



# SPEED SKIPPING WORLD CHAMPIONSHIPS

## NOVEMBER 3<sup>RD</sup> TO 28<sup>TH</sup>

Exciting news!

Our school has been invited to join in with the Junior Duke Speed Skipping World Championships!

We may have a World Champion in our midst!

Open to all children in all year groups in Year 8 (S2) and below.

### Rules:

Set a timer for 30 seconds and count how many times your child can jump over a skipping rope - like a boxer!

They must be the one to hold the skipping rope (as in this image).

When you are ready (before 3pmGMT on the 28<sup>th</sup> November), click on the link (or scan the QR code) to submit your child's name, age, number of jumps and video.

**There MUST be a 30 second video uploaded as evidence.**



A certificate of participation will be received when you submit your child's entry and one World Champion at each age group will be announced on (or around) the 30<sup>th</sup> of November.

World Champions will earn a prize. 2<sup>nd</sup> and 3<sup>rd</sup> places in each age group will earn a special certificate.

The judges' word is final.