

BOARD OF EDUCATION SPECIAL MEETING PACKET

November 10, 2025

7:00pm

Bates Boardroom



Our Vision:

Champion Learning –

Develop, Educate, and Inspire!

This meeting is a meeting of the Board of Education in public for the purpose of conducting the School District's business and is not to be considered a public community meeting. The agenda reserves two periods for public participation and those wishing to receive a personal response from the board or superintendent must complete a public comment form available at the meeting entrance and on our website. Upon request to the Superintendent the District shall make reasonable accommodation for a person with disabilities to be able to participate in this meeting.

SPECIAL MEETING AGENDA

- A. CALL TO ORDER – Roll Call
- B. MEETING MINUTES (11/3/2025)
- C. APPROVAL OF AGENDA
- D. PUBLIC HEARING *per MCL 380.1507*
 - 1. Sex Education Curriculum Update
- E. [PUBLIC PARTICIPATION](#) (up to ~30 minutes; max 5 per person)
- F. DISCUSSION
 - 1. Sex Education Curriculum Update
- G. ACTION
 - 1. Sex Education Curriculum Update
- H. [PUBLIC PARTICIPATION](#) (up to ~15 minutes; max 3 per person)
- I. CLOSED SESSION *per MCL 15.268(h)*
 - 1. Discuss Attorney-Client Privileged Material
- J. ADJOURNMENT

[CALENDAR](#)

November 17, 2025 – Board Meeting 7pm Bates Boardroom
December 8, 2025 – Community Chat 6:00pm-6:45pm Bates Boardroom
December 8, 2025 – Board Meeting 7:00pm Bates Boardroom

Public Participation Policy 2504: *Those interested in making a public comment will be asked to raise their hands so the time may be divided equally. Each speaker will be asked to announce his/her name and address and indicate if he/she represents any organization or agency. No person may speak more than once on the same subject during a single meeting.*

**BOARD OF EDUCATION SPECIAL MEETING NOTES
NOVEMBER 10, 2025**

A. CALL TO ORDER

1. Roll Call

B. MEETING MINUTES

* An appropriate motion might be, "I move that the Board of Education approve the attached minutes from November 3, 2025 as presented/amended."

C. APPROVAL OF AGENDA

Board policy provides that the Superintendent of Schools shall prepare an agenda for all Board meetings as directed by the President of the Board of Education.

* An appropriate motion might be, "I move that the Board of Education approve the agenda as presented/amended."

D. PUBLIC HEARING *per MCL 380.1507*

1. Sex Education Curriculum Hearing

This evening's packet includes [board policy 5420 Sex Education](#), the June 23, 2025 SEAB Report (memo only—[full report with data is online](#)), and an executive summary from Assistant Superintendent and SEAB Advisor Ryan Bruder which includes the curriculum outline. This is the second public hearing on this subject; the first was November 3, 2025. The public hearing will include an opportunity for public comment; it will follow the guidelines for first opportunity for public participation in [board policy 2504](#).

E. PUBLIC PARTICIPATION (full guidelines at link)

Board Bylaw 2504 states that the BOE will have two opportunities for public participation at each meeting. The first opportunity will last approximately 30 minutes, with each person having up to 5 minutes to speak, depending on the total number of speakers. Those wishing to receive a personal response from the board or superintendent must complete a public comment form available at the meeting entrance and on our website.

F. DISCUSSION

1. Sex Education Curriculum Update

Trustees will be discussing the merits of the SEAB-proposed Sex Ed Curriculum update.

G. ACTION ITEMS

1. Curriculum Update

The Board will have the opportunity to act on the proposed curriculum update. If they are ready to act following the two public hearings and this evening's discussion, there are three possible courses of action: approve the proposed curriculum as presented; approve the proposed curriculum with modifications; reject the proposal.

Potential appropriate motions might be:

**BOARD OF EDUCATION SPECIAL MEETING NOTES
NOVEMBER 10, 2025**

- * "I move that the Board of Education approve the updated Sex Ed Curriculum proposal included in this evening's packet as presented."
- * "I move that the Board of Education approve the updated Sex Ed Curriculum proposal included in this evening's packet, with the following modifications:

[itemized list of modifications]

Unless noted as a modification, the remainder of the proposed curriculum is approved as presented."

- * "I move that the Board of Education reject the curriculum proposal in this evening's packet and send it back to SEAB for revision."

H. PUBLIC PARTICIPATION (full guidelines at link)

During the second opportunity for public participation, each person will have up to 3 minutes to speak, depending on the total number of speakers. No person may speak twice on the same subject more than once in each meeting. Those wishing to receive a personal response from the board or superintendent must complete a public comment form available at the meeting entrance and on our website.

- * An appropriate motion might be, "I move that the Board of Education move into closed session for the purpose of discussing attorney-client privileged material, following a five minute break."

I. CLOSED SESSION *per MCL 15.268(h)*

1. Discuss Attorney-Client Privileged Material

J. ADJOURNMENT

**DEXTER COMMUNITY SCHOOLS
BOARD OF EDUCATION MEETING MINUTES
NOVEMBER 3, 2025**

A. CALL TO ORDER – 7:00pm

Roll Call

Members Present: Daniel Alabré, Brian Arnold, Elise Bruderly, Michael Cipolla, Jennifer Kangas, Amy Reiser, Melanie Szawara; Student Representatives Claire Beneteau and Lloyd Brand

Members Absent: none

Administrative & Supervisory Staff: Ryan Bruder, Christie Bueche, Barb Leonard, Melanie Nowak, Chris Timmis, Hope Vestergaard

DEA: Jessica Baese

Guests: Greg Brand, Craig McCalla, Beau Kimmey; (attach sign-in sheet)

B. MEETING MINUTES

Michael Cipolla made a motion that the Board of Education approve the meeting minutes from October 20, 2025 as presented. Brian Arnold seconded the motion.

