



CISAA Fair and Appropriate Play Statement

The Conference of Independent Schools Athletic Association (CISAA) has undertaken an implementation process for Fair and Appropriate Play across elementary school sport from Under 10 (grade 4) up to and including Under 14 (grade 8).

The CISAA School Sport Model is based on a number of Long-Term Development principles and best practices for children in sport. This research-based model for school sport integrates age-appropriate guidelines developed nationally through collaboration among Canadian Sport For Life, the Coaching Association of Canada (CAC), the National Coaching Certification Program (NCCP), Safe Sport Training, and several other national and provincial sport organizations.

Children, especially girls, tend to leave organized sport at a young age if their experience has not been positive and engaging. It is vital that CISAA school sports develop each individual child to their maximum potential so that they are confident, competent, develop connections and friendships, and are caring and compassionate teammates.

Fair and Appropriate playtime is a core component of developing each individual child to their full potential.

- Under 10, Under 11, Under 12 sports have implemented guidelines requiring equal playtime for all children. Under 10, Under 11, Under 12 sports do not have playoffs or championships
- Under 13 age group will have fair and appropriate playtime guidelines implemented during the 2023-24 school year



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- Under 14 age group will have fair and appropriate playtime guidelines implemented during the 2025-26 school year

CISAA views this implementation process as a work in progress and will monitor, review, and update the age group **Fair and Appropriate Play** guidelines over the next few years.

Tim White
CISAA Director