

Calallen ISD 2025-2026
Syllabus – Principles of Health/ Theory

Campus: Calallen High School

Course and/or Grade Level: Principles of Health/ Theory 11th-12th

Course Description: This course introduces students to the foundational concepts of health science, through classroom instruction and supervised clinical rotations. Students will explore healthcare careers, basic skills, professional standards while gaining hands-on experience in a hospital environment. Including gaining knowledge in medical terminology, safety practices, ethical and legal responsibilities. By clinical shadowing, students will develop knowledge and skills to prepare for advanced health science courses and future healthcare professions.

Semester 1: August 13 – December 19, 2025

1st Quarter Topics	2nd Quarter Topics
● CPR/BLS Certification ● Exploring Careers in Health Care ● Healthcare Laws/Ethics ● Safety/ Infection Control *Students will be going on Tuesdays, Wednesdays and Thursdays to Christus Shoreline Hospital for shadowing observing, assisting, and caring for real patients.	● Communication/Professionalism ● Medical Terminology ● Disease ● Health and Wellness *Students will be going on Tuesday, Wednesday and Thursdays to Christus Shoreline Hospital for shadowing, observing, assisting, and caring for real patients.

Semester 2: January 5 – May 29, 2026

3rd Quarter Topics	4th Quarter Topics
● Anatomy and Physiology (Cardiovascular and Respiratory Systems) ● Vital Signs *Students will be going on Tuesdays, Wednesdays and Thursdays to Christus Shoreline Hospital for shadowing observing, assisting, and caring for real patients.	● Medical Math ● Lifespan Development ● Working in Healthcare *Students will be going on Tuesdays, Wednesdays and Thursdays to Christus Shoreline Hospital for shadowing observing, assisting, and caring for real patients.

**Minor adjustment to the schedule may be made based on campus schedules and student needs.*