Motion Carried (unanimous).

C. APPROVAL OF AGENDA

Melanie Szawara made a motion that the Board of Education approve the agenda as presented. Jennifer Kangas seconded the motion. **Motion Carried (unanimous).**

D. PUBLIC HEARING *per MCL 380.1507*

1. Sex Education Curriculum Update

Board President Elise Bruderly explained DCS public participation guidelines, and noted that the Sex Education policy, SEAB Report, and an Executive Summary on this topic were included in the packet. She then invited community members to comment on the proposed sex education curriculum. The following people made statements.

- a. Cinthia Wolfe
- b. Jessica Fealy
- c. Austin Henderson
- d. Anne Young
- e. Ruthann Mason
- f. April Clark
- g. Tim Broyles
- h. Bill Hansen

E. SCHOOL PRESENTATIONS

1. Artificial Intelligence (AI)

Instructional Coach Beau Kimmey and Assistant Superintendent Ryan Bruder shared a presentation updating the Board on the district's progress working on AI goals, Chatbot ("Dee Dee" development), and future work. Their presentation has been posted with the November 3, 2025 meeting packet.

**DEXTER COMMUNITY SCHOOLS
BOARD OF EDUCATION MEETING MINUTES
NOVEMBER 3, 2025**

F. PUBLIC PARTICIPATION

1. John Van Noord asked a question/commented about the AI presentation.

G. ADMINISTRATIVE & BOARD UPDATES

1. Superintendent Update

- a. Bond Update: The district is working on finalizing drawings in order to get accurate cost estimates for projects including the field house, Al Ritt upgrades, DHS entrance updates for the main office and gym, as well as the weight room; additional music and drama storage; building trades workshop space; updates to the soccer/softball/baseball complex; the Wylie addition; adding heat to the restrooms at DHS and possibly Mill Creek.

2. Board President Update - none

3. Student Representatives Update

Claire Beneteau shared that she enjoyed the AI presentation. She noted that many AI checkers need work; they sometimes flag original student work as AI or may miss AI generated material; Halloween week was fun; DHS did a Where's Waldo "game" where students tried to identify the real Waldo among many staff imposters; the dance team will have their first competition this weekend; there are lots of fundraisers and food drives being held by students in the coming months. Lloyd Brand noted that varsity football had a big win against Livonia on Halloween and will travel to South Lyon on Friday; the Drama Club wrapped up MacBeth to rave reviews and are starting their 3D student-driven productions; the Marching Band's Glow Show was a big success; Powder Puff football was rescheduled and the Juniors won; as an NHS tutor at Mill Creek, he can see the value of teaching students appropriate and inappropriate AI usage.

H. CONSENT ITEMS - none

I. ACTION ITEMS

1. Twin Turfs Restrooms Building

Melanie Szawara made a motion that the Board of Education award the bid for the twin turf restroom building to A.R. Brouwer for a total not to exceed \$977,000, to be managed by the superintendent or designee, with funds coming from 2017 Bond funds (the packet had a typo and said 2025). Brian Arnold seconded the motion. **Roll Call Vote. Motion Carried (unanimous).**

**DEXTER COMMUNITY SCHOOLS
BOARD OF EDUCATION MEETING MINUTES
NOVEMBER 3, 2025**

2. Al Ritt Stadium Sports Lighting

Melanie Szawara made a motion that the Board of Education award the Al Ritt Sports Lighting project to MUSCO Sports Lighting LLC for a total amount including alternates not to exceed \$353,374.00, and assign the project to Granger for management. Brian Arnold seconded the motion. **Roll Call Vote. Motion Carried (unanimous).**

J. DISCUSSION ITEMS - none

K. PUBLIC PARTICIPATION

1. Bradley Prall commented on the timing of Open Enrollment information.

L. BOARD COMMENTS

1. Daniel Alabr  talked about his participation in the MASB Delegate Assembly. He said DCS received many congrats for passing the 2025 Construction Bond; approximately 50% of bonds have not passed this year. He noted that based on his conversations with trustees from across Michigan, the DCS Board is functioning well relative to some districts. He also noted that many districts are aware of Dexter's AI work.
2. Jennifer Kangas thanked community members for showing up to the hearing and reminded everyone to vote on November 4th.

M. INFORMATION ITEMS - none

At approximately 8:40pm, Melanie Szawara made a motion that the Board move into closed session following a five-minute break, for the purpose of discussing attorney-client privileged material. Amy Reiser seconded the motion. **Roll Call Vote. Motion Carried (unanimous).**

N. CLOSED SESSION *per MCL 15.268(h)*

1. Attorney-Client Privileged Material

At 9:02 pm, the Board returned to open session.

M. ADJOURNMENT

At approximately 9:03pm, President Elise Bruderly adjourned the meeting.

