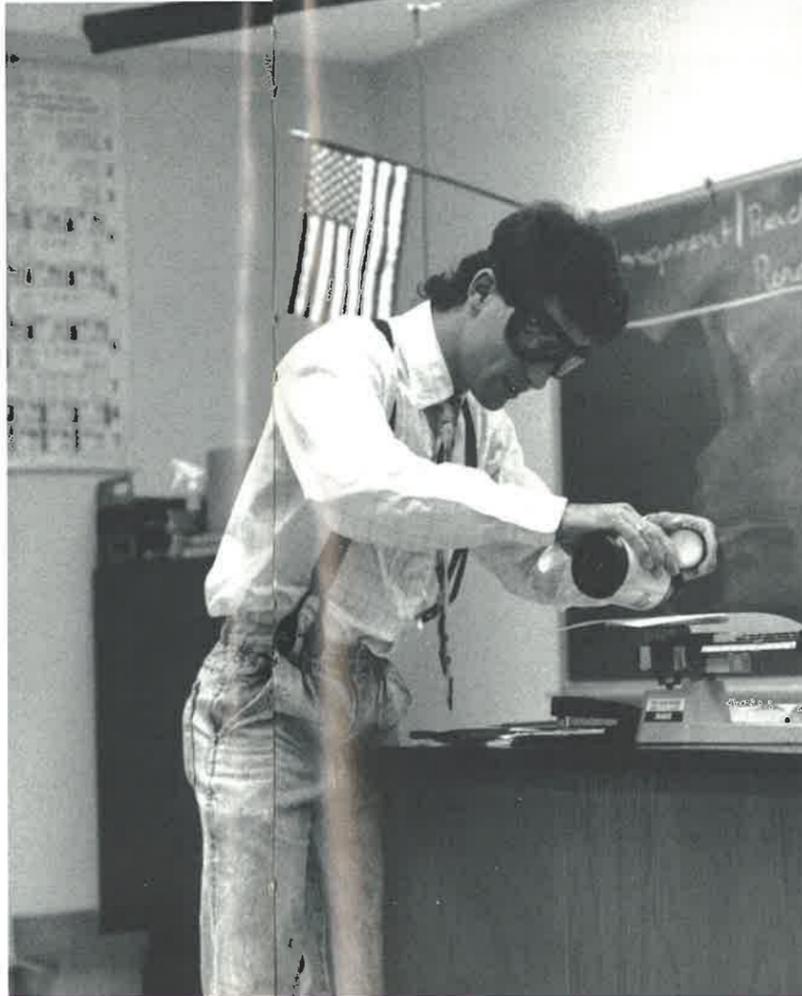
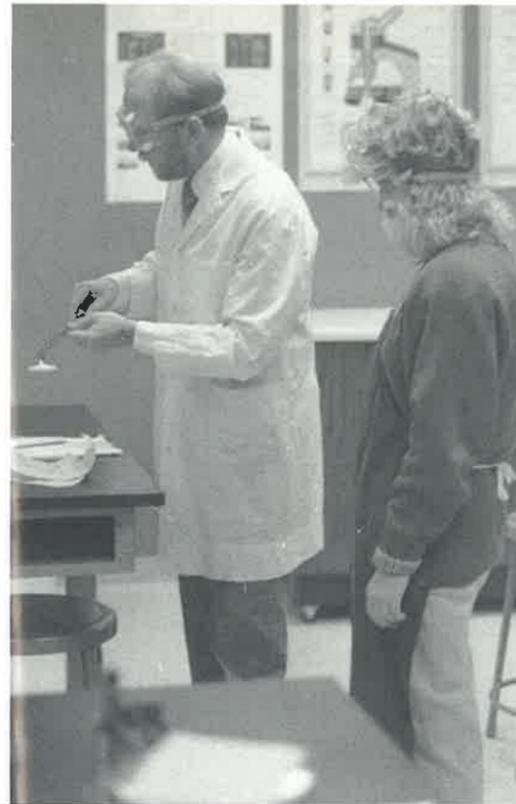
"Well, I felt that the labs were basic and simple. Although they were simple, they were fun

activities to work on," said Bruce Brubaker (11).

The science departments had many fun and educational laboratories for the students of these classes to take part in. The physics classes were working on laboratories pertaining to everything from electricity to the subject of motion. The anatomy classes were very busy dissecting pigs, while the biology classes were dissecting worms and frogs. In the chemistry classes, the students were exploring the wide world of atoms, molecules, compounds, and many other structures that make up this complex world.

"I thought that the labs were really neat," said Jessica Baker (11). "I got a total kick out of them!"

Although many times the labs may have seemed trivial, for the bored person, labs may have been just what the doctor ordered.
By Jason Loney



1. During a biology class, Mr. Richard Swanson explains the lab procedure to Mindy Grant (10) and Angie Sedevie.
2. Sporting his fashionable safety goggles, Mr. Dave Dobberpuhl, a student teacher for the science department, demonstrates one of the many experiments.

1. Too hot to handle! Mr. Jerry Christiansen carefully removes the cover of the heated crucible while Alicia Cheney (11) looks on.
2. During an anatomy class, Joe Illich (12) learns the wonders of the pig's muscular system.
3. Mr. Richard Swanson explains the lab procedure to Mindy Grant (10) and Angie Sedevie (10) during a biology class.

Dozens of little preschoolers are invading the high school

Creative teens may cook to entice you

The little, three-foot-tall tikes that ran around the school were not here to invade us. They were the students of the child care class. Their activities included playtime, literature, large-muscle art projects and snack-time, which occurs with help from a preschooler.

"I learned a lot; it was a pretty successful class. We went on the job at three or four different real preschools," stated Tammy Richter (12).

Mrs. Laurel Vorachek also felt it was successful.

"I think this is the best year we've ever had. We had our own space here at the high school for the preschool classes," she stated.

This class gave the students hands-on experience and helped them decide if they would like to go into the field of child care. The goal of the class was to train the students to be child care aids.

with the children. The sincerity was there and a high percent of these students will go on to pursue a career in childcare," explained Vorachek. Another class involving hands-on-experience are the foods classes taught by Mrs. Joan Hall. The students have made different desserts, sandwiches, beverages and salads from various cultural backgrounds such as Chinese and Mexican. The students took part in labs where they planned and prepared these meals.

The goal of this class was to learn everyday life skills which would improve the quality of family life, because every family member makes a contribution to the success of their living environment.

"Occupational home economics offers students an opportunity to acquire entry-level work skills or pursuit of post-secondary training," Hall concluded.

By Wendy Heinz

"The students seem to enjoy the interaction



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1

1. Dena Olstad (12) assists a preschooler as he prepares for the cold weather by helping him put on his boots.

2. In their vigorous attempt to hang up their coats and hats on the miniaturized coat rack, two little preschoolers are helped expertly by Keri Christian (12) before beginning their fun day at school.

3. These preschoolers are preparing for the future by pretending to do dishes in their miniaturized kitchen, and by arguing as they would in the real world about who had to wash them.

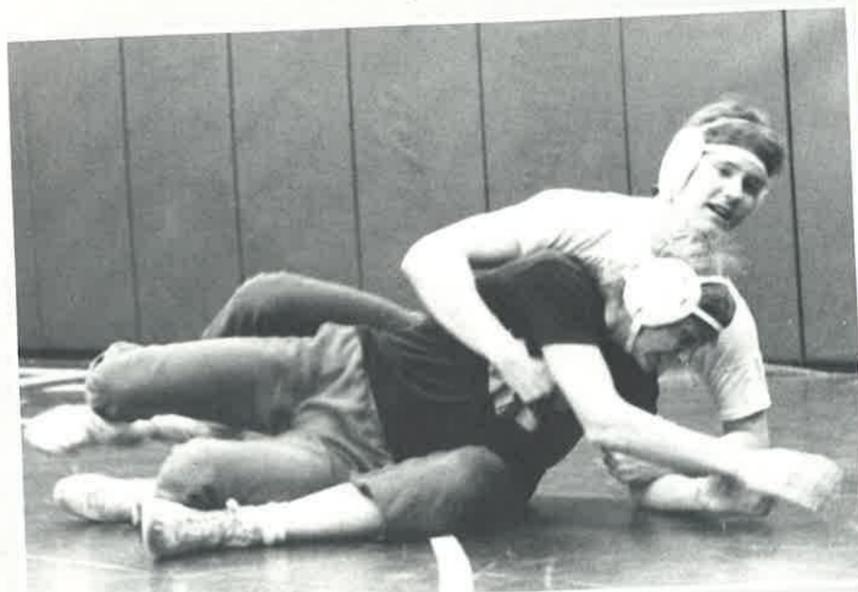
4. While patting the chocolate chip cookie dough into the heart shaped pans, Trevor Birch (12) and Wanda Mitzel (12) are amazed at the sheer ease of baking their home-made creations.

1. A perplexed preschooler is helped by a child-care student, Tammy Richter (12), in his excruciating attempt to put together a difficult, wooden-pegged puzzle.

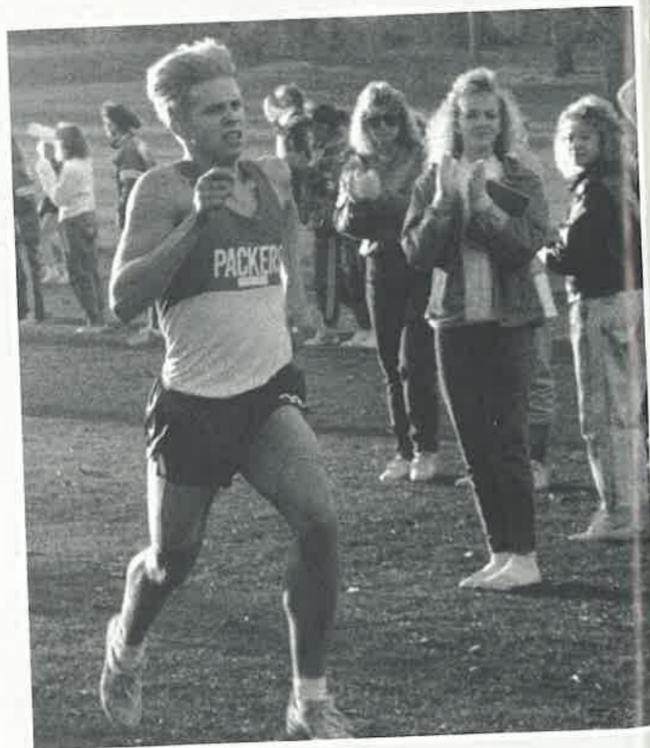
2. Showing her expertise, Mrs. Joan Hall demonstrates how to mix the ingredients for the cookies.



1. While she eyes the opposing team, Wanda Jenner (11) prepares to serve the ball as her teammates cover their positions.



2. During wrestling practice, Scott Schmidt (10) and Chad Low (10) struggle to see who will pin who.

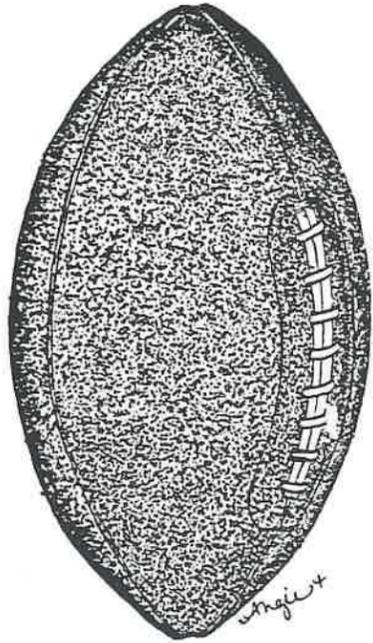


3. As Shane Tibiatkowski (11) heads for the finish line at a cross country meet, dedicated West Fargo fans are there to cheer him on.

Golden Moments *of* *Sports*



As quarterback Darin Peterson prepares for the snap, Clint Schmidt (10), Troy Sauvageau (12) and Gerald Poitra take their key positions in hopes of scoring more points.



Football		
We		They
0	Mandan	13
0	Bismarck	45
13	G. F. Red River	13
0	Jamestown	33
0	Fargo North	41
24	Wapton	36
0	G. F. Central	21
0	Fargo South	41
0	Shanley	41



1. Row 1: Tim Scully, Shawn Benser (11), Van Johnson (11), Dean Kraft (11), Kirk Golliet (11), Scott Anderson (11), Clint Schmidt (10), Lee Dobrinz (12), Jason Isaacson (12), Jeff Eggers (12), Jerry Hudson (11), Randy Torgrimson, Rich Cwikla. Row 2: Bob Monte, Matt Lepird (10), Trenton Bean (10), Ken Larson (12), Bob Dickman (11), Steve Palmer (12), Eric Nilles (12), Jay Sandvig (12), Brian Webber (12), Darin Peterson (12) Ryan Rued (10). Row 3: Kelly Mortensen (11), Jason Saari (12), Stuart Campbell (11), Chris Nielson (10), Troy Sauvageau (12), Jason Westphal (11), Bucky Milton (12), Brian Keller (12), Dave Patterson (12), Bill Footitt (11), Mike Stratton. Row 4: Rick Lowrance (12), Tim Eli (12), Gerald Poitra (12), Brad Jacobson (10), Shane Saari (11), Allen Rausch (12), Shannon Roehrich (10), Darin Raftevoid (12), Kevin Kercher (11), Rob Dixon (12).

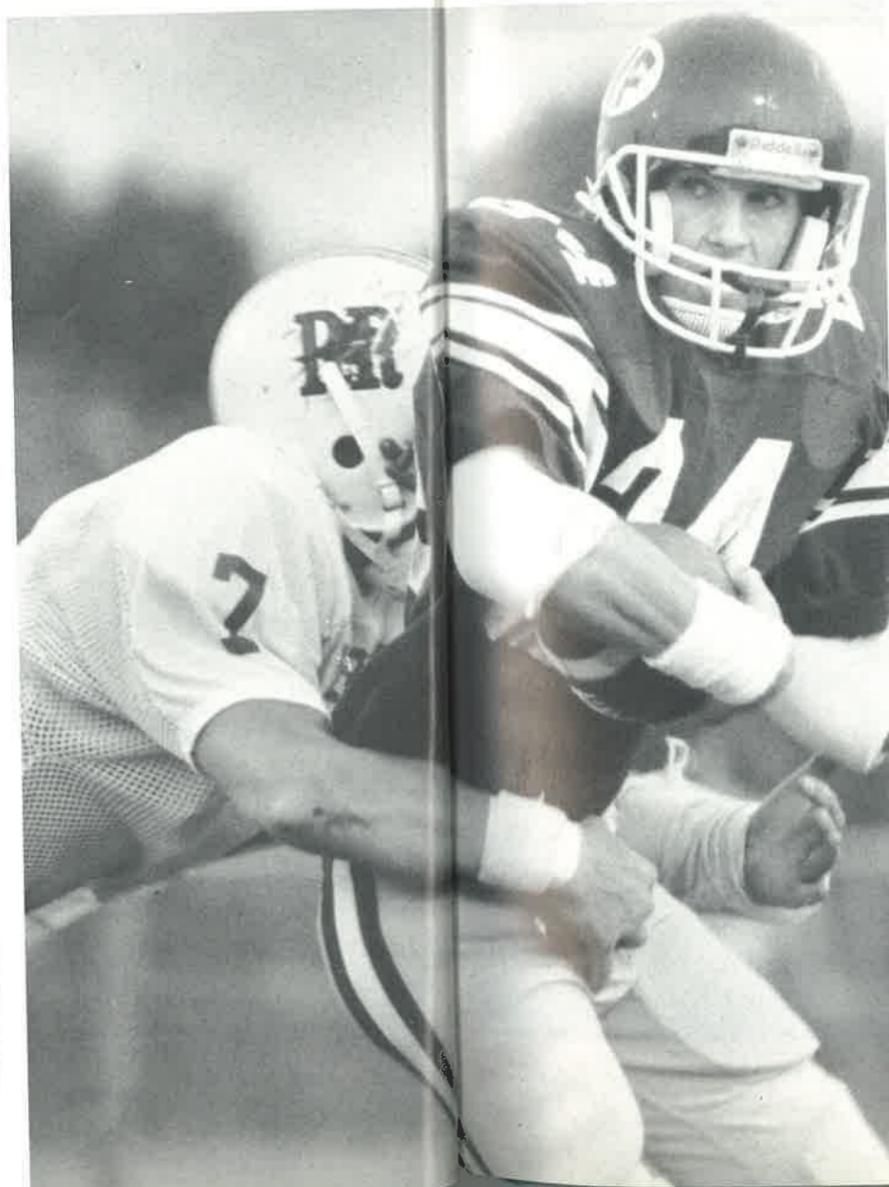


2. After taking a tackle, Bucky Milton (12) kicked back and put his feet up.

3. Facing off, Gerald Poitra (12), Darin Peterson (11), Troy Sauvageau (12) and Clint Schmidt(10) stand ready!



3



1. Leaping into the air, Bill Footitt (11), tries to gain possession of the ball.

2. Struggling, Dave Patterson (12) eyed the end zone that loomed ahead.

2

The Pack falls:

The bull will charge again!

The West Fargo Football Teams' Golden Moments were darkened early. With incumbered spirits the team never found that special ingredient needed to produce the winning season every player dreamt of.

Although the team went 0-9 for the year, the whole season wasn't a total loss, "The improvement of so many players was outstanding, I only feel that we didn't prepare enough before it started and if we had it could have made a differ-

ence," commented Coach Bob Monte

At the same time there were high points, that shouldn't go unmentioned, especially when in past years they would have, were those few, but great, touchdowns. Whether it was the first touchdown of the season scored by Bill Footitt (11) or "In front of a massive West Fargo crowd," said Dave Patterson (12), they will all go down as great Golden Moments!
By Krista Novotny

Golden Moments



"The highlight of this season was showing ourselves that we could play with anyone in the state if we just played, because over half of our schedule was against top ranked teams," said Darin Peterson (11).



"There was always some kind of practical joke going on. We always had a lot of fun no matter if we were in the locker room, on the field or on the bus. Also, scoring one of the only touchdowns of the season," said Dave Patterson (12).

Golden Moments



"What I think made this year special to me is doing better than I had predicted myself doing," commented Jason Malusky. "I am also really happy about how the team did this year. We did much better than we had hoped doing. I think that the team did outstanding!"



"State and EDC made this year special for me, the places that I received, and how I finished," explained Shane Tibiatowski. "To be good at Cross Country it takes a lot of hard work and doing what's expected of you. Most people did that this year, so that helped."

Cross Country

Location	Team Placings Boys/Girls
Jamestown	6th/9th
Moorhead	3rd/incomplete
Wahpeton	2-1/1-2
Valley City	3rd/incomplete
Fargo(Edgewood)	3-0/2-1
Minot	6th/6th
Fargo(Prairiehood)	2-1/2-1
Jamestown	1-2/1-2
Alexandria	10th/incomplete
Grand Forks	1st/2nd
Fargo	3rd/4th
Minot	4th/7th



1. During a cross country meet, Greg Wymer pulls through to the finish line. To make it to the end, most members of the team try to keep a steady pace.

2. Cross country members huff and puff to the finish line. Although it is far and takes awhile to arrive at the end, the members keep on going.



2



Cross country runners race to victory in the year '88!

"The team was awesome!" said Jason Dukart

"The team was great! We placed fourth so we did better than we expected to do!" That was what Shane Tibiatowski (11) had to say about the State Cross Country Meet in Minot.

This year the boys team was very competitive. They received first place at Grand Forks, which was quite an accomplishment. They also placed third at Moorhead, Valley City and the Conference Meet.

"The seniors improved this year and in their career. They helped out a lot," informed Coach Greg Grooters.

The girls' team was also competitive. "The girls did a fine job this year. It helped to bring the junior high students in, but the older girls did fine," commented Grooters.

The girls received a few incompletes, but they placed second at Grand Forks and fourth at the Conference Meet.

To be good at Cross Country it takes more than just being able to run.

"It takes lots of practice and dedication to the sport and your team-

mates," informed Jason Malusky(10).

Jason Dukart(10) had his own ideas on what it takes to be good at Cross Country.

"It takes a lot of will power and self confidence. You have to give a little to get a little or give a lot to get a lot. Endurance is also a big part. You have to be able to set a pace for yourself and also be able to race at the end. The most you can do is give it all you can!" he said.

By Gina Grueneich



1. Row 1: Greg Wymer (10), Keri Rosene (11), Jason Dukart (10), Tim Engelstad (10), Jason Malusky (10) and Maria LaCroix (10). Row 2: Coach Greg Grooters, Stacy Burckhard (11), Shane Tibiatowski (11), Bill Brouillard (12), Kevin Odden (12), Rich Buckley (12), Curt Yanish (10) and Wanda Jenner (11).



2. Until he reaches his final destination, Shane Tibiatowski keeps on running. It takes effort and hard work, but it pays off in the end.

2

Girls' Basketball

We	They
42	Grand Forks Central 45
34	Fargo South 70
31	Shanley 85
37	Fargo North 76
37	Jamestown 33
42	Valley City 66
40	Wahpeton 48
34	Red River 51
35	G.F. Central 66
39	Fargo South 61
30	Fargo North 69
41	Jamestown 44
51	G.F. Red River 80
55	Valley City 64

Basketball season turns into learning experience Jamestown loses to the Pack!

West Fargo's Girls' Basketball Team may have only won one game, but most participants kept an optimistic attitude throughout the season.

"We didn't even give up. Everyone worked hard and gave it their all. I considered us all winners because of the fact that we all gave 100%," explained Tracy Blomberg (11).

The first game was a close one in which they only lost by three points. In Tracy's opinion, Grand Forks Central had to work extra hard to keep a little bit ahead of them. From that game on, they began to lose by larger amounts.

Although they only had one victory, which was when the team played Jamestown, they did play some good games.

Both Lia Lubben (12) and Wendy Schock (11) agreed that the team's best game was the first time they

played against Fargo South. During the first half the girls were ahead and felt they were playing well. However, towards the second half, in Lia's opinion, the team lost their intensity.

Lia and Nancy Pulczinski (12) were the only seniors on the team.

"Nancy and I were the only seniors. This year we considered it as a growing season and a time for the team to rebuild. Nancy and I just had to adjust," explained Lia.

Many of the players still felt that the year was a success.

"Although the number of wins and the scoreboard didn't show it, I think we'll all agree that 1988 was the year we learned the most. Hopefully we can use what we've learned to our advantage and start our next season out strongly," stated Jodi Worrel (11).

By LeAnne Fonder

1. Nancy Pulczinski shoots for two points as an opponent from Grand Forks Red River makes an attempt to guard the shot.

2. As they take turns closing their eyes, members of the varsity team hope for a victory while one of their teammates shoots a freethrow.



Row 1: Stacey Thompson (11), Melanie Rohrich (11) and Wendy Schock (11). Row 2: Jodi Worrel (11), Christie Biegler (11), Nancy Pulczinski (12), Lia Lubben (12), Connie Weber (11) and Doni Jo Ramberg (11). Row 3: Tonya Hoag (11), Tonya Fugere (11), Tiffany Rheault (11), Brenda Carlson (11), Tracy Blomberg (11), Robin Mullenberg (11), Jamie Lund (11) and Kristen Grande (10). Row 4: Julie Loberg (11), Coach LeAnn Grosso, Coach Collette Folstad and Coach Heidi Ihry.

Golden Moments



"I remember how we felt after the games we lost, and at the end of the season the desire we had to do better next year. The moment I remember best is the feeling we felt after beating Jamestown, our only win of the season. The excitement was there!" said Wendy Schock (11).



"I remember the fun times we had together. We were all one big family. We stuck together through the good and the bad. Even though the scoreboard may not have shown a successful season, it was successful in our hearts. We never gave up and we tried our best, but victories were just not to be held by us," stated Nancy Pulczinski (12).

Golden Moments



"My most memorable moment was when we beat Grand Forks Red River and when we tied Fargo North. The victory against Red River was the first victory ever for the varsity soccer team in West Fargo. Fargo North was one of the top rated teams in the state so we gained a lot of respect by tying them," said Gene Filley (12).



"My most memorable moment throughout the season was when we won our first game against Grand Forks Red River. It was awesome," said Chad Dubois (12).



1



2



4. Row 1: Eric Kurzweg, Gene Filley, Chad Jacobsen, Chad Martin, Brent Faul, Jason Wadell and Brian Larkin. Row 2: Chad Decker, Chuck Faul, Aaron Bergstrom, Jamie Hodgson, Kirk Carow, Cory Wickstrom, Jim McKinnon and Brian Fobes. Row 3: Coach Edgar Mojica, Trent Kujanson, Todd Pearson, Paul Ostenson, Max Birke, Chad Dubois and Tony Sakrismo.



3

Boys' soccer team wins first game ever

Team rejoices afterwards

The West Fargo Boys' Soccer Team won their first game ever against Grand Forks Red River with a score of 3-2. They also tied against Fergus Falls in their first game of the season and to Fargo North during the middle of the season. The team was coached by Edgar Mojica. It was his first year coaching for West Fargo.

There were ten letter-winners returning to the team. Third year letter-winners were Aaron Bergstrom (12), Chuck Faul (12), Gene Filley (12) and Chad DuBois (12). Second year letter-winners were Chad Decker (12), Paul Ostenson (11), Tony Sakrismo (11), Todd Pearson (11) and Jamie Hodgson (11). New

players for the Pack were Max Birke (12), Kirk Carow (12), Brian Fobes (12), Jason Wadell (11), Chad Jacobsen (10) Trent Kujanson (9), Brent Faul (9), Jim McKinnon (9), Ryan Larkin (9) Cory Wickstrom (9) and Eric Kurzweg (9).

The end of the year there were awards given out. Receiving the awards were Chad Decker, most valuable; Brent Faul and Eric Kurzweg, participation; and Trent Kujanson and Todd Pearson for most improved.

Max Birke and Chad Decker were selected to play on the EDC All Star Team.

By Tara Aarestad

We	Boys' Soccer	They
1	Fergus Falls	1
3	Grand Forks Red River	0
5	Grand Forks Central	2
1	Fargo North	1
5	Shanley	2
5	Shanley	0
4	Fergus Falls	2
4	Grand Forks Central	1
2	Grand Forks Red River	3
9	Fargo South	2
5	Fargo North	1

1. Sitting on the bleachers, Max Birke (12) puts on his shin guards before playing the game.

2. Chad Dubois (12) and Jamie Hodgson (11) give each other support before a game.

3. While psyching each other up, members of the boys' soccer team have fun playing in Johnson Park before the game against the Bruins.

Team survives without any previous-year golfers!

Schumacher's "FORE-th" year as golf coach

Mrs. Janelle Schumacher, the girls' golf coach, had something no other team had this year. She was able to work with a brand new and inexperienced girls' golf team.

This year the Girls' Golf team consisted of juniors: Trina Hennen, Shannon McKinnon, Holly Groothuis, Val Purlrabek, Dani Heib, Rhonda Rustad and Kinsi Thibert. Though the team members have improved throughout the season the team has placed seventh out of seven in each meet. State tournaments were in Bismarck on the tenth and eleventh of October at the Riverwood Golf Course, which consisted of two days of 18 hole play. The team came home with eleventh place at state. The golf team normally played one EDC match per week with six players from

the team.

This was Mrs. Schumacher's fourth year as the Girls Golf team coach. She had to work with all first year players and she was proud of her team because they steadily improved over the season.

The team had one major problem this year. The Maple River Golf Course was closed so they had to scrounge up a place to practice. There were not many chances for them to play 18 holes of golf, and there were a few practices held on the north side of the school between the parking lot and the school building.

Mrs. Schumacher felt we should give the number one player in the EDC some recognition even though she was

not from West Fargo. She was Bridget Bernhoft from Fargo South. On the West Fargo team Trina Hennen ranked first, Shannon McKinnon was second, and Holly Groothuis was third on the team.

Although the girls' golf team did not place very well at their meets, this year was chock full of individual improvements and challenges.

Even though this year may not have been very rewarding, as of scores, next year the team will be better off because all the golfers will be returning with one year's experiences under their clubs.

By Erin Dusek



1. Row 1: Valerie Purlrabek, Trina Hennen, Coach Mrs. Janelle Schumacher, Row 2: Rhonda Rustad, Dani Heib, Shannon McKinnon, Tonya Mertz.



1. Concentrating hard during practice, Shannon McKinnon (11) lines up her next shot at the Prairiewood Golf Course.

2. Besides golf, Mrs. Janelle Schumacher keeps busy teaching phy-ed.

Girls' Golf	
Opponents	Rank
Red River	7th
Wahpeton	NA
Jamestown	NA
Fargo Oxbow	NA
Grand Forks	NA
State/Bismarck	11th

Golden Moments



"I remember Mrs. Schumacher's most famous advice to us and letting Rhonda drive the golf cart (or anything)," stated Shannon McKinnon (11).



