

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday	THE PIZZERIA
3 Cheese Tortellini w/ Marinara & Sliced Bread or Dill Chicken Patty Steamed Mixed Vegetables	4 Chicken Pot Pie or Mandarin Orange Chicken w/ Brown Rice Steamed Peas	5 Grilled Cheese w/ Tomato Soup or Hot Sicilian Hoagie Oven Roasted Carrots	6 Baked Potato Bar w/ sliced bread or Bosco Sticks Steamed Broccoli	7 BBQ Pulled Pork Loaded Fries or Sweet & Sour Dumplings Steamed Corn	THE PIZZERIA Daily Cheese Pizza Pepperoni Pizza Daily Special Monday: Hot Honey Pizza Tuesday: Taco Pizza Wednesday: BBQ Chicken Pizza Thursday: Buffalo Chicken Pizza Friday: Veggie Pizza
10 No School	11 No School	12 Popcorn Chicken Bowl w/ Sliced Bread or Queso Cheesesteak on a Bun Mashed Potatoes *Farm to Fork Broccoli Salad*	13 Penne Rosa w/ Garlic Breadstick or Corn Dog on a Stick Steamed Cauliflower	14 Sloppy Nachos or Hot Ham & Cheese on a Pretzel Bun Refried Beans	
17 Pierogies W/ Sliced Bread or Chicken Nuggets w/ Sliced Bread Steamed Green Beans	18 Burrito Bar or Smith's Hot Dog on a Bun Refried Beans	19 Creole Enchilada Chicken Oven Rice or Meatball hoagie Steamed Broccoli	20 Roasted Turkey w/ Sliced Bread Stuffing Cranberry Sauce Mashed potatoes w/ Gravy Pumpkin Bar	21 BBQ Rib on a Roll or Nashville Hot Honey Chicken Sandwich Oven Roasted Carrots	
24 Oven Baked Chicken w/ Biscuit or Bacon Cheeseburger on a Bun Mashed Potatoes w/ Gravy	25 Meatballs & Penne Pasta w/ Garlic Toast or Popcorn Chicken w/ Rice Steamed Green Beans	26 General Tso Chicken Bowl or TNG Signature Burger w/ Slamin Sauce Baked Beans	27 NO SCHOOL	28 NO SCHOOL	
<div> <h1>Happy Thanksgiving</h1> <p>If there's a Veteran in your family, thank them for their service.</p> </div>					THE GRILL Spicy Chicken Patty on a Bun Chicken Patty on a Bun Cheeseburger on a Bun
					GRAB N' GO Monday: Turkey & cheese Hoagie or wrap Tuesday: Fruited Yogurt Parfait w/ Crackers Wednesday: Breaded Chicken Wrap Thursday: Fruited Yogurt parfait w/ crackers Friday: Ham & Cheese Wrap or Hoagie Daily Uncrustable w/ cheesestick and crackers

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate,
Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Daily Salad Special
Monday: Chef Salad w/ Ham & Sliced bread or crackers
Tuesday: Chef Salad w/ egg & sliced Bread or crackers
Wednesday: Chef Salad w/ Turkey & Sliced bread
Thursday: Italian Salad w/ sliced bread or crackers
Friday: Breaded Chicken Salad w/ sliced Bread