

Masculinity as a Coping Mechanism and Power Structure

Research Question:

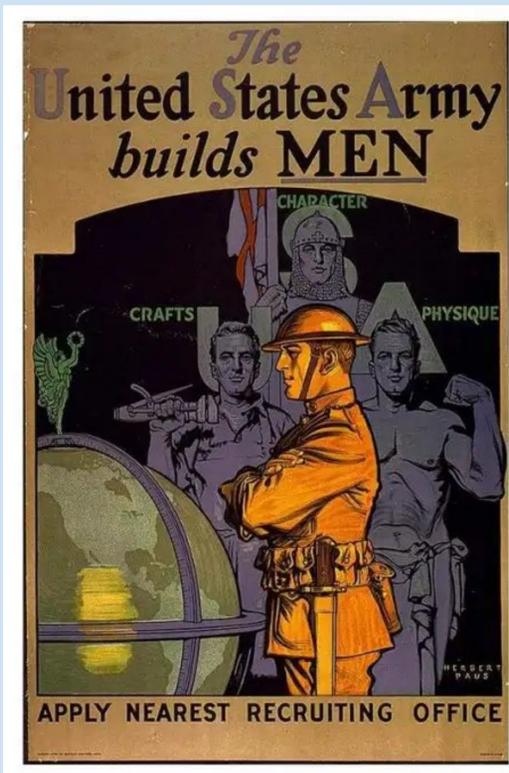
How has masculinity been used as both a psychological coping mechanism and a societal power structure throughout history?

Data Type:

- Qualitative — analyzing propaganda, texts, and historical sources.
- Time periods studied: Ancient Greece → World Wars → Modern media

Why It Matters:

- Shows how insecurity and gender pressure shaped systems of control.
- Connects historical “manhood” ideals to modern politics and culture.



“The U.S. Army builds men” — links masculinity to discipline, strength, and national identity.



shows how military service defined what it meant to ‘be a man’ in society.



“Unshakable – Determined to fight – Certain of victory!”

It's meant to portray the idealized, strong, fearless “manly” soldier



symbol of strength, control, and the origins of idealized masculinity.