"My most memorable moment would have to be a tie between taking a Target shopping cart across a busy street back to our room at state and when my 'supportive' team banned me from driving the golf cart after running over my teammate Holly," commented Rhonda Rustad (11).

Golden Moments



"We didn't have a very good year this year, but we should improve a lot for next year," commented Patrick Aaberg (11).



"Although our tennis team wasn't successful this year, we gained a lot of playing experience. We started to come back near the end of the season. Next year we'll be physically and mentally strong and ready for state," said Chad Olson (11).

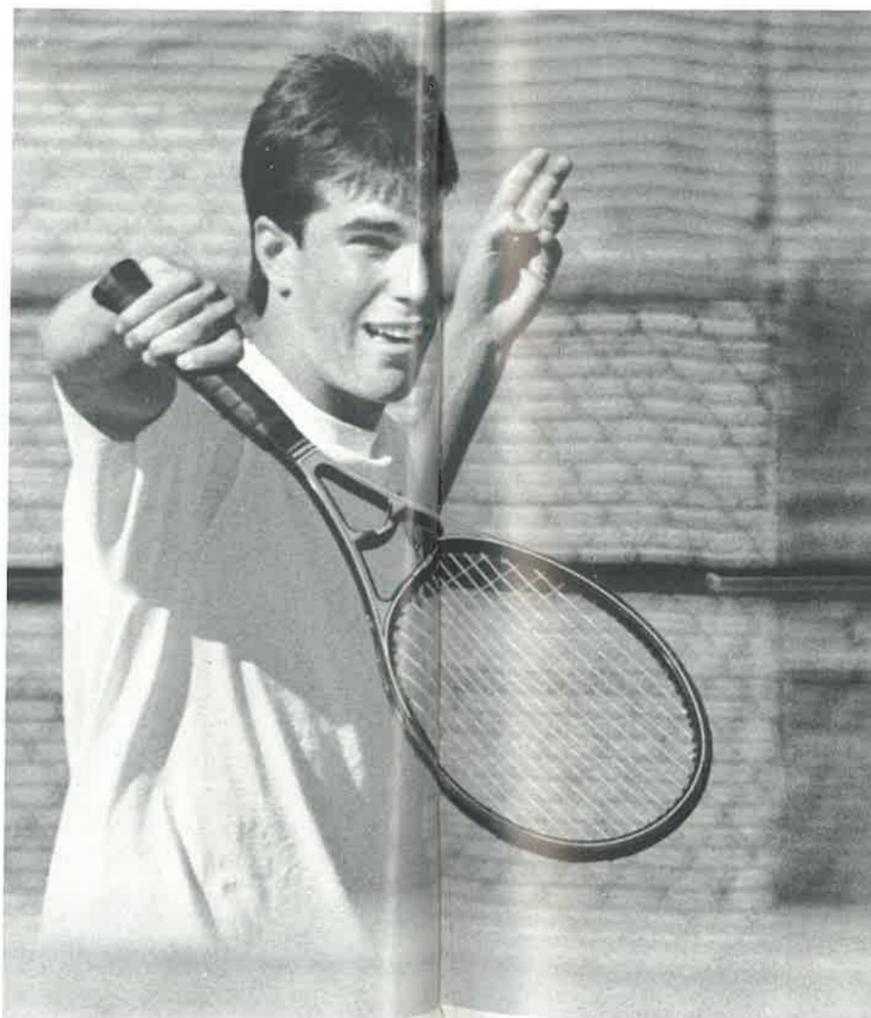
Tennis		
We		They
0	North Fargo	9
0	South Fargo	9
0	Valley City	9
3	Wahpeton	6
0	C.F. Red River	9
0	G.F. Central	9
3	Jamestown	6
2	E.D.C.	3
2	Valley City	3
2	Regional	3



1

1. Pat Aaberg (11) tries to save the ball in a tennis match.

2. David Peterson (11) concentrates on volleying the ball and winning the set.



2

Teamwork, strong attitudes prove to be important factors for tennis players

Despite losing streak, team works together

Resulting from the loss of last year's senior players, the 1988 boys' tennis season proved to be a year of learning and hard work. Although they experienced a losing streak, the players were determined to work together and keep up their team spirit.

"For every game our attitudes were very strong, even though we knew we were losing," said Chad Olson (11).

Perfecting their backhand, forehand, serves, lobs and overhead swings required skill, hard work and concentration. During practice many of the play-

ers had to suffer the consequences of not performing up to the coaches approval, which was running numerous laps around the tennis courts.

"Practices were always interesting. We just took each one day by day," said David Peterson (11). "The best thing about the tennis season was we all knew what our limitations were and without all of the pressure we just went out and had fun."

The players admitted that the team didn't do too well as they jokingly said, "the other team used us for practice".

This goes to show that throughout the 1988 season the players didn't let the many losses that they experienced affect their sense of humor or self-confidence.

When asked what the highlight of the season was for him, David Peterson (11) replied, "I was playing singles against one of the Valley City players and I was down 9-0. I started digging the ball just so that the match would be over and I could go get something to eat. My opponent starting missing the ball and I ended up winning in a tie breaker (10-9)! It was great!"



1

1. Row 1: Greg Tuchscherer, Chad Olson, Trevor Wright, Patrick Aaberg, Jamie Quam, Shawn Heller, Shawn Schmidt, David Peterson, and Coach Scott Mathison, Row 2: Brian Anderson, Schane Rudlang, Garret Thomte, Ryan Torgrimson, Travis Thibert, Darin Nagel, Steven Speich, and Dusty Moser.



2

2. Ready for action, David Peterson (11) waits attentively for his racket to come into play with the ball for a completed set.

Team takes second place at state tournament

Pack comes back to attack

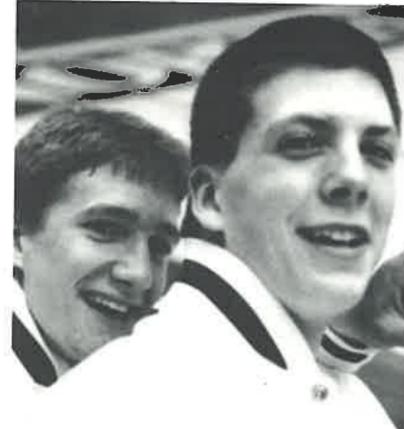
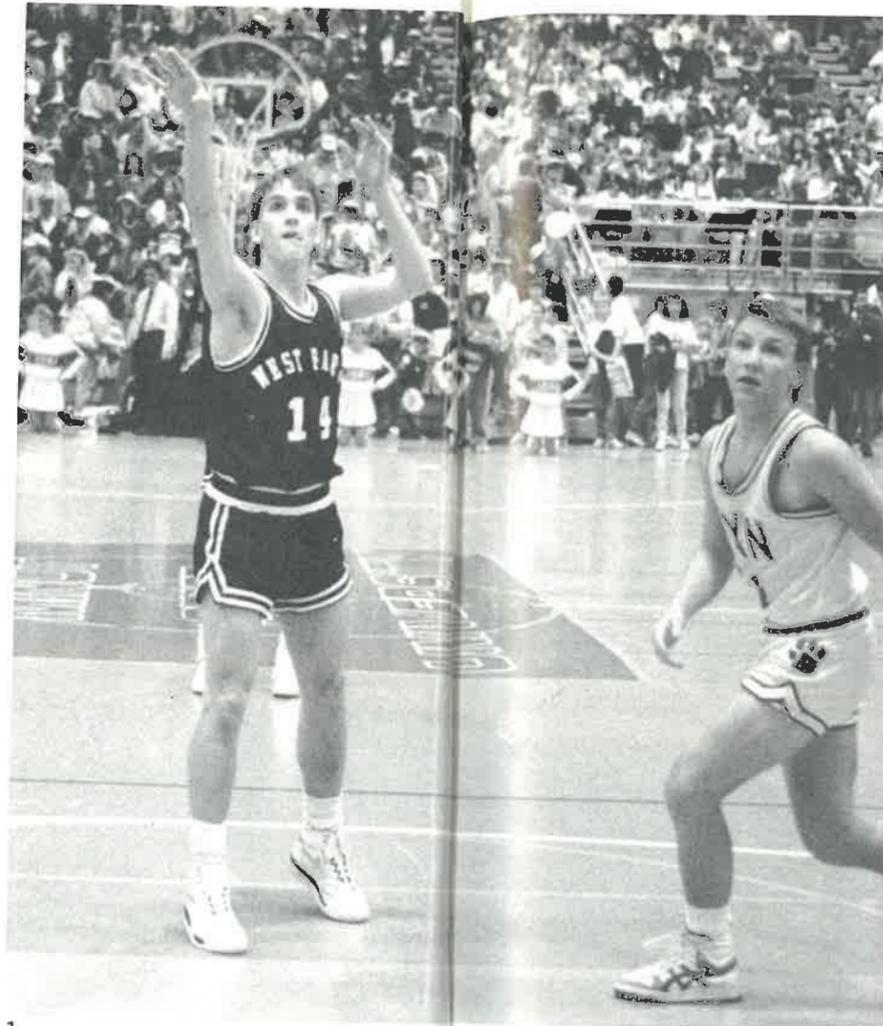
Packer Pride shone brightly at the Minot State Dome this year. The team took second place in the state tournament which was held March 9-11, losing the title game to the undefeated Fargo South Bruins. The score was 68-49. The Pack defeated the number one team from the North Star Conference, the Minot Ryan Lions, and the number one team from the Western Conference, Bismarck Century, to reach the championship game. Kyle Berg led the team in scoring in the championship game with 22 points.

The Pack finished the season with a 17-8 overall record, which is also a new school record for wins, and a 9-5 conference record.

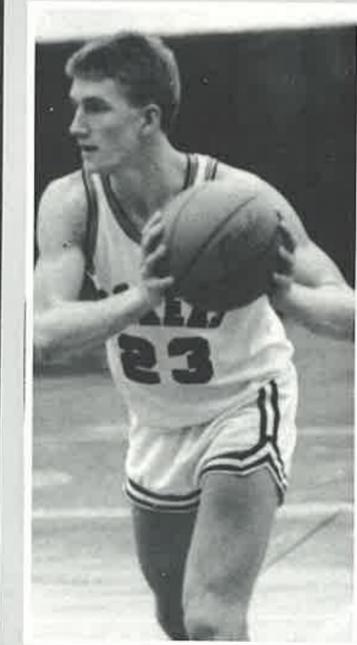
Berg was also named to the Class A All-Tournament Basketball Team, selected by the media at the tournament in Minot.

The team had three returning lettermen this year, Kyle Berg (12), Chad DuBois (12) and Peter Neal (12).

By Tara Aarestad



Golden Moments



"The game against Bismarck was our best game because that was what got us to the championship game," commented Kyle Berg (12).



"We did very well considering that we weren't picked to even make it to the state tournament. We gave South our best shot, but they ended up on top," explained Pete Neal (12).

Boys Basketball		
We		They
58	Shanley	41
76	Valley City	68
74	Fargo North	59
70	Wahpeton	52
65	Bismarck Century	61
65	Grafton	44
62	Fargo South	75
58	Jamestown	72
59	Fargo South	76
83	Moorhead	78
63	Grand Forks Central	58
72	Shanley	37
56	Fargo North	54
54	Grand Forks Red River	62
32	Fargo South	55
73	Wahpeton	48
50	Jamestown	41
77	Grand Forks Central	49
52	Grand Forks Red River	39
49	Fargo South	78
62	Minot Ryan	53
74	Bismarck Century	62
49	Fargo South	68

1. Anxiously taking a shot, during the opening game at the state tournament, Todd Nankivel(12) hopes for two points.

2. While being surrounded by Lions, Chad DuBois(12) looks astonished as the ball goes towards the hoop, during the opening game of the state tournament.

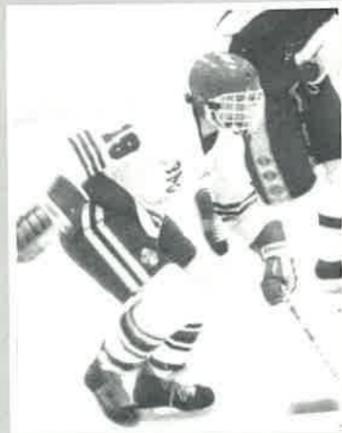


Row 1: Todd Nankivel, Cory Thiessen, Billy Busch, Tom Potter, Peter Neal, Chad DuBois, Max Birke and Kyle Berg. Row 2: Debbie Nantt, Brenda Carlson, Bill Footitt, Michael Birrenkott, Jerry Hudson, Trenton Bean, Ryan Torgrimson, Jamie Hodgson(student manager) and Nancy Pulczynski(student manager).

1. Nice glasses! Sue DuBois (right) shows her Packer Pride, with her buttons and her signs at the state tournaments in Minot.

2. Friends and teammates, Kyle Berg (12) and Peter Neal (12), smile as Kyle gives the number one sign.

Golden Moments



Terry Vareberg (12) reflects on his most memorable moment during the 88-89 season, "I'd have to say that my most memorable moment in hockey happened when we played Grafton. One player was skating down the boards and I hit him as hard as I could, and he had to be carried off the ice."



Deliberating his most memorable moment Aaron Bergstrom (12) comments, "The most memorable was when I single-handedly power skated down the rink and deked all five Shanley players. Then as I admired my greatness and humility, I zeroed in on the notoriously unbeatable "Red Light" Harlen. Using all the strength and guts I could master, I scored an unassisted goal with the most powerfully accurate shot in the state of North Dakota, my backhand."

Hockey		
We		They
4	Jamestown	2
1	Devils Lake	6
0	Fargo North	7
3	Bismarck	2
2	Shanley	7
6	Bismarck Century	2
6	Red Lake Falls	2
1	Winnipeg John Taylor	2
2	Jamestown	3
1	Grafton	3
0	Fargo South	9
4	Bismarck	3
4	Detroit Lakes	5
0	Grand Forks Red River	13
1	Fargo North	4
1	Grand Forks Central	5
3	Shanley	7
2	Bottineau	11



1. Racing towards the goal, a West Fargo hockey player plans his next move.



2. During a game with Jamestown, a West Fargo hockey player contemplates the game.

Goals set to high, golden moments depleted early in hockey teams season

Season a letdown, memorable moments created

The West Fargo Hockey team had a hard act to follow after last year's team. This task was just too difficult and their Golden Moments were soon depleted.

"This season was a let down because there was so much feeling of being great and unbeatable, after last year's win against Fargo South, but it did not happen that way. Although I had much fun," explains Jason Justesen (12).

Even though the team had let downs, there were those unforgettable moments that will always stand out in their minds.

"At an away game against Grand Forks Red River, number one in state, Greg Lang, Scott Krabbenhoft and myself were a line and Scott scored. The three of us were high fiven and celebrating and a couple seconds later the whole Red River team was skating down on our goalie. We couldn't believe that the referees did not count Scott's goal, to top it all off the game was being televised and the people watching it at home were probably laughing at us," jokingly comments Cory Rogne (12).

There was also another unforgettable moment that stood out during

Cory's senior hockey season.

"Mark Praska, Dave Patterson, Scott Krabbenhoft and I got fully prepared before our Bismarck game at the hotel with Coach Colpitts, and we won!"

Receiving the award for most valuable player this season was David Patterson (12), and the most improved player award goes to Brooks Clemenson (10).

By Nancy Waggoner



Row 1: Jamie Sherman, Aaron Bergstrom, Scott Krabbenhoft, Chad Anderson, Terry Vareberg, David Peterson, Corey Rogne, Dave Patterson, Troy Sauvageau, Jason Justesen and Chad Satrom. Row 2: Coach Bill Colpitts, Statistician Jocelyn Henderson, Darren Guler, Brooks Clemenson, Troy Englerth, Lance Belisle, Greg Lang, Shawn Benser, Mark Praska, John Vining, David Updahl and Student Manager Shawn Schmidt

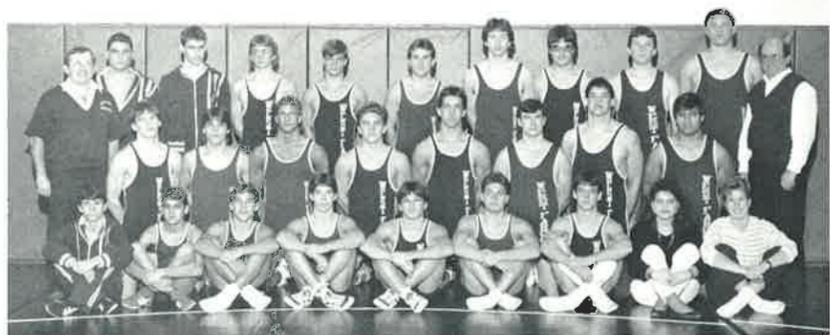


1. Skating out of the box and ready to win, the West Fargo hockey team is fully prepared to beat their opponent.



1

PACKER WRESTLING TERRITORY



2

3. Row 1. Brandon Johnson, Steven Mack, Darin Nagel, Rob Wagner, Brian Horn, Jon Ackerman, Chad Ostby, Wendy Heinz, Stephanie McGarvey Row 2. Coach, Joe Welder, Eric Gunderson, Darin Raftevold, Jason Kujanson, Brian Fobes, Shannon Myogeto, Chris Carroll, Clint Schmidt, Rod Braaten, Assistant Coach, Duane Lura Row 3. Gerald Poitra, Bruce Brubaker, Scott Schmidt, Corey Degenstein, Greg Lura, Chad Low, Nathan Dockter, Shane Suko, and Scott Anderson

- At a dual meet, Bruce Brubaker (11) tries to pin his opponent
- Working hard and trying to take one another down on the mat, for two points, Darin Raftevold (12) and Jon Ackerman (12) wrestle in a grueling practice.

Wrestling team hosts guests from down under Wrestlers have a tough season

The season began with high expectations, intense training and a team of ambitious, hard working wrestlers and coaches. The team consisted of one four-year letter winner, four three-year letter winners, four two-year letter winners, and fourteen one-year letter winners to wrestle their way on to State and E.D.C.

One member of the team shared his favorite moment of the season. "Pinning the heavy-weight from Fargo-North, Dean Rodacker, in the final round at the Fargo Invitational Tournament was my favorite match of the year!" exclaimed Clint Schmidt.

Although the team did not do as well as expected over-all, they had many high-individual achievements. Rob Wagner (10) won 23 out of 33, Eric Gunderson (11) won 17 out of 28 matches; Darin Raftevold (12) won 18 out of 27, Shannon Myogetto (11) won 20 out of 33 matches. Clint Schmidt (10) won 25 out of 29 matches, 20 of these wins were in fact pins.

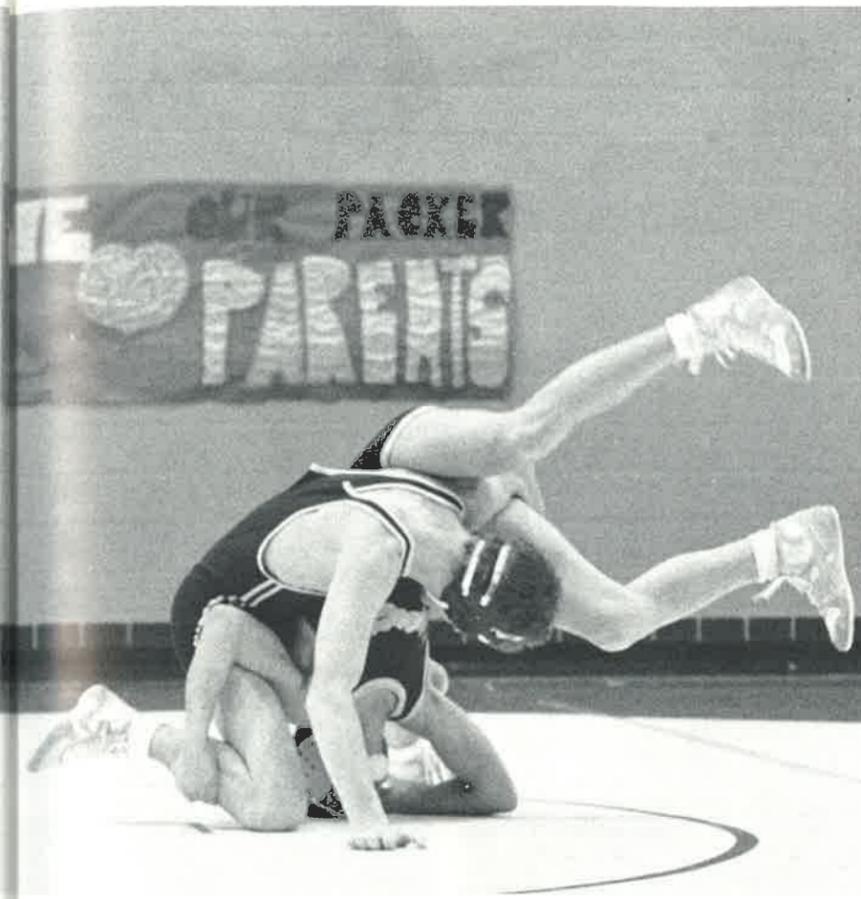
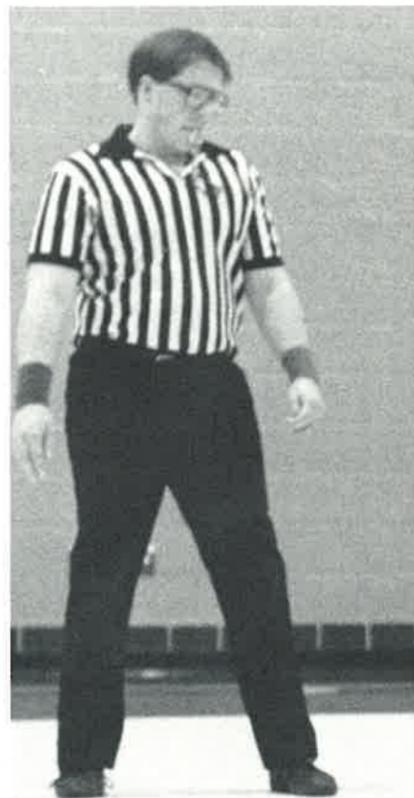
Coach Joe Welder shared his golden moment of the season. "It was when Eric Gunderson and Clint Schmidt took the first place titles at the E.D.C. tournament," he commented.

Another wrestler expressed his favorite moment of the season. "It was placing second place in overtime in the E.D.C. tourney," shared Brian Fobes (12).

The coaches have a positive outlook for the upcoming season. The 1988-89 season was again a building-up year for the team. They will have six returning juniors, seven returning sophomores, two returning freshman and one returning eighth graders to guide the team on to victory for the new upcoming season of 1989-90.

The team has many possibilities and an immense amount of motivation to guide them in their quest for victory and give them the incentive for the encapturement of the E.D.C. team title.

By Wendy Heinz

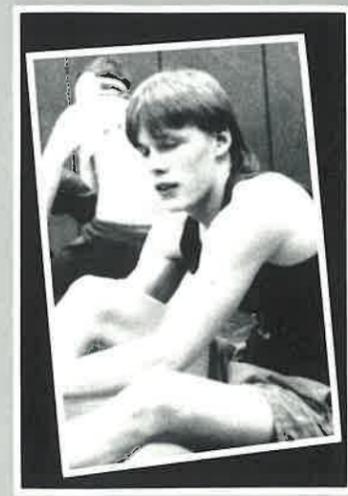


Wrestling		
We		They
48	Rugby	21
27	Carrington	42
24	Aberdeen	45
47	Shanley	27
19	Devils Lake	41
27	Wahpeton	32
72	Shanley	6
24	Fertile	37
29	South	32
34	Valley City	32
29	G.F. Central	28
53	G.F. Red River	15
25	Wahpeton	35
18	North	35
28	Jamestown	28

Golden Moments



"My golden moments were to work the hardest and the most intense everytime I entered the wrestling room," Darin Raftevold (12) stated.



"My golden moment was when I won my last match of my wrestling career in a national competition against New Zealand," commented Jon Ackerman (12).

Golden Moments



"It was a good season. We broke a lot of individual records, and a lot of swimmers made it to state. We had a lot of first year swimmers and divers that will excel next year if they continue swimming," stated Michelle Koglin (12).



"I was .2 of a second away from a consideration time, which means that if the number of girls that can qualify for state don't, then I would have gone. I just hope that next year I can go to state. I also hope that we recruit some quality swimmers," stated Kaci Fordyce (10).

Girls' Swimming		
We		They
20	Fargo North	62
38	Mandan	131
10th Place	Shanley Relays	
66	Moorhead	94
67	Bismarck	102
61	Bismarck Century	103
47	Fargo South	119
57	Detroit Lakes	113
45	Grand Forks Central	36
39	Grand Forks Red River	43
69	Shanley	84
46	Jamestown	120
5th Place	E.D.C	



1. During an intense moment, Kristi Hummel (8) concentrates on taking first place in the 100 backstroke in a swim meet against Jamestown.

2. While eyeing the water, Jena Perez (8) gracefully performs a dive.



2

Despite small team, swimmers set two records!

Five swimmers reach state!

Competing with only seven swimmers and six divers the girls' swim team succeeded in breaking two school records. Charissa Rorich (9) set the new 500 freestyle record, and Teri Bertrand (10) broke the record in the 100 breaststroke.

To add to this, five swimmers qualified for the state tournament. They included Shelly Koglin (12), 200 free; Teri Bertrand (10), 200 IM and 100 backstroke; Julie Engel (8), 100 breaststroke; Charissa Rorich (9), 500 free, 200 free, and 100 free and Angela McGuire (9), diving.

Although the team was extremely small, Mrs. Cheryl Schindler, the coach, had a positive overview of the season because of the improvement made by the team members.

"We basically had a good year. We had a lot of improvement individually, but we didn't have enough people to win the meets," she said.

With two school records broken and five swimmers reaching state, the team was satisfied with their performance.

By Nancy Waggoner



1. Row 1: Chad Jacobsen, student manager; Mike Menschel, student manager; Jena Perez; Arlene Vik and Kristy Hanson. Row 2: Charissa Rorich; Nikki Illes; Michelle Jendro; Kristi Hummel and Julie Engel. Row 3: Wendy Granum, diving coach; Jessica Jendro; Kaci Fordyce and Teri Bertrand. Row 4: Cheryl Schindler, coach; Penny Rogne and Michelle Koglin.

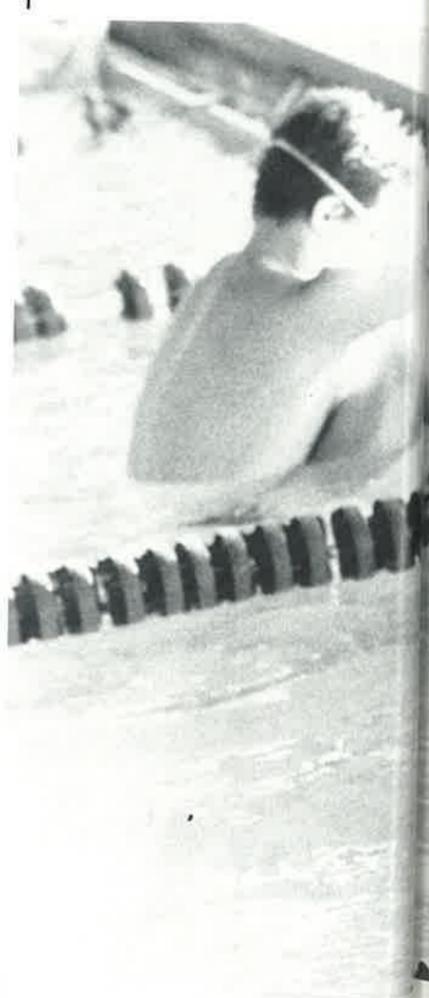
2. Go for the gold! During a swim meet, a West Fargo swimmer competes in the 200 freestyle.

We	Boys' Swimming	They
9th place	Bismarck Invitational	
60	Jamestown	97
33	Fosston	48
49	Grand Forks	119
73	Mandan	75
59	Moorhead	86
6th place	Fergus Falls Invitational	
41	Fargo South	108
5th place	E.D.C.	
5th place	E.D.C. Consolation	
8th place	State	



Row 1: Shawn Ritter, Jacob Theil, Scott Naseth, Clint Armstrong and Michael Hanson. Row 2: Steve Montplaisir, Troy Loberg, Chad Jacobsen and Swimming Coach Dick Fischer. Row 3: Nathan Vos, Robert Darrah and Diving Coach Wendy Granum.

1. Like a graceful swan, Steve Montplaisir (12) glides through a turn during a dive.
2. In the foreground, Chad Jacobsen (10) prepares for the backstroke before a race.



