



At Warder Elementary, we utilize Second Step as our SEL Curriculum. We would like to keep families informed and have them support student learning in the home.

Skills for Learning

- Listening
- Focusing Attention
- Using Self-Talk
- Being Assertive

Empathy

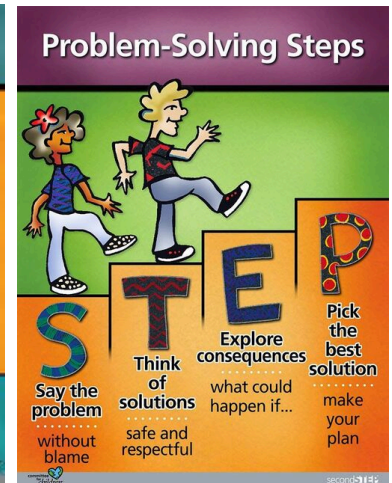
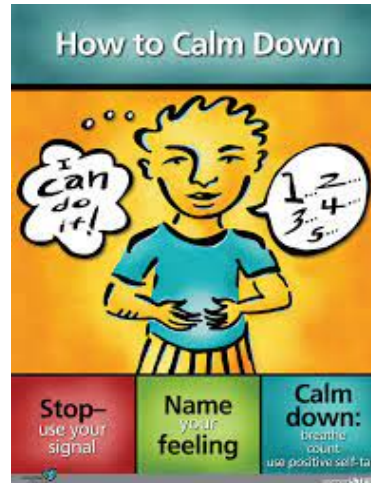
- “How does the other person feel?”
- Read the person's face and body clues
- “What is this person's point of view?”
- Think of how you can help
- Think of a kind thing to say

Emotional Management

- Stop-use your signal
- Name your feeling
- Calm Down: Breathe, count, use positive self-talk

Problem Solving

- Say the problem
- Think of Solutions
- Explore Consequences
- Pick the best Solution



To see the year at a glance, create your own Second Step Password by following these directions:

1. Go to [Second Step.org](https://www.SecondStep.org)
2. Create an Account
3. Go to Family Access
4. Type in your student's grade level activation key

Pre K	Kinder	First Grade
SSPEFAMILY68	SSPKFAMILY70	SSP1FAMILY71
Second Grade	Third Grade	Fourth Grade
SSP2FAMILY72	SSP3FAMILY73	SSP4FAMILY74
Fifth Grade		
SSP5FAMILY75		