



Newport-Mesa

Unified School District

Community Health Partners

Assistance League Newport-Mesa
(Cheri Harris Dental Center)

Children's Hospital of Orange
County (CHOC) Community
Education

Children's Hospital of Orange
County (CHOC) Wellness on
Wheels

Children's Hospital of Orange
County (CHOC) Mental Health
Education Program

Children's Hospital of Orange
County (CHOC) Help Me Grow

Clarvida Costa Mesa

Family Solutions
Collaborative

Hoag Faith Community
Nursing

Laguna Niguel Lions Club

NMUSD - Engagement,
Partnership, and Expanded
Learning

Share Ourselves

SOY—Save Our Youth

Somer Harding
Director, Health Services

Carolina Briones
Administrative Assistant II

949.515.6730
2045 Meyer Place, Costa Mesa, CA 92627

Assistance League Newport-Mesa (Cheri Harris Dental Center) (949) 645-2882

www.assistanceleague.org/newport-mesa/cheri-harris-dental-center

2220 Fairview Rd #2 · Costa Mesa, CA 92627 · alnmdental@gmail.com

Direct contact Nancy Yeager (President-Elect and Dental Chairman) nancyyeager.alnm@gmail.com

Assistance League Newport-Mesa (Cheri Harris Dental Center) offers reduced rates on all services. Full dental and orthodontia service available starting at age 4 to no limit, accepts Medi-Cal. The initial exam is only \$20 and includes a full set of x-rays and a cleaning. Regular office visits are just \$10 for a cleaning. Located on the first floor of the Assistance League of Newport-Mesa.

Children's Hospital of Orange County (CHOC) Community Education (714) 509-8887

<https://choc.org/community-education/>

1201 West La Veta (CHOC West) · Orange, CA 92868

The Community Education department is open Monday to Friday, from 8:30am to 5:00pm. We're located near CHOC Hospital in Orange. Our staff is composed of qualified educators whose primary focus is on childhood health and injury prevention.

Children's Hospital of Orange County (CHOC) Wellness on Wheels (714) 452-1802

<https://choc.org/programs-services/population-health/wellness-on-wheels/>

Direct Contact Linda Mendoza, a nurse practitioner and member of the CHOC Primary Care Network who treats kids and teens in Orange County. Wellness on Wheels (WoW) is a mobile clinic that has a regular schedule of visits to different areas, community centers, schools, events and resource centers in Orange County. WoW's pediatric asthma care services are eligible for most Medi-Cal coverage and work closely with Medi-Cal to ensure that parents and their children can receive the care they need without financial stress.

Children's Hospital of Orange County (CHOC) Mental Health Education Program (714) 583-6810

<https://health.choc.org/guide/mental-health/>

1201 W La Veta Ave · Orange, CA 92866

CHOC's Mental Health Education Program (MHEP) and team of pediatric mental health specialists have provided hundreds of educational sessions to thousands of community members, including youth, parents, educators and providers. If you have any questions about educational offerings, please contact the MHEP team at MHEP@choc.org.

Children's Hospital of Orange County (CHOC) Help Me Grow (866) 476-9025

<http://www.helpmegrowoc.org/about-vision.html>

1120 W. La Veta Ave. Suite 450 · Orange, CA 92868

Direct Contact Deanna Parga at HelpMeGrow@choc.org

Help Me Grow connects young children and their families to developmental and behavioral services and promotes developmental surveillance and screening.

Clarvida Costa Mesa (949) 524-4313

<https://www.clarvida.com/locations/orange-county-children-costa-mesa/>

940 S Coast DR STE 260 · Costa Mesa, CA 92626

Direct Contact Angie Quimbayo Angie.Quimbayo@clarvida.com

Clarvida Costa Mesa (formerly Pathways) is an outpatient mental health clinic that serves children ages 0-21 and their families. We provide weekly individual therapy with the options of Family Therapy, Case Management, Psychiatric medication support, and Collateral Therapy. Our therapists provide services in English, Spanish, and Mandarin. We also have the option for language support if other languages are spoken. Our therapists are trained in Evidenced based practices and provide individualized treatment to children and families. We are a community-based organization so we can provide services in the clinic office or the field including at home, parks, or school. We are conveniently located near South Coast Plaza Mall and across the street from Metro Point Shopping Center. Clients must have active Medi-Cal to engage in services at Clarvida Costa Mesa.

