



ELEMENTARY LUNCH MENU

CALEY, CANDLEBROOK, GULPH, & ROBERTS

Every student can select one *main entree and their choice of fruits and vegetables daily.
1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Early Dismissal

24

1- Chef's Special
2-Grilled Cheese with Tomato Soup-V
3- Assorted Grab and Go Kit

Steamed Yellow Corn

Mixed Fruit Cup


25

1- Mini Pancakes with Turkey Bacon and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter and Jelly Uncrustable Grab and Go-V

Assorted Veggie Cup

Pear Fruit Cup

26




GIVE THANKS

27

28


Meal Pricing: Lunch
Free/Reduced-At no cost
Full Paid- \$3.00

Served Daily:
Milk: 1% White, Fat Free White and or Chocolate Milk
-May only choose 1-
Fruit: Apple Slices, applesauce, and Fruit of the Day
-May only choose 2-
Vegetable: Baby Carrots and the Veggie of the Day
-May only choose 2-
Condiments and Dressing are offered if part of the meal



PA Harvest of the Month
Winter Squash

Winter squash includes dozens of varieties of squash that are in the gourd family. The most common varieties are acorn, butternut, delicata, spaghetti, buttercup, and pumpkins. Squashes are known to be high in vitamin C which helps iron absorption in the body.



For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804



This institution is an equal opportunity provider. Menus are subject to change.