

***Manhasset High School***  
***Counseling Department***



**Class of 2029**  
***A Guide for Students and Parents***



September 2025

Dear Students and Parents/Guardians,

We welcome you to Manhasset High School for what we hope will be the start of four wonderful years. From our collective experiences as professional school counselors, we know the years ahead will further the personal, academic, and social growth of each student as they progress from mid-adolescence to the threshold of young adulthood. We are also aware that growth doesn't always come smoothly and that all students will face challenges related to the competitive academic environment of high school and life in general. This will include balancing academic and extracurricular schedules, personal decision making, new social challenges, and working through the process of determining post-secondary plans. Our staff works with every student to ensure that each will maximize his/her/their potential as a student and as a contributing member of the Manhasset High School community. Upon graduation, we hope each student will look back with a sense of personal pride for what they have accomplished and possess the confidence of knowing that they are well prepared for their future endeavors.

In accordance with the National and New York State School Counseling Associations, the School Counseling program at Manhasset High School has been designed to address the developmental needs of each student and to support each student on their journey to becoming independent young adults. We look forward to meeting with and getting to know each family as we share this journey with you.

Sincerely,

***The Counseling Staff***



## **Table of Contents**

<b>The Counseling Department Staff</b>	<b>6</b>
<b>Role of the School Counselor</b>	<b>9</b>
<b>Tips for Success</b>	<b>10</b>
<b>MHS Grading System</b>	<b>13</b>
<b>GPA Calculation</b>	<b>14</b>
<b>MHS Sample Transcript</b>	<b>15</b>
<b>New York State Graduation Requirements</b>	<b>17</b>
<b>New York State Regents Testing</b>	<b>18</b>
<b>New York State Diploma Types</b>	<b>19</b>
<b>MHS Honor Societies</b>	<b>21-28</b>
<b>Honor Roll Distinctions</b>	
<b>MHS Grading System</b>	
<b>Student Activities</b>	<b>29</b>
<b>Naviance</b>	<b>31</b>
<b>Passport for Good</b>	<b>32</b>
<b>National Collegiate Athletic Association (NCAA)</b>	<b>35</b>
<b>College Entrance Standardized Testing Glossary</b>	<b>39</b>
<b>College Policies Related to Advanced Placement Exams</b>	
<b>Projected Standardized Testing</b>	<b>43</b>
<b>Individual Testing schedule</b>	
<b>Testing Recommendations</b>	
<b>School Counseling Department Programs</b>	<b>47</b>
<b>Grade Level Calendars</b>	
<b>Looking Ahead</b>	<b>55</b>



**Manhasset High School Counseling Staff**  
**2025-2026**

**Ms. Kerry Fallon**  
kerry\_fallon@manhassetsschools.org  
*District Director of School Counseling Services*

**High School Counselors**

**Mrs. Marcy Fogel**  
*A-Ci*  
marcy\_fogel@manhassetsschools.org  
267-7619

**Mrs. Jennifer Landman**  
*Co-Ha*  
jlandman@manhassetsschools.org  
267-7616

**Mrs. Lori Margulies**  
*He-Ling*  
lori\_margulies@manhassetsschools.org  
267-7632

**Mrs. Kristen Ruthkowski**  
*Liu-Pan*  
kristen\_ruthkowski@manhassetsschools.org  
267-7624

**Ms. Kimberly Cosenza**  
*Pap-Te*  
kcosenza@manhassetsschools.org  
267-7620

**Mrs. Danielle Cerulli**  
*Th-Z*  
danielle\_cerulli@manhassetsschools.org  
267-7615

**High School Counseling Support Staff**

**Mrs. Lisa Mogavero 267-7612**  
**Ms. Angela Zaccagnino 267-7613**  
**Mrs. Jeanmarie Scagnelli 267-7614**





# *The Role of the School Counselor*

## *Tips for Success*

## **The Role of the School Counselor**

School Counselors are committed to helping all students strive for and achieve their academic and personal potential. To do this, we will spend time getting to know you as a unique individual. Throughout high school, we will meet with you individually, in groups or virtually with the following list giving you an idea of some of the topics we will address together. It's important that you are well informed and that you understand we are here for you if you are faced with challenges.

### **Academic:** Progress Monitoring (Progress Reports and Report Cards)

- Navigate academic support(s)
- Monitor student completion of graduation requirements
- Provide recommendations for course selection
- Offer strategies to work with your teachers
- Time management and study skills assistance
- Academic preparation for college
- Standardized testing (*SAT, ACT, AP*)

### **Personal:** Help with addressing personal issues and concerns

- Planning for your future beyond high school
- Offer recommendations for appropriate extracurricular activities
- Provide recommendations for summer and volunteer activities

### **Social:** Having someone to talk to AND listen to you

- Tips on how to relieve stress
- Assist in addressing peer pressure
- Addressing changing situations with friends

## **Tips for High School Success**

- \* **Take school seriously.** If you plan to attend college, your academic performance will be the most important factor in determining the choices available to you upon graduation.
- \* **Come to school every day – be on time and prepared to learn.**
- \* **Maintain a healthy balance between work and recreation.** If your school work begins to suffer because you're too involved in activities, or your course load is overly demanding, consider cutting back on the activities or reevaluating your course load. Over-scheduling is one of the major causes of stress among students.
- \* **Managing your time is very important.** Be sure you are using a planner that you find easy to navigate and will use consistently. Canvas has an embedded planner and we urge you to use it! If you have trouble managing your time, be sure to see your counselor.
- \* **Develop a filing system to maintain your records and notes.** When unit exams and final exams come around you will be happy to have all the work you need to review in one place.
- \* **Get involved in at least one school or community activity.** If nothing in school attracts your attention, look outside of school for community activities such as those sponsored by a church, temple, youth groups, or volunteer organizations.
- \* **Develop the skills that will lead to self-discipline and independence.** If you have not already done so, these are very important personal skills for you to develop. Some of these skills include: *setting personal goals, making decisions that will help you achieve them, becoming a self-advocate, taking responsibility for your behavior and schoolwork, and beginning to make thoughtful decisions.*
- \* **Talk to your parents, counselor, and teachers about school.** Discuss your ideas or interests and ask for their input. Begin to build the team that will help advise and direct you to become a successful and fulfilled person. Please keep in mind that you are not alone. There are many people at school who can help you talk things out: teachers, counselors, social workers, psychologists, peer mentors, the school nurse, the assistant principals, and, of course, the principal. We are all ready to offer our help if and when you need it!



***Manhasset Grading System***

***GPA Calculation***

***Manhasset Transcript***

## **Manhasset High School Grading System**

Manhasset High School has a quarterly grading system. As such, you will receive grades at the end of each of four marking periods. The end of each marking period is indicated on the school calendar. Please familiarize yourself with these dates.