MINUTES/hlv

Daniel Alabr 
Secretary, Board of Education

DEXTER COMMUNITY SCHOOLS
BOARD OF EDUCATION MEETING MINUTES
NOVEMBER 3, 2025

DEXTER COMMUNITY SCHOOLS
BOARD MEETING GUEST LIST
(Please print your name)

Nov. 3 2025

- | | |
|------------------------------------|---------------------------------------|
| 1. <u>Jessica Fealy</u> | 22. <u>Trevor Aeschlman</u> |
| 2. <u>Tim & Sharon Boyles</u> | 23. <u>Ella Aeschlman</u> |
| 3. <u>Bill & Betty Parsons</u> | 24. <u>Neil W</u> |
| 4. <u>Linda Schilk</u> | 25. <u>Bill Hansen</u> |
| 5. <u>Maryann Medson</u> | 26. <u>Jennifer Hansen</u> |
| 6. <u>Denise Kasischke</u> | 27. <u>Edgar</u> |
| 7. <u>Kari Reschke</u> | 28. <u>Joseph Kukulski</u> |
| 8. <u>James Davis</u> | 29. <u>Ruthann Mason</u> |
| 9. <u>Joanna Davis</u> | 30. <u>Gerrie & Joe Prochaska</u> |
| 10. <u>Bonnie Clark</u> | 31. <u>Jeremy Hannich</u> |
| 11. <u>Sally & Paul Reeve</u> | 32. <u>David Teddy</u> |
| 12. <u>Danna Wubben</u> | 33. <u>Allison Henderson</u> |
| 13. <u>Cynthia Woye</u> | 34. <u>Austin Harrison</u> |
| 14. <u>Bradley S Prie</u> | 35. <u>Jennifer Korte</u> |
| 15. <u>Mary Kay Sinnott</u> | 36. <u>Maria Hook</u> |
| 16. <u>Al Loh</u> | 37. <u>Audrey & Lezlie Martin</u> |
| 17. <u>Jacob Niehof</u> | 38. <u>Greg Blum</u> |
| 18. <u>Jacob Clark</u> | 39. <u>Allen Kessel</u> |
| 19. <u>Aime Clark</u> | 40. _____ |
| 20. <u>Ligh Hook</u> | 41. _____ |
| 21. <u>Annabel VanNoord</u> | 42. _____ |

Dexter Community Schools Board of Education Executive Summary

November 3, 2025

DCS SEAB Curricular Recommendation

Dexter Community Schools' current sex education curriculum—taught in grades 4, 5, 6, 7, and once in high school—is up for review. The DCS Sex Education Advisory Board (SEAB), established under Michigan law, has spent the past two years evaluating the program, collecting community input, and developing a modern, medically accurate, and developmentally appropriate curriculum.

The proposed update reflects today's realities, including digital communication, media literacy, and healthy relationship education.

Process Summary

- **SEAB Composition:** Parents, students, staff, community members, clergy, and health professionals, representing diverse perspectives.
- **Work to Date:** Reviewed data, conducted surveys, set priorities, and recommended updated materials.
- **Community Engagement:**
 - Three public review sessions in October with over 100 participants
 - Additional feedback accepted via email (boe@dexterschools.org)
- **Next Steps:** Two required public hearings—**November 3 and 10, 2025**—to receive additional input before Board deliberation.

SEAB Mission

- Establishing program goals and objectives for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and STDs.
- Reviewing and recommending materials and methods, including guest speakers, to the school board, taking into consideration the district's needs, demographics, and trends including, but not limited to, teenage pregnancy rates, STD rates, and incidents of sexual violence and harassment.

- Making recommendations to the Board of Education for needed changes, ensuring that Sex Education is age-appropriate, medically accurate, and follows all of the mandates of Michigan Law.
- Evaluating, measuring, and reporting the attainment of program goals and objectives and making the resulting report available to parents in the district at least once every two years.
- Working closely with the school administration in the implementation of this program.
- Reviewing policy and/or state guidelines.
- Performing other duties as suggested by the Sex Education Supervisor, Board of Education, or the Superintendent of Schools.

DCS SEAB Priorities

The Dexter Community Schools Sexual Education Advisory Board (SEAB) identified the following priorities based on feedback gathered through recent stakeholder surveys. These priorities reflect input from parents, students, staff, and community members, and will help guide the ongoing development and implementation of our district's comprehensive sexual health education program.

- Introduce anatomy at an earlier age;
- Foster caregiver, student, community connections;
- Include safety, consent and legal implications with an emphasis on media literacy;
- Family and caregiver resources (access to curriculum);
- Continue consent programming;
- Continuum of programming of sex education in high school; and
- Have sexual orientation and gender identity as distinct in the curriculum.

Board of Education Action Options

1. *Approve as Presented*

- Implements the new curriculum beginning next instructional cycle.
- Provides staff access to digital, current, and inclusive resources.

2. *Approve with Modifications*

- The board specifies revisions or removals for SEAB to address.
- Final approval delayed pending revision review.

3. Reject the Proposal

- a. Current curriculum remains in effect.
- b. SEAB restarts review process (12–18 month delay).

Parental Rights

- Dexter Community Schools recognizes and upholds the rights of parents and guardians regarding participation in health and sexual education.
- For HIV/AIDS and sex education, parents and/or legal guardians must be notified in advance of:
 - The content of the instruction
 - The right to review materials in advance
 - Their right to observe instruction
 - Their right to excuse their child from participation **without penalty**

Recommendation

Following the close of public comment on November 10, the Board should deliberate and determine whether to approve, approve with revisions, or reject the SEAB recommendation, ensuring clear communication of the final decision and rationale to the community.

DCS SEAB 2025 Proposal

Grade Level: Fourth Grade

All lessons will continue to be taught in a co-ed setting.

Fourth Grade, Day 1 (November/December TBD)

Topic: Setting the Climate for Growth

Brief Overview: This lesson sets up guidelines for discussion on how to approach the topic of puberty in a respectful way.