Rhodes and Montplaisir receive recognition Swimmers face challenge

The West Fargo Boys' Swim Team ended with a 0-11-0 won/loss/tie record. The team took fifth place in the E.D.C., with five Packer places; Corey Rhodes placed fourth in the 50 freestyle and second in the 100 breaststroke; Clint Armstrong placed fifth in the 100 breaststroke; Shawn Ritter placed sixth in diving and Steve Montplaisir was the only Packer champion, for he took first place in diving.

The team took seventh place at the state meet which was in Minot. Placing for the Pack were Corey Rhodes who took fourth in the 50 freestyle and third in the 100

breaststroke and Steve Montplaisir placed fifth in diving.

Corey was selected to the North Dakota Class A All-State Swim Team and Steve received an All-State honorable mention to the North Dakota All-State Swim Team.

At the end of the year there were two awards given out. The spirit award went to Clint Armstrong, and most improved went to Robert Darrah.

By Tara Aarestad

Golden Moments

"My most memorable moment in diving was when I took first place at E.D.C. by over 70 points. I set a new personal record. I also made over 40 points in one dive. It was the perfect way to end my senior year," stated Steve Montplaisir (12).

"I don't have a most memorable moment," stated Nathan Vos (12).

Golden Moments



"I wanted to intimidate the other team as much as possible, to be able to serve more than once and to keep certain girls from North and Shanley in their places," said Dawn Akason (12).



"I feel I've accomplished my goals ... We won only one game, but we had fun," said Jody Flicek (12).

Players bump for points

Volleyball team has high hopes for new season

Although the volleyball team had a shaky year and won only one game, the players still succeeded in having fun. The aggressions that the girls started out with were gradually worked out during the season.

The girls learned to make good decisions in certain win/lose situations. The team felt that they had one of the most determined teams in their conference and that they were out to succeed.

Although the volleyball team worked together, most of the girls set individual goals.

"I wanted to intimidate the other team as much as possible, to be able to serve more than once and to keep certain girls from North and Shanley in their place," commented

Dawn Akason (12).

Playing together was an important part of the season to the players. "I wanted to concentrate on playing the game as a team," remarked Pam Freedland (11).

Besides playing together as a team, it was important for the team to try to get along with each other.

"I felt that the team should have been able to get along with each other and play together as a team," stated Jody Flicek (12).

Besides each of their own goals, the girls on the team would have liked to pull everyone together and made it to state.

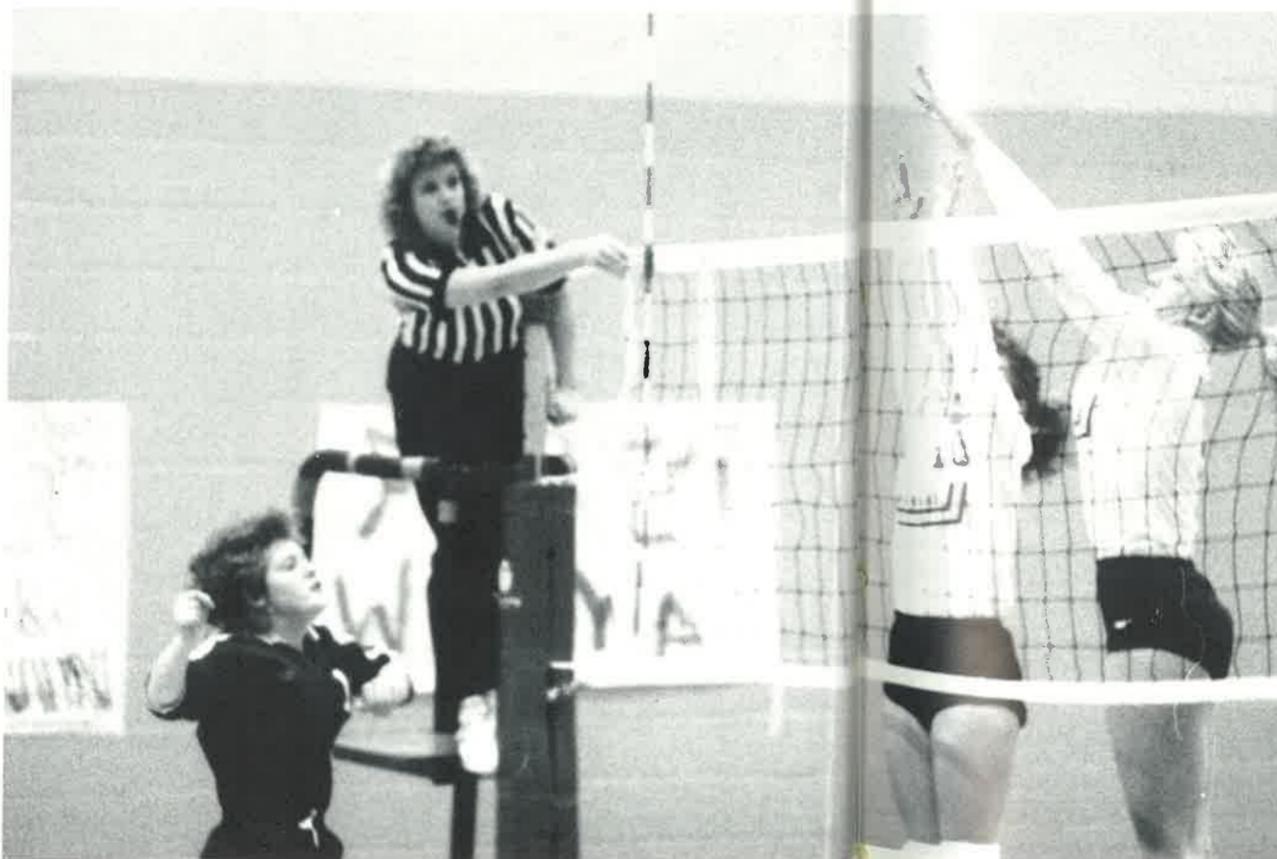
By Laurie Anders



Volleyball Row 1: Coach Janelle Schumacher, Holly Groothuis, Julie Loberg and Jennifer Zimprich. Row 2: Melanie Rohrich, Jodi Worrel, and Sherrie Erdmann. Row 3: Jody Flicek and Jennifer Anderson. Row 4: Dawn Akason.



1. Watching the block, Melanie Rohrich (11) prepares to score points against her opponents at a volleyball game played at WFHS.



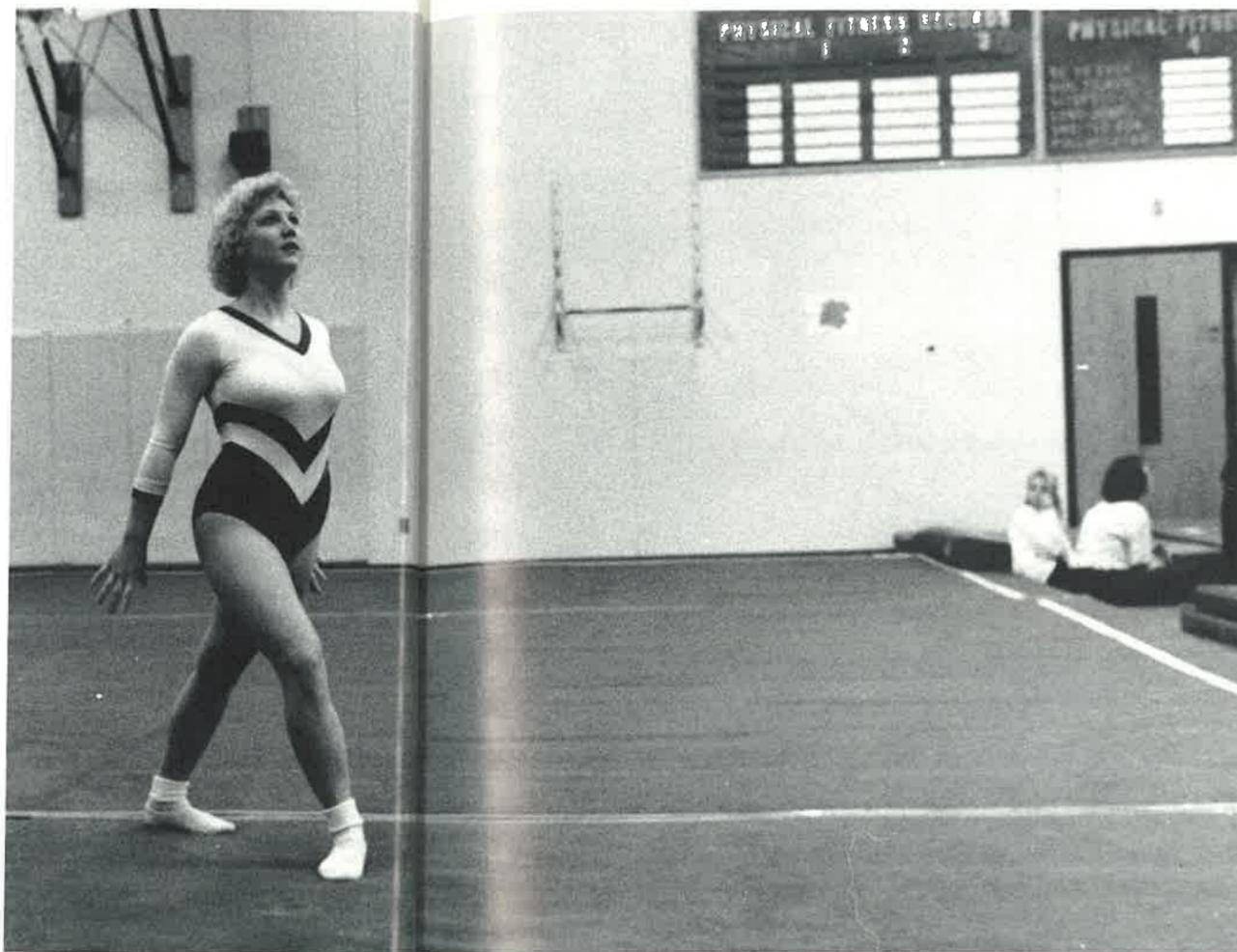
Volleyball		
We		They
0	Wahpeton	3
2	Fargo North	3
0	Grand Forks Red River	3
1	Fargo South	3
3	Valley City	2
0	Shanley	3
0	Grand Forks Central	3
0	Wahpeton	3
0	Fargo South	3
0	Grand Forks Red River	3
0	Shanley	3
1	Grand Forks Central	4
0	Valley City	3

2. Preparing for the serve, Sonya Jeanotte (11) sets herself in the right stance.

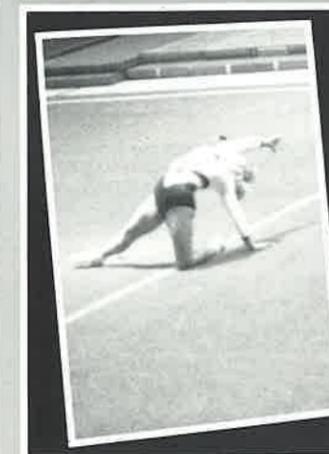
1. As the crowd looks on, Sue Galt (12) does her balance beam routine at a meet.
2. Taking a pause, Sue Galt concentrates on her next move during her floor routine.



Row 1: Erin Schmidt (7). Row 2: Heather and Shanna Savageau (8). Row 3: Assistant Coach Alex Breckic, Toni Pink (7), Carrie Strangeland (9), Dannille and Coach Jane Bell. Row 4: Sue Galt (12), Kris Domier (7) and Missy Baurer (9).



Golden Moments



"I'd have to say the most memorable moment for me was being the only high school student on the gymnastics team. I'll never forget that," said Sue Galt (12).

West Fargo gymnastics team includes only one high school senior gymnast

Sue Galt has interesting year on team

Sue Galt (12) is involved with the gymnastics team and this was an interesting year for her.

The only senior on the team, Sue just happened to be the only high school student as well. Her fellow team members averaged from three to four years younger than she.

"We didn't have much in common since they were in a different school. We didn't talk about much except gymnastics," stated Sue.

Another fact that made the season more interesting was that this was the first year Jane Bell was the

coach. Also new to the team was Alex Breckic, the assistant coach. Bell had never coached gymnastics before but Breckic had worked at American Gold before coaching the team.

"The team has improved over the year. It is a young team with three girls who returned," remarked Sue.

The team may not have done exceptionally well this season but that is not the only important factor.

"You can't expect the team to do well right away," commented Sue. "We need to build the team up for

the years to come."

The team didn't qualify for state and Sue missed qualifying by a mere three tenths of a point. In spite of that, Sue did receive some awards as a member of the team. Sue was a six-year letter winner and she also received the Most Valuable Award.

This may not have been a typical year for the gymnastics team, but it was a year that won't be forgotten — at least not by Sue.

By Erin Dusek

Number of schools	Site	Place
6	Fargo South	6th
3	West Fargo	3rd
4	Fargo North	4th
2	Fargo North	2nd
4	West Fargo	4th
3	Fargo South Regionals	3rd
		5th

New circumstances, positive frame of mind create more success for team
Girls' soccer team plays memorable season

West Fargo girls' 1989 soccer team made a dramatic improvement from the previous season. This was accomplished with a greater turnout of players and a new coach. The team was in a "building" stage, since it consisted of mostly freshmen. There were eight freshmen on the team and only four four-year players. All of these circumstances worked together to make a memorable season for all of the players, especially the upperclassmen.

The team got off to a good start with a win of 3-0 over Moorhead. It was exciting for the team members to win the first game of the season, especially if they were able to make goals.

"My most memorable moment of the season was when I scored a penalty shot during the first game," said Danelle Udem (12).

A memorable game for everyone was the first game against Fargo North, which was tied 0-0.

"What I remember most was the game vs. Fargo North. We tied them 0-0. I guess you could call it the game where no one scored," replied goalie Melanie Rohrich (11).

Some players wished they could have done something different.

"My most memorable moment was at a game when it was just me and

the goalie and I had a clear shot, but I missed. It could have won the game. Instead we just tied," stated Deanna Thulin (12).

The second game against Red River was also a memorable one. The first game was lost 3-0, but in the second game the team came back with a 4-1 win.

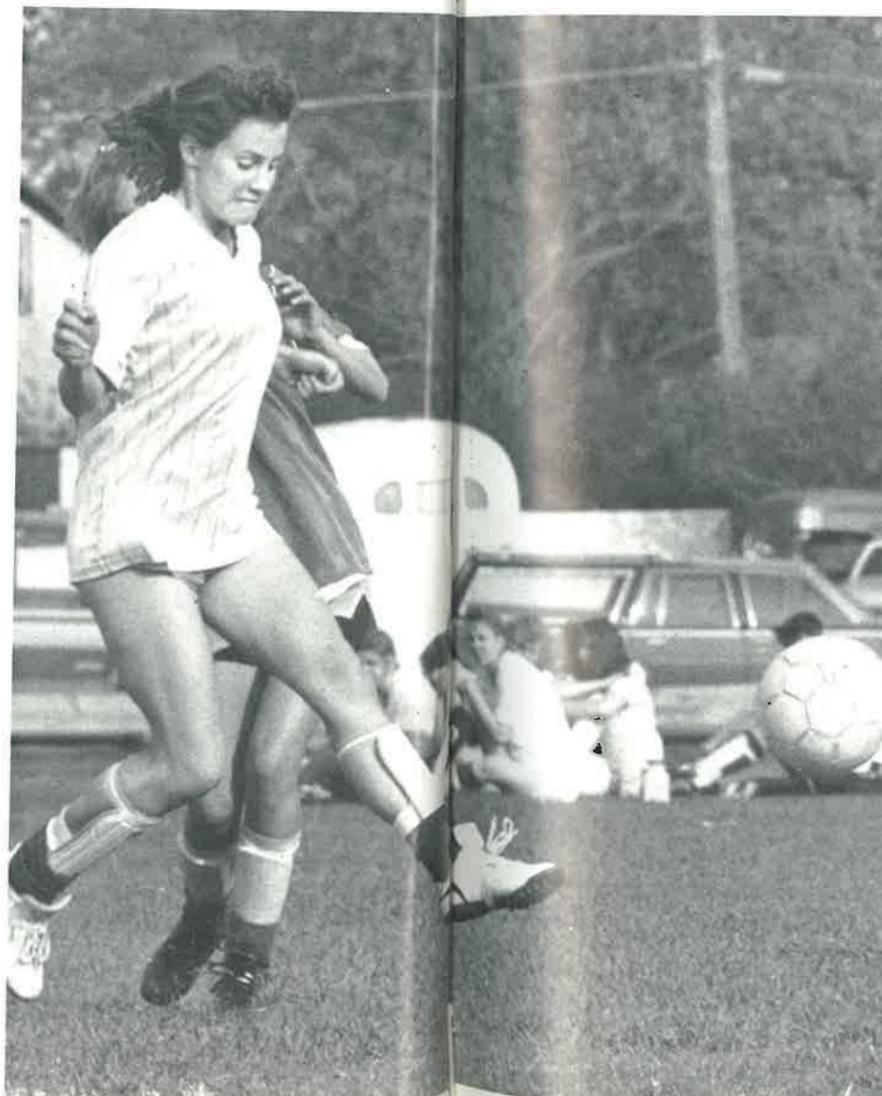
"I remember the game that we beat Red River. I thought I'd never see that day!" exclaimed Tamara Tingum (11).

By Annmarie Esslinger



Row 1: Kristi Horn, Kristen Heiden, Gretchen Yonke, Joy Petermann, Jocelyn Henderson, Annmarie Esslinger, Kristen Burglie, Kari DuBois. Row 2: Tara Aarestad, Brenda Holte, Jenaah McLeod, Deanna Thulin, Laurie Anders, Tara Decker, Tamara Tingum, Heather Olsen, Danelle Udem, Melanie Rohrich, Coach Edgar Mojica.

1. As they both chase the ball down the field Danelle Udem (12) gains ground on an opponent from North.



1. Teammates Tara Decker (9) and Brenda Holte (9) move in on the ball after it has been kicked by an opponent from North.
 2. Biting her lip in concentration, Annmarie Esslinger (12) jumps into the air to add power to her kick.

Girl's Soccer		
WE		THEY
3	Moorhead	1
0	Fargo South	8
10	Grand Forks Central	0
0	Grand Forks Red River	3
0	Fargo North	0
2	Shanley	0
2	Fargo North	1
4	Grand Forks Red River	1
8	Fergus Falls	1
0	Fargo South	4

Golden Moments



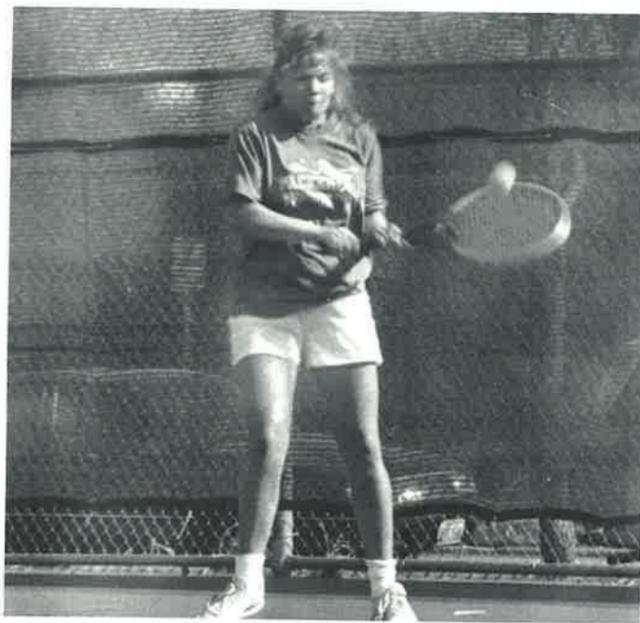
1. "At the beginning of the season I set a goal for myself to make ten goals during the season, and during the second Red River game I achieved my goal," said Laurie Anders (12).



2. "It was a memorable year for me because we had our best season in the four years I've been playing, and also when the team went to Pizza Hut after the Fergus Falls game. I was bad-mouthing the waitress, and she was standing beside me. She was so nice to us after that. It was great!" said Tara Aarestad (12).



Girls' Tennis Row 1: Becky Howell, Sam Mateska, Karla Weiding, Kathy Hagen, Holly Stromberg, Ann Pederson and Tera McDaniel. Row 2: Bree Duval, Sarah Jensen, Wendy Schock, Jamie Lund, Sara Anderson, Amy Singer, Sondra Pederson, Coach Liz Olsen.

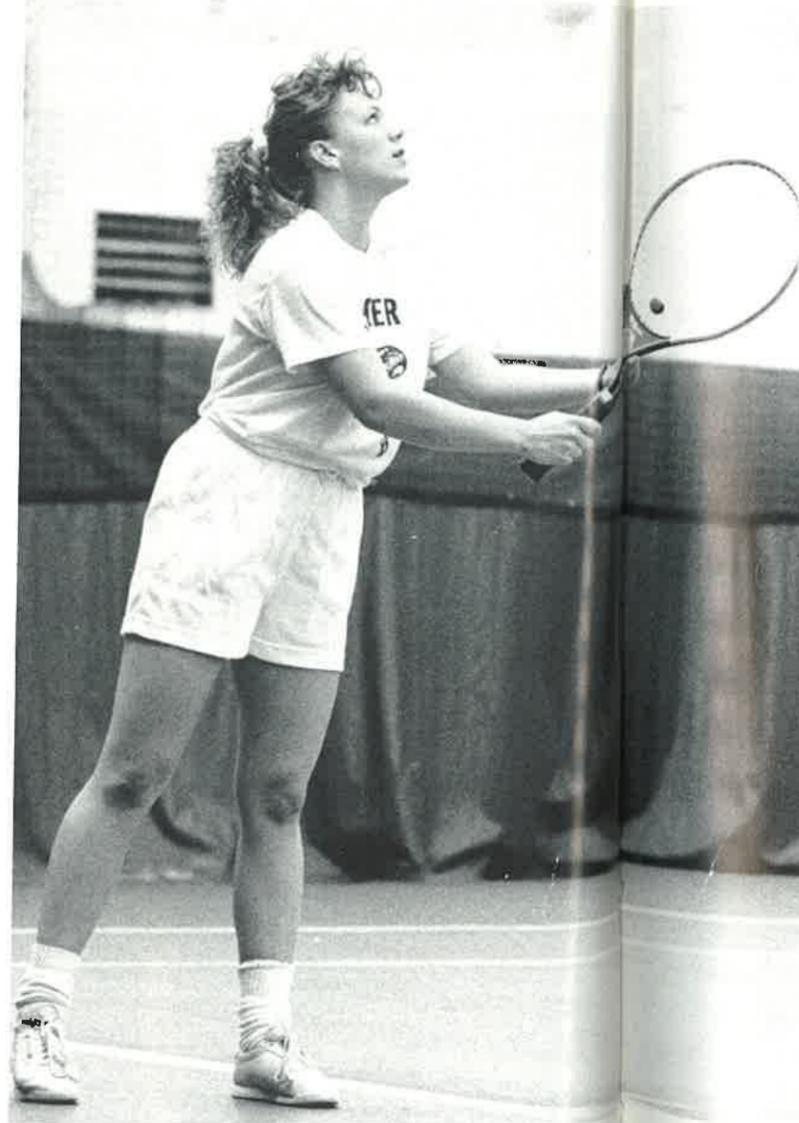


2

1. "That is one small step for women and one giant leap for Sarah." At one of the West Fargo tennis matches Sarah Jensen (12) steps back and balances herself so that she can smash the tennis ball into her opponent's court.
2. "Will it ever come down from the sky?" Wendy Schock (11) keeps her eye on the tennis ball at all times. She waits patiently for it to come down so she can complete her serve during one of her tennis matches.
3. At one of the home tennis matches Wendy Schock (11) concentrates as she positions her racket just right.



1



3

Girls' Tennis

We	Team	They
0	Grand Forks-Red River	9
0	Grand Forks	9
1	Fargo North	8
2	Fargo South	7
1	Wahpeton	8
0	Jamestown	9
3	Valley City	6
6	Shanley	3

Team faces rebuilding

"I'm looking forward to next year."

After the tennis season completed its season, the girls looked back on the golden moments and also the accomplishments made by both individuals and the team.

Some members had very personal goals.

"I wanted to become more knowledgeable of the game of tennis and also try to make it to state," replied captain Sarah Jensen (12).

Sarah did make it to state, which was held May 19 and 20 at South Gate Raquet Club in Fargo and at the Fargo South Tennis courts.

"I won only one of my matches, but I enjoyed just going to state and watching the other matches," stated Sarah.

Sarah's double's partner, Tara McDaniel (9), has three years left to make her mark on North Dakota tennis.

The players expressed their feelings of the season in a positive manner.

"We were set back because of the weather we had this year, but most of us did well. There were a lot of girls that joined who had a lot of talent. We also had a lot of younger players on the team this year and only one senior, so in the years to come the team should become stonger," remarked Bree Duval (11).

The season consisted of nine matches, of which West Fargo won two.

Great friendships were made during this season in tennis.

"It was my first year this year and I guess it went okay. I got smoked a few times and won too few of times, but we as a team became close friends. So I'm looking forward to next season," commented Wendy Schock (11).

Golden Moments



"This year was my first. I got smoked a few times . . . but we became good friends, and I'm looking forward to next year," said Wendy Schock (11).



"It was very exciting that Tara McDaniel and I made it to state," said Sarah Jensen (12).

Golden Moments



"I remember winning everybody's money gambling while we were in Bismarck," said Derrick Gothberg (12).



"My most memorable moment was when I eagled holes number 1 and 2 for big bucks off of Mr. Gad!" said Jason Justesen (12).

Meet Location	Team Score	Team Rank
Jamestown	333	6th
Valley City	328	4th
Maple River	346	8th
Oxbow Country Club	192	8th
Grand Forks Red River	348	8th
Wahpeton	342	6th
Fargo South	347	8th
Grand Forks Central	321	6th
EDC	321	6th
State Tournament	680	11th



1. Sorting through his bag, Carl Hammerstrom (12) tries to find what he is looking for though it doesn't look as if he is having much luck.

2. "No Carl, You can't throw the ball to the green." Carl Hammerstrom (12) seems to feel that throwing the ball will do more good.



2

"I can see many improvements. . . In a few years they will be pretty good." Boy's golf team hopes to go to state tourney

This year's golf team had an up-and-down season. The team worked really hard, but their efforts were just not quite shining through.

"These kids have been working hard but have been inconsistent in meets. Justeson and Rolie have been pretty steady, but we need a hot streak from a couple of other kids if we are to qualify for the state meet in Minot," commented coach Mr. Chuck Gad.

Many team members were hoping that the team will go to state. Senior Jerry Kaupan, like many team members, wanted the team to qualify for the state tournament.

"I hope that the team will be in the

top five teams that qualify for state. If we go, we will miss finals which will be hard to make up, but we won't have to sit for one-and-a-half hours," remarked Jerry Kaupan (12).

Another member of the team remembered a past tournament that qualified him for the state tournament.

"I remember when I made it to the state tournament as a freshman by sinking a 20 foot putt on the last hole!" exclaimed Jason Justesen (12).

The underclassmen on the team seem to be doing fairly well. They came in only 40 strokes behind the varsity team at the tournament on

May 2 at Maple River. That says a lot for the underclassmen.

"I can see many improvements in the 'rug rats'. In a few years they will be really good, I think," explained Jerry.

It was stated that Mr. Chuck Gad had an interesting way of encouraging the team to do well in practice.

"It is great winning Mr. Gad's money in practice all the time. We had bets to see how well we could do," explained Jason.

By Erin Dusek



Row 1: Brock Allen (7), Shane Tessier (10), Chad Junetnun (9), Chad Conzemius (9) Scott Anderson (9), Shane Justesen (8), Dustin Moser (8) and Scott Flick (8). Row 2: Greg Tuchschere (11), Derrick Gothberg (12), Chad Anderson (12), Jerry Kapaun (12), Mike Griffen (10), Bill Steen (10), Chris Steen (10), Karl Hammerstrom (12), Jason Justesen (12), Coach Chuck Gad and Jay Rollie (12).



1. Taking a break from golfing, Chad Anderson (12) stops to tie his shoe.

1

Track members and coaches pleased with overall performance of athletes

Eight track members reach state competition

The track team ended its season by sending eight of their runners to the state track meet in Grand Forks over the Memorial Day weekend last May. The team had a memorable season.

"My most memorable track moment would have to be when I beat my arch rival whom I have been competing with since we were in seventh grade," commented Marni Zimney (12).

Marni had a successful season by qualifying for state in both the three hundred meter hurdles and in the one hundred meter hurdles. Also, she qualified with Reile Bartholomay (9), Angie McGuire (9), and Alicia Cheney (11) in the eight hundred meter relay race.

