

ALL MENU ITEMS ARE
SUBJECT TO CHANGE
ACCORDING TO
SEASONALITY AND
AVAILABILITY

GOWER MIDDLE LUNCH MENU

NOVEMBER 2025

Hot a la carte items for purchase everyday:

Breaded Chicken Sandwich, Pizza, Cheeseburger or Hot dog

A la carte cold items everyday:

Deli sandwich, wraps or cheese sandwich and smuckers peanut butter and jelly, & yogurt parfaits

A la carte breakfast items are served from 8:20-8:30

<p>Tracy Jannenga District food service manager tjannenga@gower62.com</p>				<p>Plant based options are available upon request ~ Please request in the morning</p>
<p>3 Cheeseburger with baked chips</p>	<p>4 Chicken & Waffles with yogurt</p>	<p>5 Pasta with marinara sauce and garlic bread</p>	<p>6 Chicken tenders with smiley fries & small salad</p>	<p>7 Bosco cheese sticks and small salad</p>
<p>10 Beef taco bowl with rice, and salsa</p>	<p>11 Italian beef with peppers and chips</p>	<p>12 Mac n Cheese with broccoli</p>	<p>13 Chicken caesar wrap with chips</p>	<p>14 Cheese pizza and small salad</p>
<p>17 Corn dogs with fries</p>	<p>18 Baked chicken sandwich with chips</p>	<p>19 GOWER'S THANKSGIVING FEAST</p>	<p>20 Bosco cheese sticks and popcorn</p>	<p>21 Early Dismissal</p>
<h1>Thanksgiving break</h1>				