We are considering sending home a Caregiver Packet that contains both Family Partnership Flyers on Day 2 and combining the two *Together Talk* homework tasks into a single assignment which would be due by the end of the week.

Resource(s) Used:

- Wonder Years Lesson 1
- Modified Wonder Years Slides
- My Trusted Adults
- Together Talk Homework: About Growing Up
- Together Talk Homework: I Wonder
- Family Partnership Flyer 4-1
- Family Partnership Flyer 4-4

Fourth Grade, Day 2

Topic: Families and Roles

Brief Overview: This lesson defines families in an inclusive way and helps students build open communication lines through showing appreciation for trusted adults. It includes examples and opportunities for discussion around stereotypes.

Resource(s) Used:

- Wonder Years Lesson 2
- Wonder Years Slides
- What Makes My Family Special
- Teacher Master Harmful vs Helpful

Fourth Grade, Day 3

Topic: Physical, Social and Emotional Changes w/ scenarios.

Brief Overview: This lesson will discuss and practice ways to respectfully address common situations and experiences that arise in puberty.

Resource(s) Used:

- Lesson Plan for Day 3
- Respect Slides
- Maturation Scenarios

Fourth Grade, Day 4**Topic: Changes in the Skin**

Brief Overview: Teachers feel this lesson is an important one as it pertains to some of the first changes students experience in puberty. Many 4th graders are impacted by changes in their skin and need to know how to practice healthy hygiene habits.

Resource(s) Used:

- Wonder Years Day 4
- Wonder Years Slides
- Integumentary Intrigue
- Top Tips for Caring Student Booklet

Fourth Grade, Day 5**Topic: Maturation Video**

Brief Overview: Students will watch a video that reviews physical, social and emotional changes that occur during puberty.

We feel the video should be the last lesson as it is the most impactful of the lessons. The video is usually shown before a weekend or school break to allow students more time to discuss questions and seek clarification with their caregivers or trusted adults before returning to school.

Resource(s) Used:

- Always Changing and Growing Up: Co-Ed version
-

Grade Level: Fifth Grade**Fifth Grade, Day 1****Topic: Ready, Set, Grow!**

Brief Overview: Create a safe environment, Changes from infancy to adulthood, Assess prior knowledge, & Communication with parents.

Resource(s) Used:

- Family Partnership Flyer
- Let's Talk

- As You Grow
- Get Ready to Chat
- Ready Set Grow Slides

Fifth Grade, Day 2

Gender Identity Lesson (Moved from Fourth Grade)

Topic: Respecting Our Friends: Gender

Brief Overview: This lesson focuses on creating a safe, respectful classroom community, particularly around addressing and reducing stereotypes and clarifying identities. Teaching this lesson before the maturation unit will help students better understand the terms “female-bodied” and “male-bodied” when they come up later in the unit.

Resource(s) Used:

- Updated Wonder Years Lesson 2: Respecting Our Friends: Gender
- Respecting Our Friends: Gender Lesson Plan
- Student Scenario Cards
- Gender Terminology Cards

Fifth Grade, Day 3

Topic: Male Reproductive System

Brief Overview: Students learn anatomy and function of the male reproductive system.

Resource(s) Used:

- Lesson 3 Slides
- Video Puberty: A Boy’s Journey (2016 Marsh Media)

Fifth Grade, Day 4

Topic: Female Reproductive System

Brief Overview: Students Learn anatomy and function of the female reproductive system.

Resource(s) Used:

- Let’s Talk
- Female Reproductive System Slides
- Female Reproductive System Labeling
- Video: Puberty: A Girl’s Journey (2016 Marsh Media)

Fifth Grade, Day 5

Topic: Reproduction, Menstruation, and Anatomy Assessment

Brief Overview: Students will learn different ways reproduction can occur as well as the role the menstrual cycle plays in reproduction. Students will also take an assessment on the male and female reproductive systems.

Resource(s) Used:

- Answer Key Female
- Answer Key Male
- Menstrual Cycle
- Female Reproductive System
- Male Reproductive System
- Reproduction Slides

Fifth Grade, Day 6

Topic: Personal Hygiene and Healthy Habits

Brief Overview: Students create a plan for good hygiene, healthy habits, and discuss benefits of postponing parenthood.

Resource(s) Used:

- My Personal Puberty Plan Answer Key
- Family Partnership
- Puberty Pointers for Everyone
- My Personal Puberty Plan
- Personal Hygiene and Healthy Habits Slides

Fifth Grade, Day 7

Topic: Social and Emotional Changes

Brief Overview: Students discuss boundaries, respect and the role social and emotional changes have on individuals going through puberty.

Resource(s) Used:

- Social and Emotional Changes Slides
- Puberty Word Cards
- Student Biographies

Fifth Grade, Day 8

Topic: Consent

Brief Overview: Students will learn the concept of consent and evaluate scenarios to determine if consent is given or refused.

Resource(s) Used:

- Consent Video
- Consent Practice Answer Key
- Consent Practice
- Consent Slides
- Consent or Not Scenario Cards
- Consent Signs

Fifth Grade, Day 9

Topic: HIV/AIDS

Brief Overview: Students will learn about HIV/AIDS including facts vs fiction.

Resource(s) Used:

- Video: HIV and Me: Marissa's Story (available on YouTube)
 - CD4 Count HIV
 - Fact vs Myth HIV
-

Grade Level: Sixth Grade

Sixth Grade, Day 1

Topic: Growing Together

Brief Overview: Creating a safe and productive learning environment for use throughout this curriculum. Review/learn/discover what they still could learn about puberty and learn strategies for identifying/communicating with a trusted adult.