The element of surprise made some memories even more memorable.

"I didn't expect to make it to state, so my most memorable moment in track would have to be when I beat my own scores during the different track meets," remarked Cory Damm (10).

Although Robin Mullenberg (11) did not qualify for the state track meet, she did have a memorable season also.

"The thing that I will remember most about the last track season was when I saw LeeAnna Heistad, from Shanley, get beat by a sophomore in one of her events!" stated Robin.

Even though the track team did not do as well as they hoped to at the state track meet, most people were pleased with the overall performance.

"We had some really good track times down in Grand Forks so we should be pleased with ourselves even though we did not do as well as we hoped," replied Marni.

Because the track team has many younger athletes on it, they hope to do better next year during the season and at the state competition.

By Laurie Anders

EDC Indoor
State Indoor
North/South Invite
Bruin TriState
Double Triangular
Sioux Relays
St. Cloud Invite
Valley City Invite
Huether Invite
Watoma Relays
Gerrell's Invite
Packer Relays
Fargo Rotary
Shanley Invite
Legion Meet
EDC Outdoor

Girls	Boys
8th	1st
—	4th
6th	—
—	5th
3rd	2nd
15th	—
—	6th
6th	—
—	5th
5th	7th
9th	5th
9th	5th
10th	9th
8th	—
—	4th
8th	3rd

Golden Moments



"My most memorable moment was when I was nominated for Miss Track," said Marni Zimney (12).



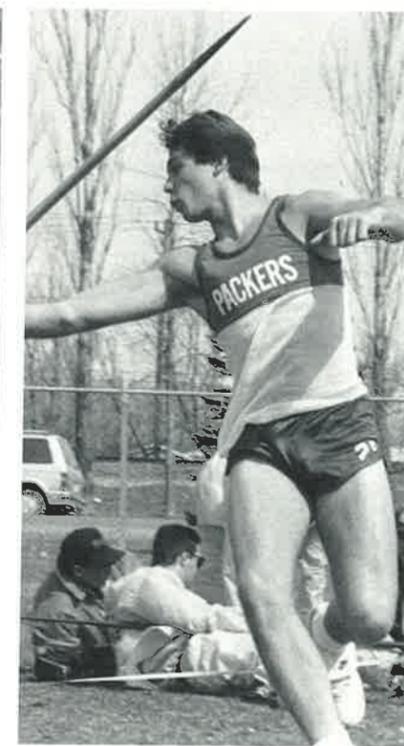
"The moment I'll remember most from this year is when I cleared 11 feet in the pole vault for the first time," said Corey Hajek (10).



Row 1: Keven Kercher, Shannon Roehrich, Cory Hajek, Matt Lepird, Jeff Hapala, Brian Loberg, Max Birkel, Jay Braseth and Tim Engelstad. Row 2: Brian Fettes, Nick Rost, Curt Yanish, Shane Saaril, Mark Rheault, Rich Buckley, Chad Olson, Jason Malusky, Jeff Ruhnke and Jami Eckhoff. Row 3: Coach Tim Scully, Coach Mike Stratton, Kevin Odden, Chris Slusher, Darren Holaday, Joel Prudhomme, Jerry Hudson, Shane Tibiatowski, Jamie Hodgson, Head Coach Greg Grooters and Coach Bill Shallow.



Row 1: Teri Kartes, Teresa Elijah, Keri Rosene, Wanda Jenner, Andrea Weeding, Kaci Fordvcel, Marni Zimney, Alicia Chenev and Maria LaCroix. Row 2: Anna Rausch, Shelby Zander, Teresa Sachow, Reile Bartholomay, Michelle Balfour, Michelle Vanyo, Beth Danielson, Susan Smith, Angie Sedevie and Coach Robin Schlegel. Row 3: Coach John Tomaszewski, Angela McGuire, Deb Roth, Angie Odden, Ronda Mullenberg, Carrie Stangeland, Michelle Jendrol, Robin Orson, Rhonda Nesemeier and Coach Karla Grooters.



2. During the javelin event, Jay Sandvig (12) gives his best effort which earned him the most valuable field person award.

1. While preparing to throw the javelin, Shawn Benser (11) concentrates on outthrowing his opponents.

Hard work and dedication really pays off.

Patriots and Aces hit home.

West Fargo has two legion baseball teams, the Patriots and the Aces. The Patriots are made up of both seventeen and eighteen year olds. The Aces are made up of mostly fifteen and sixteen year olds.

The Patriots, who were coached by Bill Lopez and assisted by Brian Jacobson, ended with a season record of 17-38.

Besides claiming the team record of six home runs, Marc Balfour led both the team and the state in batting with a .449 batting average.

They did not make it to state in 1988, but the team is hopeful that they will get there in 1989 because West Fargo is hosting the state tournaments.

"My most memorable moment

throughout the season was when Joe (Sporto) Illich (12) was up at bat and he hit a fly ball to right center field. The bases were loaded. He thought the ball was going to be caught, but it went over the 240 ft. sign, for a homerun and nobody could beleive it," said Kyle Berg. (12)

The Aces were coached by Tom Wallet and assisted by Chad Clemenson. With a season record of 24-11, they had their best season ever and also took third place in the districts.

"I think there is a chance that these young men could even take a state championship in legion baseball in 1988-89 on their own home field," said Coach Tom Wallet.
By Tara Aarestad



2. Row 1: Shawn McCarthy, Bob Footitt, Joe Illich, Mike Ducshere, Chad Martin and Marc Balfour. Row 2: Neil Wohl, Jason Saari, Scott Krabbenhoft, Jason Bratner and Eric Larson. Row 3: Chad DuBois, Assistant Coach Brad Jacobson, John Jacobson, Coach Bill Lopez, Kyle Berg, John Miller and Rick Anderson.



1. Row 1: Shane Sarri, Travis Paiper, Cory Jalbert, Jamie Goodrow, Brad Jacobson and Bill Footitt. Row 2: Robert Dickman, Jess Liebelt, Kyle French, Kelly Mortensen, Jason Kujan-son and Jamie Hodgson. Row 3: Paul Ostensen, Greg Franck, Coach Thomas Wallet, Assistant Coach Chad Clemenson, Darin Peterson and Derrick Gothberg.

Patriots	
They	We
15	Bismarck 3
12	Bismarck 0
3	Fargo Moose Lodge 16
7	East Grand Forks 12
7	East Grand Forks 8
8	Wahpeton 3
1	Wahpeton 7
11	Devils Lake 21
0	Devils Lake 10
7	Bismarck 2
12	Minot 7
12	Minot 4
Aces	
We	They
11	Casselton 10
6	Kindred 8
5	Mandan 18
11	Mandan 16
8	Bismarck 9
8	Minot 12
0	Page 13
0	Page 13
10	Jamestown 16

1. While trying to find a teammate to pass the basketball, Bill Footitt (11) tries to dodge an opponent from Fargo South.

2. Attempting to make a save, while getting 100% effort, Julie Loberg (11) makes a spectacular dive during an important J.V. volleyball match.

3. Trying to inch his way to the goal, a West Fargo J.V. hockey player attempts to take the puck away from an opposing player.



2



1

Memorable moments created for J.V. athletes

J.V. players have laughs too

The life of a junior varsity athlete is one of waiting for the varsity player to get hurt or taken out of the game. Many also are getting valuable experience needed to become a varsity athlete, but many memorable moments are created.

"The moment I most remember this year was when the J.V. was scrimmaging the varsity, and the J.V. came up with a totally excellent play. When J.V. got the ball to run our play, we all lay down on the floor. While the varsity was looking at us lying down on the floor, Jodi Worrel went up to make the

basket, but she was laughing too hard so she missed," laughingly commented Toni Hoag (11), a J.V. girls' basketball player.

An important part of J.V. sports is the experience that will aid them in their varsity careers.

"Our team improved a lot this year. We also played a lot of teams, including Fargo South," explained Darin Peterson (11), a J.V. boys' basketball player.

By Nancy Waggoner and Annmarie Esslinger



3



Row 1: Ryan Torggrimson, Travis Paeper, Randy Torggrimson, Bill Footitt and Jamie Quam. Row 2: Matt Lenird, Mike Birrenkott, Yuri Hoverson, Paul Ostenson, Daren Peterson and Christopher Nielsen.



Row 1: Pamela Freedland. Row 2: Dawn Rosenkranz, Kristi Fischer and Wanda Jenner. Row 3: Jami Eckhoff, Mindi Zimney, Penny Rogne and Julie Loberg. Row 4: Jennifer Zimprich, Angela Amundson, Andrea Weeding, Brenda Schmidt and Coach Lois Farhman.



Row 1: Sam Fett, Jeffrey Hapala, Corey Hajek, Jamie Sherman, Marshall Senf, Shane Tessier, Jason Erickson and Chad Satrom. Row 2: Coach Clarence Barker, Kyle French, Darren Guler, John Vining, Perry Sweeten, Greg Tuchscherer, Matthew Gourde and Coach Myron Wagner.



1

1. Sophomore volleyball players jump, set and spike at practice after school.
2. Using intense concentration and effort, Tammy Stockert (10) prepares to hurl the discus during a track and field meet.
3. Playing varsity basketball most of the season, Trenton Bean (10) represents the athletic future of the Packers for the next two years.

Sophomores look to future

Look out, world—Pack will be back to attack

Even though the sophomore sports season is over for this year, it won't soon be forgotten by the class of 1991 who made the golden memories.

"This year a lot of our players moved up to play on the junior varsity and varsity boys' basketball team. We still had a great season that I won't soon forget. This couldn't have been possible without the help from our great coach Mr. Bob Monte and the hard work from all of the team members. We did pretty well, too, this year," commented Matt Lubben (10).

When the sophomores look back

on this year, they will remember the hard work they had put in to make the team work.

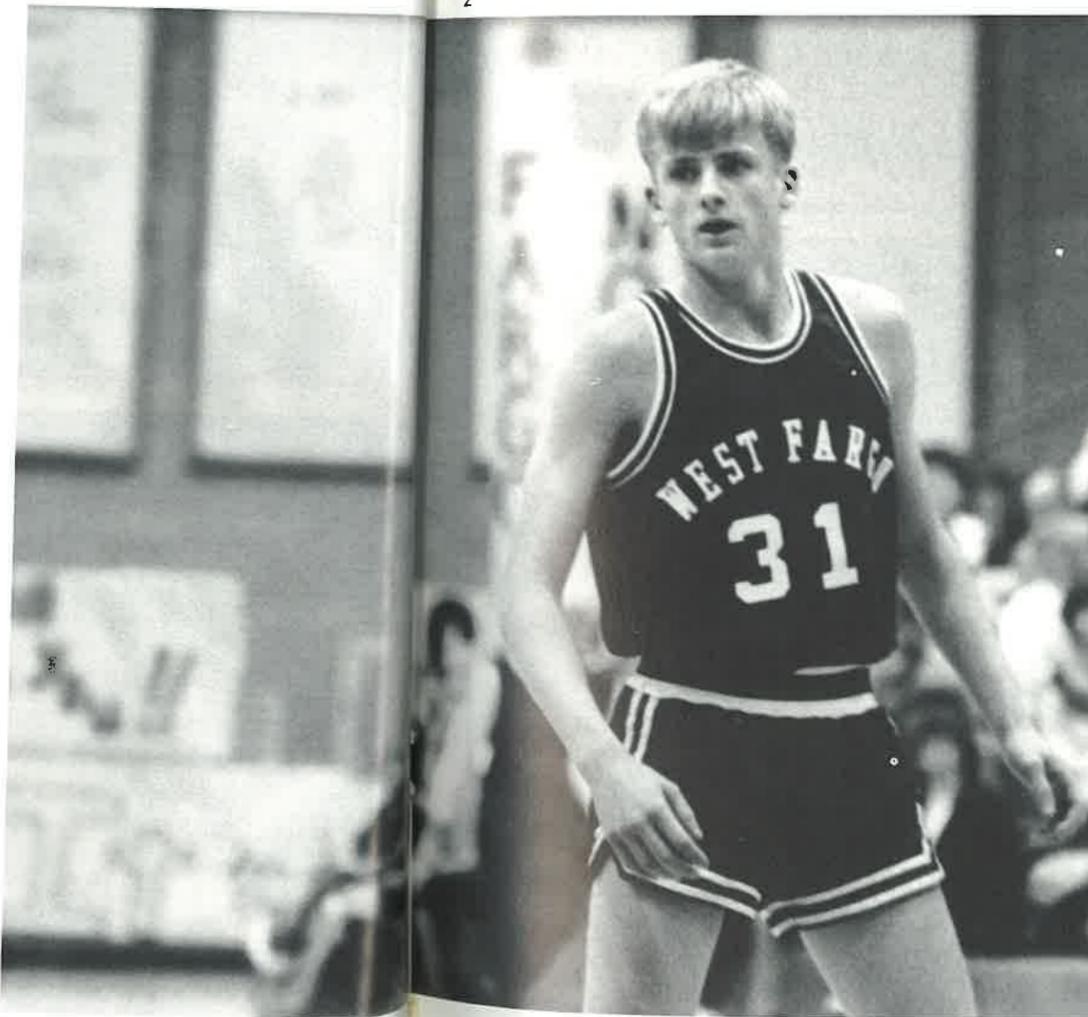
"It wasn't a great year for the girls' basketball team, but we improved as a team as the season progressed," said Lisa Feland (10).

Remembering the good and bad memories of the sophomore season that has passed by, these athletes hoped to go out and make more wonderful memories for the years to come in their junior and senior years at West Fargo High School.

By Julie Foeltz



2



3



Boys' Football Row 1: Perry Sweeten, Cory Damm, Christopher Hagen, Shannon Roerich, Tim Glaser, Roland Jeanotte, Brooks Clemenson, Roger Vesperman, Steven Larson. Row 2: Richard Cwikla, Matthew Gourde, Ryan Rued, Rich Metcalf, Matt Lepird, Chris Ambuehl, Jeff Ruhnke, Jeff Schmidt, Greg Willis.



Girls' Basketball Row 1: Beth Heier, Mindy Yanish, Marquel Wirth, Julie Richard, Tracy Burckhard. Row 2: Denise Gothberg, Angie Odden, Amy Slinger, Sheila Zerr. Row 3: Coach Bougardis, Nichole Kirchen, Amy Rost, Lisa Feiland, Kari Wagenman.



Boys' Basketball Row 1: Travis Paeper, Matt Lubben, Randy Torgrimson, Christopher Hagen, Travis Peterson, Bob Monte. Row 2: Jeff Ferber, Ryan Rued, Matt Lepird, Rick Sommerfeld, Yuri Hoverson, Christopher Nielsen, Eric Olson, Shawn Heller, Jamie Quam.

Athletes prepare for their activities

Weight lifting improves total fitness

Develop those muscles!

One way for people looking to discipline themselves, would be to start lifting weights. Lifting weights could help them achieve self-discipline and require protection against injury. Weight lifting, for most any athlete, could be a great way to get in shape. Weight lifting helps an athlete develop self-confidence and courage. In our high school, athletes are encouraged to lift at least three times per week, doing four to five major lifts and three to four auxiliary lifts.

"Weight lifting is needed as preparation for an athlete to perform his best," said weight room supervisor Mr. Paul Tefft.

A weight lifting workout usually is run for approximately an hour and fifteen minutes to an hour and forty-five minutes. The intensity rather than the longevity should be stressed while working out. After a

proper workout the muscles, rather than the body, should be exhausted.

"Anything that requires athleticism requires strength, speed, and endurance. Lifting weights is a part of the triad along with flexibility and aerobic endurance, which is necessary for success. Strength without flexibility isn't worth anything," commented Tefft.

Athletes are encouraged to participate in the weight program at the high school to build up their strength and self-confidence, because to play in any sport a person needs to be strong and have a lot of confidence in themselves as well as their teammates.

"Weight lifting trains you both physically and mentally to be in any sport that you chose," stated Cory Rogne (12).

By Laurie Anders



1. Conditioning for the wrestling season, Gregg Lura (11) concentrates on building his upper-body strength.

2. "Flex those muscles, Bill!" Bill Footitt (11) shows what weightlifting has done for his body by flexing his well-developed biceps.

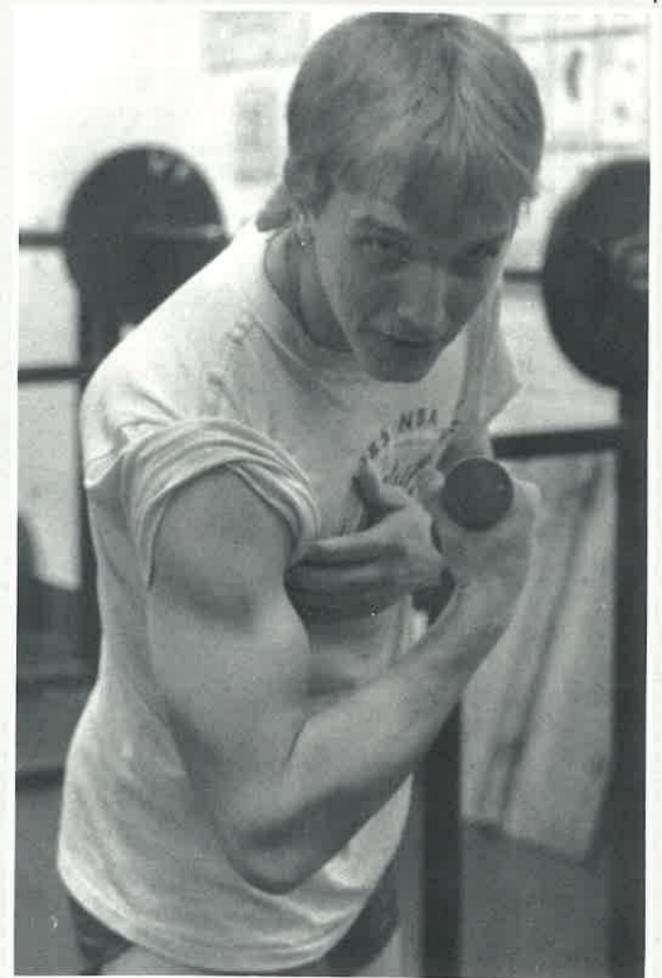
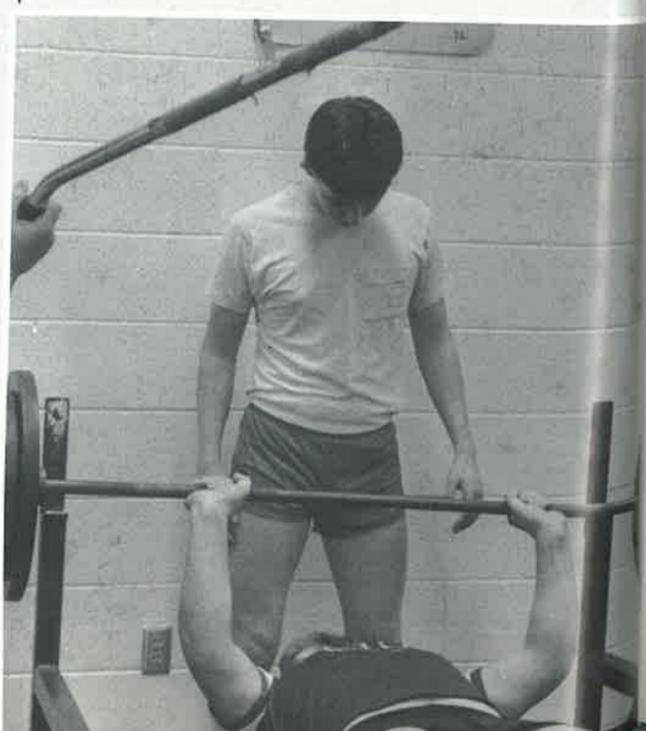


2

1. "Don't drop it, Petel!" Peter Neal (12) watches himself in the mirror as he lifts weights to develop his biceps.

2. During a weightlifting session, Nicholas Rost (12) bench presses as much weight as he can while others stand by watching.

3. "Pump iron, Jerry!" Wendell Herzelle (11) spots Jerry Hudson (11) in amazement while he does his bench presses in the weightroom.



2

3. The more weight the better, right Gerald? Gerald Poitra (12) adds extra weight to strengthen his arms and back.

3



1. After acting in the play *Man of La Mancha*, Wayne LeMier (11) recalls his 'Golden Moment' in drama. "My most memorable time in drama would have been the founding of the Midnight Club. This group stayed until 12:00 a.m. the day before the show opened. We braved the next day on four to five hours of sleep, and we were able to put on a performance that brought laughter and tears to the audience," said Wayne.

2. During market management class, Terry Vareberg (12) works with Mr. Steve Anderson in the Packer Connection. "My most memorable experience this year in market management has to be our field trip to Concord. We learned all of the marketing aspects of a new product being put on the market. I learned a lot, and we also got doughnuts!" replied Terry.

3. "Lay it on me — I can take it!" While he gives blood for the student council blood drive, Eric Nilles (12) cringes at the sight of the needle being poked into his arm.



Golden Moments of Organizations



Smiling with delight, Andrea Weeding (10) practices for her next performance as a member of the all-girl varsity choir. The varsity choir had the opportunity to travel with the concert choir to the Fourth of July Centennial Celebration in Mandan, North Dakota.

Members create memories

Two students represent WFHS in centennial band

Memories accumulate over the years as teachers and students pass through the halls of West Fargo High School. Mr. Glenn Whaley has taught band for thirty-three years. This past year was special for the band department in many ways.

One reason why the year was special was that it was North Dakota's Centennial year, and a band consisting of 200 members from the high schools across the state was selected. The school had two students chosen to participate in the band, Jessica Baker (11), who played the french horn and Stacie Loegering (11), who was a percussionist. The special event for them was being in Pasadena, California on January 2, 1989. They had to practice a long time for the five and a half mile trek along the route.

"The opportunity to be in the Rose Bowl Parade in Pasadena was very special to me. It was an honor just to be in it," commented Jessica.

Another memorable event was the jazz band's trip to Mandan to compete in a festival at Mary College

Jan. 20-21, also they were invited to compete in the NDSU Jazz Festival the following weekend on Jan. 28.

Finding out that they had enough money to buy new uniforms was another special event in the school year for the band students. It was a relief to find out that all the years they had spent fundraising had finally paid off. Their fundraising was done mostly by selling magazines to people and washing cars at a car wash.

"Now we will be able to say yes to some of the parade offers we have been getting," commented Whaley. "The band parents should also be credited, because they helped with the fundraising, we could not have done it without their help and support," he added.

There may be a time when students will have to audition for band or the school will be forced to have two bands. Because of high enrollment this year, the band was very large and it is expected that in coming years it might be larger.

By Kristi Horn



"The best part of being in band after four years is finally getting to boss the sophomores around."—Beth Schwartz(12)

"My memorable moment this year is the feeling of accomplishment I felt after playing in the Christmas concert that went very well." —Wayne LeMier (11)

"My most memorable moment this year is when the band performed at half time at the Homecoming football game."—Tammy Otterstetter (10)

"My most memorable moment was when the jazz band went to Mandan."—Jessica Turner (10)

"My most memorable moment of Centennial band was marching down Colorado Boulevard during the Rose Parade."—Jessica Baker (11)

"The football game we played at where we actually scored a touchdown was my most memorable moment."—Traci Radi (10)

"My most memorable moment was when we marched during homecoming and Mr. Whaley forgot to tell us how to get off the field"—Katie Nudell (10)



Jazz Band Row 1: Jessica Turner, Jon Rud, Ward Nelson, Jay Schroeder, Jessica Tufte, Tonia Miller, Janece Linnertz, Sarah Jensen, Dave Dalke and Darcie DeBolt. Row 2: Jason Loney, T.J. LeMier, Kristi Horn, Wayne LeMeir, Rob Dixon and Corey Thompson. Row 3: Steve Palmer, Stacie Loegering, Trista Frandson, Jason Nettum, Ric George, Allen Rausch, Dan Phillips, Josh Ellis and Mr. Glenn Whaley.



1. Concentrating on the music, Kristi Horn and Jason Loney work hard during class.

2. Stacie Loegering and Jessica Baker practice for the Rose Bowl in which they were selected to participate.

3. Jamming together on the drums, Chad Schvessler and Perry Sweeten warm up before class.



Band Row 1: Laurie Muske, Christine Kittrell, Lia Lubben, Jennifer Anderson, Gretchen Aaberg, Lisa Braaten, Brenda Carlson, Sherry Sahr, Kristie Misheski and Julie Bruce. Row 2: Deanna Thulin, Beth Schwartz, Trista Frandson, Robin Mullenberg, Tammy Legvold, Dawn Ost, Rolanda Herloranson, Teresa Jenner, Lori Zeuschel, Lisa Kitzan, Bobby Jo Morrison, Katie Nudell, Tracy Radi and Tammy Otterstetter. Row 3: Julie Loberg, Tammy Tingum, Lisa Peterson, Teri Englerth, Tammy Stockert, Teri Kartes, Kathy Kavli, Jon Rud, Ward Nelson, Jay Schroeder, Dave Dalke, Darcie DeBolt, Mindy Grant, Tonia Miller, Jessica Tufte, Janece Linnertz, Vicki Stromberg, Tanzy McKinze and Sarah Jensen. Row 4: Ron Driggers, Jon Jundt, Jeff Hapala, Mike Griffen, Bruce Brubacker, Missy Sagvold, Ric George. Row 5: Erica Harrold, Stacie Loegering, Perry Sweeten, Chad Schvessler, Steve Palmer, Jessica Turner, Jessica Baker, Corey Thompson, Wayne LeMeir, Jason Nettum, Rob Dixon, Glenn Gordon, Kristi Horn, Kelli Montplaisir, Jason Loney, T.J. LeMier and Mr. Glenn Whaley.

1. "One, two, three ..." Band director, Mr. Whaley leads the band in practice. Many class periods are spent under his direction.

Choir forms special bonds

Members share gift of music and friendships

The bus rattles along, an array of different people and activities on board. A few people jam out to Guns 'n' Roses and Poison. An ongoing poker game continues as the towns come and go. Numerous people munch on Doritos and chat during the long ride. A few brave souls try to find a comfortable position to sleep in on the noisy bus. Different people, and different activities, but each one of these individuals shares a common bond—choir.

Long bus rides have almost become a trademark of the West Fargo choirs. Because of the concert choir's honor of being named the Governor's Centennial Choir, they traveled to numerous cities in North Dakota and Minnesota during the year. In July, both choirs, varsity and concert, piled on a bus (the official vehicle of West Fargo Choirs), and embarked on an expe-

dition to Bismarck, to participate in the Fourth of July parade.

Although traveling is a lot of fun, choir was not all fun and games. "Choir was extremely demanding with all the performances, concerts, and tours we took, plus the immense amounts of musical literature we were required to memorize, remember, and sing. There was a lot of pressure because we were representing the entire city of West Fargo, and the state of North Dakota," states Wayne LeMier, (11), a concert choir member.

"The most exciting thing for me in choir was sitting next to Scott 'Richie C.' Ries!" exclaimed Rob Dixon, (12).

As the year progressed, the choir members not only shared the bond of music, but the bond of friendship as well.



1. Row 1: Shannon Warf (12), Tammy Heilman (12), Jenny Dressel (12), Canda Ellingson (11), Roberta Maley (12), Wendy Schock (11), Traci Schmidt (12), Carrie Severson (11), Jana Baumann (11), Tina Fliflet (12), Dawn Akason (12), Stephanie Blow (10), Jamie Lund (11), Erin Dusek (12), Sonda Pederson (12), Nina Poole (12), Jenny Schmidt (11), Meredith Meyer (12), Karen Schroeder (10), Dawn Rosenkranz (11) and Malynda Olson (11). Row 2: Kim Henke (12), Christel McNamara (10), Lisa Schumacher (12), Sue Galt (12), Julie Moffett (10), Gretchen Aaberg (12), Kathryn Kavli (11), Deanna Thulin (12), Lia Lubben (12), Kristie Misheski (10), Kim Kalm (12), LaRae Lofgren (12), April Leinen (10), Debra Frank (12), Sara Edland (12), Michelle Wymer (12), Debbie Nantt (11), Danelle Undem (12) and Michelle Scott (12). Row 3: Director Mr. Jon Loy, (11), Shawn Benser (11), Jason Welle (10), Jason Nettum (11), Rob Dixon (12), Jason Malusky (10) and Greg Wymer (10). Row 4: Larry Geffre (12), Eric Speicher (12), Matt Lubben (10), John Geiss (12), Dan Phillips (11), Pat Aaberg (11), Wayne LeMier (11), Jeff Sorlien (12), Eric Olson (10), Josh Ellis (11), Dustin Bjugstad (12), Cory Thompson (10) and James Olheiser (11). Not Pictured Robert Gwynn (11), Scott Bauer (12).