Your final grade in each course will be based on the grades earned for each quarter as well as the grades earned on the mid-term and final exams. Quarterly grades will count for 20% of your final grade and the grades on your midterm and final exams will each account for 10% of your final grade. Please note:

***The Regents grade is the final exam grade for courses ending in a Regents exam.***

At the end of each quarter, your teacher will average your numeric grades and determine an alpha or “**letter**” grade. The conversion chart from numeric to alpha grades is as follows:

<b>Numeric Grade</b>	<b>Alpha Grade</b>	<b>Un-weighted Value</b>	<b>Value of Half Year Course</b>
97 – 100	A+	4.33	2.165
93 - 96	A	4.0	2.0
90 – 92	A-	3.67	1.835
87 – 89	B+	3.33	1.665
83 – 86	B	3.0	1.5
80 – 82	B-	2.67	1.335
77 – 79	C+	2.33	1.165
73 – 76	C	2.0	1.0
70 – 72	C-	1.67	.835
67 – 69	D+	1.33	.665
65 – 66	D	1.0	.5
Below 65	F	0.0	.0

## Grade Point Average (GPA)

Your Grade Point Average (GPA) is the average of all the courses you take at Manhasset High School, except Physical Education, including High school credit-bearing courses taken in 8<sup>th</sup> grade at Manhasset Middle School. Courses taken at other schools are not included in Manhasset GPA. We calculate a cumulative GPA **at the end of each school year using only the final course grade** earned. Both un-weighted and weighted GPA's are calculated as follows:

**Unweighted GPA:** Let's say that the courses listed below are the courses you are taking this year and that the grades are the final grades you receive in June. They would be indicated as follows:

Course	Grade	UW Value	Credit
English 9R	+	3.33	1
Social Studies 9H	A +	4.33	1
Earth Science	B	3.0	1
Integrated Alg. 9H	A	4.0	1
French II	C +	2.33	1
Advanced Studio Art	B +	3.33	1
HS Band	A	+ 4.0	+ 1
		<b>24.32</b>	<b>/ 7 = 3.474 GPA</b>

**The Weighted GPA:** To determine a “weighted” GPA, an additional value of **.25** is added to grades received in Honors and Advanced courses and a **.5** is added to grades received in AP courses. *Refer to the Course Catalog to determine the weight given, if any, to the courses in which you are enrolled each year.*

Course	Grade	UW Value	W Value	Credit
English 9R	B +	3.33	3.33	1
Social Studies <b>9H</b>	A +	4.33	4.58	1
Earth Science	B	3.0	3.0	1
Integrated Alg. <b>9H</b>	A	4.0	4.25	1
French II	C +	2.33	2.33	1
<b>Advanced</b> Studio Art	B +	3.33	3.58	1
HS Band	A	4.0	4.0	+1
		<b>25.07</b>	<b>/ 7.0 = 3.58 GPA</b>	

In the event of a failing grade in any academic quarter, **the numeric average** earned in each marking period will be used to determine the final course grade.

**--WEIGHTED COURSES ARE CLEARLY INDICATED IN THE COURSE CATALOG--**

### GPA FACTS

- \* Unweighted and weighted GPA's are only calculated at the end of each year and will only appear on your transcript, not your report cards.
- \* GPA is calculated using only Manhasset course grades. Courses taken at other institutions are not included in the calculation.
- \* Final grades (except PE), including Regents level courses taken in 8th grade, are used to calculate the GPA. (Regents courses taken in 7th grade are not included)
- \* The GPA calculated at the completion of 11th grade is the GPA reported to colleges.
- \* The Valedictorian and Salutatorian of the class are chosen based on the 7th Semester (mid-senior year) Weighted GPA.

## High School Transcript

A transcript is an official record of all the academic work you complete in high school. Unlike a report card, only the **final grade** you receive in each course is recorded. In addition to your final grades, the transcript will also contain your unweighted and weighted GPAs and your Regents grades. When you take certain Regents exams will depend on your schedule.

### SAMPLE TRANSCRIPT

<b>Student Name:</b> <b>Student Address:</b> <b>Student Phone:</b> <b>Parent/Guardian:</b> <b>DOB:</b> <b>Graduation Date:</b>	<b>Your Name Here</b> 200 Memorial Place Manhasset, NY 11030 Your Phone  June 2029	<b>District Name:</b> <b>School Name:</b> <b>CEEB:</b> <b>School Address:</b>  <b>School Phone:</b> <b>School Fax:</b> <b>Accreditation:</b>	<b>Manhasset</b> <b>Manhasset HS</b> 333-010 200 Memorial Place Manhasset, NY 11030 (516) 267-7605 (516) 267-7621 NYS Board of Regents
---	---	---	---

  

Course	Final Grade	Crdt Ernd	Crdt <del>Atmpt</del>	Date	Test	Score
<b>2024 - 2025 Manhasset MS</b>				06/15/2025	Regents Living Environment	83
Living Environment R MS	B+	1.00	1.00	06/15/2026	Regents Algebra I	85
Spanish I-2	A	1.00	1.00			
<b>Total</b>		<b>2.00</b>	<b>2.00</b>	06/16/2026	Regents Earth Sci	80
<b>2025 - 2026 Manhasset HS</b>				06/18/2027	Regents Global History	84
Algebra R	B+	1.00	1.00	06/20/2027	Regents Chemistry	76
Broadcast Journalism	A+	0.50	0.50	06/21/2027	Regents Geometry	80
Broadcast Journalism II	A+	0.50	0.50			
Earth Science R	B+	1.00	1.00			
English 9 H	A-	1.00	1.00	06/24/2027	FLACS Checkpoint B	98
PE 9-10	A+	0.50	0.50		Spanish	
Social Studies 9 R	B+	1.00	1.00	06/17/2028	Regents Common Core ELA	88
Spanish II	A	1.00	1.00	06/20/2028	Regents US History & Govt	80
Studio Art	A	1.00	1.00	06/24/2028	Regents Physics	68
<b>Total</b>		<b>7.50</b>	<b>7.50</b>	06/25/2028	Regents Algebra II	81
<b>2026 - 2027 Manhasset HS</b>						
AP Human Geography	A	1.00	1.00			
Chemistry R	B	1.00	1.00			
English 10 H	A-	1.00	1.00			
Geometry R	B	1.00	1.00			
Health 10	A+	0.50	0.50			
Painting I	A	0.50	0.50			
PE 9-10	A	0.50	0.50			
Social Studies 10 H	B+	1.00	1.00			
Spanish III	A	1.00	1.00			
<b>Total</b>		<b>7.50</b>	<b>7.50</b>			
<b>2027 - 2028 Manhasset HS</b>						
Algebra 2 R	B+	1.00	1.00			
AP English 11	A-	1.00	1.00			
AP Psychology	A+	1.00	1.00			
Intro to Business	A+	0.50	0.50			
Painting II	A+	0.50	0.50			
PE 11-12	A+	0.50	0.50			
Physics R	B+	1.00	1.00			
Social Studies 11 R	A	1.00	1.00			
Span IV Advanced	B+	1.00	1.00			
<b>Total</b>		<b>7.50</b>	<b>7.50</b>			
<b>Grand Total</b>		<b>24.50</b>	<b>24.50</b>			

  

<b>Academic Standing as of:</b>	<b>UnWt. GPA</b>	<b>Weighted GPA</b>
07/01/2028	3.6872	3.7959

*The Valedictorian and Salutatorian of the class are determined at the end of the 7<sup>th</sup> semester (mid-senior year). All Manhasset grades, except PE, are included in the calculation, which is based on weighted grades and enrollment date.*



***New York State Graduation  
Requirements***

***New York State Regents Testing***

***New York State Diploma Types***

**New York State Graduation Requirements**  
**Class of 2029**

**The New York State Department of Education Course Requirements**

**22 Credits distributed in the following curriculum areas:**

*(1 full year course = 1 credit / 1/2 year course = 1/2 credit)*

***English:*** 4 Credits

***Social Studies:*** 4 Credits

***Mathematics:*** 3 Credits

***Science:*** 3 Credits

*(Must include one life science and one lab science course)*

***World Language:*** 1 Credit

***Art, Music, and/or Theater:*** 1 Credit

***Physical Education:*** 2 Credits

***Health*** ½ Credit

***Electives:*** 3 ½ Credits

**Manhasset School District Curricular and Community Service Requirements:**

Each school district in New York State has the authority to add additional high school graduation requirements. The Manhasset Board of Education has added the following:

*2 additional credits in World Language and a passing grade on the World Language assessment*

*6 academic credits per year*

**Community Services Requirement:**

As part of your graduation requirement, you are required to complete fifteen (15) hours of community service during your senior year.