Resource(s) Used:

- Family Activity Sheet
- Family Partnership Flyer
- Growing Together Slides
- Puberty Changes Cards
- Systems of the Body

Sixth Grade, Day 2

Topic: How My Body Works

Brief Overview: Review/learn more on puberty and the reproductive systems

Resource(s) Used:

- How My Body Works Slides
- Video: Puberty and You

- Video: Straight Talk Puberty- Girls/Boys (2012- Marsh Media)

Sixth Grade, Day 3

Topic: Hormones, Brains, & Feelings

Brief Overview: Matching brain development with cognitive changes that occur during puberty, as well as identifying social-emotional competencies that can be developed throughout adolescence.

Resource(s) Used:

- Hormones, Brains, & Feelings Slides
- Vision Board Project
- Brain Cards
- Social Emotional Learning Cards
- Social Emotional Competency
- Brain Cards Answer Key

Sixth Grade, Day 4

Topic: Healthy Relationships

Brief Overview: Learning about the ways relationships can change during puberty; then compare and contrast characteristics of healthy vs unhealthy relationships, friendships, and romantic relationships.

Resource(s) Used:

- Friendship, Romantic Relationship, or Both? Answer Key
- Relationship Traits Answer Key
- Healthy Relationships Slides
- Friendship, Romantic Relationship, or Both?
- Relationship Traits Cards

Sixth Grade, Day 5

Topic: Communication in Relationships

Brief Overview: Learn about boundaries, consent, and communication; while analyzing scenarios & describing ways to communicate & respect for boundaries.

Resource(s) Used:

- Respect or Disrespect Cards Answers
- Relationship Challenges Slides
- Relationship Cards

Sixth Grade, Day 6

Topic: Making Responsible Decisions

Brief Overview: Sex is defined and students identify reasons some teens might have sexual intercourse. Learn risks for having sex, benefits for delaying, & alternative choices (model for making decisions).

Resource(s) Used:

- Making Responsible Decisions Answer Key
- Family Activity
- Family Partnership Flyer
- Making Responsible Decisions Slides
- Making Responsible Decisions Worksheet

Sixth Grade, Day 7

Topic: Sexually Transmitted Infections

Brief Overview: Define STIs, as well as learn facts, transmission, prevention, symptoms, and testing.

Resource(s) Used:

- STI Facts Answer Key
- STI Slides
- STI Activity Sheet

Sixth Grade, Day 8

Topic: Refuse or Report

Brief Overview: Learning about interpersonal & sexual violence, as well as learn effective refusal & reporting strategies to use when negative or unwanted sexual behavior occurs.

Resource(s) Used:

- Refuse or Report Answer Key
- Refuse or Report Slides
- Sexual Harassment Student Activity Sheet
- Situation Cards: Refuse or Report

Sixth Grade, Day 9

Topic: Media & Information Literacy

Brief Overview: Examine media samples for sexual messages, while analyzing digital information for accuracy.

Resource(s) Used:

- Technology and Media Influences Answer Key
- Media & Information Literacy Slides

- Be a CRAB Activity Sheet
- Technology and Media Influences Activity Sheet

Sixth Grade, Day 10

Topic: Making Responsible Decisions

Brief Overview: Learn what intersectionality is and how each individual is unique & worthy of respect & dignity.

Resource(s) Used:

- Future Me Slides
- *Counselor address these topics in Safer, Smarter Kids/Teens Programming

Grade Level: Seventh Grade

Seventh Grade, Day 1

Topic: Introduction to Reproductive Health

Brief Overview: Students set norms for the unit. Students learn basic vocabulary for reproductive health with a matching activity using the vocabulary sheet provided.

Resource(s) Used:

- 7th Reproductive Health Vocabulary

Seventh Grade, Day 2

Topic: Male and Female Reproductive Systems Anatomy Lessons

Brief Overview: Students label and learn functions of the male and female reproductive systems.

Resource(s) Used:

- Reproductive Systems - Day 1
- Reproductive Systems - Day 2

Seventh Grade, Day 3

Topic: Puberty Review

Brief Overview: Students review changes during puberty as well as have a review on period products.

Resource(s) Used:

- Puberty Review Activities
- All About Getting Your Period Video
- Period in Third Period Video
- Reproductive Systems and Puberty Review Quiz

Seventh Grade, Day 4

Topic: Gender Identity and Sexual Orientation

Brief Overview: Students will learn the definition of gender identity and sexual orientation terms and how to be respectful of differences.

Resources Used:

- Gender Identity and Sexual Orientation Lesson
- Sexual Orientations Explained
- Sexual Orientation and Sexual Identity Video
- Sexual Orientation: A Spectrum of Attraction Video
- Range of Gender Identities
- What are Pronouns?
- LGBTQ Matching Activity

Seventh Grade, Day 5

Topic: HIV and AIDS

Brief Overview: Students learn about what HIV and AIDS are and ways to prevent HIV.

Resource(s) Used:

- PEP & PReP Video
- Michigan Model Lesson 1: The 4-1-1 on HIV and AIDS
- Understanding HIV/AIDS: Learn the Facts, Fight the Stigma, Stay Safe
- HIV Quiz

Seventh Grade, Day 6

Topic: STIs

Brief Overview: Students learn about STI signs and symptoms, prevention and treatments.

Resources Used:

- Kids Health STI Article with STI article links
- STI Assignment
- What is HPV?
- Healthy or Not? Activity

Seventh Grade, Day 7

Topic: Pregnancy and Birth

Brief Overview: Students will learn about how pregnancy happens and how a person might know they are pregnant.

