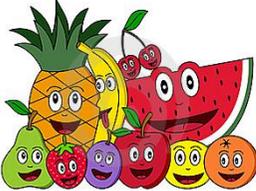


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 W/C 01/09 22/09 13/10 10/11 01/12 05/01 26/01	1. Cheese and Tomato Pizza (v)	1. "Nut Free" Pesto & Roasted Vegetable Tomato Pasta (v)	1. Vegetable Fajita (v)	1. Quorn Sausages, Mashed Potato & Gravy (v)	1. Jacket Potato – Cheese (v), Beans (ve) or Tuna
	2. Chicken Tikka Curry with Rice & Naan Bread	2. BBQ Chicken Thigh with Yellow Rice	2. Beef Lasagne	2. Pork Sausages, Mashed Potato & Gravy	2. Breaded Fish Fingers and Chips
	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	
	4. Cheese Sandwich (v)	4. Tuna Wrap	4. Cheese Sandwich (v)	4. Tuna Wrap	3. Cheese Sandwich (v)
	Waffle with Yoghurt (v)	Pear & Cocoa Sponge Cake (v)	Orange Jelly (ve)	Fresh Fruit Platter (ve)	Shortbread Biscuit (ve)
WEEK 2 W/C 08/09 29/09 20/10 17/11 08/12 12/01 02/02	1. Vegetable Pizza (v)	1. BBQ Quorn with Yellow Rice (v)	1. Tomato, Vegetable & Cheese Puff Pastry Pin Wheels (v)	1. Quorn Nuggets with Potato Wedges (ve)	1. Jacket Potato – Cheese (v), Beans (ve) or Tuna
	2. Chicken & Vegetable Pie With Mashed Potato	2. Spaghetti Bolognese With Garlic Bread	2. Sticky Honey Salmon Stir-Fry Noodles	2. Breaded Chicken Strips with Potato Wedges	2. Breaded Fish Fillet and Chips
	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	
	4. Cheese Sandwich (v)	4. Tuna Wrap	4. Cheese Sandwich (v)	4. Tuna Wrap	3. Cheese Sandwich (v)
	Fruity Pancake (v)	Apple & Cinnamon Sponge Cake with Custard (v)	Cocoa Whip (v)	Fruit Smoothie (ve)	Cheese and Crackers (v)
WEEK 3 W/C 15/09 06/10 03/11 24/11 15/12 19/01 09/02	1. Lentil Spaghetti Bolognese with Garlic Bread (v)	1. Macaroni Cheese (v)	1. Quorn Fillet, Roast Potatoes and Gravy (ve)	1. Quorn Burger with Herby Diced Potatoes (v)	1. Jacket Potato – Cheese (v), Beans (ve) or Tuna
	2. Lightly Spiced Cajun Chicken & Sweetcorn Pizza	2. Mild Chilli Con Carne Tacos	2. Roast Chicken, Roast Potatoes and Gravy	2. Beef Burger in a Bun with Herby Diced Potatoes	2. Breaded Fish Fingers and Chips
	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (ve) or Tuna	
	4. Cheese Sandwich (v)	4. Tuna Wrap	4. Cheese Sandwich (v)	4. Tuna Wrap	3. Cheese Sandwich (v)
	Strawberry & Vanilla Mousse (v)	Carrot Cake (v)	Apple Pie & Custard (v)	Fresh Fruit Platter (ve)	Crunch Cookie (ve)

All main meals are served with a side of daily vegetables!

(v) Vegetarian, (ve) Vegan



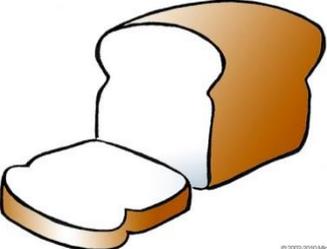
Available Daily- Fresh Fruit



Yoghurt



Salad



Bread