**Alternative Method of Satisfying the World Language Requirement:**

Students who choose not to take a World Language, after they have passed the language proficiency exam, can earn a five-credit sequence in the Visual Arts. The student must, however, obtain permission from the Director of Music and the Arts.

**Advanced Placement (AP) Courses:**

Students enrolled in AP courses **are required** to pay for and take the corresponding AP exam(s). **Students are not permitted to take an AP exam at Manhasset High School unless they are enrolled in the AP course at Manhasset High School.**

**New York State Regents Testing**  
**Class of 2029**

The New York State Department of Education offers Regents exams in the following subjects. Due to differences in math and science placement, and in some cases world language, students will take Regents exams in these subjects at different times, as indicated in the multiple yearly options below.

Subject	Grade 7/8		Grade 9	Grade 10	Grade 11	Grade 12
English Language Arts					X	
Global History and Geography				X		
U.S. History					X	
Algebra	X	X	X	X		
Geometry		X	X	X	X	
Algebra 2			X	X	X	X
Earth Science	X		X	X		
Living Environment		X	X			
Chemistry			X	X	X	
Physics				X	X	X
World Language				X	X	X

All Regents exams are three hours in length and must be administered at the time determined by New York State. Exams are administered in June, August and January. If a student chooses to re-take an exam for a higher grade, the higher grade will appear on the transcript but **will not** be used to re-calculate the final grade earned in the course.

The Checkpoint B World Language exam is taken by students at the completion of the third year of the language.

**Please Note:** Your counselor will conduct an annual academic audit to ensure that you are meeting the New York State curricula and Regents requirements for graduation. This audit will also identify your diploma type, which is discussed on the next page.

## **New York State Diploma Types** **Class of 2029**

**Local Diploma:** The New York State Local Diploma is currently available for students who have been classified by the Committee on Special Education, only. A student can earn a Local Diploma by earning a grade of at least 55 % on each of the exams required for the Regents diploma or by meeting the requirements of the low pass option. If this becomes necessary, you will discuss this with your counselor.

**Local Diploma by Appeal:** The Local Diploma, by appeal, is available to both general education and students with disabilities. The appeal process, if necessary, will be discussed with your counselor.

**Regents Diploma** A passing grade (65%) on each of the following Regents exams: *Comprehensive English Language Arts, Global Studies, U.S. History and Government, one exam in Math, and one exam in Science.* In lieu of one of the Social Studies exams, a student can substitute an additional math or science exam.

**Regents Diploma with Honors:** A combined average of 90% on the exams required for the Regents Diploma.

**Advanced Designation Regents Diploma:** A passing grade (65%) in each of the Regents exams indicated above and a passing grade on each of the following additional Regents exams: two additional math exams, a second science exam, one of which is a life science, and a world language exam.

**Advanced Designation Regents Diploma with Honors:** A combined average of 90% on the exams required for the Advanced Regents Diploma.

### **Math/Science Distinctions**

A student who earns mastery, a score of 85% or higher, on each of three math and science Regents exams, will earn distinction in each discipline, or in both. The individual or dual distinction will be noted on your diploma.

***\*Students whose third exam would have been completed during COVID-19 exemptions will be determined based on a combination of the remaining two exams and final course averages.***

### **Manhasset Diploma Requirements**

Unless you are pursuing the 5 credit sequence in the Visual Arts, or are language exempt, you are required to take and pass the Checkpoint B world language exam at the completion of three years of world language study.

### **Graduation Participation**

Only those students who complete all requirements to earn a New York State diploma are permitted to participate in the graduation ceremony with their classmates.

***Manhasset High School  
Honor Roll Distinctions***

***Manhasset High School  
Honor Societies***

***Manhasset High School  
Grading System***

***Manhasset High School  
Student Activities***

## **Manhasset High School Honor Rolls**

### **Honor Roll**

**Honor Roll** designation is earned by students who have a minimum unweighted GPA of 3.0 with no grade lower than C-.

### **High Honor Roll**

**High Honor Roll** designation is earned by students who have a minimum unweighted GPA of 3.5 with no grade lower than B-.

### **National Honor Society-HS**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** As Needed

**Meeting Days:** Tuesday

**Meeting Location:** Auditorium

**Grades Eligible for Participation:** 11th, 12th

**Eligibility Requirements:**

3.900 cumulative average (unweighted) or a 4.050 cumulative average (weighted).

**Brief Description:**

criteria-based membership (GPA, extracurricular activities, character, etc.)

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Web Editor, Historian, Student Senate Rep

**National Honor Society-HS Applications become available:** Invitations are issued each October

**National Honor Society-HS Applications are due:** Typically by early November

**PLEASE NOTE:** As with the criteria for the National Honor Society, GPA's will not be rounded up for the purpose of meeting the requirement for membership in any society that uses GPA as one of its criteria. For example, a 3.66 is not a 3.7. Similarly, a 3.825 is not a 3.83.

## **Art Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly meetings (mornings), additional meetings as needed to support events

**Meeting Days:** Thursday

**Meeting Location:** Room 308

**Grades Eligible for Participation:** 9th, 10th, 11th, 12th

**Eligibility Requirements:**

- A minimum of a “B+” average in your art class from last year
- Be enrolled in at least one semester of art EACH YEAR for members who wish to remain in the Art Honor Society
- Pay dues (\$15) by the due date
- Attending our monthly meetings, missing no more than 3
- Participation in activities, fundraisers & events
- Earn the required number of points each year to be inducted in June to earn cords for graduation

**Brief Description:**

The Art Honor Society aims to inspire and recognize students who have shown an outstanding ability and interest in art. The AHS strives to aid members in attaining the highest standards in art scholarship, character, and service, and to bring art education to the attention of the school and community. Students focus on fundraising for various organizations through art related activities and events.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Web Editor, Historian, Student Senate Rep

**Art Honor Society Applications become available:** April

**Art Honor Society Applications are due:** April

## **English Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly. Second Tuesday of the month (except for November) when we have practice for the induction ceremony

**Meeting Days:** Tuesday

**Meeting Location:** Black Box/or Auditorium \* Depending on availability

**Grades Eligible for Participation:** 10th, 11th, 12th

**Eligibility Requirements:** Final grade of: an A in an AP or Honors class or an A+ in a Regents class

**Brief Description:** English Honor Society members are the Peer Responders (English Tutors) for the middle school students. This club also donates their time tutoring for the EOC. Additionally, we celebrate authors, poetry and Shakespeare as well as trivia and scrabble competitions.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Web Editor

**English Honor Society Applications become available:** September 15

**English Honor Society Applications are due:** October 20

**French Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly

**Meeting Days:** Friday

**Meeting Location:** Room 174

**Grades Eligible for Participation:** 10th, 11th, 12th

**Eligibility Requirements:**

- Maintain a minimum average of 3.67 (A-) GPA in previous and current French course (un-weighted)
- Maintain a minimum of a 3.33 (B+) overall GPA verified by the Guidance Office.
- GPA requirement above entails that the student maintain an A- (3.67) in Quarters 1 and 2 in the year of application and induction
- Continued study of French until graduation
- Fulfillment of forty (40) point participation requirement
- An initial membership fee of \$30.00, which covers membership, certificates, medals, etc.
- Regular attendance and participation in FHS activities
- Three (3) unexcused absences at meetings result in dismissal and illegibility for Induction
- Attendance at the World Languages Honor Societies Induction Ceremony
- Appropriate behavior at all events and follow all Manhasset School rules

**Brief Description:**

La Société Honoraire de Français was founded to recognize students' academic excellence in French. It also promotes continuity of interest in the French language and Francophone cultures by providing opportunities to use the language and experience the culture. The club also aims to connect with the French community both abroad and local and establish connections with philanthropic efforts to help said communities.

