

DECEMBER 2025Health-e Pro 

MON	TUE	WED	THU	FRI
1 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Broccoli & Mandarin Oranges	2 #1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)* Baby Carrots & Pears Churro	3 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Peach Cup	4 #1 Cheeseburger #2 Veggie Burger (M) Kidney Beans & Orange M&M Cookie	5 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Applesauce Cup
8 #1 Beef & Cheese Quesadilla #2 Cheese Quesadilla (M) Broccoli & Peaches	9 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M) Baby Carrots & Mixed Berry Cup Pumpkin Cake	10 Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty Celery Sticks & Craisins	11 #1 Pasta w/ Meat Sauce #2 Pasta w/ Plant Based Meat Sauce (M)* Garbanzo Beans & Fruit Cocktail Snickerdoodle	12 #1 Toasted Ham & Cheese Sandwich w/ Tomato Soup #2 Toasted Cheese Sandwich w/ Tomato Soup (M) Corn & Grapes
15 #1 Mac & Cheese (M) Broccoli & Apple	16 #1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)* Baby Carrots & Banana Rice Krispie Treat	17 #1 Sloppy Joe Celery Sticks & Peach Cup	18 #1 Teriyaki Beef Dippers w/ Brown Rice Black Beans & Pineapple Tidbits Chocolate Brownie Cookie	19 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Peas & Applesauce Cup
22 No School	23 No School	24 No School	25 No School	26 No School
29 No School	30 No School	31 No School		

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:

#3 Yogurt Lunch (M)

#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and unlimited salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.50

Milk = \$0.75

Adults = \$5.75

This institution is an equal opportunity provider.