2. Centennial Choir representative, Kathy Coyle, introduces the various songs to be performed by the choir.

3. During a legislative session, the Centennial Choir performs various songs commissioned by the Centennial committee.



2



1



3

"This year choir went to many fun, exciting and invigorating places. Tons of funness was had all around; however, the music we did was not too terribly difficult." stated T.J. LeMier, (12).

"The most exciting thing for me in choir was sitting next to Scott 'Richie C.' Ries!" exclaimed Rob Dixon, (12).

"This year was really fun because of the trips that we took to Bismarck and the fun we had while there scrubbing rooms." commented Larry Geffre, (12).



1. Top to Bottom: Robert Gwynn (11), Director Mr. Jon Loy, Larry Geffre (12), Traci Schmidt (12), Scott Bauer (12), Danelle Undem (12), Eric Speicher (12), Kim Henke (12), Jeff Sorlein (12), Lia Lubben (12), Mike Trotter (12), Sue Galt (12), T. J. LeMier (12) and Gretchen Aaberg (12). Not Pictured: Matt Lubben (10), Deanna Thulin (12), and Sonda Pederson (12).

2. Relaxing in Governor Sinner's office, Canda Ellingson (11) takes a break from the days events.

Fantasia!'s got the beat

They consist mostly of swingin' singin' seniors

"The practices are really fun, sometimes. I enjoy being together with my friends and goofing around. They're like family to me, I'm really going to miss them," expressed Sue Galt (12) about the group Fantasia!

Fantasia!, a song and dance group made up of members of the West Fargo High School Concert Choir, stirred the patriotic feelings in the hearts of people by singing songs of America.

Of the 16 members of this group, 11 were seniors. One of these talented seniors was Eric Speicher (12), who expressed his feelings for such performances. "There is nothing like the feeling that you get after a good performance. You know that other people have enjoyed what you've done for them, and that helps to keep our group's spirit up," he stated.

Another senior in the group, Mike Trottier (12), explained the popularity of the group in his own family.

"To tell you the truth, it's been a real challenge for me. I enjoy it and my mom and dad really enjoy talking me up at Thanksgiving, Christmas, and all other family get-togethers."

The major force behind the students' performing their best was director Jon W. Loy, who best described his feelings toward the group with the hesitant reply, "Has the world stopped spinning yet?"

Anyone who ever witnessed a practice or performance of Fantasia! would understand this quote to its fullest meaning.

By Wayne LeMier



1



Row 1: Melanie Grossman, Teri Steele, Jolene Miller, Sheryl Holter, Maria LaCroix, Dawn Johnson, Jenny Newman, Tracy Burkhard, Shawna Kraft, Kinsi Thibert and Bridget Murray. Row 2: Mindi Zimney, Kelly Gullickson, Michelle Ness, Jodee Rieth, Cheryl Hochhalter, Misty Bauer, Teri Bertrand, Bridget Schue, Tami Miller and Kristi Keller. Row 3: Julie Loberg, Tari Kartes, Tammy Stockert, Gina Grueneich, Johnell Prindiville, Heather Borg, Julie Bruse, Andrea Weeding, Christine Glaser, Tracy Schaefer and Debbie Lonski. Not Pictured: Alicia Loberg and Corena Oesterle.

"I will never forget practicing dancing for the POPS! concert. Nobody knew what they were doing," — Correnna Oesterle (12).

"My most memorable moment was when I decorated for the Christmas concert and I got poked by all the greenery!" — Cheryl Hochhalter (12).

"I will never forget the excitement right after contest, before the judge came up because we felt we did really well," — Tami Miller (10).

"I remember when Mr. Loy yelled at us and made some seniors cry. This was right before a contest. He told us we might not go if we don't try harder. Well, we went to contest," — Jodee Rieth (10).

"My most memorable moment in Varsity Choir this year is when Mr. Loy danced around the room trying to fire us up!" — Tracy Schaefer (12).

"I really remember going to contests and learning from other people's screw-ups," — Dawn Johnson (12).



Row 1: Deanna Thulin (12), Sue Galt (12), and Debra Frank (12). Row 2: Kim Kalm (12), Lia Lubben (12) and Canda Ellingson (11). Row 3: Danelle Undum (12), Larry Geffre (12), Mike Trottier (12) and Malynda Olson (10). Row 4: Eric Speicher (12), Jason Welle (10) and Dustin Bjstad (12). Row 5: Wayne LeMier (11), T. J. LeMier (12) and Matt Lubben (10).

1. Fantasia! members Deb Frank(12), Canda Ellingson (11), Jason Welle(10) and Eric Speicher (12) perform at the Heritage center in Bismark.

2. Diferent attitudes and emotions are brought out by choir. Corena Oesterle (12) and Dawn Johnson (12) show two contrasting attitudes during varsity choir.



2



Loy thinks 'best year' yet

Members of varsity choir sing their hearts out!

Varsity choir may not have had the title of the Centennial Choir, but the choir had a lot to be proud of. The varsity choir consisted of thirty-four women who enjoyed singing. This was the fourth year that Varsity Choir had existed.

"I feel that this was the best year for varsity choir," commented their director, Mr. Jon Loy.

Loy was not the only one who felt this way.

"Varsity choir seems to get better every day. Mr. Loy pushes us to work hard and get things done, but we always have fun," stated Sheryl Holter (10).

The choir had many fund raisers to help with the expenses of their trip to Bismarck for the Fourth of July parade. They sold pizzas, Christmas related items, Easter Bunnies

and chocolates. The varsity choir participated as the flag corps, banner carriers and the color guard in the parade.

Most enjoyed their year in the choir.

"Varsity choir is fun! It is like a break from all your heavy-thinking classes in the morning, but Mr. Loy does try to keep you working hard," remarked Andrea Weeding (10).

Varsity choir participated in three concerts throughout the year and went to contest on April 11.

The choir consisted of mostly sophomores while the senior girls were very good leaders for the underclassmen.

By Erin Dusek

Drama has ended a comedy rut

Drama students cherish golden moments of '89'

The West Fargo Dramatic Arts Department finished their triumphant production, *Man of LaMancha*. This was their first real tragedy, or serious play.

"I feel it was a real accomplishment for us since West Fargo and even North Dakota is so conservative. We were kind of stuck in a comedy rut, but this play was a tragedy!" Heidi Grindberg (11) exclaimed.

The list of accomplishments of these drama students goes on and on. Most of the students felt the production, *Man of LaMancha*, to be one of their strongest.

"The play was very emotional, and what I like best about drama is that we all get along like a family. I enjoy spending time with these people," sighed Shannon Warf (12).

Some of the members of drama shared their memories of the good times.

"My most memorable moment was when I got one of the leading roles in *Man of LaMancha*," remarked Gretchen Aaberg (12).

Jason Nettum (11) shared his astonishment.

"The time I actually got a line, after all my years of dedication, was my most memorable moment," he said.

One member had a very painful memory.

"My most memorable moment was

when I stepped on a 2'x4' plank with nails in it and had to go into my foot. Larry Geffre played doctor for me," replied Jessica Baker (11).

As a whole, the group mainly remembered the time they had to redo all the lights before a show, since the center-stage light went out. They temporarily fixed the light hoping it would last throughout the show. Believe it or not, the light did last.

"I remember having to stay the night before the show to cut, paint and hang strips of canvas (moss) from the stairs," Trista Frandson (11) remarked.

One memory was particularly funny to the group.

"I remember when Al Rust and Scott Nankivel, the choreographer, came to practice wearing red long-johns just for the heck of it," commented Eric Speicher (12).

Memories can also be very special to one particular person. "I remember being able to perform on the same stage as my sister once did in her high school years," admitted Heidi Grindberg (11).

The members and persons involved in drama will cherish the memories the group has shared throughout the year, and some will hold these memories close to their hearts, all through their lives.

By Wendy Heinz



"My most memorable moment was when Jay Schroeder got decked by Eric Speicher's backhand during the performance of *Peter Pan*," — Jason Nettum (11).

"I think it was when Miss Ness missed eight measures of music while *Peter Pan* was singing; he had to sing a cappella while he was performing," reflected Jessica Turner (10).

"I remember when we were preparing our beards for a play and could not eat, talk (which I, of course, tried anyway), drink or chew gum for five whole hours," reminisced Erin Dusek (12).

"I think it is really neat to have such a gifted dramatic arts department. I hope someday we will see all of these people on television!" exclaimed Angie Larson (12).

"I think it is great that we have so much talent in our school's drama department. I went to both the productions this year and they were really well done", commented Alicia Cheney (11).



2. Thespians Row 1: Debra Frank, Stacie Loegering, Bridget Schue, Stephanie Blow, DeAnna Thulin, Jessica Baker, Gretchen Aaberg and Heidi Grindberg. Row 2: Larry Geffre, Jason Nettum, Wayne LeMier, Kathy Kavli, Trista Frandson, Jana Baumann, T.J. LeMier, Jason Loney, Janice Linnertz, Erin Dusek and Michelle Flom.

4. Drama Club Row 1. Trista Frandson, Stacie Loegering, Heather Borg, Janece Linnertz, T.J. LeMier, Jana Baumann, Jason Loney, Bridget Schue, Wayne LeMier, Row-2. Sherry Sahr, Kathryn Kavli, Debra Frank, Deanna Thulin, Jessica Baker, Gretchen Aaberg, David Dalke, Jessica Turner, Row-3. April Leinen, Kristie Misheski, Stephanie Blow, Jason Welle, Michelle Flom, Larry Geffre, Jason Nettum, Heidi Grindberg.

1. Acting out his part with an air of dominance Jay Schroeder (11) rehearses.

2. Rehearsing his lines at play practice, Eric Speicher (12) delves into his part.

Great performances abound

From Broadway to high school auditorium

The lights dim, the audience quiets, and backstage, the director shouts, "Places, everyone!"

From Broadway production to the auditorium at the old high school, it's the same scenario at the beginning of each play.

This year the drama department put on two plays, *The Man of La Mancha* and *Peter Pan*. The main character in *The Man of La Mancha*, Cervantes, was played by Allan Rust(12). The character of Cervantes was thrown into prison during the Spanish Inquisition. He put on a play for the other prisoners to bide his time before the trial, which makes the production a play within a play. In Cervantes's play, he himself plays the character Don Quixote. The other prisoners play various roles in Cervantes's play. It is unique because of the many dual roles throughout the entire show.

Producer Mary Knox-Johnson along with many of the cast members believes that *The Man of La Mancha* is one of the best shows West Fargo has ever done.

"All of the factors that go into a show worked together in *The Man of La Mancha*. Everyone worked

well as an ensemble, and the script itself was well-written and meaningful. I believe Cervantes is the best role I've ever played," said Allan Rust(12).

The second play that was put on was the children's play *Peter Pan*. Almost everyone knows the story of Peter Pan, the little boy who lived in Never-Never Land and never wanted to grow up.

Larry Geffre played the role of Peter Pan, and Sue Galt played the role of Wendy. The cast was also made up of a few seventh through ninth graders because there weren't enough people from the high school trying out. Having younger cast members worked out well in the end because of the many roles demanding young characters in the play.

For *Peter Pan*, flying equipment was ordered and it turned out to be quite an experience for the cast to learn how to use it. Many people were needed to operate the equipment and the cast had to learn how to maneuver themselves when using it.

By Annmarie Esslinger and Nancy Waggoner



"My most memorable moment in drama was walking out on the stage for the first time opening and seeing all the people and knowing I had the support of a lot of my friends," — Lori Zuetschel(10).

"My most memorable moment in the plays this year was putting up the lights at twelve midnight the morning before opening night," — Corey J. Thompson (10).

"What I remember most is when the audience was so moved by the *Man of La Mancha* that they cried at the end," — Jana Baumann(11).

"My most memorable moment in the plays this year was not turning in my costume for *Man of La Mancha* until April and seeing the look on Knox's face when I turned it in," — Jessica Turner(10).

"While taking down the set after *Peter Pan*, I stepped on a nail, and I couldn't wear normal shoes for a couple of weeks- that's one thing I'll never forget!" — Shannon Warf(12).



1. During dress rehearsal, Peter Pan (Larry Geffre) clowns on stage.

2. Technical director Michelle Flom(12) surveys the stage to make sure everything is in place during rehearsal of *The Man of La Mancha*.

3. Heidi Grindberg(11) concentrates on getting into her character of Dulcinea for *The Man of La Mancha*.

1. The cast of *Peter Pan*, in full costume, casually pose for the camera.

2. Jay Schroeder(11) fans Eric Speicher(12) with a hat after he faints from fear of the crocodile.

3. Eric Speicher(12), Captain Hook, explains to fellow pirate, David Dalke(11), how he intends to kill his enemy Peter Pan.



Pep club Row 1: Wendy Schock, Stacey Thompson, Kim Henke, Rachelle Klein, Jenny Schmidt, Tonia Ronning, Tina Kautzman, Janeen Slaughter, LaRae Lofgren, Mrs. Janice Miller, and Connie Weber. Row 2: Jamie Lund, Jana Baumann, Carrie Severson, Bree Duval, Kristi Setter, Michelle Scott, Jill Sattler, Michelle Duchschere, and Bridget Schue. Row 3: Doni Jo Ramberg, Tonya Hoag, Nina Poole, Rachelle Bohnet, Lisa Braaten, Meredith Meyer, Sarah Edland, and Mary Morris. Row 4: Tonya Fugere, Brenda Ressler, Staci Ellison, Kristi Brager, Jennifer Dressel, Sheila Rasmussen, Jill Martin, Heidi Gust, and Brooke Storrusten. Row 5: Tina Rudolph, Richelle Timmerman, Tamara Johnson, Jody Brandt, Downey Serumgard, Stacy Burckhard, and Sandie Johnson. Row 6: Anglea Sattler, Darcy Braaten, Shelly Hurt, Heather Brand, Marni Zimney, Lia Lubben, Penny Rogne, Pam Rudolph, Cher Gunst, and Alicia Cheney.

Pep club has school spirit

Pep club organizes extracurricular functions

Although many people don't know much about the West Fargo pep club, it does a lot for the school and for its reputation. The pep club usually met twice a month. Even though the club didn't meet very often, they contributed a lot towards backing school spirit.

"I think it's important for a school to have a pep club so that someone supports the teams and shows good school spirit," said cheerleader Staci Ellison (12).

Most people knew that the pep club organizes homecoming every year, but do they know that pep club also coordinated the pep rallies for sports? Besides this, they made posters for sports and arranged for senior appreciations.

Anyone from the West Fargo High School can join the pep club as long as that person has some school spirit.

"I'm in it because as a Packatahna I joined it," commented Michele Willman (11).

Just like other activities, pep club elects officers. The president of the pep club was Kim Henke (12) and following her was Brenda Ressler (12) as vice-president of the club. The secretary of the club was Wendy Schock (11). These are some of the people who were behind West Fargo's school spirit.

By Laurie Anders



1. Showing off her the pom pons, Michele Willman (11) practices one of her routines.



1. Showing off their school spirit, Sheila Rasmussen (12), Tina Rudolph (11), and Rachelle Bohnet (12) do their Packatahna routine with smiles on all of their faces.



TEC Row 1: Brad Lee (10), Dave Samuelson (10), Chris Gourde (12), and Calvin Peterson (10). Row 2: Mr. Jerry Heinz, Erik Moltumyr (10), Kristofer Krogen (12), Mr. Richard Cwikla and Robert Gweynn (11). Not pictured: Derek Fletcher.

"I feel that TEC and VICA are the best Vocational Clubs there are, especially because I am planning on entering NDSU in the field of Mechanical Engineering and then I will be going into the Air National Guard next August. You can learn many things in these classes, you have a lot of friends in there, and you can have fun!" — Chris Gourde (12).

"The vocational classes are a lot of fun and it is a great learning experience for the future if you plan on going into a field of mechanics." — Darrin Wall (12).

"I liked last year better than this year because my grade was better last year, but it's still fun." — Kris Krogen (12).

VICA goes to competition

TEC makes community projects for everyone

Meeting together on some Saturdays, the nine Vocational Industrial Clubs of America (VICA) members worked on their projects. The club entered in the state skills Olympics and placed first, second, and third.

"I feel that TEC and VICA are the best vocational clubs there are. You learn many things during class but you can have fun at the same time," commented Chris Gourde (12).

The Technology Education Club (TEC) consisted mainly of six to eight ad-

vanced woods students. Besides working on their projects, the club did some fundraising in order to have special treats after school.

"The club is great. You don't do much of anything, but you get pizza and donuts," said Kris Krogen (12).

In the past, TEC has built items for West Fargo High as well as for the community and for themselves.

By Laurie Anders



VICA Row 1: Jason Debbing, Jarrod Hehr, Troy Olson, Tony Sakrismo, and Mr. Jerry Nordstrom. Row 2: Matthew Folstad, Jeff Sorlien, Scott Anderson, Chad Nelson, Michael Menschel, and James Nelson.



1

Three place at state.

Off to Florida they go.

The West Fargo DECA (Distributive Education Clubs of America) chapter took three people to the National DECA conference in Orlando, Florida, April 25-30.

During competition the participants were evaluated with a written test and two case problems about their event. With eighteen Class "A" schools participating in the state conference the pressure was on too.

The following people placed overall at the state conference, which was held in Minot on March 19-21: Kari Anderson (12), first place overall in Apparel and Accessories; Joel Milton (12), third place overall in General Marketing; and Jesse Schmidt (11), second place overall in Food Marketing. Kari and Jesse along with Mr. Anderson went onto compete at the national level. Amy Grotte (11), second place on the

written test in Full-service Restaurant Marketing; Sheila Rasmussen (12), third place communications in Quick Serve Restaurant Marketing; Darcie DeBolt (12), third place operations in General Merchandise.

Other participants in the state meet were Terry Vareberg (12), General Merchandising; Brian Henning (12), Finance and Credit; Lisa Schumacher (12), Apparel and Accessories; and Chad Roeder While they were at state they did more than compete.

"I went shopping and got a nasty practical joke played on me while I was gone, right, Steve?" said Kari Anderson (12).

Overall the DECA chapter did good and some were rewarded by going to Florida.

1. Displaying their awards, Bucky Milton, Jesse Schmidt, Kari Anderson, Amy Grotte, Sheila Rasmussen and Darcie DeBolt, allow themselves to be recognized for their achievements at state. Bucky, Jesse and Kari went onto compete at nationals.



1. Taking time out to joke around with Terry Vareberg, Mr. Steve Anderson makes sure everything is ready for another opening of the Packer Connection. Terry is just one of the students who worked in the store during study hall.

2. After winning their awards at DECA state, Jesse Schmidt and Kari Anderson show their great enthusiasm.

"My most memorable moment was when the representative from Sears put the first place overall medal on my neck for Apparel and Accessories" — Kari Anderson (12).

"My most memorable moment was when I was so nervous at my first role-play situation" — Terry Vareberg (12).

"My most memorable moment was when I gave my campaign speech in front of all the voting delegates" — Jesse Schmidt (11).

"My most memorable moment in DECA was when I watched the faces of my students when their name was called as one of the three top participants in their event" — Mr. Steve Anderson (DECA adviser).

"My most memorable moment was when I had to work in the Packer Connection period seven for a week because no one could work" — John Crandall (11).



Row 1: Sheila Rasmussen, Sandra Johnson, Doni Jo Ramberg, Christie Schatschneider, Jody Brandt and Kari Anderson. Row 2: Tina Kautzman, Janeen Slaughter, Amanda Melhoff, Brenda Schmidt, Brenda Ressler and Jami Eckhoff. Row 3: Toni Hoag, Ann Saindon, Barb Allrich, Kristi Fischer, Jason Wadell, Aaron Enzinger and Jason Justensen. Row 4: Jesse Schmidt, Darcie DeBolt, Lisa Holte, Shane Tibitowski, Rick Stockert, Derrick Gothberg, Cory Rogne and Mr. Steve Anderson.

2

NHS, JETS recognize academic achievements

'We think; therefore, we are'

"I was very proud to be a part of the National Honor Society. The NHS is an excellent organization. Mr. Mithun is the key to our successful NHS at West Fargo High," explained Nancy Pulczynski (12), local NHS president.

The members projected their energy in 1988-1989 toward earning money for the National State Convention held in Grand Forks. The state presidents from schools around the United States attended.

"It was really neat going out of state because I met people from all over," said state president Lia Lubben (12).

Lia and all the members of the NHS must have a grade point average of at least 3.0 and write an essay on why they would like to be part of NHS. The criteria for membership includes scholarship, leadership, service and character. New members are chosen every spring, and a candle-light installation and reception takes place in

early May.

Although the Juniors Engineering Technical Society (JETS) doesn't receive as much recognition as NHS, the organization was based on the students' academic achievements also. Mr. Mark Wagar was the JETS adviser. Each year the members compete in the subjects of mathematics and many different sciences.

"I took the biology and the chemistry tests. The biology test wasn't bad, but it's been a while since I took the class. The chemistry test was like stuff you would get in college," explained Mark Rudell (11).

Both NHS and JETS are organizations attempting to give the students the opportunity to broaden their horizons and to challenge themselves academically.

By LeAnn Fonder and Tanya Kellerman



1



JETS Row 1: Mr. Mark Wagar, Debra Frank, Gretchen Aaberg and Mark Beiriger. Row 2: Wendell Hertzelle and Jeffrey Eggers.

1. Preparing for a test in her senior English literature class, Monica Nelson (12) spends a few minutes checking over her notes.
2. Serious about his studies, Keven Kercher (11) uses his study hall to work on an assignment.



2



1

1. Representing both good scholarship and sportsmanship, Nancy Pulczynski (12) and Annmarie Esslinger (12) give each other a friendly hug in the locker room.



Row 1: Nichole Retterath, Keri Rosene, Debbie Nanitt, Heidi Gust, Nichole Chapek, Erik Gunderson, Mark Rheault, Joshua Wilson, Danelle Udem, Michelle Scott, Jennifer Dressel, Debra Frank, LaRee Hahn, Nancy Pulczynski, and Rachelle Bohnet. Row 2: Alicia Cheney, Julie Belling, Robin Mullenberg, Jennifer King, Michele Willman, Dawn Vail, Theodore J. LeMier, Deanna Thulin, Gretchen Aaberg, Wendy Schumacher, Jennifer Thompson and Monica Nelson. Row 3: Christie Wilm, Trista Frandson, Stacie Loegering, Jessica Baker, Janece Linnertz, Kristen Chartier, Terry Steen, Laura Maurer, Darcie DeBolt and Christopher Gourde. Row 4: Paul Vigen, Pamela Freedland, Jason Loney, Chad Olson, Jason Nettum, Kathryn Kavli, Sherry Sahr and Ann Saindon. Row 5: John Hahn, Wayne LeMier, Wendell Hertzelle, Christopher Helmick, Shane Hoffman, Jana Baumann, Chad Martin, Mark Beiriger, Allen Rausch, Darrin Gillette and Aaron Bergstrom. Row 6: Gregg Lura, Mark Rudel, Patrick Aaberg, Shannon McKinnon, Lisa Braaten, Brian Keller, Karl Hammerstrom, Shane Saari, Eugene Filley and Eric Nilles. Row 7: Keven Kercher, Stephanie Nogosek, Stacy Burckhard, Jodi Worrel, Gregory Nelson, Terry Babb, Brian Henning, Elizabeth Schwartz, Ryan Hanson, DeAnn Hallett, Jason Justesen and Bradley Robideau. Row 8: Jamie Lund, Wendy Schock, Connie Weber, Jennifer Schmidt, Marni Zimney, Lia Lubben, Annmarie Esslinger and Melinda Weber.

"I think it is an honor to be in NHS, and the egg drive is great fun. I regret there aren't more people actively involved in the organization," said Debra Frank (12).

"I remember the Egg Power Drive last fall. I was in a fancy house and the woman had paid for her egg. I picked it up and the egg broke all over the wooden floor. I was so embarrassed!" said Lia Lubben (12).

"The thing I remember most was being given one of Paul Simon's bow ties," said Brad Robideau (12).

"I liked being inducted with all the candlelight services. We listened to people sing and recite scriptures," said Chad Olson (11).

"The NHS installation service was a unique experience unlike any other," said Lisa Braaten (11).



2

2. Preparing for graduation, Mark Beiriger (12) and Nellie Udem (12) meet with the Jostens representative for information on caps, gowns and tassels.

Council deals with issues

"Chemical free is how I'll be" shapes future

The student council worked very hard to make the West Fargo High School a "chemical-free" environment, and they also spoke out on student concerns.

"I liked being on the student council because I got to discuss many student concerns with the administration and the rest of the council," said Nancy Pulczynski(12).

Last year, the council supplied the students of the high school with many chances to show their spirit, participation, and help for their community. They organized the school's annual blood drive, the Snowball Dance, the fall coronation, and the Christmas party for the students and faculty. Besides all of these events, they also decided where to donate the money from the pop machines in the commons. Sometimes the money went to a small organization in the school, and other times it went to a needy group in the West Fargo community.

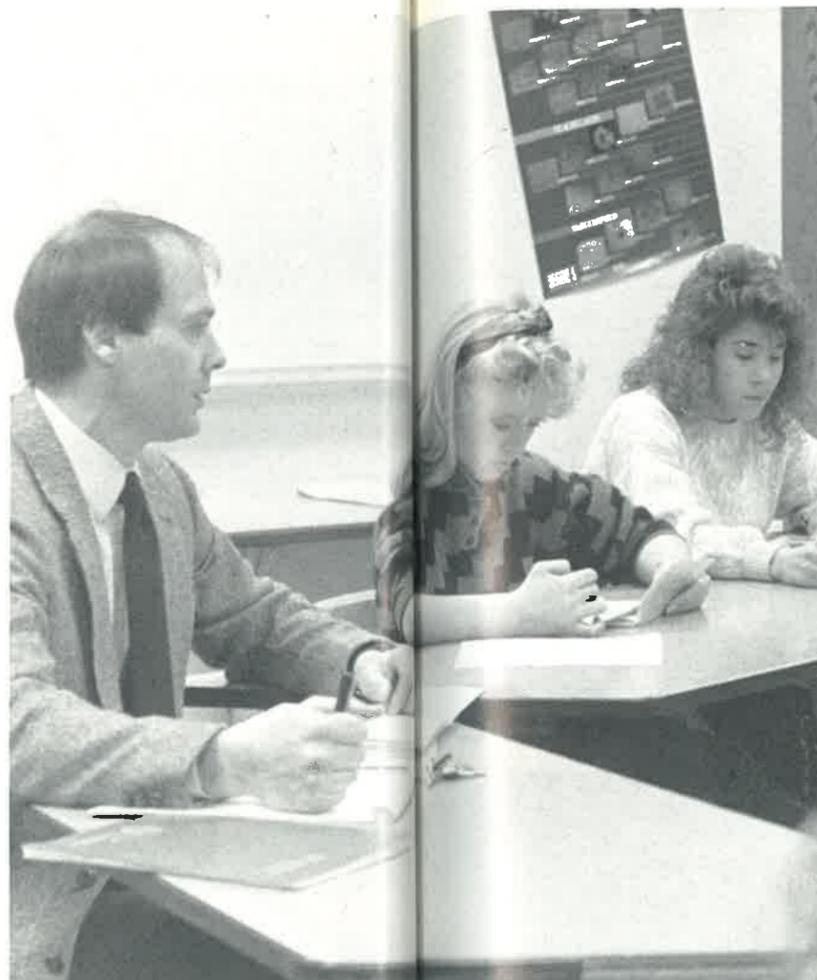
"I liked being on council because we got to make lots of decisions, like when we decided where to go for a pizza party at the end of the year," said Tom Potter(12).

There were four officers on the council this year who planned and ran the agenda of the meetings. Lia Lubben(12) was the president; Wendy Schock(11), vice-president; Michelle Duchschere(10), secretary; and Tom Potter(12), parliamentarian.

"I think that being on student council was a really great experience because we helped a lot of people out, and we got out of class," said Jesse Schmidt(11).

The student council also sponsored the Snowball Dance. During this festive occasion, the council used the slogan "Chemical Free is How I'll Be."

