Verbatim

adjective | ver·ba·tim | 축어적으로 | literalmente | 逐字 | дослівно | 逐語的 | คำ ต่อคำ | 文字通り
Being in or following the exact words: word-for-word //A verbatim report of life at Cardigan

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SECONDARY SCHOOL INTERVIEWS REFLECTION & UPCOMING EVENTS

REFLECTIONS ON SCHOOL VISITS

Leo Hwang

The 9th grade worked with the Secondary School Counseling Team for weeks in preparation for school visits, practicing for interview conversations, discussing the importance of investing in the tour guide, and finding moments of joy on each campus. We want to thank Mr. Langetieg, Mrs. Day, Mr. Dow, and Mr. Shapiro for the effort and time they have spent preparing us. We were ready!

The days before Fall Family Weekend were eventful, as most of the 9th grade prepared to embark on trips to visit schools all over the country. During that packed week, students were able to reflect upon their experiences and accomplishments and talk about themselves with interviewers. These important experiences are a milestone at Cardigan, and we believe that 9th-grade perspectives from the interview week will help prepare younger students for their own future trips.

Now that we are back on campus, we are excited to share our experiences. With this in mind, we asked a few students to share their outlook on important advice they received from Mr. Dietrich (Williston) on Tuesday night and the panel on Friday of Fall Family Weekend, what they learned about themselves on tours and interviews, and what advice they would give to next year's applicants. The success of the 9th-grade students on their interviews and applications is rooted in the support and work that is put in by the Secondary School Counseling Team on the Point. Therefore, we want to express our appreciation to Mr. Langetieg, Mrs. Day, Mr. Dow, and Mr. Shapiro for their hard work with our application process.

Andy Cho & Charlie Costello

What important advice did you receive from Mr. Dietrich (Williston) and the panel on Friday of Fall Family Weekend?

Andy: As I was preparing for upcoming school visits, it was an honor to hear from Mr. Dietrich and the panel about interview tips that make students stronger applicants. One of the key takeaways I received from these meetings was not to be a human resume that lists all of their accomplishments without emotion or sharing personal experiences. This allowed me to share my contributions as a Cardigan student, such as academic performances, athletic endeavors, leadership roles, and extracurricular activities, incorporating significant experiences.

Charlie: Some important advice I received from Mr. Dietrich was that schools are not testing you during your interview. I thought this information was invaluable because if you went into the interviews trying to be perfect, you would put too much pressure on yourself and be stressed out.

What did you learn about yourself on tours and interviews?

PK Stasko & Colton MacDonald

PK: One thing I learned about myself during school tours and interviews was how much I actually enjoyed reflecting on my experiences and sharing my passions. It also helped me realize that I thrive when I can connect with people personally and eagerly tell memorable stories. It was an invaluable experience to look back and see the self-discovery.

Colton: My tours and interviews helped me to think about what I need to do to be a better version of myself and be a valuable part of Cardigan. The tours and interviews allowed me to think back on my past experience and set goals for my future. Overall, the interviews and tours were great opportunities of learning about the schools and looking back upon my time at Cardigan and realizing how far I had come.

Now that you have visited schools, what advice would you give to next year's applicants?

Eason Gu

Eason: A piece of advice I would give to next year's applicants is to be and present yourself as a student of many talents and interests. In that way, you are not only presenting yourself as a hockey player, but also a dorm leader and a violinist. A student with diverse portfolios of interests will stand out compared to a student with one noticeable talent because a student with diverse portfolios will engage in more activities and grow in different directions.

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The entire *Verbatim* team would like to congratulate all of our Cardigan Brothers in the 9th grade for their efforts last week. As Mr. Langetieg and so many other faculty members remind us, we get a chance to represent Cardigan every time we step off campus. There is a lot of work left, and there is no way to tell what the future holds for each of us. But, as long as we stay focused on our jobs at Cardigan and remember that we need to celebrate and build our community up to prepare for what comes next, this will be a successful year. Let's go!

FUNSIE ONESIE RUNSIE

Leo Song

As we wrap up the fall term and move on to spirit week, the Funsie Onesie Runsie is coming up! Therefore, Jack Manley and Jason Kim, the two captains of the Varsity Cross Country Team, will give us their thoughts on what the race will look like, and Mrs. Hutchinson will tell us about the motivation behind the Funsie Onesie Runsie.

