



Cleveland Heights University Heights

# MENU

Middle Schools Week 13: 11.10.25-11.14.25	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>General Tso Chicken</b> Popcorn Chicken With Brown Rice Green Peas	<b>Breakfast for Lunch</b> WG Pancakes with Turkey Sausage Potato Triangles 100 Calorie Pancake Syrup	<b>Homemade Grilled Cheese</b> and Tomato Soup	<b>Boneless Wings</b> With Scalloped Potatoes Green Beans Garlic Bread Stick	<b>Build A Burger</b> Build a Burger All Beef Patty Cheese Slice, Lettuce, Tomato, Onion, Pickle With BBQ Baked Beans
	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad

**ALL MEALS ARE FREE FOR ALL STUDENTS!**

**Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.**



**CHECK OUT OUR FEATURED SUPERFOODS!**

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