Membership is granted to those students who continue to demonstrate exemplary achievement in French and display commitment and dedication to Society.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Student\\Senate Rep

**French Honor Society Applications become available:** Start of the school year

**French Honor Society Applications are due:** Sept 30th

**Italian Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly

**Meeting Days:** Friday



**Meeting Location:** Room 410

**Grades Eligible for Participation:** 10th, 11th, 12th

**Eligibility Requirements:**

- Maintain a minimum average of 3.67 (A-) GPA in previous and current Spanish course (un-weighted)
- Maintain a minimum of a 3.33 (B+) overall GPA verified by the Guidance Office.
- GPA requirement above entails that the student maintain an A- (3.67) in Quarters 1 and 2 in the year of application and induction
- Continued study of Italian until graduation
- Fulfillment of forty (40) point participation requirement
- An initial membership fee of \$30.00, which covers membership, certificates, medals, etc. Regular attendance and participation in IHS activities
- Three (3) unexcused absences at meetings result in dismissal and illegibility for Induction
- Attendance at the World Languages Honor Societies Induction Ceremony
- Appropriate behavior at all events and follow all Manhasset School rules

**Brief Description:**

The Società Onoraria Italica (IHS) was founded to recognize students' academic excellence in Italian. It also promotes continuity of interest in the Italian language and culture by providing opportunities to use the language and experience the culture. The Society's goal is to promote an appreciation, love and the understanding of the richness of Italian language and culture. Membership is granted to those students who continue to demonstrate exemplary achievement in Italian and display commitment and dedication to Society.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Historian, Director of Cultural Events, Student Senate Rep

**Italian Honor Society Applications become available:** September

**Italian Honor Society Applications are due:** September (due at first meeting a week after they are handed out)

## **Math Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly

**Meeting Days:** Monday

**Meeting Location:** Zoom

**Grades Eligible for Participation:** 10th, 11th, 12th

**Eligibility Requirements:**

- Minimum 3.83 unweighted Math GPA
- Minimum 3.5 unweighted Overall GPA
- Successful completion of Algebra 2

**Brief Description:**

To allow those who are passionate about math to share their knowledge with struggling students, younger students, and the school population in general.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Student Senate Rep

**Math Honor Society Applications become available:** Mid September

**Math Honor Society Applications are due:** Mid October

### **Science Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly

**Meeting Days:** Monday

**Meeting Location:** Room 147

**Grades Eligible for Participation:** 11th, 12th

**Eligibility Requirements:** Membership will be based upon scholarship, service, character, and integrity.

- Applicants must be a junior or a senior and have successfully completed a minimum of three years of Regents level science.
- Applicants shall have a minimum science average of A for students in Regents classes and A- for students in honors/AP classes.
- Applicants must submit one faculty recommendation from the science department. Please email teachers at least one week prior to the due date to complete the recommendation google form.
- Students are required to attend the induction ceremony unless specifically waived by the advisors.

**Brief Description:**

<https://stanys.org/science-honor-society>

Our purpose is to encourage an interest and understanding of science and science-related careers, as well as to recognize the academic achievement in science of high school students. Students who are members are enthused about research, participate in science related activities, have demonstrated achievement in science learning, are service-minded, and present excellent personal character.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Web Editor, Web Editor should be Webmaster, we also have a Coordinator

**Science Honor Society Applications become available:** Early September

**Science Honor Society Applications are due:** 2 weeks before induction

## **Social Studies Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** As Needed

**Meeting Days:** Monday

**Meeting Location:** Auditorium

**Grades Eligible for Participation:** 11th, 12th

**Eligibility Requirements:** Prospective members must be in either the 11<sup>th</sup> or 12<sup>th</sup> grade and be currently enrolled in or have taken AP United States History and meet the following grade requirements:

● **Students applying in the 11<sup>th</sup> grade** must be enrolled in AP United States History AND have achieved the following minimum grades: (unweighted)

- Social Studies 9R and Social Studies 10R (4.33 unweighted average)
- Social Studies 9R and Social Studies 10H (4.0 unweighted average)
- Social Studies Pre AP and Social Studies 10 H (3.83 unweighted average)
- Social Studies 9 Pre AP and AP World History (3.67 unweighted average)

● **Students applying in the 12<sup>th</sup> grade** must have taken AP United States History and earned a minimum grade of A-. In addition, they must also meet the minimum grade requirements indicated above OR have an unweighted Social Studies GPA of 3.89 excluding Social Studies elective courses. Each student must submit an application, essay and provide the names of two Social Studies faculty members who will recommend them.

To maintain membership, members must participate in History Honor Society events and/or academic competitions, receiving a total of 50 points for each school year.

### **Brief Description:**

To introduce students to topics they normally might not encounter in their traditional history classes (guest speakers from the Cooperstown Hall of Fame, music promoters, how to stop racial bias, trivia night, movie nights, trips to see musicals such as Hamilton and 1776).

**The Following Leadership Positions are Available:** President, Vice President, Secretary, Treasurer, all chosen for the year already

**Social Studies Honor Society Applications become available:** Fall

**Social Studies Honor Society Applications are due:** September 22

## **Spanish Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Monthly

**Meeting Days:** Friday

**Meeting Location:** AUD

**Grades Eligible for Participation:** 11th, 12th

**Eligibility Requirements:**

- Maintain a minimum average of 3.67 (A-) GPA in previous and current Spanish course (un-weighted)
- Maintain a minimum of a 3.33 (B+) overall GPA verified by the Guidance Office.
- GPA requirement above entails that the student maintain an A- (3.67) in Quarters 1 and 2 in the year of application and induction
- Continued study of Spanish until graduation
- Fulfillment of twenty (20) point participation requirement
- An initial membership fee of \$30.00, which covers membership, certificates, medals, etc. Regular attendance and participation in NSHH activities
- Three (3) unexcused absences at meetings result in dismissal and illegibility for Induction
- Attendance at the World Languages Honor Societies Induction Ceremony
- Appropriate behavior at all events and follow all Manhasset School rules

**Brief Description:**

The Sociedad Honoraria Hispánica Nacional (NSHH) was founded to recognize students' academic excellence in Spanish. It also promotes continuity of interest in the Spanish language and Hispanic cultures by providing opportunities to use the language and experience the culture. The club also aims to connect with the Hispanic community both abroad and local and establish connections with philanthropic efforts to help said communities. Membership is granted to those students who continue to demonstrate exemplary achievement in Spanish and display commitment and dedication to Society.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Historian, Director of Cultural Events, Student Senate Rep

**Spanish Honor Society Applications become available:** September

**Spanish Honor Society Applications are due:** September (due at first meeting a week after they are handed out)

## **Thespian Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** As Needed

**Meeting Days:** As Needed

**Meeting Location:** Blackbox

**Grades Eligible for Participation:** 9th, 10th, 11th, 12th

**Eligibility Requirements:** The minimum eligibility requirement for Thespian induction is one hundred hours of quality work in theatre arts and related disciplines. One Thespian point represents approximately ten hours of quality work. Use this formula to award points for duties that aren't listed. Performing arts schools and others with mandatory participation may choose to change that to twenty hours or more to avoid point inflation and maintain the honorary nature of induction in that setting. Inductees must earn ten points, five of which should be for work done at the school where they will be inducted.