What is your favorite part of the Funsie Onesie Runsie?

Jason: There are a lot of things I like about the Funsie Onesie Runsie, but I think my favorite part of it is that we can show that we care about the community outside of Cardigan. The run is mostly for spreading awareness about mental illnesses, and that is amazing.

What is the Funsie Onesie Runsie?

Jack: The Funsie Onesie Runsie is a race we hold at Cardigan on our cross-country course. Anyone is welcome to join, and we encourage teams to do it together. Costumes are encouraged but not required. This year, we are supporting NAMI NH and raising money for them, while also raising awareness for mental health. We hope to raise $500, but any amount is awesome! We will have prizes and hope that everyone has a great time.

What was the motivation behind running the Funsie Onesie Runsie?

Mrs. Hutchinson: The Funsie Onesie Runsie has actually been run by the cross-country team every year since 2019. The legends Mrs. Escalante and Mr. Klein were behind this fun run that has now become a tradition at Cardigan. I think they just wanted to find a fun way to bring the community together and join the cross-country team for a final run of the season. The motivation for me to be involved this year is that I am always seeking out ways for us to bring awareness to mental health, and to find opportunities to talk about this important topic for your well-being, and to help you to think about the mental health of others as well. Knowing that this happens every year during this season, I thought it would be a way to raise awareness and support NAMI NH, an organization that has been dedicated to educating and supporting individuals impacted by mental illness and suicide since 1982. Positive Tracks, Jack, and Jason have been great partners in helping us promote this event. I have been so grateful for that. I am also deeply thankful to Coach Wilkinson and Warren for letting me be involved in this event this year to make it a fun fundraiser for NAMI NH.

Why is it called the Funsie Onesie Runsie?

Mrs. Hutchinson: Again, I did not create this epic tradition, but I think if we were to ask legends Mrs. Escalante and Mr. Klein they would say... It is FUN(sie:). We are ONE (and we wear ONESIES:) And we RUN(sie:). People can walk it as well, but I would encourage you to run. It is good practice for the Lake Run!

HALLOWEEN

Everett Lo

Halloween is a fun holiday both at Cardigan and around the world. It is celebrated on October 31st and involves many annual traditions. From costumes and trick or treating to haunted houses and carving pumpkins, this holiday is a favorite for many, packed with screams, laughs, and a lot of candy.

Halloween's origins trace back over 2,000 years to the ancient Celtic festival of Samhain, which marked the end of the harvest. The Celts believed that at this time, the fabric between our world and the underworld was the weakest and that the spirits of the dead could cross into our world. They left offerings out to appease these spirits and dressed up in costumes to either blend in with them or scare them away. This pagan holiday was later adapted by Christian tradition, as the evening before All Saints' Day (November 1st), then became known as All Hallows' Eve, which was eventually shortened to "Halloween."

Mrs. Frost on Halloween

What is your favorite part about Halloween at Cardigan?

I would say that I enjoy the excitement that surrounds the holiday. Students get really creative, and the faculty get involved as well, making it a fun time for all!

What are some of the traditions and events that happen on Halloween and could you explain them?

I love seeing the faculty kids dress up. They are so cute in their costumes and their excitement is contagious. The only true Halloween tradition for the students is the pumpkin carving and the costume contest at lunch. Over the last two years, Mr. Connally and his wife, who are big fans of Halloween, have brought more magic to the holiday by putting together some amazing haunted houses. Unfortunately, this year they were unable to do all the hard work that goes into the evening because they welcomed their first child, Margot, to campus. So we took an alternative route this year and offered trick-or-treating for CMS students, which was never allowed in the past. We are hopeful to return to the fun of our haunted house next year, because it's Halloween and everyone deserves a good scare. It made for great video footage!

What are some eye-catching costumes that you remember from your years at Cardigan?

I always love the inflatables. Last year, someone went as a balloon animal, and it was impressive. Seeing the commitment from students to get around throughout the day is amazing. Homemade costumes are fun too. We had a Ted Lasso, and Jake from State Farm, and also Forrest Gump one year. I always enjoy it when groups get organized and pull off their costumes together. In the past, we've had Winnie the Pooh and Piglet, Sesame Street characters, the stepbrothers, and even full family costumes from Star Wars.