By Jason Loney



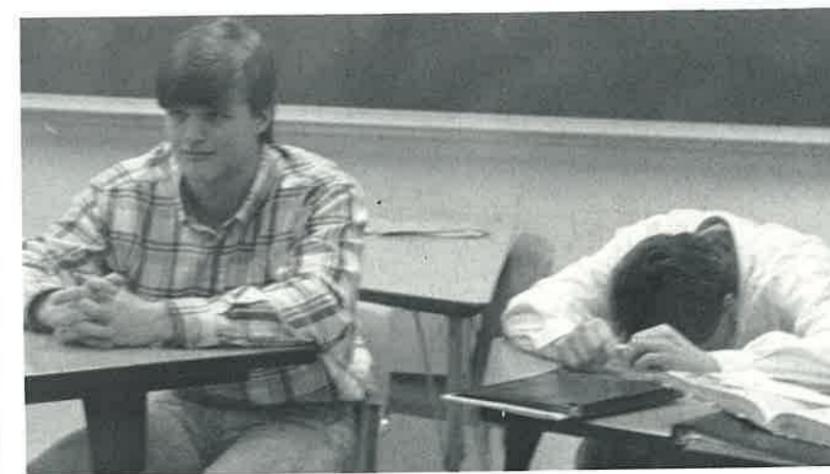
"A golden moment the student council had was grass diving during the rainy volleyball game," remarked Lia Lubben (12).

"Student council has been really fun this year. We planned a dance along with DECA and it went really well. We are all like one big family when we have student council meetings. We all get along well," replied Nancy Pulczynski (12).

"Students dealing with student concerns helps the administration realize that our needs are important," Jesse Schmidt (11).

"My favorite part of student council is when we go out for pizza at the end of the year," stated Tom Potter (12).

"Being in the student council is really great because we help people, but most of all we get out of class," remarked Jesse.



1. Stuart Campbell (11) listens intently as Jason Justesen (12) catches a few minutes of sleep during one of the student council meetings.



2. President Lia Lubben (12) and Marni Zimney (12) take note as Mr. Don Hulbert conducts one of the many student council meetings, and brings them all up to date on the upcoming events to take place in the following weeks to come before their next meeting.

2. Jesse Schmidt (11), Jaci Bergeron (10), and Clint Schmidt (10) hang on every word that is said during the last student council meeting in preparation for the upcoming events that will be held this month at WFHS.



Student Council Row 1: Alicia Cheney, Jason Justesen, Troy Sauvageau and Michelle Duchschere. Row 2: Marni Zimney, Doni Jo Ramberg, Julie Richard and Jaci Bergeron. Row 3: Lia Lubben, Wendy Schock, Nancy Pulczynski and Heather Brand. Row 4: Travis Paepfer, Jason Kujanson, Jesse Schmidt, David Patterson. Row 5: Clint Schmidt, Stuart Campbell and Tom Potter.



Class Officers Bottom to Top: Nancy Pulczynski (12), Dave Patterson (12), Mark Beiriger (12), Danelle Udem (12), Doni Jo Ramberg (11), Tonya Hoag (11), Stacie Loegering (11), Valerie Pulkrabek (11).

They speak for all

They want to represent the class.

"What do you do during those meetings, anyway?" is a question often asked to a student rep. Many students may not know what a class officer is, but they play a very important role in the high school. They are the students' voices in what the majority wants and how it wants things done.

"We are presented with problems and are asked to input our ideas and the class opinions on the subject," remarked Danelle Udem (12).

Even though work goes into it, the class officers enjoy what they are doing.

"I really enjoy being a class officer because I can play an active role in my senior class," stated Nancy Pulczynski (12).

Often times, not exactly known for what they do, the class officers play an important role, and without them the student body may not be heard.

By Julie Foeltz

"Going home when the bell rings at the end of the day was a very rare and memorable moment for me!"—Jodi Olson (11).

"I will always remember getting a first-class rating for the 1987-88 yearbook, and meeting every one of the newspaper deadlines and my son Seth's getting a 'future editor' sweatshirt from the class,"—Mrs. Rosin.

"From a phrase coined by my co-editor 'this class is quite challenging!'"—Michele Willman (11).

"When I first signed up for this class, I knew it wouldn't be a blow-off, but I didn't think that I would be running around like a chicken with my head cut off!"—Erin Dusek (12).

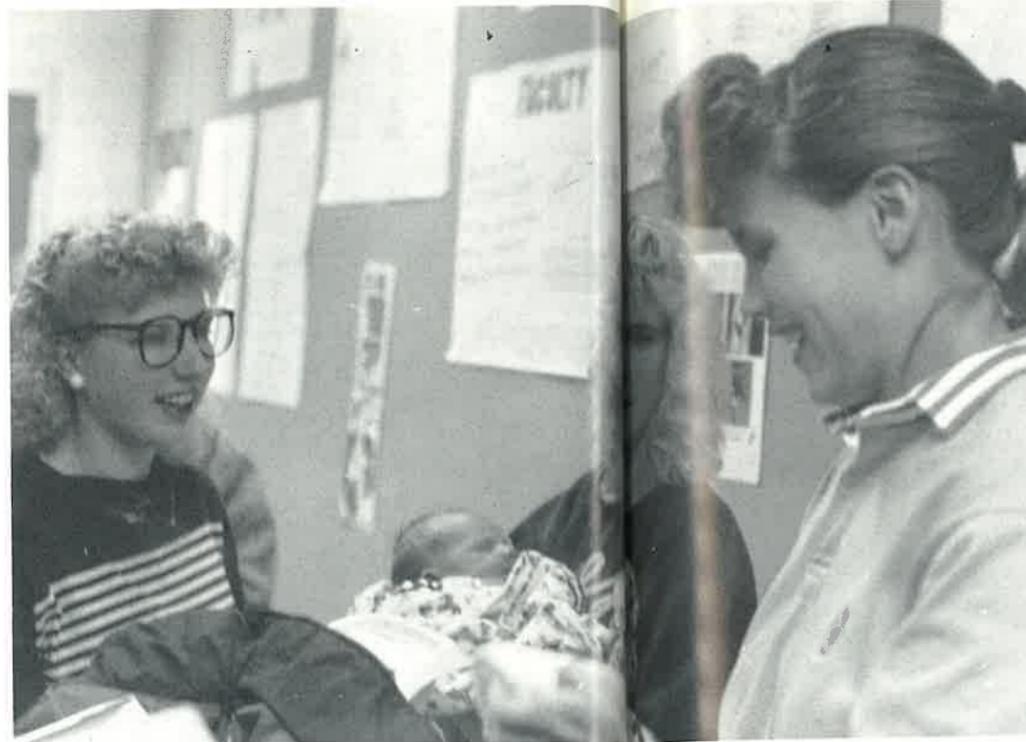
"My golden moment was getting the opportunity to be a part of all of this chaos!"—Michelle Wymer (12).

"The satisfaction of knowing that I had a part in making a first-class yearbook!"—Dawn Vail (11).

"I will always remember staying after 'til 6:00 to meet a deadline and coming in the next day even when we didn't have school to finish,"—Nancy Waggoner (12).

"Working with the staff day after day gave me the opportunity to make many new friendships,"—Jennifer King (11).

"The night we did layout 'til 8:00 and getting to know the personal side of the editors,"—LeAnn Fonder (11).



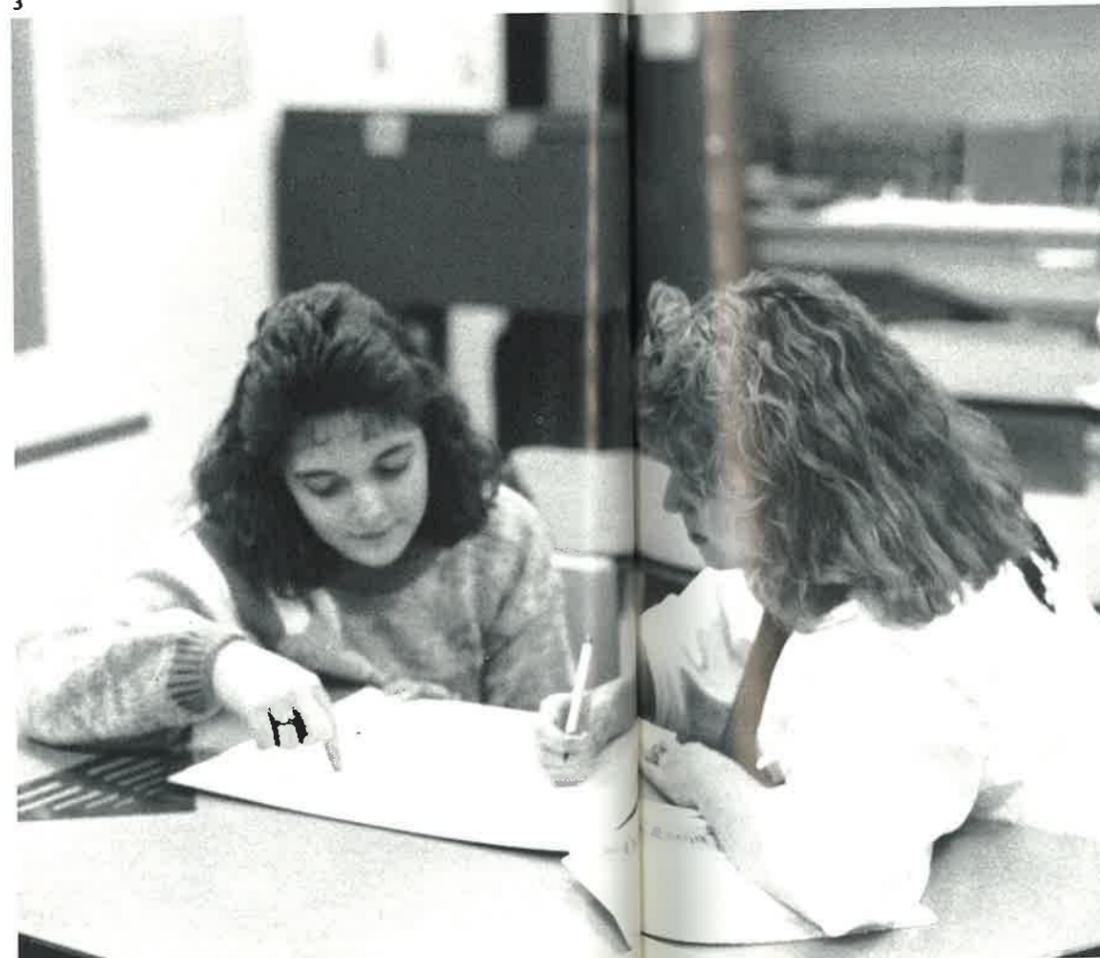
Left to right: Nancy Waggoner, Annmarie Esslinger, Erin Dusek, Wendy Heinz, Julie Moffett, Kristi Horn, Julie Foeltz, Tracy Schaefer, Dawn Vail, Michele Willman, Jennifer King, Jodi Olson, Jesse Godfredson, Laurie Anders, Beth Schwartz, Gina Grueneich, Tanya Kellerman, Krista Novotny, LeAnn Fonder. Center: Wayne LeMier, Jason Loney, Michelle Wymer. Not pictured: Tara Aarestad.



2
1. Jennifer King (11) patiently explains a few layout procedures to Julie Moffett (10).

2. During the early morning hours of a vacation day, LeAnn Fonder (11) and Dawn Vail (11) concentrate on selecting the 'perfect' photo.

3. During the Publications class Christmas party, Mrs. Liv Rosin, yearbook and newspaper adviser, proudly watches as newspaper editors Michelle Wymer (12) and Michele Willman (11) fuss over her two-month-old son, Seth Daniel.



Students deal with deadlines

Stressful situations build character for everyone

Deadlines, deadlines, deadlines—students deal with these all throughout high school, but students in the publications class wake-up from the horrible nightmares caused by these deadlines.

Some students think publications class can be described as a blow-off class, but that's not how the students participating in the class feel.

"This class is far from being a blow-off class. I do more work, meet more deadlines, and learn more new things than any other class," stated Jennifer King (11).

During the first semester many new sophomores tried their hand at writing and layout. The second semester was made up of all girls.

"Because it was made up of all girls it gave us a better chance to become friends," commented Dawn Vail (11).

One major highlight of the year for the class happens to be NIPA. NIPA stands for Northern Inter-

scholastic Press Association. Students compete by writing stories and doing layout for both categories of newspaper and yearbook.

"The best thing about NIPA was the fact that I learned a great deal in a short amount of time," said Michele Willman (11).

The 1988 yearbook received a first class rating. Mrs. Rosin summed up her feelings about the rating.

"I assumed we would have a first class rating because everyone worked really hard," she said.

The past year proved to be a good one for the PACKER newspaper as well. Students met every deadline and more issues were put out than any other year.

"This year wasn't as painstakingly stressful as in past years because we were more prepared and most of the staff had been with us the year before," commented Jodi Olson (11).

Prepares students for future

Speech team challenges its members

Speech not only helps students increase their talent in giving speeches, but helps prepare its team members for the future.

Mrs. Mary Sherman explains what she thinks are the two main aspects that speech teaches its members.

"Being a member of speech team helps people to learn self confidence and poise that will help people in the business world. Two, it helps people to learn to put their thoughts together in a logical coherent way," stated Sherman.

Sherman wasn't the only one who felt that speech prepares students for their careers.

"Speech has made me a more open person. It is easier for me to talk to people that I have just met. Many people are asked to give speeches in their careers. If they haven't had any speech experience it will be very difficult for them, but if they had speech in high school or in college, then they will be more experienced in that area," stated Michele Willman (11).

The speech team started out small, but eventually doubled their membership.

"We started out a small team, but placed very well with good results in the early tournaments. In the middle of the year we competed in the three major college tournaments. With the high number of competitors we did not do very well. We picked up steam towards the end of the year when we about doubled our membership. So, we were able to fill every category that we were eligible for. I just wish that in future years more students will join speech," stated Sherman.

For one senior this was a great year but she was sorry it had to end.

"I have been in speech for two years, and it has been a very thrilling season, and I am exuberantly excited that I made it to state, although I am very sorry that my high school speech years are over," exclaimed Erin Dusek.

By Nancy Waggoner



1. As Jason Loney (11) enthusiastically recites his humorous interpretation, T. J. LeMier (12) ponders his point.
2. While gesturing with her script, Michele Willman (11) energetically practices her dramatic reading.
3. Drawn into character, Kathy Kavli (11) smiles while concentrating on her speech just before a major tournament.



Row 1: Erin Dusek, Debra Frank, Laree Hahn, Michele Willman and Jessica Turner. Row 2 Kathy Kavli, John Hahn, T.J. LeMier and Ericka Harrold.

Debra Frank (12) and Erin Dusek (12) dramatically practice a duo.



"My most memorable moment for myself was when I took first place in extemporaneous reading at the EDC tournament at Fargo North. I think the best moments for the team were sending almost half the team to the state competition in Grand Forks, and having four people receive awards there. The West Fargo speech team had not done that well at a regional or state competition for several years,"—Michele Willman (11).

"My most memorable moment of speech was the time in Moorhead when Mrs. Sherman couldn't open the door to the bus. Also when we did great at the Wahpeton meet, and almost every member made it to the final round,"—T. J. LeMier (Lance Sterling).

"My most memorable moment was when Mrs. Sherman called me up at 10:30 the night before our Wahpeton tournament and begged me to triple enter, and to take Ericka Harrold's humorous placement. When we got there I made the finals in all my events,"—Erin Dusek (12).

"The golden moment of my speech season was when I swept the first two rounds of radio and humorous during my first meet ever. The best part about it was when I took third radio and whipped Erin's Bonnie blue in humorous in the finals,"—Jason Loney (11) (the sensuous angler).

Colorado welcomes FBLA

Students show off business skills at convention

For many organizations the farthest the students could get away from West Fargo for a group activity would be Minot or Minneapolis. This was not true for all clubs, though.

The highlight of the year for students in Future Business Leaders of America (FBLA) was a trip to Colorado for the National Fall Leadership Conference Nov. 16-20. Although the cost was initially \$180, students had the chance to lower the price of the trip by selling posters. For each one a student sold, he or she lowered the price of the trip one dollar.

Even though the students attended various workshops and meetings, they were able to go to the movies or to dances held nightly.

"Going to Colorado was very exciting," commented Andrea Weeding (10).

Other activities that FBLA were in-

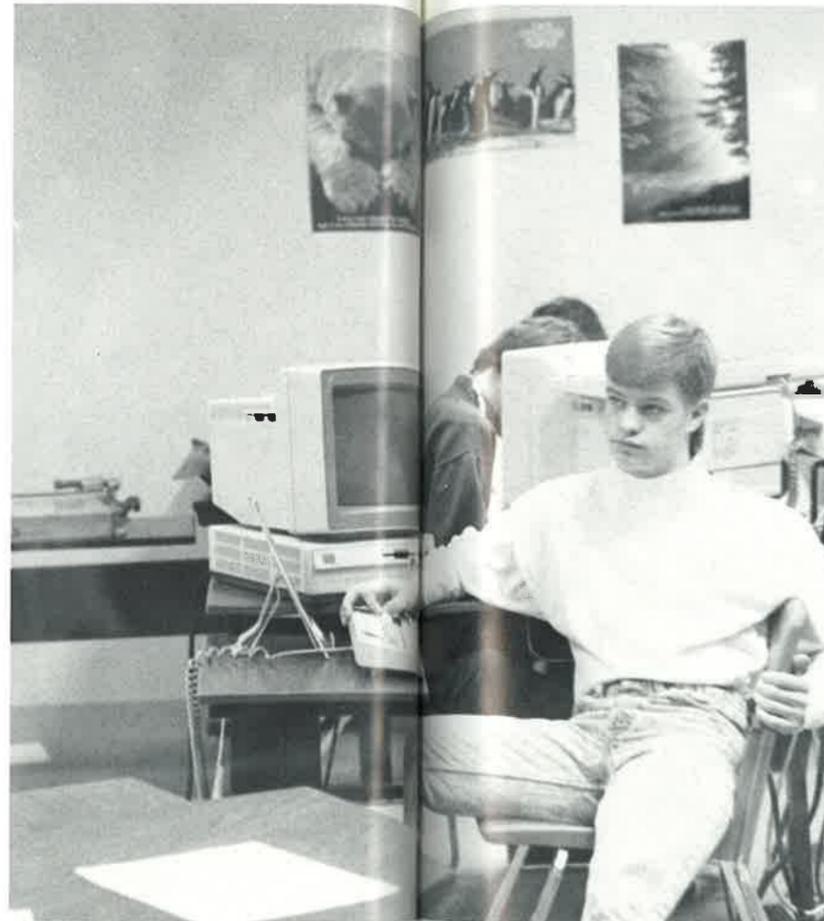
cluded holding a dance with the West Fargo Key Club and raising money by selling M & M Candies for a trip to the Bismarck state conference.

FBLA had many opportunities for students. It allowed them the opportunity to meet and work with business people, and it informed students of possible career opportunities. In addition to this, FBLA helped students develop leadership skills.

"This club requires an interest in business and a desire to succeed in the business world," explained Jason Wells (10), who won a state FBLA election

From meetings to fund raisers to trips, FBLA had many interesting and exciting things to offer the students during the year.

By Gina Grueneich



1

"The most memorable moment for me was being elected as the president of the Future Business Leaders of America. I also remember going to Show Biz Pizza because we played some really fun games and ate lots"—Jason Wells (10).
 "Being elected an officer was the most memorable"—Brenda Carlson (11).
 "Becoming a Packatahna made me proud to join West Fargo's Pep Club"—Michele Willman (11).



FBLA Row 1: Terry Steen, Traci Schmidt, Lisa Schumacher, Shellee Rinesh, Sherrie Erdmann, Angie Larson, Teresa Jenner and Angie Porter. Row 2: Mrs. Karen Hanson, Melanie Rohrich, Rhonda Rustad, Jason Wells, Den Bergeron, Tiffany Leach, Julie Belling, Shane Hoffman, Sarah Edland and Paul Vigen. Row 3: Andrea Weeding, Corey Degenstein, Jason Nettum, Brenda Carlson, Sherri Randall, Stephanie Nogosek, Brian Frank, Michelle Quam and Chris Helmick.

1. "Taking care of business . . ." During an early morning FBLA meeting, Corey Degenstein (11) does his best to stay awake by tapping on the IBM computer keyboard.



Pep club back row:Angela Sattler, Darcy Braaten, Shelly Hurt, Heather Brand, Marni Zimney, Lia Lubben, Penny Rogne, Pamela Rudolph, Cher Gunst, Alicia Cheney. Row 2:Tina Rudolph, Richelle Timmerman, Tamara Johnson, Jody Brandt, Downey Serumgard, Stacy Burckhard, Sandie Johnson. Row 3:Tonya Fugere, Brenda Ressler, Staci Ellison, Kristi Brager, Jennifer Dressel, Sheila Rasmussen, Jill Martin, Heidi Gust, Brooke Storrusten. Row 4:Doni Jo Ramberg, Tonya Hoag, Nina Poole, Rachelle Bohnet, Lisa Braaten, Meredith Meyer, Sarah Edland, and Mary Morris. Row 5:Jamie Lund, Jana Baumann, Carrie Severson, Bree Duval, Kristi Setter, Michelle Scott, Jill Sattler, Michelle Duchscher, and Bridget Schue. Row 6:Wendy Schock, Stacey Thompson, Kim Henke, Rachelle Klein, Jenny Schmidt, Tonia Ronning, Tina Kautzman, Janeen Slaughter, LaRae Lofgren, Mrs. Janice Miller, and Connie Weber.

School spirit and Pep Club

Pep club organizes school dances, senior appropriations and adds school spirit

Most people don't know much about the West Fargo pep club. The pep club usually met every two weeks or twice a month. Even though the club didn't meet very often, they coordinated much of West Fargo's school spirit.

The pep club organizes homecoming every year. Also, they coordinate the pep rallies for our school's activities. Besides arranging for the pep rallies, they also make posters for them as well.

Anyone from the West Fargo High School can join the pep club as long as that person has a little bit of school spirit.

"I'm in it because as a Packatahna I joined it," commented Michele Willman (11).

In the 1988-89 school year the club arranged for homecoming and for senior appropriations.

Pep club has officers like other clubs. The president of the pep club is Kim Henke. Brenda Ressler is the vice-president and the secretary of the club is Wendy Schock. These are the people who give West Fargo all of the school spirit that they have.

By Laurie Anders



Don't look so enthused, Barb! Barb Allrich gives a cheer for the junior varsity wrestlers.



1 Foreign Exchange Club Row 1: Jessica Tufte, Paivi Aho-Pynttari, Bridget Murray and Ami Taveirne. Row 2: Michelle Jendro, Sheryl Holter, LaRee Hahn, Tonia Miller, Lori Zeuschel and Tamara Tingum. Row 3: Mrs. Mary Soehn, Christel McNamara, Lisa Peterson, Mark Beiriger, Tammy Otterstetter, Vicki Kovash and Mr. Ron Dahley.



2 Foreign Language Club Row 1: Clint Armstrong, Alicia Cheney, Bree Duval, Jill Sattler, Pam Freedland, Amy Senger, Tammy Otterstetter, Michelle Duchscher, Julie Foeltz and Aaron Lofgren. Row 2: Jason Loney, Brian Fobes, Stephanie Nogosek, Mrs. Alicia Bata, Mark Beiriger, Kristen Grande, Angie Daniels, Kim Hammer, Mara Gustofson and Val Pulkrabek.

"I liked it when Shawn Kuck and Dub Wadell threw Mrs. Bata in the Mediterranean Sea with all her clothes on." — Johnell Prindiville (11)

"It was funny when Johnell Prindiville couldn't figure out how to flush the toilet." — Carrie Severtson (11).

"The most memorable part was when Brian Fobes and I were locked in an elevator with a bald guy with funny looking sandals." — Brian Pearson (12)

"I remember going to Tangiers and fighting off the market people." — Brian Fobes (12)

"When some guy came up to me and slashed my bag to try to steal it from me, I took it away from him." — Stephanie Nogosek (11)



Spanish trip brings memories

Some students wish they could go back

What happened to a handful of students and a Spanish teacher last November? Did they all come down with a deadly disease at the same time and miraculously recover at the same time? No, they all went on a trip to Spain.

When Mrs. Bata and thirteen of her Spanish students went to Barcelona, they visited the site for the 1992 Summer Olympics. In other cities, they visited museums and castles.

"I liked the visits to the Royal Palace, the Monastery of El Escorial, and the Castle of Segovia which is the castle Walt Disney modeled the castle at Disneyland after," stated Mrs. Alicia Bata, the Spanish teacher.

The group also took a ferry boat over to Tangiers, Morocco, in Africa, where they did some bargaining and had their pictures taken on top of a camel.

"Tangiers was fun. It was like a different world," said Johnell Prindiville (11).

Some of the people remembered the plane ride the best.

"I think everyone will remember seeing Michael Rapp, one of the Chippendales, on the plane," replied Michelle Scott (12).

Spending time with real honest-to-God Spanish people was fun for some.

"It was great when we had a water fight with some Spanish guys in Retiro Park in Madrid," replied Brian Fobes (12).

During the trip a few people had trouble finding their luggage.

"We thought our luggage was stolen at one time, thanks to Jamie Hodgson," said Carrie Severtson (11).

The students also learned about the culture.

"I think that the kids will remember how friendly the Spanish people were. If asked if I would ever take this group to Spain again I would have to say, you bet your booties I would take them again," summed up Bata.

By Beth Schwartz

3. Traveling by ship, Jamie Hodgson (11) tries on his new hat that all the guys bought in Africa.

4. After checking into the motel, Michelle Scott (12) takes a breather at a little park stop on their first day in Spain.

5. Jill Sattler (11), Wendy Schock (11), Val Pulkrabek (11), Carrie Severtson (11), Jamie Lund (11) and Brian Pearson (12) take time for a bite to eat while in Africa.

Key Club work reaps rewards

Students help out by offering their services

"Key Club work is rewarding. It makes me feel good to have helped someone," stated Dawn Vail (11).

Key Club is a community service organization. It is about helping others. The Key Club volunteers its services to raise money or just help out. The West Fargo Key Club participated in many projects over the year. In the fall, all of the Fargo-Moorhead area Key Clubs held a car wash to raise money for the Dorothy Day House, a shelter for the homeless. Some of the members became involved in the adopt-a-grandparent program at the Villa Maria Nursing Home.

"When I gave a Christmas present to my adopted grandpa, Walter, the look on his face made me feel good to know I had made his day a little better," expressed Jennifer King (11).

In December, some of the members went door-to-door to raise money for Yonker's Farm, the hands-on children's museum, and also to collect food for the F-M Food Pantry. The Key Club's district project was the St. Luke's Children's Hospital.

The Key Club held fund raisers to send its members to the Fall Rally

in Spicer, Minn. and to the Spring Convention in Minneapolis, where members attend seminars and have a good time. The Spring Blast Dance at the high school was sponsored by the Key Club along with the Future Business Leaders of America.

In order to increase membership, bananas were sent to some students in homeroom inviting them to a banana split social after school.

Nina Poole, the Key Club President, presided over the meetings this year. Rachele Bohnet served as vice-president, Jana Baumann as secretary and Jenny Dressel as treasurer.

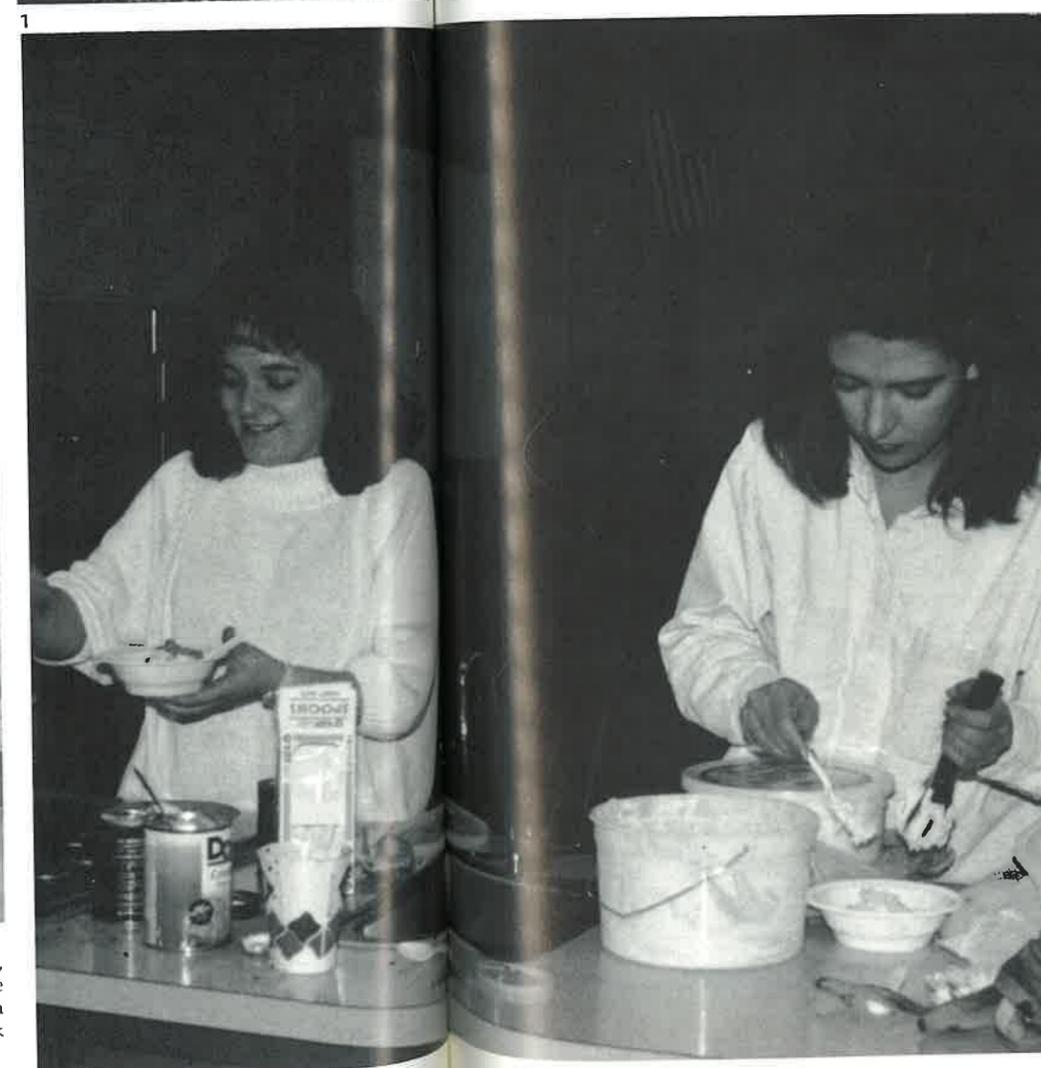
"It's a privilege being an officer because it's the most active club in the school, and we do a lot of good things around the community," said Jana Baumann (11).

