

## Arctic Blast Track & Field Invitational Order of Events

### Running Events

3200 Meter Run		9:30 or 9:45
3200 Meter Run		
100 Meter Hurdles	trials girls	10:00
110 Meter Hurdles	trials boys	
100 Meter Dash	trials girls	
100 Meter Dash	trials boys	
4X800 Meter Relay	Finals girls	
4X800 Meter Relay	Finals boys	
110 Meter Hurdles	Finals boys	
100 Meter Hurdles	Finals girls	
100 Meter Dash	Finals girls	
100 Meter Dash	Finals boys	
1600 Meter Run	Finals girls	
1600 Meter Run	Finals boys	
4X100 Meter Relay	Finals girls	
4X100 Meter Relay	Finals boys	
400 Meter Dash	Finals girls	
400 Meter Dash	Finals boys	
300 Meter Hurdles	Finals girls	
300 Meter Hurdles	Finals boys	
800 Meter Run	Finals girls	
800 Meter Run	Finals boys	
200 Meter Dash	Finals girls	
200 Meter Dash	Finals boys	
3200 Meter Run	Finals girls	
3200 Meter Run	Finals boys	
4X400 Meter Relay	Finals girls	
4X 400 Meter Relay	Finals boys	

### Field Events

<b>9:30</b>	Boys Discus
	Girls Javelin
	Boys Pole Vault (Girls Follow)
	Boys Long Jump
	Girls High Jump (Boys Follow)
<b>11:30</b>	Boys Triple Jump
	Girls Long Jump
	Boys Javelin
	Girls Shot
<b>1:30</b>	Girls Triple Jump
	Boys Shot
	Girls Discus