Resources Used:

- Pregnancy Lesson FLASH
- Pregnancy Visuals

Seventh Grade, Day 8

Topic: Abstinence

Brief Overview: Students learn that complete abstinence is the only 100% way to prevent pregnancy and STIS.

Resources Used:

- Read Abstinence Article from Teenshealth.org
- What is Abstinence? Video

Seventh Grade, Day 9

Topic: Contraception

Brief Overview: Students will learn about contraception options and how well they work.

Resources Used:

- Contraceptives Lesson
- Birth Control Methods Article
- OPill Video
- Contraceptives Quiz

Topic: Boundaries

Brief Overview: Students learn what boundaries are, why they are important, and what to consider when setting boundaries.

Resources Used:

- Boundaries Video
- **Boundaries Slides - Adapted from Michigan Model
- Homework: Parent/Guardian Reproductive Health Discussion

Seventh Grade, Day 10

Topic: Consent

Brief Overview: Students learn about what consent is, why it's important, how to ask for consent and how to respect others.

● **Resources Used:**

- A User's Guide to Consent" Article from Scholastic Choices
- Ask Listen Respect video consent
- Dealing with Rejection: What's the best way? Video
- Consent Quiz from Scholastic Choices

Seventh Grade, Day 11

Topic: Healthy vs Unhealthy Relationships

Brief Overview: Students will learn about what makes a relationship healthy or unhealthy.

Resources Used:

- What Makes a Relationship Healthy? Video
- The Signs of Teen Dating Abuse Video
- Healthy Relationships Challenge Video

Seventh Grade, Day 12

Topic: Sexual Harassment and Abuse

Brief Overview: Students will learn how to identify, respond to and how to report sexual assault and harassment.

Resources Used:

- Sexual Assault, Consent, and Sexual Harassment: What's the Difference? Video
- Consent and Bystander Skills Lesson - FLASH
- Sexual Harassment and Boundaries Quiz

Seventh Grade, Day 13

Topic: Sexting

Brief Overview: Students will learn about what sexting is, why it's dangerous and how to get help if needed.

Resources Used:

- Sexting Lesson
- Sexting Infographic
- Sexting: What Should You Do?

Topic: Sex Trafficking

Brief Overview: Students will learn about what sex trafficking is, how to protect themselves, and where to get help for sex trafficking.

Resources Used:

- 3Rs Sex Trafficking Lesson
- Sex Trafficking: What is it?

Seventh Grade, Day 14

Topic: Sexual Media Literacy Awareness

Brief Overview: Students will learn that pornography can show a stereotypical portrayal of relationships, bodies, gender and sex. They will learn strategies for resisting pressure

to view pornography, and where they can go to find reliable information about sex and relationships.

Resources Used:

- Sexual Media Literacy Awareness Slides

Seventh Grade, Day 15

Topic: Finding Local Reproductive Health Resources

Brief Overview: Students will learn how to use Google to find local resources for STDs and HIV as well as pregnancy.

Resources Used:

- Finding Local Reproductive Health Resources Assignment

Students will be provided an opportunity to ask questions anonymously throughout the unit.

Grade Level: Ninth-Twelfth Grade

High School, Day 1

Topic: Male & Female Reproductive Anatomy

Brief Overview: The internal and external anatomy and functions of the male and female reproductive systems are reviewed.

Resource(s) Used:

- Lesson Plan – Sexual & Reproductive Anatomy and Physiology Part I | Advocates for Youth (Just Part I)

High School, Day 2

Topic: Communication and Refusal Skills

Brief Overview: Students describe characteristics of effective communication and apply communication skills to scenarios with partners involving sexual relationships.

Resource(s) Used:

- Lesson #1 How Well Do I Communicate With Others?

High School, Day 3

Topic: Unhealthy Relationships - Plan for Safety

Brief Overview: Students identify their top 3 relationship characteristics, explain the difference between healthy and unhealthy relationships, and develop a plan to get out of an unsafe or unhealthy relationship.

Resource(s) Used:

- Lesson #2 Unhealthy Relationships - Plan for Safety
- PowerPoint: Unhealthy Relationship Ppts

High School, Day 4

Topic: Understanding Influences on Sexual Decision-Making and Relationships

Brief Overview: Students identify influences on sexual decision-making and relationships and understand how they impact their decisions. These influences include the impact of alcohol and drugs.

Resource(s) Used:

- Lesson #3 Image Overload

High School, Day 5

Topic: Decision-Making

Brief Overview: Students describe the steps in the decision-making process and apply them to scenarios relating to pregnancy prevention and safer sex.

Resource(s) Used:

- Lesson #4 Decisions, Decisions

High School, Day 6

Topic: Planning and Protection

Brief Overview: Students understand how STIs are spread, that abstinence is the only 100% effective way of avoiding an STI and unplanned pregnancy, and that proper condom use reduces the risk of STI transmission and unplanned pregnancy. Students understand that oral, anal, or vaginal sex puts them at risk of contracting STIs. Emotional, economic, and legal consequences of sex are examined and students create a personal plan for avoiding STI transmission.

Resource(s) Used:

- Lesson #5 Planning and Protection

High School, Day 7**Topic: Pregnancy & STI Testing**

Brief Overview: Students understand how and why a person should get tested for pregnancy and STIs and locate resources in the community that provide testing.

