

Calallen ISD 2025-2026
Syllabus – Principles of Health

Campus: Calallen High School

Course and/or Grade Level: Principles of Health- All Grades 9th-12th

Course Description: The mission of the Principles of Health Science course is to give an introduction to Health Science that will inspire the student to either continue education at an institution of higher learning, or to pursue certifications from the CHS CTE programs; thus, enabling students to become productive students in the health care field dramatically improving the quality of wellness in their community.

Semester 1: August 13 – December 19, 2025

1st Quarter Topics	2nd Quarter Topics
• Health Care Systems and History of Health Care • Careers in Health Care • Anatomy and Physiology (Body Planes, Directional Terms, Cavities) • Basic Medical Terminology	• Anatomy and Physiology (Basic Structure of the Human Body, Skeletal & Muscular System) • Personal Qualities of a Health Care Worker • Legal and Ethical • Human Growth and Development

Semester 2: January 5 – May 29, 2026

3rd Quarter Topics	4th Quarter Topics
• Anatomy and Physiology (Cardiovascular and Respiratory Systems) • Vital Signs • Anatomy and Physiology (Digestive System) • Infection Control • Cultural Diversity	• Nutrition and Wellness • Promotion of Safety • First Aid and CPR • Anatomy and Physiology (Urinary and Reproductive System)

**Minor adjustment to the schedule may be made based on campus schedules and student needs.*