Family Solutions Collaborative (949) 880-9349

<https://www.familysolutionscollaborative.org/>

Direct Contact Elizabeth Hernandez, Expansion Project Manager ehernandez@oc-fsc.org

Family Solutions Collaborative offers Permanent Housing & Emergency Shelter resources to families who have a minor child, are pregnant, or reuniting with a minor child within Orange County.

Hoag Faith Community Nursing (949) 764-6167

<https://www.hoag.org/specialties-services/other-programs-services/spiritual-care/faith-community-nursing/>

307 Placentia Ave., Suite 203 · Newport Beach, CA 92663

Direct Contact Beth N. Otterbein, Faith Community Nursing Outreach RN beth.otterbein@hoag.org

Community Education, Public Health, Spiritual Support, Caregiver Support, Grief Support, and more, serving Faith Communities and the greater community.

Laguna Niguel Lions Club

<https://e-clubhouse.org/sites/lagunaniguel/>

PO Box 6848 · Laguna Niguel, CA 92607

Direct Contact Mike Zozaya (949) 280-3318

Locally, the Laguna Niguel Lions Club provides free Vision Screening as well as the issuing of reconditioned eyeglasses, throughout Southern California. In addition, this community organization is dedicated to serving and supporting various charitable causes through fundraising efforts. The charities involved are: The California Lions Friends in Sight, which collects eyeglasses, provides vision screenings, and distributes recycled eyeglass prescriptions to those unable to afford exams and glasses; Beyond Blindness, a children's educational center in Santa Ana; The Family Assistance Ministries, a food and housing support for needy families; Orange County Puppy Raisers, assists with Guide Dogs for the Blind; South County Outreach, a food bank, training center, and emergency housing; Support to Local Military Families through Christmas Soldier backpacks and family holiday gifts; Lions Club International Foundation, funding for large scale humanitarian projects after a disaster, cataract surgeries in third world countries, and many other international charitable activities.

NMUSD - Engagement, Partnership, and Expanded Learning (714) 424-7553

<https://web.nmusd.us/departments/education-services/expandedlearning>

2985 Bear St., Bldg. A · Costa Mesa, CA 92626

Direct Contact Christy Flores cflores@nmusd.us

In collaboration with Second Harvest Food Bank of Orange County, Newport-Mesa Unified School District (NMUSD) has begun hosting a FREE Farmers' Market each month located in the parking lot of Rea Elementary School. Community members are invited to attend and may select from a range of food items including meat, eggs, milk, fresh produce, canned goods, and snacks.

Share Ourselves (949) 270-2100

<https://shareourselves.org/>

1550 Superior Ave · Costa Mesa, CA 92627

Direct Contact Christy Ward cward@shareourselves.org

Share Ourselves is a healthcare organization that provides comprehensive health and support services for the entire community. Everyone deserves access to quality healthcare. So, every day we break down the barriers to achieving optimal health. Serving as a comprehensive healthcare provider, offering social services like financial assistance and food distribution, our approach considers all that it means to be healthy. Because when we uplift and prioritize the health of every individual, we become stronger as a community.

SOY—Save Our Youth (949) 548-3255

<https://save-our-youth.org/>

2045 Meyer Pl., Bldg. E · Costa Mesa, CA 92627

Save our Youth (SOY) is an after-school program that believes in the holistic health of our students and empowers the teens of NMUSD that go to 3 middle schools and 4 high schools in the district. The majority of our teens live on the Westside of Costa Mesa. We are first and foremost a safe place for teens to go after school, to find friends, be a part of a community and to be mentored and inspired to try new skills. We provide a Health and Wellness program that includes weekly wellness meetings for girls and boys (choosing the gender they associate with), with collaboration from many agencies that provide psycho-educational classes. Also, we provide space to exercise in our dance room with yoga, ballet folklorico, spin and other wellness classes. SOY also has a tutoring center to help all students in subjects from basic math to AP Calculus, and a strong college-bound program with assistance in submitting college applications and receiving financial aid. SOY also provides large scholarships to every senior in the college-bound program. Besides these programs, SOY also has a mentoring program, where juniors are matched with professionals, and SOY offers arts and music classes and takes students on numerous field trips and community service projects in the community. SOY also offers sports and fitness, monthly hikes, and sailing and surfing in the summer months.