

Calallen ISD 2025-2026
Syllabus

Campus: West Intermediate and Magee Intermediate

Course and/or Grade Level: 3rd-5th Physical Education

Course Description: This Physical Education course for 3rd through 5th grade focuses on developing students' physical skills, teamwork, and understanding of healthy lifestyles in a fun and supportive environment. Students will engage in a variety of activities that promote physical fitness, motor skill development, and cooperative play. Through games, sports, movement challenges, and fitness exercises, students will improve their coordination, strength, endurance, flexibility, and overall well-being.

In addition to physical activity, students will learn the importance of sportsmanship, fair play, safety, and personal goal-setting.

Semester 1: August 13 – December 19, 2025

1st Quarter Topics	2nd Quarter Topics
Knowledge & Skills • Movement patterns and movement skills • Manipulative skills • Spatial and body awareness Social & Emotional Health • Resolving conflict & social interactions • Accepting & providing constructive feedback • Demonstrating respect & cooperation	Knowledge & Skills • Performance strategies in games & activities • Fitness principles • Analyze health & fitness data • Nutrition & Hydration Social & Emotional Health • Personal responsibility & self-management • Demonstrating respect for differences & similarities in abilities in self and others

Semester 2: January 5 – May 29, 2026

3rd Quarter Topics	4th Quarter Topics
Knowledge & Skills • Visual tracking and tracing • Rhythmic activities • Outdoor & recreational pursuits • Environmental awareness & safety practices Social & Emotional Health • Identify personal impulses & emotions • Communicating feelings & thoughts appropriately with teacher guidance	Knowledge & Skills • Combining pathways, shapes & levels into simple sequences • Recognizing a health-enhancing, physically active lifestyle • Identify how to measure improvement Social & Emotional Health • Demonstrating & understanding perseverance • Sleep & stress management • Personal hygiene

**Minor adjustment to the schedule may be made based on campus schedules and student needs.*