Resource(s) Used:

- Lesson #6 Getting Savvy About STI Testing
- website: GetTested | CDC
- video: Let's Talk About Sexual Health
- website: Local Health Department Maps
- website: Title X Clinic Locator

High School, Day 8**Topic: STI Basics**

Brief Overview: Students describe ways STIs can be spread and how they can protect themselves from STI transmission. Students can locate reliable information regarding STIs and evaluate the reliability of sources of health information, including STIs.

Resource(s) Used:

- Lesson 7 STI Basics: Reducing Your Risks
- video: Amaze.org What Are STD's
- website: GetTested | CDC
- video: Amaze.org The Internet Has Been Interpreted #FactCheck

High School, Day 9**Topic: STIs**

Brief Overview: STI information, including rates of STIs among teens, symptoms, modes of transmission, consequences, preventative measures, and testing are reviewed using a Jeopardy-style quiz format.

Resource(s) Used:

- Lesson 8 STI Smarts
- PowerPoint:STI Smarts PPT
- Website: Washtenaw County STI rates

High School, Day 10**Topic: Pregnancy & Disease Prevention, Abstinence and Contraception**

Brief Overview: Students compare and contrast the pros and cons of methods used for pregnancy and disease prevention, including abstinence and contraception. This lesson includes an optional demonstration of how to properly put on a condom. The Michigan safe delivery law, adoption, and responsibilities of parents of children born in or out of wedlock are discussed.

Resource(s) Used:

- Lesson 9 Know Your Options
- website: Contraception and Birth Control Methods
- website: Which Contraception is right for me?
- website: Adoption
- website: Michigan Child Support
- website: Safe Delivery

High School, Day 11**Topic: Boundaries**

Brief Overview: Students will demonstrate the ability to have positive relationships, communicate caring and love without sexual intercourse, and communicate personal sexual limits and values to a partner. The importance of consent is also discussed in this lesson.

Resource(s) Used:

- Lesson 10 My Boundaries

High School, Day 12**Topic: Consent, Laws Related to Sexual Behavior of Teens**

Brief Overview: Define consent, coercion, and incapacitated and differentiate between situations in which consent is clearly given and when it is not. Demonstrate understanding of the importance of consent in a healthy relationship. Understand laws related to the sexual behavior of teens.

Resource(s) Used:

- Lesson 11 Rights, Respect, Responsibility: Don't Have Sex Without Them
- video: 2 Minutes Will Change the Way You Think About Consent
- Video: Pitch Perfect 2 Trailer (starting at 2:10 of clip - consent or not?)

High School, Day 13**Topic: Evaluating Resources for Reliability and Finding Accurate Sex Ed Info**

Brief Overview: Students learn and use strategies to distinguish whether a sexual health resource contains reliable information. Students also locate reliable, accurate resources of sexual health information for teens.

Resource(s) Used:

- Lesson 12 Trust It or Trash It: Finding Accurate Sex Ed Info
- Powerpoint: Trust it or Trash It PPT
- Screen shots used in lesson:
 - Worksheet #1: Sex, Etc.
 - Worksheet #2: About Nemours TeensHealth (for Teens)

- Worksheet #3: Love is Respect
- Worksheet #4: Sexual Health Information For Teens | Sex Facts & Myths
- Worksheet #5: Condoms: Contraception and Disease Prevention
- Worksheet #6: Safe Delivery

High School, Day 14

Topic: Prevention and Treatment of HIV

Brief Overview: Students understand who should be tested for HIV, how HIV is treated (including PrEP/PEP and impact on viral load), and discuss myths related to people living with HIV, correcting misinformation with facts.

Resource(s) Used:

- Lesson 13 Healthy Living: Prevention and Treatment
- Videos/sites used within the lesson:
- video: PrEP and PEP: HIV Prevention
- video: HIV: It's Called Treatment as Prevention
- video: Personal Stories from People Living with HIV

High School, Day 15

Topic: Sex Trafficking

Brief Overview: Through the use of discussion, PowerPoint, and video, students learn about sex trafficking including what it is, recruitment strategies used to groom victims, ways to reduce risk related to sex trafficking, and resources related to sex trafficking and sexual violence prevention and intervention.

Resource(s) Used:

- Lesson Sex Trafficking
- PowerPoint: Sex Trafficking
- video: Amaze.org Sex Trafficking: What Is It?

High School, Day 16

Topic: LGBTQ, Gender Identity, Sexual Orientation

Brief Overview: Through the use of PowerPoint, discussion, and a vocabulary activity, students learn about LGBTQ terminology including gender identity and sexual orientation.

Resource(s) Used:

- PowerPoint: LGBTQ, Gender Identity, Sexual Orientation
- Vocabulary Activity: LGBTQ, Gender Identity, Sexual Orientation Vocabulary Activity

MEMORANDUM



Summary: Dexter Community Schools SEAB Two-Year Report (June 2025)

This two-year report outlines the evaluation and development efforts of the Sex Education Advisory Board (SEAB) in compliance with Michigan Public Acts 165 and 166, which mandate regular review of HIV/AIDS and sex education programs. The SEAB reviewed curriculum, survey data (MiPHY, student, caregiver), and instructional alignment from grades 4–12.

Key Program Features:

- **Goal:** Equip students with knowledge and skills to build healthy relationships and avoid risky sexual behavior.
- **Objectives:** Include anatomy, contraception, STI/HIV prevention, communication, healthy relationships, and access to resources.
- **Curriculum:** Medically accurate, age-appropriate, and inclusive instruction for grades 4–12, with fully credentialed educators.

Evaluation Highlights:

- Survey data indicated general student understanding and satisfaction but highlighted variation across topics.
- MiPHY data showed low overall risk behaviors among students but some concern around access to accurate information sources (e.g., reliance on social media).