The international theme for Key Club is 'Celebrate Excellence', and that is what Key Club is all about. "Trying your best to help others is what celebrating excellence means to me," summed up Beth Schwartz (12).

By Annmarie Esslinger



Key Club Row 1: Rachele Bohnet, Jennifer King, Jenny Dressel, Jana Baumann, Teri Steele, Mrs. Ann Shellack and Nina Poole. Row 2: Shellee Riness, Nancy Waggoner, Annmarie Esslinger, Wendy Heinz, Downey Serumgard, Sheila Zerr, Paivi Aho-Pynttari, DeAnn Hallett and Christy Beigler. Row 3: Dawn Vail, Jamie Lund, Angie Sedevie and Mark Beiriger.



1. Key Club Adviser, Ann Shellack, is caught finishing off the rest of the ice cream at the Banana Split Membership Drive.

2. Rachele Bohnet (12) and Jana Baumann (11) sell hot dogs at Sunmart for the Villa Maria Nursing Home.

"The look on people's faces when I gave them a banana in homeroom to invite them to our Banana Split Membership Drive is what I remember best," — Rachele Bohnet (12).

"I remember working at the concession stand for Key Club, I couldn't add under pressure so I ended up charging some people too much and others not enough," — Sheila Zerr (10).

"The most memorable moment is also the most embarrassing. During the Yonker's Farm fundraiser, we had to wear yellow hard hats going door-to-door," — Wendy Heinz (12).

"I remember going to convention and seeing the enthusiasm of all of the young Key Clubbers and hearing about all of the work they have done to contribute to their communities," — Mrs. Ann Shellack.



3. Scooping out ice cream and piling on the toppings are Jennifer King (11) and Kelly Baasch (11). Creativity was a key factor at the membership drive, where students made their own banana splits with the many toppings brought by the Key Clubbers.

4. Getting down and dirty, club members Nicole Voss (10), Jana Baumann (11), Angie Sedevie (10), Sheila Zerr (10), Paivi Aho-Pynttari (12) and Jennifer King (11) wash cars in the Hornbachers parking lot to benefit the Dorothy Day House.



Row 1: Tina Rudolph, Lisa Braaten, Mary Alstad, Rachelle Bohnet, Tammy Richter, Kristi Setter and Kristi Brager. Row 2: Jill Sattler, Tina Kautzman, Heidi Gust, Michele Willman, Mary Morris and Tonia Ronning. Row 3: Rachelle Klien, Brooke Storrusten, Coach Jane Holland, Bridget Schue and Sheila Rasmussen.

Squad recalls highpoints

"The effort was really worth it."—Heidi Gust

The Packatahnas experienced a year of change, including receiving a new adviser this season, Mrs. Jane Holland.

"Our coach was really enthusiastic about the squad," stated Rachelle Bohnet (12).

For some people performing in front of a crowd isn't easy.

"The first time we performed this year, I was really excited because I wanted us to do good, but I was also very nervous," said Heidi Gust (11).

However, after the music started, some of the nervousness went away.

"When the crowd starts clapping, it

makes everything so much better and more fun. I thought that all the effort was really worth it," said Heidi.

One of the Packatahnas explained her high point of the season.

"My most memorable performance was when I messed up really bad at boys' basketball state," commented Rachelle.

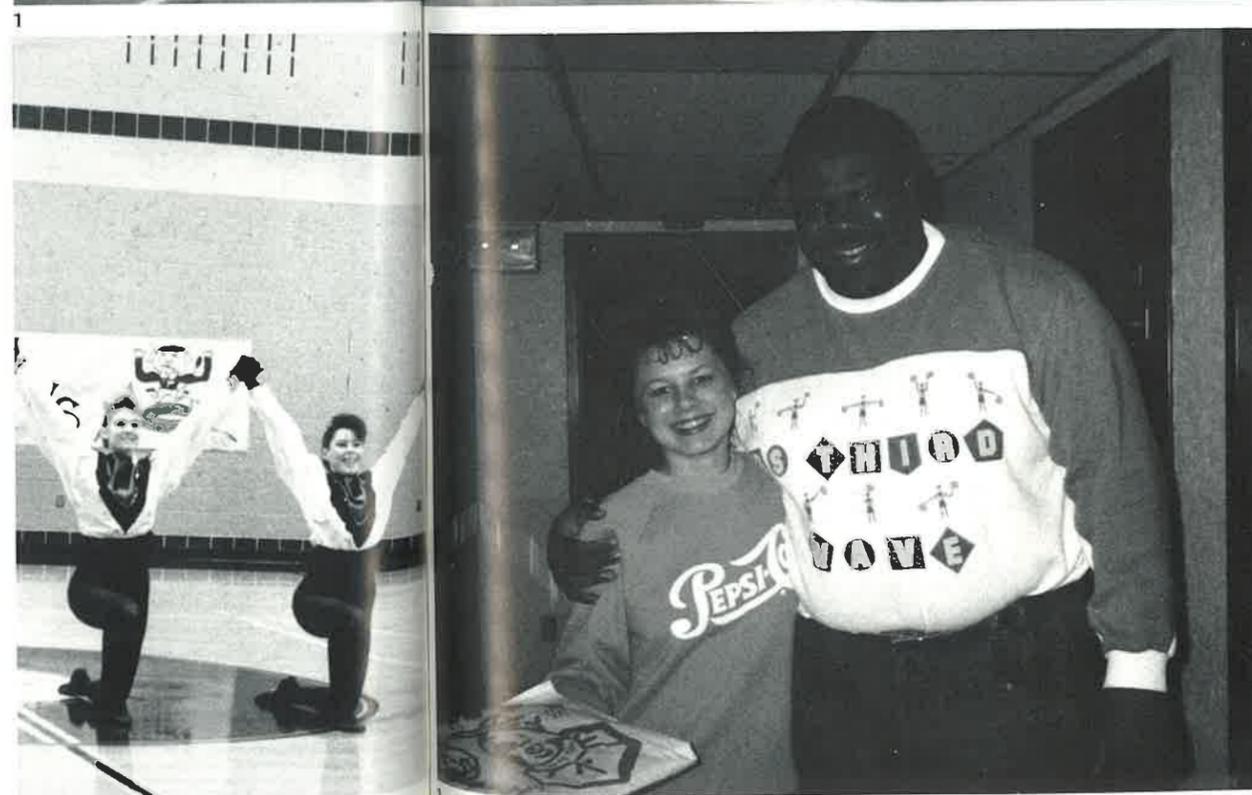
State competition was held on Feb. 10 and 11 in Jamestown. The team took eighth place out of ten teams with a routine that was made up of by the senior Packatahnas.

"The girls improved — that's what's most important," said Holland.

By Tara Aarestad

1. Performing at a school Pep Rally, the Packatahnas look up in the air, while performing to "I Would Die For You" by Prince.

2. At the end of a routine, Tammy Richter (12) and Kristi Setter (11) look at the crowd with a smile.



"My most memorable moment was when Mary Alstad and I got locked up in our hotel room at boys' basketball state. We tried so hard to get out, but we always got caught," stated Tammy Richter (12).

"My most memorable moment was when Tammy Richter and I had to wear Jamestown Blue Jays wrist bands at state dance line competition. It was so funny," said Mary Alstad (12).

"My most memorable moment was when I messed up really bad at boys' basketball state," said Rochelle Bohnet (12).

"My most memorable moment was when I was at practice and I went into the splits and my hip popped out, so when the people on the sides of me let go and I fell forward on my face," stated Heidi Gust (11).

"My most memorable moments were when Lisa Braaten was kicking and she fell down flat on her back and down at state competition watching all of the other teams perform," said adviser Mrs. Jane Holland.



1. Getting a hug from a Minnesota Viking player, Curtis Rousch, Heidi Gust (11) looks with a smile.

2. Performing during dance line competition, the Packatahnas put their arms up in the air.

"A goal that I had was to fire up the team as much as I could, and get all of them involved with the West Fargo team spirit," remarked Brenda Ressler (12).

"Finding out that I had made the squad for football cheerleader and hockey cheerleader was one of my most memorable moments of being a cheerleader this season," replied Bree Duval (11).

"One must be very dedicated to the sport they are cheering for. One has to get up really early and usually stay after school to help make posters for the sport, do extra things for our players, thinking up new and original cheers and all together just firing up the crowd," stated Kim Henke (12).

"Having the chance to be a cheerleader and help fire up the team and fans was great and I had a fun time this season and wish I could have another season to cheer," remarked Janeen Slaughter (12)

"I wish this wasn't my last season of cheerleading, for I love cheerleading and getting the team and fans involved in that positive West Fargo spirit. I have met so many new friends while at meets and I will be able to keep these friends in the years to come," replied Mandy Orth (12).

"I really liked being a wrestling cheerleader and the friendships I have made both on the squad and off are ones that I will remember in the years to come," stated Terry Steen (12).



JV Wrestling Cheerleaders Row 1: Tonya Hoag (11) Row 2: Sandie Johnson and Barb Allrich Row 3: Stacy Burckhard



JV Boys Basketball Cheerleaders Row 1: Jana Baumann, Jamie Lund, Richelle Timmerman, Kim Hammer and Heather Brandt.

Cheerleaders have dedication Devotion to sports

The dedication of a cheerleader is more than one sees.

"Being a cheerleader means that you have to be at school early and stay late after school. It also takes a lot of personal time because you have to be dedicated to the sport," commented varsity hockey cheerleader Kim Henke (12).

The cheerleaders are dedicated and imaginative.

"Cheerleading means dedication, making posters for the sports, thinking up new cheers, and getting the team fired up," stated varsity football and boys' basketball cheerleader Brenda Ressler (12).

To be a cheerleader one needs to be energetic and hard-working. Cheerleaders should also be devoted to the sport that they are cheering for.

"Being dependable and willing to learn new cheers are all a part of being a cheerleader," replied JV hockey cheerleader Bree Duval.

All of the hardwork and personal time that goes into being a cheerleader is a good feeling shared among many of the cheerleaders.

"The team appreciates it and you feel good about yourself," replied Kim.

By Julie Foeltz and Laurie Anders

1. Looks as if try outs were yesterday, Stacy Burckhard(11) and Barb Allrich (11) show off the latest styles in bunny ears. Just one of the things they got to do after finding out they had made wrestling cheerleader for next year.
2. "Go Packers go," Michelle Duchscher, Brenda Ressler, Connie Weber, Carrie Severtson, Jody Brandt, and Tonya Fugere help cheer the Packer fans on to victory at the opening game at the state tournaments in Minot.



JV Girls Basketball Cheerleaders Row 1: Darcy Braaten and Carrie Severtson. Row 2: Richelle Timmerman and Sandie Johnson.



JV Hockey Row Cheerleaders 1: Tammy Johnson and Bree Duvall. Row 2: Mindy Grant and Melanie Jones. Row 3: Cher Gunst.



Football Row 1: Jody Brandt and Bree Duval. Row 2: Pam Rudolph, Brenda Ressler, Jill Martin and Alicia Cheney.



Girls Basketball Row 1: Staci Ellison, Sarah Edland, Meredith Meyer, Michelle Duchscher, Janeen Slaughter and Michelle Scott.



Boys Basketball Row 1: Jody Brandt, Tanya Fugere, Connie Weber, Carrie Severtson and Brenda Ressler.



Bottom to top: Sheila Zerr, Doni Jo Ramberg, Terry Steen, Janeen Slaughter and LaRae Lofgren.



Golden moments of cheerleaders

Attitudes are high

"My goals as a cheerleader were to get the team fired up and to show my support for the team," replied varsity boys' basketball and football cheerleader, Brenda Ressler (12).

This is a good example of the positive attitudes the WFHS cheerleaders have about cheerleading.

"Making it to the state basketball tournaments in Minot was my golden moment," remarked Brenda.

There is always that one moment

that a cheerleader will never be able to forget.

"My golden moment was finding out that I made it as a cheerleader," said hockey cheerleader Bree Duvall.

The cheerleaders at WFHS work very hard at bringing the positive attitude of the team across to the fans and show their team spirit until the end.

By Laurie Anders and Julie Foeltz



1. Cheering at state are Connie Weber, Brenda Ressler, Jill Martin, Jody Brandt, Tanya Fugere and Carrie Severtson.



2. Being patriotic, two of the hockey cheerleaders, Mindy Grant and Melanie Jones hold the U.S. flag before a hockey game.



Hockey Row 1: Wendy Schock, Nikki Soberg, Penny Rogne, Kim Henke, Christine Kittrell, and Meredith Meyer.



2. Brenda Ressler, Alicia Cheney, Pam Rudolph, Bree Duval, Jody Brandt, and Jill Martin are ready to cheer.

1. Showing off her disappointment at the state basketball tournaments, Jody Brandt expresses great emotion to the defeat in Minot.

'Days' is number one: three times Soap survey announced its winners

American dreams?

Soap operas have been a definite means of entertainment for American housewives for many years, now that trait has followed on to teenagers and even males.

Days of Our Lives has taken the highest percentage of votes for all-time favorite daytime soap, watched every opportunity possible and most watched soap. The most stated reasons for these teens to vote 'Days' as the most watched and favorite soap is 'It's the most exciting soap, it has the most romance, good looking guys, it's suspenseful and everyone watches it. People really seemed to enjoy it too. It is the only soap I have heard people talking about at school'. Out of approximately 300 received soap-surveys 49% were males and 51% were females.

The students were asked if they felt soaps have changed the all-American dream. Many people — in fact 48% — felt it had not changed, some people felt they had no idea what the all-American dream was and others yet just couldn't decide. "No, it always

seems like when people or characters die they are somehow always back on the show in one way or another," one student proclaimed. Another student also denied that soaps have done this.

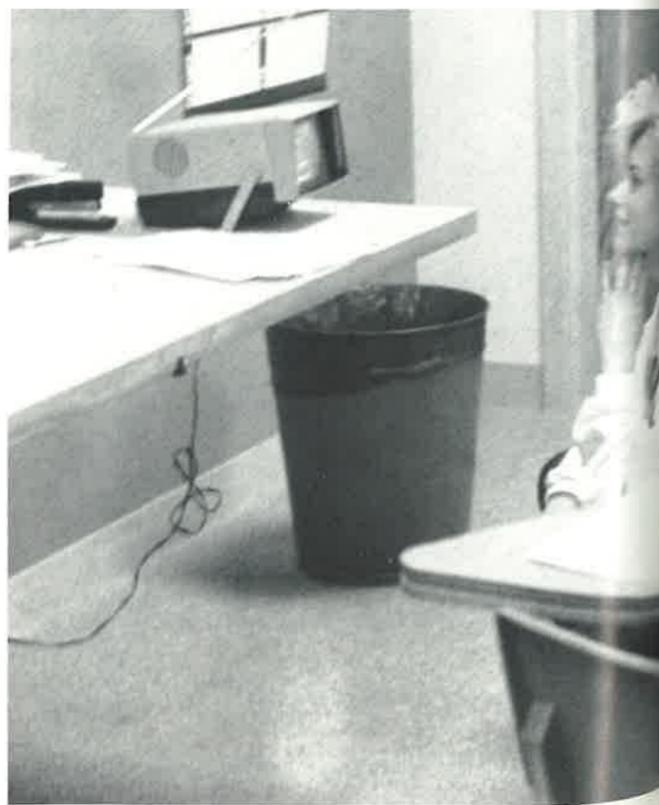
"No, because the people in soaps have it so easy, and rich, people who watch them wish they were like that, plus all the guys are too sweet to be real," another student decided.

But there were those who agreed that soaps have changed these dreams. "Yes, they give a false hope of what life is really about," retorted Michelle Wymer (12). Another student felt that although soaps were becoming more realistic they are still pushing things to the extreme. "How can anyone get divorced, raped, and ridiculed all in one day? Plus who hangs out in hospitals all day?" inquisitively asked one student.

Days was chosen number one by students at W.F.H.S.

By Wendy Heinz

1. Cuteness obviously counts. What other explanation could there be for the attraction between Days of Our Lives, soap stars, innocent Jennifer (Mellisa Brennan) and rough and tough Emilio (Billy Hufsey)?
2. Taking a few minutes out of her extremely hectic schedule, while trying to prepare pages for yearbook deadlines, Jodi Olson (11) watching intently, catches up on her favorite soap.



ALL TIME FAVORITE SOAPS

Males
Black represents Days of Our Lives
Gray represents none
Light gray represents others



ALL TIME FAVORITE SOAPS

Females
Black represents Days of Our Lives
Gray represents others
Light gray represents Santa Barbara



1. Suspensefully looking at Soap Opera Digest, Davida Moldenhauer (10) and Cory Brubaker (11) catch up on their favorite latest soap operas.
2. Glued to his favorite magazine, Jesse Schmidt (11) conceals himself in the Packer Connection to inquire on what's happening in the lives of his favorite actors and actresses.

Activity-filled, club-sponsored week blasts into spring
Many people exhibit their most personal, intimate sides

Students release spring fever

With cabin fever dragging on into March, the Key Club and Future Business Leaders of America (FBLA) planned an innovative event to get everyone in the mood for spring. With many activities planned, the groups allowed the games to begin. One student shared her feelings about the events. "I personally was surprised that the week went over so well," commented key-clubber Annmarie Esslinger(12).

Held March 13-17, Spring Blast Week provided many activities to "rev-up" the student body for the upcoming spring season. The excitement began on Tuesday with the 'Dating Game,' in which Jana Baumann (11) enthusiastically involved herself as the game show host. The Wednesday bedsheet volleyball game enabled some to forget their winter blues for a while.

On Thursday a rousing game of 'Friendly Feud' left

students hooting with laughter. The Key Clubbers hosted this lively, game and handed out bottles of pop to the winning team.

Another student shared a very philosophical opinion about the week. "I thought it was a fundamental experience for myself. I really enjoyed it," commented Steve Larson (10).

Friday was the long awaited event for the club members, the Spring-Blast Dance. With the theme of the evening being "Sunglasses at Night," students were encouraged to show up in their shades. The keyclubbers especially had high expectations for the dance and were disappointed when the disc jockey from Y-94 failed to show up. Accustomed to being great improvisers, the keyclubbers made amends of the situation when a few of the students left for home to bring back a load full of compact discs, speakers, stereo equipment and, yes,

two possible up-and-coming disc-jockeys.

"It kind of made me mad that the band didn't show-up, but I had such a good time anyway!" exclaimed Cindy Kowalke (10).

Many prizes were given out, such as gift certificates to Dairy Queen, beachballs, beach bags, beach towels, sunglasses and t-shirts to help the kids prepare for spring.

All things considered, the week went well according to the Key Club and much of the student body. Much of the student body managed to get themselves in the mood for spring.

Darin Nagel (10) summed up the week by stating, "I thought the activities that week were pretty-cool."

The week ended and left with it a new sense of spring preparedness for the student body.

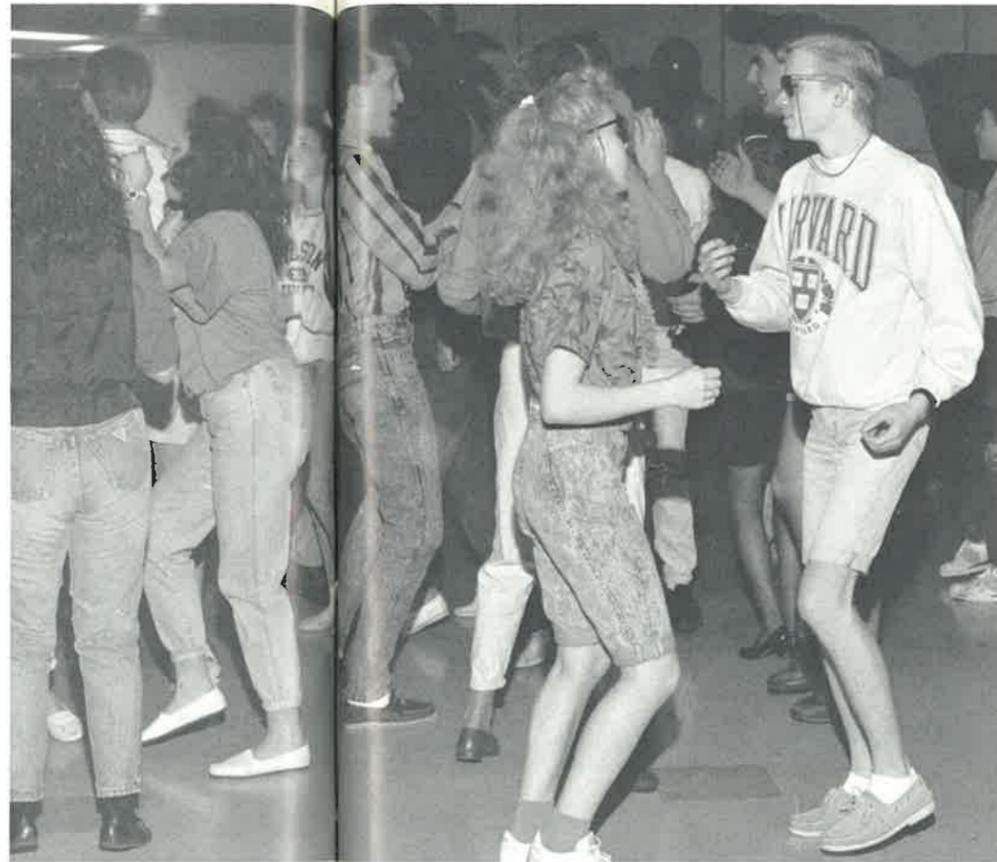
By Wendy Heinz

1. Dancing the night away, to the hit tunes supplied by West Fargo's very own young, future D.J.'s, Kristi Brager (10) and Jason Wells (10) are jamming to the rocking music.

2. Due to the lack of professional D.J.'s at the dance a couple future D.J.'s, Matthew Lubben (10) and Jason Loney (11), picked up equipment and supplied the dance goers with some real 'rock 'n roll'.



2



2



1



3

1. A restless crowd awaits the start of the "Dating game", as Julie Richard (10) takes a break on Mrs. Schumacher's lap.
2. "Rocking on" during Spring Blast, Paul Ostenson (11), Jody Flicek (12), Jennifer Anderson (12) and others dance the night away to the rocking tunes supplied at the dance.
3. Showing-off his prize winning costume, Paul Ostenson (11) was prepared for the spring season dancing in his sharply tailored Hawaiian-luau-outfit.

Seniors uphold their golden tradition
 Choices honor deserving students,
Build self-confidence

Being elected by one's classmates for a category of Senior Class Favorites can be quite an honor for the chosen students.

"When I heard that I'd been chosen Most Likely to Succeed, I felt special. For my classmates to think of me as such is an honor," stated Debra Frank.

Being a class favorite can be good for a student's self-esteem.

Being chosen as Best Actor can only be a confidence

builder because acting is the very thing I intend to do with my life," explained Allan Rust.

Being chosen for some categories can also be slightly embarrassing for the student.

"It's kind of embarrassing to be elected Most Talkative, but it's the truth and it is nice to be recognized by my senior class," stated Wendy Heinz.

By Annmarie Esslinger and Nancy Waggoner



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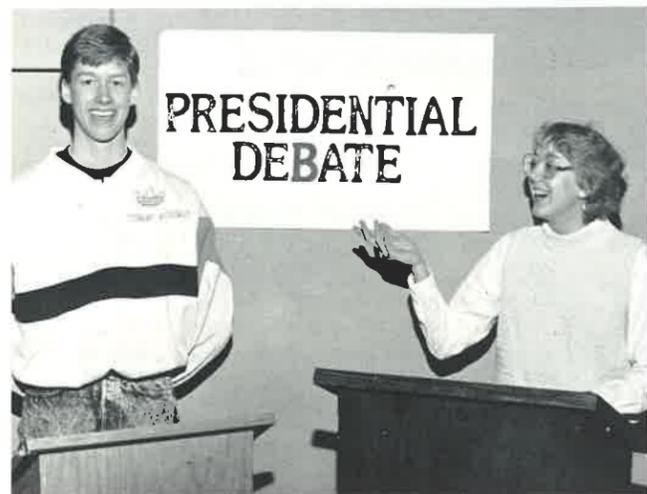


1

1. "Romeo, Romeo, wherefore art thou, Romeo?" Sue Galt and Allan Rust act out the famous Shakespearian play, displaying their talent that earned them the titles of Best Actress and Actor.
2. Brown-nosing their way to an "A", Marni Zimney shines Mrs. Offerdahl's shoes as Bucky Milton gives her a manicure which demonstrates why they received the title of Teacher's Pet.

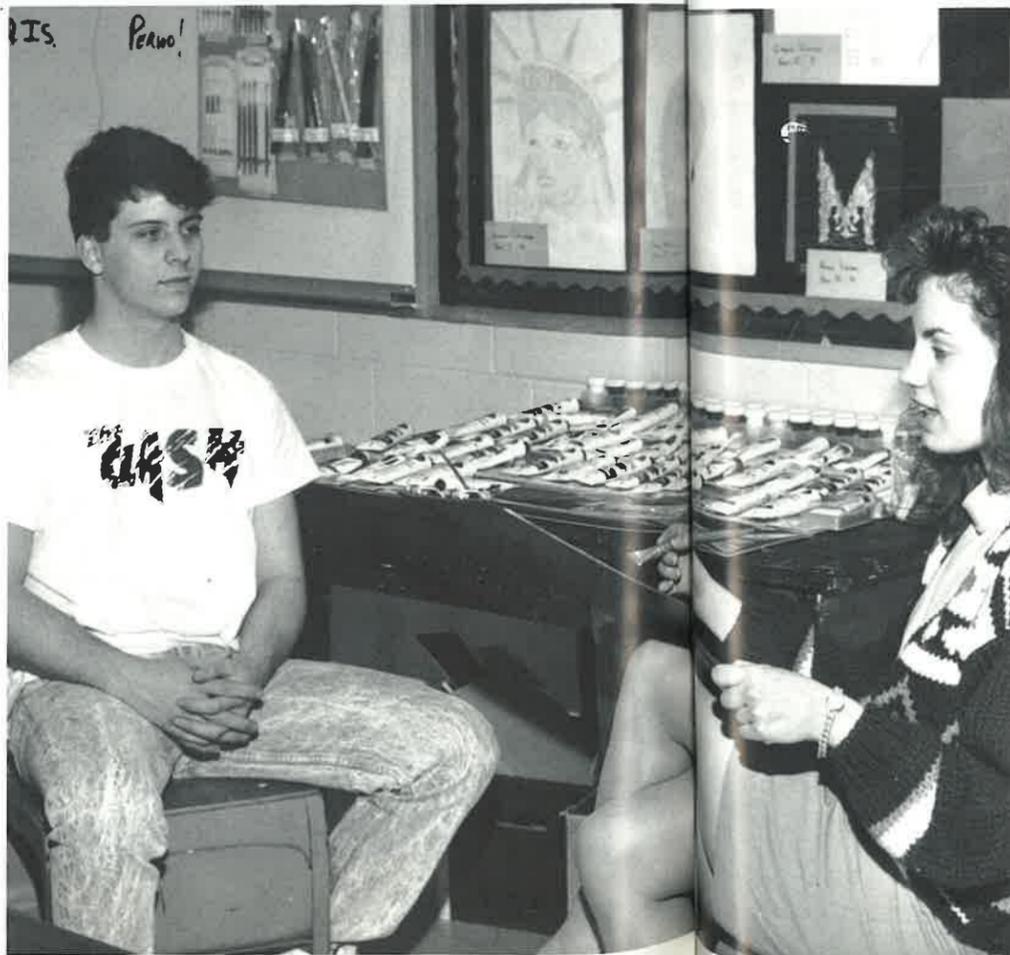


2



2

1. "Ooooh ... beautiful muscles, Kim!" Kim Kalm flexes her muscles for Jason Justesen, the other recipient for the Best Body category, to check out.
2. "Ask not what your country can do for you but what you can do for your country." Hearing the immortal words of John F. Kennedy, Debra Frank and Mark Beiriger envision themselves making a better future for America.
3. "Hold still, Nathan!" Annmarie Esslinger sketches while Nathan Vos poses for her, demonstrating why they were chosen for the title Most Artistic.