**Brief Description:**

Thespian Honor Society is an internationally recognized honor society for high school theatre students. It is a division of the Educational Theatre Association. Thespian troupes serve students in grades 9-12; Students earn membership in the society by participating in high school theatrical productions and activities.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Web Editor

**Thespian Honor Society Applications become available:** Last week of September

**Thespian Honor Society Applications are due:** Beginning of October

**Tri-M Music Honor Society**

**Activity Type:** High School, Honor Society

**Meeting Frequency:** Bi-weekly all year

**Meeting Days:** Tuesday

**Meeting Location:** Chorus Room 222

**Grades Eligible for Participation:** 9th, 10th, 11th, 12th

**Eligibility Requirements:**

- Complete the application by a predetermined date
- Earn a score of A (93) or higher at NYSSMA on a Level 5/6/AS in the Spring festival.
- Achieve and maintain an overall GPA of an "A-" or higher in your current music class. (To be verified by the advisor)
- Must be enrolled in a full year curricular ensemble at Manhasset High School for the upcoming academic year
- All active and returning members must complete a predetermined number of points (service hours)

**Brief Description:**

Tri-M is a nationally recognized honor society that recognizes students that have gone above and beyond both academically and musically.

**The Following Leadership Positions are Available:**

President, Vice President, Secretary, Treasurer, Publicity, Ensemble Liaisons (3)

**Tri-M Music Honor Society Applications become available:** Spring

**Tri-M Music Honor Society Applications are due:** Spring

## Student Activities and Clubs

For information on each of the activities listed below, please refer to the Club Canvas pages.

<p>American Sign Language Club  Art Club - MS  Art Honor Society  Athletes Helping Athletes (<u>f.k.a. Student Athlete Leadership Team, SALT</u>)  Best Buddies Club  Book Club  Broadcast Journalism Club  CASA Set Connect – MS  CASA Set Connect – HS  Chess Club  Class of 2025  Class of 2026  Class of 2027  Class of 2028  Class of 2029/2030 MS Gov't.  Coding Club  Cultural Club  Engineering Club  English Honor Society  Fed Challenge Club  Feminism Club  Film Club  Finance/Economics Club  1680 Club  French Honor Society  GSA Club  Green Club  Hellenic Club  International Club  Italian Honor Society  Junior Booster Club  Junior Tower Club  Key Club</p>	<p>Marketing Club  Math Fair – HS  Mathletes grades 7-9  Mathletes grades 10-12  Math Honor Society  Media Club  Mock Trial  Model UN  MS Government Grade 7-8  National Honor Society- HS  National Jr. Honor Society – MS  Peer Responders  The Phoenix Art &amp; Literature Magazine  Photography Club  Poetry Coffee House  Science Fiction Club  Science Honor Society  Science Olympiads – Jr.  Science Olympiad – Sr.  Social Studies Honor Society  Spanish Honor Society  Special Olympics (<u>Unified Sports Team-YAC</u>)  STAR (<u>Students Taking an Active Role</u>)  Student Senate  #Teens Respect Teens Club  Tri-M Music Honor Society  Unified Sports Team  Writing Contests/Assembly Program  Yearbook – HS  Yearbook- MS</p>
--	---

*Naviance*

*Passport for Good*

## **Naviance**

Currently in use by millions of students across the United States and in 50 countries worldwide, Naviance is a web-based career and college research and planning tool used by Manhasset High School students, parents, and counselors. Students as early as 9<sup>th</sup> grade can begin keeping track of their activities and achievements in a resume builder as well as make preliminary plans about what they might like to do upon graduation.

In addition, during the course of the next four years, each student will have an opportunity to conduct career interest inventories, research careers, learn more about their individual personality and learning styles and, as they get closer to 12<sup>th</sup> grade, conduct college searches and review the application acceptance histories of Manhasset graduates. Built from the data entered each year by the counseling staff, while tracking and monitoring each college application, these acceptance histories provide general insight as to appropriate and/or required GPA and standardized test scores if he/she hopes to gain admission to certain colleges/universities. This data is presented in various formats, including ***Scattergrams***, which allow students to compare their own GPA and SAT/ACT scores to this historical data base. Please note that while GPA and standardized test scores play a major role in determining college acceptance, there are many other factors considered. As such, please note that the attainment of a certain academic profile (GPA and test scores) does not guarantee admission.

***Students can access Naviance through their Clever or Class Link accounts.*** In 10<sup>th</sup> grade, we will conduct an *Interest Inventory* using Naviance. This program will become a valuable tool in the college search and application process in 11th and 12th grades. We encourage students and parents to become familiar with and use the program often.

If you have any difficulty accessing the site, please contact your counselor.



## **Passport for Good**

The Manhasset Counseling Department sponsors the *Service and Citizenship Award*, which is earned by completing 85 or more hours of community service **by the end of junior year**. Hours of service must be completed for a **non-profit organization** and must be logged into the student's Passport for Good account. The hours earned for this award are separate from the 15 community service hours required for graduation, which must be completed in **senior year**.



***National Collegiate Athletic Association  
(NCAA Clearinghouse)***

**The National Collegiate Athletic Association (NCAA)**  
***www.ncaaeligibilitycenter.org***

As noted in their literature, “the National Collegiate Athletic Association (NCAA) is a voluntary organization through which the nation's colleges and universities govern their athletics programs. It is comprised of institutions, conferences, organizations and individuals committed to the best interests, education and athletics participation of student-athletes.” One of the primary functions of the NCAA is to determine the academic eligibility of prospective high school athletes who are interested in Division I or II intercollegiate athletics. Eligibility is determined by the students’ NCAA GPA in approved NCAA courses. Division III programs do not participate in or require clearance through the NCAA.

When your son/daughter is in the **11<sup>th</sup> grade**, he/she must register with the Eligibility Center. The Counseling Office will forward the student’s transcript at the completion of 11<sup>th</sup> grade as well as upon graduation.

The NCAA Eligibility Center also reviews and approves the academic course offerings in each high school throughout the country to ensure that they meet NCAA criteria established for college preparatory courses. **Remedial courses are not accepted for consideration when determining a student’s GPA.**

By visiting the Eligibility Center website, at **www.ncaaeligibilitycenter.org**, you can review the core courses that have been approved for Manhasset High School. Our high school code is **333010**. The Guide for College Bound Student Athletes is also available on this site and serves as a helpful publication.

On the following pages you will find worksheets that provide insight as to how the NCAA GPA is determined. The NCAA **does not use** the GPA the student earns in his/her home high school.

**DIVISION I**  
**NCAA Worksheet**  
**Core Eligibility Requirements**  
**2016 and Beyond**

Eligibility to participate in collegiate Division I athletic programs is determined by calculating an NCAA GPA. Students who will enroll in college beyond 2016 must complete sixteen (16) core courses, as follows: 4 years of English, 3 years of math (algebra 1 or higher), 2 years of natural or physical science (1 lab science), 2 years of social science, 1 additional year of English, science, or math, and 4 years of additional core courses from any previously mentioned category or foreign language. **\*TEN OF THE SIXTEEN CORE COURSES MUST BE COMPLETED PRIOR TO THE START OF SENIOR YEAR. SEVEN OF THE TEN CORE COURSES MUST BE IN ENGLISH, MATH OR SCIENCE.** The SAT or ACT score you must achieve is determined by the GPA.

