Food Support and Assistance for Local Families

Are you or someone you know experiencing food insecurity? Food insecurity means not having reliable access to enough affordable, nutritious food for everyone in your household.

In New Jersey, nearly 1 in 11 households experience food insecurity — and for many families, rising costs can make it difficult to keep healthy food on the table.

If you or someone you know is struggling to afford groceries or regular meals, there are many local and state-wide programs that can help right now — most offering fresh produce, pantry staples, and prepared meals at no cost.

School Meal Benefits

Free and Reduced-Price Meals: Once your child is approved for free or reduced-price meals, that status remains in place for the entire school year, even if your household's income or circumstances change.

Automatic Free Meals for SNAP Families: If your household participates in SNAP, your child is automatically eligible for free school meals — no additional application is required.

You Can Apply Anytime: Families can apply or reapply for free or reduced-price meals at any point during the school year. If your household income or size changes (or you experience new hardship), please submit an updated application.

🔗 Free & Reduced Meal Application – English
🔗 Solicitud de comidas gratis o a precio reducido – Español

Finding Food Assistance

State-wide Resources:

- **NJ 211 Helpline:** Dial 2-1-1 or visit NJ211.org for a state-wide directory of food pantries, community kitchens, and other basic needs.
- **NJ SNAP Information:** njsnap.gov – check your SNAP balance and program updates.
- **Office of the Food Security Advocate:** nj.gov/foodsecurity – state updates and guidance on food programs.
- **Find Help Portal:** erescspecialprograms.findhelp.com – enter a ZIP code to locate food banks, housing assistance, and other supports anywhere in the state or country. The site offers translation into multiple languages.

Morris and Sussex County Resources:

- **Family Promise of Morris & Sussex Counties:** (973) 579-1180 | 19 Church St., Newton NJ 07860 – housing, utilities, mental-health and food support Family Promise
- **Interfaith Food Pantry Network:** (973) 538-8049 | mcifp.org
- **New Hope Food Pantry:** (973) 809-4355 (please ask for Jim)
- **Norwescap:** (908) 454-7000 | norwescap.org
- **Nourish NJ:** (973) 267-0709 | nourishnj.org
- **Star of the Sea:** (973) 663-0211

Additional Food Pantries: See the Morris County Food Pantries List for locations in Boonton, Denville, Dover, Butler, Chester, and surrounding communities.

Many pantries offer fresh produce, non-perishable foods, shopping appointments, and referrals to other services.

Morris & Sussex County Food Assistance Resources

Abiding Peace Lutheran Church
973-691-9393
305-311 Rt. 46, Budd Lake 07828

Barbara Hendrickson Smith
973-455-9802
78 Abbett Ave., Morristown 07960

Bethlehem Church
973-366-3434
758 Route 10, Randolph 07869

Boonton Town Food Pantry
973-402-9410 ext. 634
100 Washington St., Boonton 07005

Chester Food Pantry
973-879-2548
100 North Road, Chester 07930

Church of God in Christ
800-427-3244
3 Rowe St., Morristown 07960

Community Soup Kitchen
973-267-0709
36 South St., Morristown 07960

Denville Township Food Pantry
973-625-8300 ext. 269
1 St. Mary's Place, Denville 07834

Evangel Church of God
973-263-1787
218 Cornelia St., Boonton 07005

First Memorial Presbyterian Church
973-366-0216
51 W. Blackwell St., Dover 07801

First Presbyterian Church
973-627-1059
35 Church St., Rockaway 07866

First Presbyterian Church – Whippany
973-887-2197
494 Rt. 10, Whippany 07891

Grace United Methodist Church
973-366-3681
98 N. Sussex St., Dover 07801

Hope House – Catholic Charities
973-361-5565
19-21 Belmont Ave., Dover 07801

Lincoln Park Borough
973-694-6100
34 Chapel Hill Rd., Lincoln Park 07035

Long Valley Presbyterian Church
908-876-3471
39 Bartley Rd., Long Valley 07853

Madison Meals on Wheels
973-593-3095
10 Maple Ave., Madison 07940

Market Street Mission
973-538-0431
9 Market St., Morristown 07960

Mine Hill Township
973-366-9031 ext. 62
10 Baker St., Mine Hill 07803

Montville Kiwanis Food Pantry
973-227-8565
29 Whitehall Rd. (Rt. 202), Towaco 07082

Morris Co. Office of Temp Assistance
973-326-7800
340 W. Hanover Ave., Morristown 07960

Morristown 7th Day Adventist Church
973-984-2970
501 Tempe Wick Rd., Morristown 07960

Morristown Meals on Wheels
973-538-2160 ext. 211
29 Elm St., Morristown 07960

Parsippany Christian Church
973-335-6387
205 Vail Rd., Parsippany 07054

Parsippany Office on Aging
973-263-7351
1130 Knoll Rd., Lake Hiawatha 07034

Salvation Army – Dover
973-366-0764
76 N. Bergen St., Dover 07801

Salvation Army – Morristown
973-539-2700
95 Spring St., Morristown 07960

St. Anthony's Church
973-838-0031
65 Bartholdi Ave., Butler 07405

St. Clare's Meals on Wheels
973-625-6010
25 Pocono Rd., Denville 07834

St. Elizabeth Ann Seton Parish
973-927-1629
61 Main St., Flanders 07836

St. Mary's Parish
973-366-0184
425 W. Blackwell St., Dover 07801

St. Peter's Food Pantry
973-334-2090
179 Baldwin Rd., Parsippany 07054

Trinity Lutheran Church
973-366-2821
123 E. Blackwell St., Dover 07801

UMC – Butler
973-838-2026
5 Bartholdi Ave., Butler 07405

UMC – Hurdtown
973-663-1216
Rt. 15 S., Lake Hopatcong 07849

UMC – Dover
973-366-1804
41 E. Blackwell St., Dover 07801

UMC – Drakestown
908-852-4460 / 908-319-4734
6 Church Rd., Hackettstown 07840

UMC – Port Morris
973-347-0381
546 Main St., Landing 07850

UMC – Stanhope
973-347-0247
2 Route 183, Netcong 07857

UCC – Wharton
973-366-8140
20 Church St., Wharton 07885

WIC Clinic – Boonton & Dover
800-427-3244
100 Washington St., Boonton 07005
18 Thompson St., Dover 07801

More Information:
www.jefftwp.org/food-pantries