

## **PHYSICAL AND EMOTIONAL WELL-BEING OF STUDENTS**

The Board is committed to helping to ensure that all students within the district are supported in their physical and emotional well-being, recognizing that these are essential to academic success and personal development. In order to further the above, along with the complementary objectives of fostering a safe and supportive environment for its students, the Board endorses the following measures:

### **1. Physical Health Support**

- a. Ensure access to nutritious meals and clean drinking water.
- b. Provide regular physical education and opportunities for physical activity.
- c. Maintain clean, safe, and accessible school facilities.
- d. Offer health screenings and referrals to medical services as available.

### **2. Emotional and Mental Health Support**

- a. Implement developmentally appropriate social-emotional learning programs.
- b. Provide regular training for staff on mental health awareness and trauma-informed practices.
- c. Employ qualified school counselors, psychologists, and social workers.

### **3. Prevention and Intervention**

- a. Establish procedures for identifying and supporting students in crisis.
- b. Promote anti-bullying initiatives and conflict resolution programs.
- c. Explore ways to collaborate with families and community organizations to extend support beyond school.

Parents/guardians are encouraged to discuss any special physical or emotional concerns they have about their student with the student's teacher, school counselor, school nurse, or building administrator as applicable.

#### **Legal References:**

*RSA 189:11 School Boards, Transportation, and Instruction of Pupils*

*NH DOE Admin. Rule Ed 306.04(b)(15), Behavior Management and Intervention for Students*

*NH DOE Admin. Rule Ed 306.04(b)(23), Meeting the Special Physical Health Needs of Students*

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