When determining your GPA the best grades in each curriculum area will be used, except in English (all courses count). Grades earned in the eighth grade cannot be used to calculate the GPA but summer school and senior grades can be used to replace weaker grades. The NCAA uses the following conversions:

*All grades in the A range (A- to A) receive a point value of 4*  
*All grades in the B range (B- to B+) receive a point value of 3*  
*All grades in the C range (C- to C+) receive a point value of 2*  
*All grades in the D range (D and D+) receive a point value of 1*

**Calculate your Division I NCAA GPA**

Core Area	Grade	Point Value
English 9	_____	_____
English 10	_____	_____
English 11	_____	_____
English 12	_____	_____
Course Title		
Math	_____	_____
Math	_____	_____
Math	_____	_____
Science	_____	_____
Science	_____	_____
Social Science	_____	_____
Social Science	_____	_____
Eng/Math/Sci.	_____	_____
Four from the above		
or Foreign Language	_____	_____
	_____	_____
	_____	_____
	_____	_____
		Total Points _____
(Divide by # of courses completed to date)		
GPA = _____		

**As of 8/1/2016: 2.3 GPA to be eligible for competition and a 2.0 GPA to practice, only.**

# DIVISION II

## NCAA Worksheet

### Core Eligibility Requirements

#### 2018 and Beyond

Eligibility to participate in collegiate Division II athletic programs is determined by calculating an NCAA GPA. Students enrolling in college in and beyond 2018 must complete sixteen (16) core courses, as follows: 3 years of English, 2 years of math (algebra 1 or higher), 2 years of natural or physical science (1 lab science), 2 years of social science, 3 additional years of English, math, or science, and 4 years of additional core courses from any previously mentioned category or foreign language.

Students must earn a minimum GPA of 2.2 and an SAT or an ACT sum score matching their core course GPA on the Division II sliding scale. Students who do not earn these scores may be able to practice, but not play. Check the NCAA Eligibility Center for complete details.

When determining your GPA the best grades in each curriculum area will be used, except in English. (all courses count) Grades earned in the eighth grade cannot be used to calculate the GPA but summer school and senior grades can be used to replace weaker grades. The NCAA uses the following conversions:

*All grades in the A range (A- to A) receive a point value of 4*  
*All grades in the B range (B- to B+) receive a point value of 3*  
*All grades in the C range (C- to C+) receive a point value of 2*  
*All grades in the D range (D and D+) receive a point value of 1*

#### Calculate your Division II NCAA GPA

Core Area	Course Title	Grade	Point Value
English	_____	_____	_____
English	_____	_____	_____
English	_____	_____	_____
Math	_____	_____	_____
Math	_____	_____	_____
Science	_____	_____	_____
Science	_____	_____	_____
Social Science	_____	_____	_____
Social Science	_____	_____	_____
Eng/Math/Sci.	_____	_____	_____
Eng/Math/Sci.	_____	_____	_____
Eng/Math/Sci.	_____	_____	_____
Four from the above	_____	_____	_____
or Foreign Language	_____	_____	_____
	_____	_____	_____
		<b>Total Points</b>	_____

(Divide by # of courses completed to date)

GPA = \_\_\_\_\_ (2.0 or higher)

For more information, go to the NCAA website at: [www.ncaaeligibilitycenter.org](http://www.ncaaeligibilitycenter.org)

***College Entrance  
Standardized  
Testing Glossary***

***College Policies Related to  
Advanced Placement Exams***

## **College Entrance Standardized Testing Glossary**

**ACT: [www.act.org](http://www.act.org)**

ACT is a nonprofit organization offering educational and workplace measurement and research services. Originally, "ACT" stood for American College Testing.

### **The ACT Exam**

Offered six (6) times each year, the ACT is a nationally recognized college entrance exam that is accepted by all colleges and universities in lieu of, or in addition to, the SAT Reasoning and/or Subject Tests. The exam consists of four required sections: *English* (language usage), *Math*, *Reading*, and *Science Reasoning*. There is also an optional essay, however, some colleges may require this section of the test. Scores on each section range from 6-36, as does the composite score. Register well in advance @[www.act.org](http://www.act.org)

### **The Pre-ACT Exam**

Designed for students in 10<sup>th</sup> grade, this exam mirrors the ACT in that it is also used to assess a student's strengths in *English* (language usage), *Math*, *Reading*, and *Science Reasoning*. The exam is administered at the discretion of the high school. The grading of the Pre-ACT is the same as that of the ACT. Registration occurs through Manhasset High School.

**COLLEGE BOARD: [www.collegeboard.org](http://www.collegeboard.org)**

The College Board is a nonprofit membership association comprised of more than 5,400 schools, colleges, universities, and other educational organizations. While best known for the SAT®, the PSAT/NMSQT®, and the Advanced Placement Program® (AP®), the College Board sponsors many other programs including educational research and assisting students with financial aid. Exams administered by the College Board are described below and on the following page.

### **Advanced Placement Exams**

Advanced Placement (AP) exams are taken by students who have completed AP courses or who have studied independently. Schools offering AP courses must participate in an AP Course Audit, which is conducted by the College Board, in order for their AP curriculums to be approved. Currently, eighteen (24) AP courses are included in the course offerings at Manhasset High School and **all enrolled students are required** to take the culminating AP exam that is administered in May. Also, please note that there is a **fee** charged for taking each AP exam. Credit towards college graduation or advanced standing may be granted by the college/university when students enroll, however, each



college/university determines its own guidelines for awarding college credit. Scores range from 1 to 5.

### **PSAT/NMSQT: Preliminary SAT/National Merit Scholarship Qualifying Test**

Often referred to simply as the PSAT, this exam is offered each October and is designed to assess a student's academic skills in the areas of Evidence-Based Reading and Writing as well as Math. Each of two sections are scored on a scale of 160 to 760. Testing time is 2 hrs. 45 minutes. In addition to assessing academic strengths and weaknesses, the exam score is used to determine eligibility for the **National Merit Scholarship Program (NMSQT)**. While many students take the exam in the 10<sup>th</sup> and 11<sup>th</sup> grades, **only** the 11<sup>th</sup> grade score is used to determine a student's eligibility for this scholarship program. PSAT scores are **never released** to colleges, unless the student chooses to do so himself/herself. **As of October 2023, the PSAT is offered in digital form only. Registration occurs through Manhasset High School.**

### **SAT**

The SAT is the exam most people are referring to when they mention the "SAT's". The exam is offered six (6) times a year and scores range from 200-800 on each of two (2) sections, which are: Evidence-Based Reading and Math. **As of March 2024, the SAT is offered in digital form only. Register well in advance at [www.sat.org](http://www.sat.org)**

### **Advanced Placement Exams**

Students who are enrolled in Advanced Placement courses, **are required to take the corresponding exam.** *There are no exceptions.* To ensure the best testing environment for our students, we administer these exams off-site.

### **Colleges and Advanced Placement Courses**

Depending on the college/university, and the test score earned, you can expect to find the following practices regarding awarding college credit for Advanced Placement courses taken in high school.

- ☐ Credit is awarded for course work and the credit will count towards the total number of credits needed to graduate from the institution.
- ☐ Credit is awarded for course work, but not for graduation. Depending on the courses taken, students place out of certain required courses and can advance to upper-level courses.
- ☐ No credit is given, at all.

***\*Each institution publishes credit policies on their individual websites.***



***Projected Standardized Testing***

***Individualized Testing Schedule***

***Testing Recommendations***

**Projected Standardized Testing**  
**Class of 2029**

	Grade 9	Grade 10	Grade 11	Grade 12
<b>English Language Arts</b>			AP English Language	AP English Literature
<b>Social Studies</b>	AP Human Geography	AP World History  AP Human Geography	AP US History  AP Psychology  AP Human Geography	AP US Government  AP Macro Economics  AP Macro Economics  AP Psychology  AP Human Geography
<b>Math</b>			AP Calculus AB or BC AP Statistics	AP Calculus AB or BC  AP Statistics  AP Computer Science
<b>Science</b> Grade 8 AP Env. Science	AP Biology AP Env. Sci.	AP Chemistry	AP Chemistry AP Physics AP Biology	AP Chemistry AP Physics AP Biology AP Environmental Science
<b>World Language</b>				AP Italian AP Spanish AP French
<b>Art</b>			AP Art	AP Art
<b>PSAT/SAT/ACT/ Pre-ACT</b>		PSAT Pre-ACT	PSAT, Pre-ACT, SAT/ACT	SAT/ACT

