

## IMS NJHS Collection Drive 11/10-12/12

## **7,500 MEALS**

served daily to our five dining rooms & three shelters

NJHS will be collecting every morning during pick up

## **MOST NEEDED ITEMS**

Help fill the food bank shelves! We accept all unopened non-perishable food donations. Below is a list of shelf-stable items we are most in need of year-round.

- Canned proteins (tuna, chicken)
- Canned soup (pop-tops)
- · Canned fruit
- Canned vegetables

- Dry beans
- Boxed pasta/mac-ncheese
- Peanut butter (plastic jars)
- Rice

- Cooking essentials (flour, sugar, baking soda, etc.)
- Instant potatoes
- Breakfast cereal
- · Cases of water