

## NOVEMBER MENU MIDDLE/HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DAILY OFFERINGS
3	4	5	6	7	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK Parfaits T/Th <b>LUNCH DAILY</b>  CHOICE OF MILK T/TH CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Chicken and Waffles Pears	Breakfast Burrito Salsa pack Banana	Donut Sausage Link Tangerines	Scrambled Eggs 1/2c Toast 1oz Grits Plum	Sausage Biscuit Applesauce	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Grilled Nuggets Taco Snack Burrito/ Salsa Field Peas Sliced Carrots Mac N Cheese Frozen Fruit Cup/Pear Roll	Frito Pie Pizza/Marinara Chili Beans Corn Banana/Mandarin Oranges	Chicken Wrap Grilled Cheese Vegetable Soup Romaine Salad Applesauce/Honeydew Garlic Toast	Spaghetti Grilled Chicken Sandwich Green Beans Roasted Squash Peaches/Green Apples Garlic Toast	Cheeseburger/ LTP Buffalo Chicken Hot Pocket Tater Tots Broccoli/Ranch Orange/Mixed Fruit	
10	11	12	13	14	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK Parfaits T/Th <b>LUNCH DAILY</b>  CHOICE OF MILK T/TH CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Muffins/Muffin Tops Sausage Link Strawberries	Veteran's Day Holiday	Breakfast Pizza Pineapple	Chicken Biscuit Banana	English Muffin with Egg/Cheese Plums	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Chicken Sandwich/LTP Hot Dog Broccoli/ w Cheese Sauce French Fries Blueberry Cobbler/Banana	Veteran's Day Holiday	Chicken Nuggets Fish Sandwich Cheesy Potatoes Green Beans Oranges/Plums Roll	Nachos Crispitos/Salsa Salsa/Taco Cup Chili Beans Apples/Tropical Fruit	Spicy Tenders Pizza / Marinara Cup Corn Romaine Salad Pears/Tangerine	
17	18	19	20	21	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK Parfaits T/Th <b>LUNCH DAILY</b>  CHOICE OF MILK T/TH CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Breakfast Hot Pocket Pears	Egg Bites Toast Strawberries	Honeybun Sausage Patty Oranges	Grits Toast Smoked Sausage Banana	Sausage and Cheese Toaster Mixed Fruit	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Asian Dumplings Fried Rice Hamburger/Cheeseburger Steamed Broccoli Peas/Carrots Mandarin Oranges/ Cinnamon Apples	Tacos/ taco cup Chili Cheese Burrito Pinto Beans Salsa Peaches/ Grapes Cinnamon Roll	Turkey/Dressing Sweet Potato Souffle Green Beans Cranberry Sauce Rolls Fruit Salad w/ whipped topping Corndog (Alternate Option)	Pizza Pepperoni Hot Pocket/ Marinara Corn Carrots w/Ranch Strawberries/ Banana Roll	Chicken Sliders BBQ Ribette Baked Beans Coleslaw Apples/Tropical Fruit	
24	25	26	27	28	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK T/TH CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
<b>THANKSGIVING BREAK</b>					
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
<b>THANKSGIVING BREAK</b>					

This institution is an equal opportunity provider.  
 This menu is subject to change based on availability.