**PLEASE NOTE:** Students enrolled in AP courses are required to take the AP exams.

## Individual Standardized Testing Schedule: 2029

<b>Grade 8</b>	May	*AP Environmental Science	_____
<b>Grade 9</b>	May	*AP Env. Science	_____
<b>Grade 10</b>	October	PSAT/NMSQT	_____
	January	Pre-ACT	_____
	May	*AP World History	_____
		*AP Chemistry	_____
<b>Grade 11</b>	October	PSAT/NMSQT	_____
	November	SAT	_____
	December	ACT	_____
	February	ACT	_____
	March/April	SAT	_____
	April	ACT	_____
	May	*AP English Language	_____
		*AP US History	_____
		*AP Calculus	_____
		*AP Biology/Chem/Physics	_____
		*AP Other _____	_____
		SAT	_____
<b>Grade 12</b>	June	ACT	_____
	June/August	SAT	_____
	October	SAT	_____
		ACT	_____
	Nov/Dec.	SAT	_____
	December	ACT	_____
	May	*AP English Literature	_____
		*AP US Government	_____
		*AP Macro/Micro Economics (2 Exams)	_____
		*AP Psychology	_____
		*AP Calculus (AB or BC)	_____
		*AP Statistics	_____
		*AP Computer Science	_____
		*AP Chemistry/Physics (1/2/C) Bio/Env.Sci	_____
		*AP World Language	_____
		*AP Human Geography	_____

## **Testing Recommendation**

**While there is no right or wrong path to follow, with regard to what tests to take or when to take them, we have come to support the following ideas.**

**9<sup>th</sup> Grade:** In general, 9<sup>th</sup> grade students do not take the SAT or ACT exams and the PSAT and Pre-ACT are not offered at this grade level. To learn more about these tests, students and parents are invited to attend our Standardized Testing Program, which is offered each year in November or December.

**10<sup>th</sup> Grade:** Although there is a growing list of schools that do not require the submission of any standardized test scores (Test Optional Colleges) most students will likely apply to one or more schools that will require the submission of either the SAT or ACT. To gain insight into these exams, students are invited to take both the **PSAT** and **Pre-ACT** in 10<sup>th</sup> grade in order to have the opportunity to determine which of the two exams might be a better test for him/her. Given the growing academic demands students experience in 11<sup>th</sup> grade, we believe it is difficult for a student to prepare for both the SAT and ACT. Taking the PSAT and Pre-ACT in 10<sup>th</sup> grade will help the student decide which of the exams to prepare for as he/she looks ahead to 11<sup>th</sup> grade.

**11<sup>th</sup> Grade:** Students are encouraged to begin 11<sup>th</sup> grade with an individualized testing schedule mapped out for the year. As most students will take the majority of their standardized exams during this year, devising a testing schedule will help each student better organize his/her time so that preparation for these exams can be built into the student's schedule. Planning ahead will also ensure that students register for all testing in a timely manner.

**12<sup>th</sup> Grade:** While students and their parents/guardians would like to have all testing completed by the end of 11<sup>th</sup> grade, it is very common for students to re-test during the first few months of 12<sup>th</sup> grade. Students who plan on applying to colleges under either the Early Decision or Early Action options are encouraged to check with the college(s) to which they will apply to determine the latest date on which they can test in order to have scores delivered to the college to be reviewed by the admissions committee.

## **Free Test Prep Opportunities**

**ACT:** The ACT has partnered with Kaplan to offer test prep material for all students.

**College Board:** The College Board has partnered with Khan Academy to offer test prep material to all students.

**Methodize Learning:** SAT and ACT test prep is available to all students through their Castle Learning Accounts.

# ***School Counseling Department Programs***

## ***Grade Level Calendars***

## **Manhasset School Counseling Department Programs**

**Career Workshop:** This one-day program is designed for all 10<sup>th</sup> grade students. During this session, the students become familiar with their personality profile. The students complete an interest inventory and investigate one career generated by their answers to the survey. The goal of this program is to encourage the students to begin thinking about their likes and dislikes and how these characteristics might lead them to consider certain careers. The students are also made aware of the career resources contained in the Naviance program and they are encouraged to re-visit the program as their personal interests develop.

**Counseling Department Webpage:** The department maintains a very robust web page and we invite you to become familiar with it. Included among the listings are the following items:

*College Fairs and Open House Programs*  
*College Essay Writing Guide*  
*Financial Aid Night Presentation*  
*Grade Level Letters to Students*  
*Grade Level Parent Night PowerPoint Presentations*  
*High School Course Catalog*  
*Mini College Fair Participant List*  
*Post-Secondary Planning Guide*  
*Scholarship Opportunities*  
*High School Profile*  
*Spring and Summer Enrichment Program Opportunities*  
*Website Links*

**Financial Aid Night:** Financial Aid Night is hosted to provide parents with the most up-to-date, comprehensive information regarding the various types of financial aid available to their children. These include federal and state programs, including grants and loan programs, as well as institutional sources of aid. The program covers the Free Application for Federal Student Aid (FAFSA) and the CSS profile.

### **Grade Level Student/Parent Night Meetings:**

**9<sup>th</sup> Grade Information Night** is held at the start of the new school-year and focuses on orienting parents/guardians to the Counseling Department by providing an overview of our yearly, grade specific activities. Parents are provided with a Parent Guide, which includes, but is not limited to, information related to: graduation requirements, the grading system and formula used to calculate the GPA, New York State and other curriculum-based exams, and information specific to the National Collegiate Athletic Association (NCAA). The Guide includes information parents will find helpful as their son/daughter moves through high school.



**10<sup>th</sup> Grade Information Night** is held in February and, among other topics, the counselors review the results of the Preliminary SAT (PSAT). Looking ahead to 11<sup>th</sup> grade, parents are encouraged to have their son/daughter become familiar with both the SAT and ACT so that a decision can be made with regard to the testing program the student will choose.

Other topics addressed include a review of the topics covered during the 10<sup>th</sup> grade student/counselor conferences, the Career Workshop, and student stressors.

**11<sup>th</sup> Grade Information Night** is held in November and it signals the beginning of what the counselors refer to as, “*Phase One of the College Planning Process.*” Parents are provided with a copy of a comprehensive Planning Guide, which covers every topic one would need to know/consider in order to begin the college search process and covers every step up to the submission of applications. Topics covered during the presentation include descriptions of each phase of the process and an overview of the activities the counselors have in place to meet with both students and parents. Parents are made aware of the opportunities available to their sons/daughters during 11<sup>th</sup> grade and are encouraged to have their children participate in them.

**12<sup>th</sup> Grade Information Night** is held within the first two weeks of school. The entire focus of this meeting is to cover, in detail, the final phase of the college application process. Specifically, the counselors review the documents required of the student and the procedures in place for their submission. Parents are provided with a packet of printed material, including a comprehensive checklist of every step that must be taken to successfully complete the process.

**Mini College Fairs** Manhasset High School participates in a series of Mini College Fairs that take place on four Friday’s during the months of September and October. Up to 25 colleges and universities are represented at each Mini Fair and all 11<sup>th</sup> and 12<sup>th</sup> grade students have an opportunity to meet these individuals to learn more about their respective schools and to place their names on mailing lists.

**Individual Representative Sessions:** In addition to the Mini Fairs, Manhasset High School hosts individual visits with select college admissions reps. During these visits, students attend a formal presentation and have an opportunity to ask questions about the school. These visits last approximately 30 to 45 minutes. If you would like to view the current list of schools that will be joining us this year, please visit the **Counseling Department webpage** on the school district website, [www.manhassetsschools.org](http://www.manhassetsschools.org). From the homepage, follow the *Academics* link to the *Counseling Department*.