3



4



3

3. "Quit hogging the phone!" Wendy Heinz and Corey Thiessen fight over who gets to talk on the phone. It is obvious why they received the titles of Most Talkative.
4. "May I have this dance?" Terry Babb dips Kelly Grunewald during a flirtatious moment. The two show us why they were chosen for Class Flirts.

1. Kellie Grunewald crawls onto Troy Savegeau's shoulders to demonstrate why they were chosen for Class Clown.
2. "Baby's got blue eyes." David Patterson and Angie Larson show-off the pairs of eyes that won them the title of Best Eyes.



1. 'Rockin' T.J. LeMier jams on the guitar while Lia Lubben adds a few notes from the piano. To listen to these two one could tell why they were chosen for Most Musical.
2. Lia Lubben and Jason Justesen's friendly smiles always make students feel welcome at school. It is obvious why they received the title of friendliest.
3. Checking out the latest styles in *Vogue* and *GQ*, Terry Steen and Cory Rogne are always right in fashion proving that the title of Best Dressed is well placed.



3. "Show us your pearly whites!" Meredith Meyer and Jason Justesen "smile pretty" for the camera showing off the smiles that earned them the title of Best Smile.
4. "Jam it, Kyle!" Nancy Pulczinski gives Kyle Berg the extra lift he needs to slam it demonstrating their athletic talent which earned them the title of Most Athletic.

*Golden Moments made for seniors
Seniors choose class favorites,
Represent class of '89*

The best the senior class has to offer, that's what students chosen for Class Favorites represent.

When a student participates in a sport or organization for their entire high school career, it means a lot to them.

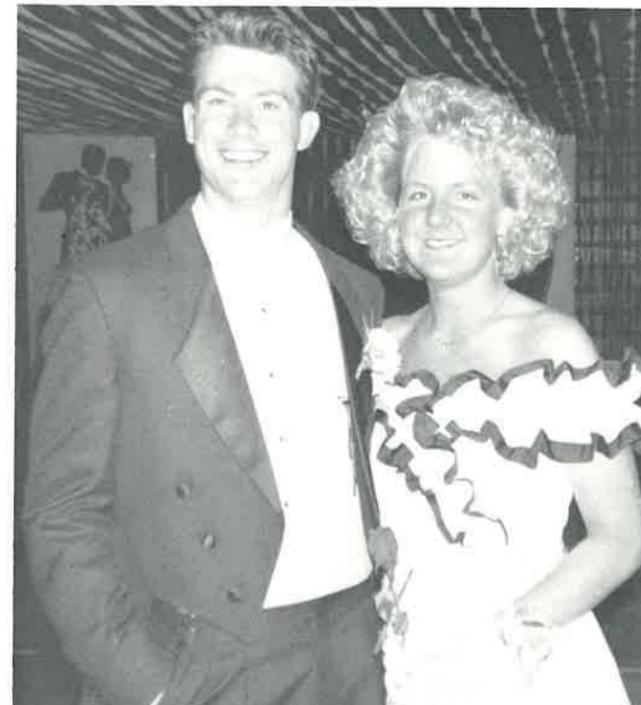
"I am really honored to be recognized by my class as Most Athletic. Some of my best times in high school was during my participation in various sports. Athletics is and always will be a part of my life," ex-

plained Nancy Pulczinski.

Some students question their qualifications for the titles they received.

"I don't know if I was the best choice, but I'm honored to be chosen, anyway," replied Jason Justesen when asked how he felt about being chosen for the three different categories of Best Body, Cutest Smile, and Friendliest.

By Annmarie Esslinger and Nancy Waggoner



1. As the estimated 1,000 onlookers watch with attention, Ken Larson (12) and Downey Serumgard (10) descend from the stage.
2. Posing in the gym before the big event, senior class president Nancy Pulczinski (12) stands with her date Shane Tehran.

Prom committee puts in much time, energy, effort to make prom 1989 a success

"I think it went over well. It was worth all that time"—Mrs. Karen Hanson.

West Fargo High students hold on to the night

West Fargo High School seniors, juniors and their dates held on to prom night, May 6, 1989, with the theme "Hold on to the Night" chosen by the prom committee.

An estimated 180-190 couples attended the event which was launched with the grand march at 9:00 p.m. and ended at midnight. With the almost 400 marchers waiting for their chance to ascend the stage, the wait for some lasted almost an hour. Most couples endured and hid their nervousness by joking around, laughing and enjoying the last few moments before the "big event".

The students were "good

sports", stated Mrs. Karen Hanson, junior class adviser.

Each girl was handed a red silk rose as a remembrance by her date as she stepped on to the stage.

"Giving them the rose was kind of special," stated Hanson.

To avoid the congestion suffered by 1988's promgoers, the march was blocked off by several rows of chairs with plenty of standing room left for the estimated 1,000 onlookers.

"Teaching my date how to dance was the highlight of the evening," commented senior LaRee Hahn.

Myron Sommerfield and his orchestra played under a lattice of black, white and red streamers which filled the gym. The prom committee worked late into the night on the two days preceding the prom decorating the gym and the commons.

"It's a lot of work putting up those decorations," admitted Hanson. "The prom committee deserves credit for putting in all that time."

The junior class officers, advised by Hanson and counselor Toni Bach, began planning for prom '89 in the fall. The first stage was to earn money to cover expenses. The class officers sold concessions at football games, sorted ping-pong

pictures and organized and sponsored the powder-puff game. The theme and colors were chosen in January.

Junior class president Doni Jo Ramberg divided various other duties to the 8-10 individuals who attended meetings as prom approached. They met more and more frequently as the pressure began to build and their work paid off in a fun and successful evening for WFHS students.

"I think it went over well," added Hanson. "It was worth all that time."

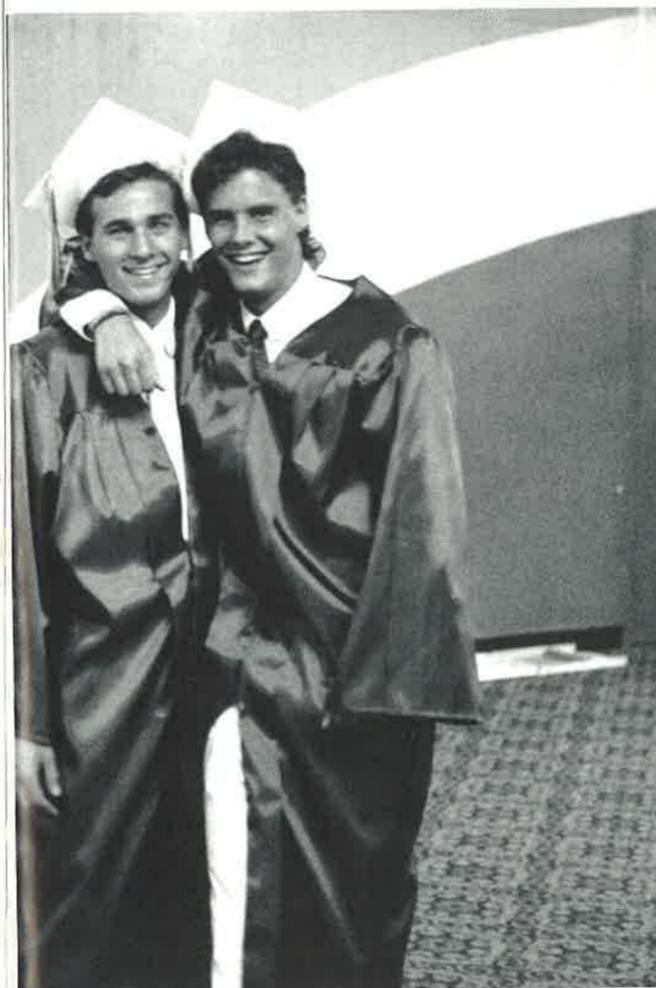
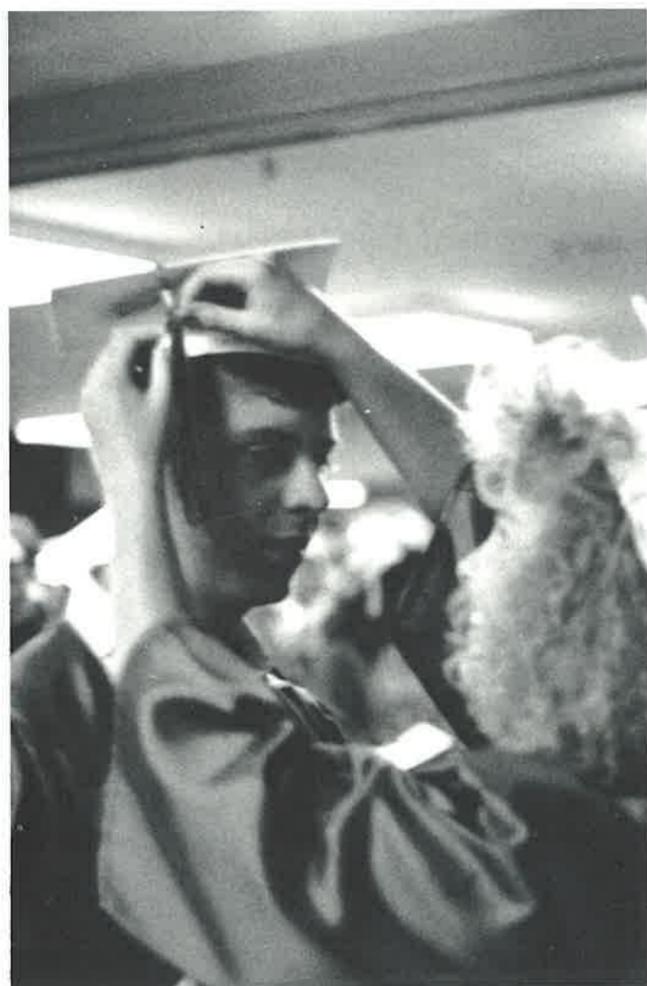
By Michele Willman



3. During grand march, Tara Aarestad (12) and date Eric Thomas proceed enthusiastically into the gym with smiles on their faces.
4. At the start of the dance, Tamara Johnson (10) shows the rose she received during grand march to her date Jess Liebelt (11).

1. Preparing to make their entrance to "Pomp and Circumstance", Jodi Vance (12) straightens Nathan Vos' (12) tassel.
2. Smiling in anticipation of receiving diplomas, David Patterson (12) and Cory Rogne (12) exhibit their class motto: "We got by with a little help from our friends."

Graduation
 Can you believe it?
 The day has finally come
 We proved it can be done.
 We survived the various trials
 That test us all through high school.
 By ourselves it could never happen,
 But together the battle was won.
 We are the hope of the future —
 The keys to a successful tomorrow.
 I want to thank you, my friend.
 You really helped me through
 I never could have made it without you.
 You kept me strong and powerful —
 You made me believe in myself.
 After that exciting graduation day,
 Our friendship may slowly fade away.
 But I will always remember you
 And the exciting times we shared.
 Someday I will return
 And thank you once again
 For being my friend.
 Michelle Wymer — Class of 1989



*'We got by with a little help from our friends'
 'Let me tell you about my grandmother's headcold'
 Graduates set new tradition at Fargo Civic*

On Sunday, June 4, 1989, the commencement exercises were held at the Civic Center instead of at either the West Fargo Middle School or the fairgrounds. The decision was made on account of air-conditioning, growing number of graduates and seating problems of past years. "It provided us with more

room and an atmosphere that was air-conditioned," commented Mr. Michael Drew, principal. The program consisted of singing and playing done by the West Fargo choir and band. The seniors had chosen four student speakers to represent the Class of 1989. Nancy Pulczynski gave the invocation in

which she gave thanks for the many memories that the graduates will always have. Allan Rust told a tale, complete with props, about how he attempted to press his gowns in his welcome. People aren't likely to forget his grandmother's headcold, either. During the main address Lia Lubben foretold of the great things that the class was

destined to achieve. Friends are not to be taken for granted was what Terry Babb admitted during the benediction.

The class colors were rose and silver. The class motto was "We got by with a little help from our friends."

By Annmarie Esslinger and Dawn Vail



1. "We made it!" With the ceremony over, Neil Budke (12), Mary Sinner (12) and Brad Gustafson (12) discuss their plans for graduation night. Most likely these plans did not include the company of teachers!

Senior Farewell

The time has come to say goodbye. As we descend the steps of childhood and ascend into a brand new world, we see our futures pass before our eyes.

We have been together now for many years — learning together, growing together, working together and crying together.

These years have been full of many friendships, hardships and pain, but mostly these years have been full of care.

We have a special class — the Class of '89. We have lived for each other — helping others in their time of need, as our class motto has shown. We really have gotten by with a little help from our friends.

Now all these friends must part at the bottom of the stairs, dispersing in their own directions and very own lives.

This may seem a sad time; for we may never have such close friends as those we have known in high school. But it is also a joyful time as we prepare ourselves to face the roads ahead; we may never know where that road will lead us, but this class and our friends will be guiding us and pushing us forward every step of the way.

This class will produce many teachers guiding youngsters to their own graduation; there will be doctors healing and caring for the sick; there will be lawyers, astronauts, ministers and scientists all leading us into the future, but these people will always remain our friends.

When we disperse into our own lives, letters will be written and contact will maintain for a time. Then ties may be lost as we move and relocate, but we will always be friends.

The Class of '89 has many special people, all unique individuals ready to unfold into their own new lives. This has been and will always be possible because we are friends.

As we walked across the stage we ended our high school years and crossed into a new land. This new land will be full of promises, dreams and aspirations because we are in it and because our class has shown we care.

The time has come to say goodbye to one chapter in our lives and say hello to a new one as we reach for a brighter star — with a little help from our friends.

By Wendy Heinz 4-25-89

Yearling looks back on 1988-89

Speaking to a group of supporters, Jesse Jackson smiles in appreciation over the turn out of people at his campaign.

Democratic candidate Mike Dukakis spoke to a small town near Philadelphia, which caused some commotion.

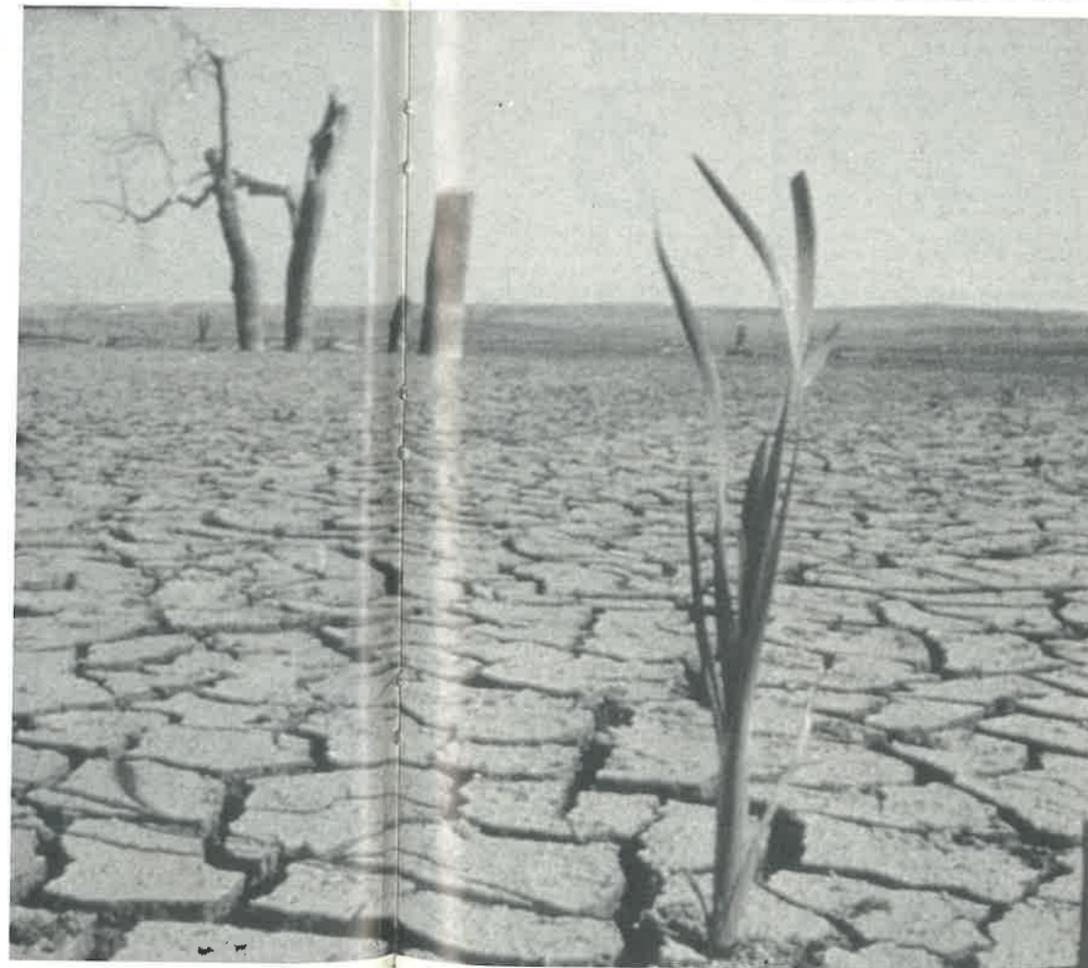
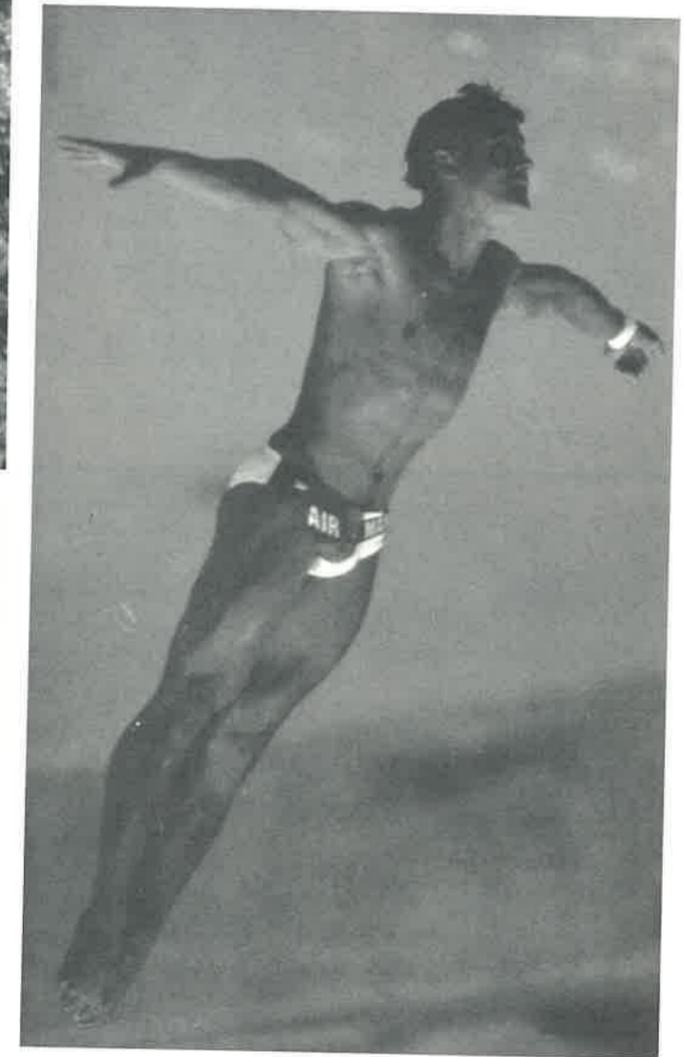
After nine years of fighting, Soviet leader, Gorbachev pulled soldiers out of Afghanistan in 1988.



The charred skeleton of the French Airbus A320 airplane lies near a Swiss border town. The tragic accident killed three people.

In the 1988 summer Olympics, Greg Louganis injured himself while doing a high dive.

Soviet leader Mikhail Gorbachev and his wife tour New York while discussing politics for the last time with President Reagan.



At Disneyland, Republican candidate for the Presidency George Bush wishes the 1988 Olympic team good luck for their journey to Seoul, Korea.

Confessing his sins of adultery on television to his followers, friends and family members, T.V. Evangelist Jimmy Swaggart asks for forgiveness of his sins.

Canadian Olympic runner Ben Johnson was stripped of his gold medal for the illegal use of steroids during the summer Olympics of 1988.

The people of Soviet Armenia look at the rubble of their city, caused by the earthquake that destroyed their homes and lives.

During the summer in the midwestern states a dragged-out drought took over, destroying thousands of farmers' lives.

1. As a member of the group The Edge serenades Michelle Scott (12), students watch as the group shares an anti-suicide message with the whole school.

2. "We got by with a little help from our friends" was chosen to be the senior class motto. This was true for many seniors like Mary Alstad, Dennie Bergeron, Heather Sveum, Tammy Richter and Sherri Randall.



2

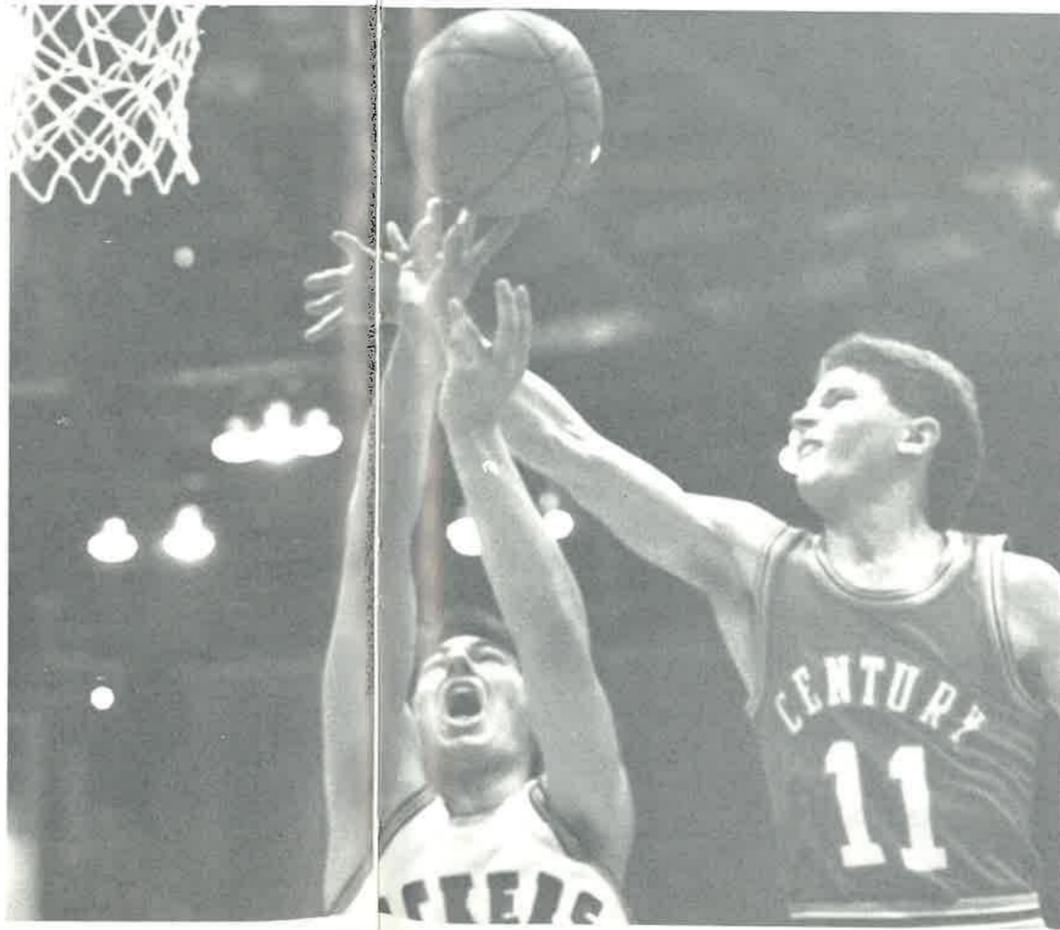


1



3

3. "Alcohol had crushing effects." This was the message that the student council tried to get across to the students and the community of West Fargo through their billboard which was placed on 13th Avenue.



1988-89 school year marks 50th anniversary for West Fargo School District

Centennial Choir and Band members participate in North Dakota celebrations

School year overflows with 'golden moments'

As it has for the last fifty years, another WFHS school year has drawn to a close. Many lasting memories were created such as concert choir being named the Governor's Centennial Choir, Jessica Baker (11) and Stacie Loegering (11) participating in the Centennial Band and Governor George Sinner's decision to close all public schools in North Dakota for two extremely cold winter days.

In addition to these, the early morning split schedule for the first six weeks of school was a new experience for the West Fargo schools. There were many

mixed opinions concerning beginning the day before the sun rose and the stars disappeared.

"It was great! I could get all of my homework done early in the afternoon and then work every night and it didn't really affect my grades — even though I did sleep in school," admitted Josh Wilson (11).

Another accomplishment West Fargo can be proud of was the boys' basketball team's performance at state, held in Minot, where they placed second overall.

"There's no doubt that the

guys did really well at the state tournament this year. They got through the first two games wonderfully. Fargo South had a team that doesn't come around very often and our teams played the best they could against a group that was meant to be undefeated," said Alicia Cheney (11).

Also adding a twist to the year was graduation. For the first time the graduation ceremony was not held in West Fargo, but instead at the Fargo Civic Center.

"I liked it because it was better than sitting in the

hot, crowded gym," stated Lee Dobrinz (12).

Unfortunately, some memories are not always good ones. For example, the flood of 1989 was one to remember because of the thousands of dollars of damage it caused in the Red River Valley and also across the whole nation.

These are just a handful of the memories that will be cherished in the years to come — the "golden moments" that will live with us forever.

By Jennifer King, Dawn Vail and Jodi Olson



1

1. In an attempt to control the flood which threatened the Red River Valley early in the spring, temporary dikes were built.

2. Battling their way to second place in the state tournament, the Packers, with help from Chad Dubois (12), win their game against Bismarck Century.



1

Deadlines

It was coming around to deadline time. Forty more pages were due. The editors were stressed again. But this was nothing new.

Not a thing was done, we hadn't been working. The photos still had to be taken.

The stories needed to be proofed and printed. We thought, 'hey, we'd better get shakin'.

Names had been misspelled and headlines didn't fit. The computers kept breaking down.

None of the layouts had been designed. We would've liked to get out of town.

Working so hard, we almost went crazy.

Trying not to get mad. But we got it done in the nick of time.

And it wasn't even half bad!

By Jennifer King



2

Colophon

Weak verbs, transitions, quotes, headlines ... Calgon take us away! In addition to the class time spent preparing the book, many hours were spent after school, on Saturdays and during those precious vacation days in order to meet the all-too-familiar "deadlines".

Specifics:

500 volumes printed containing 188 pages. The book is printed by Josten's Publishing of Visalia, California. Various degrees of T527 were used on several pages. All pages were supervised by Advisor Liv Rosin. Editors included Jodi Olson, Dawn Vail and Jennifer King. A very special thanks goes out to our Josten's representative Arland "Mud" Waters, the Pioneer, Scherlings and the many people

who contributed their time, effort and ideas in order to make this book a reality.

The staff boasts the distinction for consuming the most cans of Pringle's and slices of pizza compared to other high school groups. In order to keep the staff members on their toes, the editors found it convenient to resort to threats. Some of these included "If you don't turn in your pages by the end of the day we'll be forced to poke your eyes out!" and "If you lose this picture, we'll shave your head!"

Although these memories may not be worth their weight in gold, they are certainly ones we will never regret.

Editors

1. Spending their vacation day at school, editors Jennifer King (11), Jodi Olson (11) and Dawn Vail (11) attempt to finish a large deadline.

2. Carefully planning her page, LeAnn Fonder (11) chooses which pictures to use on her layout with the help of Dawn Vail.