

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Practice 4:30-7 PM @Hamilton	4 Workouts Plyos 4:30 PM-5:30 PM Gym 5:30 PM-7 PM @Fresno Hgh	5 Practice 4:30-7 PM @Hamilton	6 Workouts Plyos 4:30 PM-5:30 PM Gym 5:30 PM-7 PM @Fresno Hgh	7 Media day for varsity 3:30-6	8 Practice 7:45-10:15 AM @Fresno Hgh
9	10 Practice 4:30-7 PM @Hamilton	11 Workouts Plyos 4:30 PM-5:30 PM Gym 5:30 PM-7 PM	12 Practice 4:30-7 PM @Hamilton	13 Scrimmage VS Torres 6:30 PM	14 Practice 4:30-7 PM @Hamilton	15 Practice 7:45-10:15 AM @Fresno Hgh
16	17 Practice 4:30-7 PM @Hamilton	18 vs Washington Union	19 Practice 4:30-7 PM @Hamilton	20 Redwood Tourney	21 Redwood Tourney	22 Redwood Tourney
23	24 Practice 7:45-10:15 AM @Fresno Hgh	25 vs Clovis North 5/6:30	26 Practice 7:45-10:15 AM @Fresno Hgh	27 Thanksgiving	28 Practice 7:45-10:15 AM @Fresno Hgh	29 Practice 7:45-10:15 AM @Fresno Hgh

Practice will change when the new gym opens, and a new schedule will be updated and sent out.