**Mock College Interview Night:** Held each year in late February/early March, the Mock College Interview Night provides 11<sup>th</sup> grade students with the opportunity to have two interviews conducted by members of the community. The majority of interviewers have experience as alumni interviewers for their alma mater or at their workplace. After each interview, students are provided with immediate feedback. This experience is invaluable to every 11th grader.

**Monthly Reminders:** Please be sure to read our monthly reminders sent via email and share them with your son/daughter.

**Opportunities for Juniors:** Although not our programs, the Counseling Department supports opportunities for **11<sup>th</sup> grade students** to participate in the American Legion Boys/Girls State Program, the Molloy College Business Boot Camp, and the SCA Summer Study Awards Program.

**Learning Support for Post Secondary Options:** This program is designed to make students and parents aware of college/university programs that support students with special needs. While a student who received Special Education services in high school will not take his/her IEP with them to college, colleges and universities will provide services to a student who applies for them and who provides the appropriate documentation. Services vary widely by college/university so it is important for students and their families to become aware of their possible options.

**Manhasset High School Counseling Department**  
**9th Grade Calendar**

<i>September</i>	Schedule Adjustments
<i>September/June</i>	Participate in Instructional support Team*, (IST), CSE, and 504 meetings; as needed
<i>September-November</i>	“Getting to Know You” - Individual student/counselor meeting
<i>October</i>	Ninth Grade Information Night; Review First Quarter Progress Reports
<i>November</i>	Review First Quarter Report Cards: Small Group Meetings: Review 9th Grade Student Guide; introduce Naviance
<i>December</i>	Review Second Quarter Progress Reports; Standardized Testing Information Night
<i>January</i>	As needed meetings prior to mid-terms; Review at-risk students, Begin academic scheduling for tenth grade: input student elective choices
<i>February - May</i>	Individual Student/Parent/Counselor Conferences; Review 9th grade; preview 10th grade, Discuss PSAT, Pre-ACT; preview individual standardized testing schedule for grades 9-11
<i>February</i>	Review Second Quarter Report Cards; Register for June SAT Subject tests
<i>February-April</i>	Annual CSE review and 504 meetings
<i>March</i>	Review Third Quarter Progress Reports
<i>April</i>	Review Third Quarter Report Cards
<i>May</i>	Review Fourth Quarter Progress Reports; AP Environmental Science Exam (Students in ESCAPES), AP Human Geography Exam
<i>June</i>	Resolve 10th grade schedule conflicts, Summer School Registration  <b>*Must See Department Coordinator if intending to enroll in an accelerated course during the summer</b>
<i>August</i>	SAT

*\*SRT Meetings are scheduled to discuss students who are identified as being academically “at risk.” Counselors, teachers and administrators participate on this team.*

**Manhasset High School Counseling Department**  
**10th Grade Counseling Calendar**

<i>September/June</i>	On-going academic monitoring via progress reports; quarterly report cards, and teacher feedback; participation at SRT, CSE and 504 meetings, as needed
<i>October</i>	PSAT/NMSQT (Registration takes place in school)
<i>November</i>	Introduction to Naviance/Career Awareness Program
<i>October</i>	Ninth Grade Parent Meeting; Review First Quarter Progress Reports
<i>November-May</i>	Individual counselor/student conferences
<i>December</i>	PSAT results returned to students
<i>January</i>	Pre-ACT (Registration takes place in school); Begin academic scheduling for eleventh grade; input student elective choices
<i>February</i>	10th Grade Information Night (See School Calendar)
<i>May</i>	Advanced Placement Exams
<i>August</i>	SAT

**\* Individual testing schedules will depend on each student's academic preparation.**

**Manhasset High School Counseling Department**  
**11th Grade Calendar**

<i>September/June</i>	Nassau Counselor's College Expo: SUNY Old Westbury: National Association of College Admissions Counselors (NACAC) College Fair: Nassau Coliseum: St. Mary's High School College Fair
<i>September/October</i>	Students attend MHS "Mini College Fairs:" Individual College Rep visits
<i>September-June</i>	On-going academic monitoring/advisement via progress reports, quarterly report cards and teacher feedback
<i>October</i>	PSAT/NMSQT
<i>November</i>	11th Grade Information Night: Parents receive a copy of the <b>Post-Secondary Planning Guide</b> which provides a complete overview of the three stages of the college process
<i>December</i>	PSAT results returned; small group conferences with students/counselor to begin Phase One of the College process; Students create their Common Application account and conduct a college search.
<i>January</i>	SAT/ACT Testing:
<i>January - May</i>	Counselor/Family College Conference; Phase Two of the College Process; Apply for the Molloy College Business Boot Camp Program
<i>February/March</i>	Participate in Mock College Interview Night, SAT/ACT Testing; Student athletes register with the NCAA Clearinghouse; Students are encouraged to attend local college fairs
<i>May</i>	Advanced Placement Exams
<i>May/June</i>	SAT/ACT Testing
<i>June</i>	Senior Autobiography; Teacher Recommendation Requests
<i>August</i>	SAT Testing

**Manhasset High School Counseling Department**  
**12th Grade Calendar**

<i><b>September</b></i>	Nassau Counselor's College Expo: SUNY Old Westbury: National Association of College Admissions Counselors (NACAC) College Fair: Nassau Coliseum: St. Mary's High School College Fair, 12th Grade Information Night, Financial Aid Night; Counselors to visit students' classes to review application procedures.
<i><b>September/October</b></i>	Students attend MHS "Mini College Fairs" and individual visits from college reps; Counselors meet with students/parents to review individual application decisions
<i><b>September-January</b></i>	Processing of college applications by the Counseling staff, SAT Reasoning and ACT exam(s)
<i><b>September-June</b></i>	On-going academic monitoring via progress reports, quarterly report cards and teacher feedback
<i><b>December</b></i>	Review of Early Decision and Early Action application decisions; FAFSA form open for submission
<i><b>January</b></i>	Counselor follow-up calls for students deferred in the "early" application round
<i><b>January-April</b></i>	Review of all application decisions; Individual meetings with students, as needed, to discuss options
<i><b>March-May</b></i>	Counselors participate on scholarship committee
<i><b>May</b></i>	May 1st is National Notification Day; Students must notify colleges about their enrollment decision.
<i><b>June</b></i>	Senior Awards; Graduation

## *Looking Ahead*

## **Looking Ahead**

Even in 9<sup>th</sup> grade, students (and parents) want to know what it takes to get into a “good” college. While our philosophy is that there are many, many, “good” colleges, schools at all competitive levels will look for and assess each student based on the following, and in this order:

*Rigor of Curriculum*  
*Grades in rigorous classes*  
*Grades in all classes*  
*Standardized Test Scores (If required or submitted)*

If a student is considered a viable candidate for admission, the next items reviewed will include:

*Student Essays*  
*Contribution to the School and Community*  
*(extra-curricular activities/community service)*  
*Special Talents*  
*Counselor Letters of Recommendation*  
*Teacher Letters of Recommendation*  
*\*Demonstrated Interest*

**Class Rank:** With regards to the college application process, **we do not rank** our students. Each year a high school profile is completed and submitted to colleges. The profile includes testing information for the previous graduating class and a breakdown of the range of GPA's for the current senior class. The Profile is available on our web page.

**Post-Secondary Planning Guide:** At the 11<sup>th</sup> Grade Parent Meeting you will receive a copy of our Post-Secondary Planning Guide, which is a comprehensive overview of the post-secondary planning process. The Guide contains valuable information that we believe you will find helpful during that process.

\*Some colleges track the interest a student shows in their institution. Demonstrated interest can be shown by visits made to campus, attending a representative's visit at one's high school or local venue, or reaching out to the college representative.



## NOTES