SEAB Priorities for Improvement:

- Introduce reproductive anatomy earlier.
- Increase caregiver and community engagement.
- Emphasize consent, safety, and media literacy.
- Provide a plan that provides more distinct lessons (easier to opt-out) on sexual orientation and gender identity in curriculum.
- Ensure continuity across grades and access to resources.

Next Steps:

- SEAB reviewed and refined the proposed updates and will recommend curriculum changes to the Board in Summer 2025.

Series 5000: Students, Curriculum, and Academic Matters

5400 Curriculum, Instruction, and Parent/Guardian Involvement

5420 Sex Education

DEFINITION

Sex education is sequential developmentally-appropriate instruction that aims to develop and strengthen the ability of students to make informed, healthy, and respectful decisions regarding relationships and sexual and reproductive health. It is taught within the framework of the State of Michigan Health Education Standards, which focus on building skills including accessing information, analyzing information, communication, goal-setting and decision-making, self-management, and advocacy. Core concepts, introduced in a developmentally appropriate manner and according to the grade-level health education standards, include but are not limited to bodily autonomy, puberty and development, identity, sexual expression, consent, healthy relationships, HIV and STI prevention and treatment, conception, and accessing sexual and reproductive health resources and services.

Discussions, activities, or texts/books used to teach to other academic standards, that are introduced during classroom instruction of non-health courses, and that may include human sexuality, gender identity, or any of the core concepts outlined above do not constitute sex education and would not be subject to the legal requirements of §380.1507, as they are not materials and methods that are part of a unit to teach the Michigan Health Education Standards focusing on growth and development/sex education (Strand 7).

Sex Education and Reproductive Health

A. Communicable Disease Instruction

The Superintendent or designee will ensure that students are taught about dangerous communicable diseases. Instruction must include the principal modes by which dangerous communicable diseases, including, but not limited to, human immunodeficiency virus infection and acquired immunodeficiency syndrome, are spread and the best methods for disease restriction and prevention.

Instruction must be provided by qualified instructors as defined by state law. Instruction must stress that abstinence from sex is: (1) a responsible and effective method of preventing sexually transmitted diseases, and (2) a positive lifestyle for unmarried young people.

B. Revision to Materials and Methods of Instruction

Before revising curriculum about dangerous communicable diseases, the Board will hold at least 2 public hearings occurring at least 1 week apart on the proposed revisions.

C. Sex Education Advisory Board

The Board will create a sex education advisory board to:

1. establish sex education program goals and objectives for student knowledge and skills that are likely to reduce the rates of sex, pregnancy, and sexually transmitted diseases;
2. review materials and methods of instruction used in the District's sex education program;
3. make recommendations to the Board for implementation of a sex education program; and
4. evaluate, measure, and report the attainment of program goals and objectives at least every 2 years.

The sex education advisory board must include the following members: parents/guardians, students, educators, local clergy, and community health professionals. At least half of the members must be parents/guardians who have a student in the District. A majority of those parents/guardians must not be employed by a school district.

The sex education advisory board will have 2 co-chairs appointed by the Board. One co-chair must be a parent/guardian of a student in the District.

The Board may, in its discretion, determine and modify terms of service for sex education advisory board members, the number of members, and the membership selection process.

Co-chairs or their designees will provide members of the sex education advisory board 2 weeks' electronic or written notice of meetings.

D. Sex Education Courses

The Board authorizes age-appropriate, medically-accurate instruction in sex education including, but not limited to, family planning, human sexuality, and the emotional, physical, psychological, hygienic, economic, and social aspects of family life. Instruction may also include the subjects of reproductive health and the recognition, prevention, and treatment of sexually transmitted diseases. The District's sex education curriculum must comply with state law.

Instruction must include principal modes by which dangerous communicable diseases, including, but not limited to, human immunodeficiency virus infection and acquired immunodeficiency syndrome, are spread and the best methods for disease prevention.

Sex education instruction must be provided by qualified instructors as defined by state law. Instruction must stress that abstinence is (1) a responsible and effective method of preventing unplanned pregnancy, out-of-wedlock pregnancy, and

sexually transmitted diseases, and (2) a positive lifestyle for unmarried young people.

Sex education is an elective course and is not required for graduation.

E. Reproductive Health Instruction

A reproductive health instruction program must be supervised by a licensed physician, a registered nurse, or other person certified by the State Board of Education as qualified.

No person may dispense or distribute a family planning drug or device on District property.

Clinical abortion is not considered a method of family planning, and abortion must not be taught as a method of reproductive health.

F. Revision to Materials and Methods of Instruction

Before revising sex education materials or methods of instruction, or before revising curriculum about dangerous communicable diseases, the Board will hold at least 2 public hearings occurring at least 1 week apart on the proposed revisions.

G. Parental Notice and Opt-Out

A student may not be enrolled in a class in which family planning or reproductive health is discussed unless the student's parent/guardian is provided advance notice of the course content, is given a prior opportunity to review the course materials, and is provided advance notice of the right to excuse the student from the class. If a parent/guardian excuses a student from the class in writing, the student will not be penalized or lose academic credit for not attending the class.

A parent/guardian may file written notice that the student is excused from all sex education offered by the District. If the District receives written notice, the student may not be enrolled in a sex education class unless authorized by the parent/guardian in writing.

H. Employee Responsibilities

Employees must comply with Policy 4209.

Legal authority: MCL 380.1169, 380.1506, 380.1507, 380.1507a, 380.1507b

Date adopted: 8/1/2024

Date Revised: